NOVEMBER 2026

BRIDGES at HAVERHILL

COMMUNITY PARTNERS OF SOUTH FLORIDA
HEALTH | HOUSING | COMMUNITY

Children's Services Council
PALM BEACH COUNTY
Healthy. Safe. Strong.

- CAPACITY BUILDING WORKSHOPS
- FAMILY LITERACY
- PARENT/CHILD ACTIVITIES
- SAFETY WORKSHOPS
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2	3 ELECTION DAY AP-OD(Spanish) 10:00AM to 12:00PM (Zoom) RMU: "Leafy Letters" 4:00PM to 5:00PM(ZOOM)	4 Benefits Application 10:00AM to 3:00PM	5 Warm Hand-off Member Brunch 10:30AM to 12:00PM(BLWE) Safety Series: "Kitchen and Cooking Safety" (via Zoom) (Spanish) 1:00PM to 2:00PM	6	7 Health Fair Event 9:00AM to 2:00PM 6024 Lake Worth Rd Greenarces, FL 33463
9	10 AP-OD (Creole) 10:00AM to 12:00PM (Zoom) Family Fun Time: "Finish My Sentence" 4:00PM to 5:00PM(ZOOM)	11 VETERANS DAY Benefits Application 10:00AM to 3:00PM	12 Safety Series: "Kitchen and Cooking Safety" (via Zoom) (English) 1:00PM to 2:00PM	13	14 
16 Prematurity Awareness Workshop 4:00PM to 5:00PM (ZOOM)	17 AP-OD (English) 6:00PM to 8:00PM (Zoom) RMU: "What's Inside My Pumpkin" 11:00AM to 12:00PM (ZOOM)	18 Benefits Application 10:00AM to 3:00PM	19 Safety Series: "Kitchen and Cooking Safety" (via Zoom) (Creole) 1:00PM to 2:00PM	20	21
23	24 Story-Time 11:00AM to 12:00PM	25 Benefits Application 10:00AM to 3:00PM	26 BRIDGES CLOSED HAPPY THANKSGIVING	27 	28
30					

BRIDGES AT HAVERHILL

PHONE: 561-899-1642

MONDAY - FRIDAY
8:30AM - 5:00PM

WWW.BRIDGESOFPBC.ORG

FACEBOOK: BRIDGES AT HAVERHILL



DID YOU KNOW?

November is Prematurity Awareness Month. A baby is considered premature when born before 37 weeks. In the United States, approximately 1 in 10 babies are born prematurely.

Together we can raise awareness, support families and celebrate our tiniest fighters

HIGHLIGHTS OF NOVEMBER 2026

Small Babies, Big Potential

WORKSHOPS

Parent Child Activties

Event: RMU: " Leafy Letters"
Date: November 6th from 4:00PM to 5:00PM
Location: Zoom
Children will identify letters displayed on the screen and match them to the letters on their paper leaves.

Event: Family Fun: "Finish My Sentence"
Date: November 13th from 4:00PM to 5:00PM
Location: Zoom
Children will use their imagination to complete silly and exciting sentences about fall, pumpkins, leaves, and more! This activity helps build vocabulary, listening skills, and confidence while learning through play.

Event: RMU: "What's Inside My Pumpkin"
Date: November 20th from 11:00AM to 12:00PM
Location: Zoom
This playful Zoom activity builds vocabulary, communication, and observation skills!

Family Literacy

Event: Story Time
Date: November 24th from 11:00 AM to 12:00 PM
Location: ZOOM
Reading and telling stories to babies and children promote brain development, imagination, language development, and strengthens relationships.



Capacity Building Workshops



Event: Warm Hand-off Member Brunch
Date: November 5th, 10:30 AM to 12:00 PM
Location: BLWE

Event: Prematurity Awareness Workshop
Date: November 16th from 4:00 PM to 5:00 PM
Location: ZOOM
We will be learning about prematurity in babies and how it affects our communities

Event: AP-OD (Spanish)
Date: November 3rd from 10:00 AM to 12:00 PM
Location: ZOOM
An interactive program that gives parents the tools, confidence, and secrets to help their young children (ages 0-5) succeed in school and life. Learn how to boost your child's intellectual development, health, and happy future.

Event: AP-OD (Creole)
Date: November 10th from 10:00 AM to 12:00 PM
Location: ZOOM
An interactive program that gives parents the tools, confidence, and secrets to help their young children (ages 0-5) succeed in school and life. Learn how to boost your child's intellectual development, health, and happy future.

Event: AP-OD (English)
Date: November 17th from 6:00 PM to 8:00 PM
Location: ZOOM
An interactive program that gives parents the tools, confidence, and secrets to help their young children (ages 0-5) succeed in school and life. Learn how to boost your child's intellectual development, health, and happy future.

Safety Workshops

Event: Safety Series: "Kitchen and Cooking Safety"
Dates: November 5th, 1:00 to 2:00 (Spanish)
November 12th, 1:00 to 2:00 (English)
November 19th 1:00 to 2:00 (Creole)
Location: ZOOM

November Safety Awareness

The kitchen is often the heart of the home, especially during the holidays, but it can also be a busy place for little ones. We'll share practical tips to prevent burns, scalds, cuts, and other common kitchen injuries while creating safer spaces for children.

Community Events

Event: Health Fair Event
Date: November 7th, 9:00 AM to 2:00 PM
Location: 6024 Lake Worth Rd
Greenacres, FL 33463

Event: Benefits Application
Date: Wednesdays by phone
Location: 701 Boutwell Rd, Suites A-1, A-2
Lake Worth Beach, FL 33461
Contact the PBC Food Bank to schedule your appointment to apply for benefits.
561-670-2518

NOVEMBER '26

BRIDGES at PAHOKEE

COMMUNITY PARTNERS OF SOUTH FLORIDA
HEALTH | HOUSING | COMMUNITY

Children's Services Council PALM BEACH COUNTY
Healthy. Safe. Strong.

- CAPACITY BUILDING WORKSHOPS
- PARENT CHILD ACTIVITIES
- SAFETY WORKSHOPS
- FAMILY LITERACY
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02	**03**	**04** **SAC Meeting** 5:30pm - 6:30pm Pahokee Elementary **Toxic Stress** 6:30pm - 7:30pm Bridges at Pahokee	**05** **CIRCLES** 5:00pm - 7:00pm Bridges at Pahokee	**06** **OCR Palmbeach Harvest** 10:00am - 11:30am Bridges at Pahokee **Premature Awareness** 5:30pm - 6:30pm Virtual ZOOM	**07**
09	**10** **Food is Medicine** 1:00pm-2:00pm Bridges at Pahokee **BAP Read Aloud** 11:00am-12:30pm Loula V York Branch Library	**11** **City of Pahokee Veteran's Day Breakfast** 10:30 am **ECLC** 11:00am - 12:00pm Pahokee Elementary **Turkey In The Making RMU** 5:30pm-7:00pm Bridges at Pahokee	**12** **Kitchen and Cooking Safety** 1:00pm-2:00pm VIRTUAL ZOOM **CIRCLES** 5:00pm - 7:00pm Bridges at Pahokee	**13**	**14**
16 **City of Pahokee Turkey Giveaway** 10:00am- 12:00 pm MLK Park	**17** **Opening Doors** 6:00pm-8:00pm Virtual/ZOOM	**18** **SAC Meeting** 9:00am - 10:00am KEC Elementary **Kids In The Kitchen** 5:30pm-6:30pm Bridges at Pahokee **BornToo Soon Premature Awareness** 6:30pm - 7:30pm Virtual ZOOM	**19** **CIRCLES** 5:00pm - 7:00pm Bridges at Pahokee	**20**	**21** **Family & Friends BINGO** **Holiday Dinner & Giveaway** 4:30pm Bridges at Pahokee **POP UP Shop 4:30 pm** Bridges at Pahokee
23	**24**	**25**	**26** **OFFICE CLOSED Happy Thanksgiving**	**27** **OFFICE CLOSED Happy Thanksgiving**	**28**
30	01	02	03	04	05



Bridges at Pahokee

1020 E Main ST
Pahokee Fl 33476
PHONE: 561.924.9224
MAIN OFFICE: 1020 E Main St.
Pahokee Fl 33476

MONDAY-FRIDAY
8:30am - 5:30pm
Offering Parental Support,
Resources, and activites
for families and their children

FACEBOOK @
Bridges - Pahokee

NOVEMBER 2026 HIGHLIGHTS

WITH SURVIIVORS ALWAYS

PARENT CHILD ACTIVITY

EVENT: RMU TURKEY IN THE MAKING
DATE: WEDNESDAY NOVEMBER 11TH, 2026
TIME: 5:30PM-6:30PM
PLACE: BRIDGES AT PAHOKEE
JOIN US FOR A FUN TURKEY MAKING ACTIVITY WHERE LITTLE HANDS GET CREATIVE.CHILDREN WILL USE DRY CLAY TO CREATE THEIR OWN TURKEYS WHILE BUILDING FINE MOTOR SKILLS AND EXPLORING THEIR CREATIVITY.

EVENT: KIDS IN THE KITCHEN
DATE: WEDNESDAY NOVEMBER 18TH, 2026
TIME: 5:30PM-6:30 PM
PLACE: BRIDGES AT PAHOKEE
JOIN US FOR A SWEET AND FUN TURKEY LEG ACTIVITY! CHILDREN WILL CREATE THEIR OWN TURKEY LEGS USUING TASTY TREATS WHILE BUILDING PERSONAL AND SOCIAL SKILLS THROUGH SHARING. TAKING TURNS, AND CREATING TOGETHER.!

FAMILY LITERACY

EVENT: BAP READ ALOUD
DATE: TUESDAY NOVEMBER 10TH 2026
TIME: 11:00AM-12:00PM
PLACE: LOULA V. YORK BRANCH
JOIN US THIS FALL FOR A SPECIAL COMMUNITY LITERACY DAY! BRING YOUR LITTLE ONES TO ENJOY A FUN STORYTIME CREATIVE THEMED CRAFT, AND MAKE SWEET MEMORES TOGETHER WHILE BUILDING A LOVE FOR READING.

WORKSHOPS

CAPACITY BUILDING WORKSHOPS

Event: School Advisory Council Meeting
Date: Wednesday, November 4, 2026
Time: 5:30pm - 6:30
Location: Pahokee Elementary

Event: School Advisory Council Meeting
Date: Wednesday, November 18, 2026
Time: 9:00am - 10:00am
Location: KEC/Canal Point Elementary
School Advisory Councils - were created to empower all parents of children attending Palm Beach County Schools to be active and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child's educational needs are balanced. We need your voice. We are counting on you.

Event: Toxic Stress
Date: Wednesday, November 4,2026
Time: 6:30pm - 7:30pm
Location: Bridges at Pahokee
Join Homesafe for an informative and supportive workshop on toxis stress. What it is, how it affects our health, and practical ways to cope and build resilience for you and your family.

Event: CIRCLES
Date: Thursday, November 5, 12, 19, 2026
Time: 5:00pm - 7:30pm
Location: Bridges at Pahokee
Pathways to Prosperity presents CIRCLES, a 12-week program that helps participants set goals and build strategies for economic stability with support from community volunteers called Circles Allies. Graduates can continue participating as role models or allies. CIRCLES for youth provides a 15 week of financial literacy and positive life skills education for children, leaders and allies. CIRCLES is a transformative experience, moving people beyond poverty into sustainability ang long-term success. For more information, please contact us at 561-924-9224.

Event: Prematurity Awareness "How to Have a Safe Pregnancy"
Date: Friday, November 6, 2026
Time: 5:30pm - 6:30pm
Location: Virtual ZOOM
November is Prematurity Awareness Month. Join March of Dimes to learn helpful tips, resources, & information on how to have a safe pregnancy, hypertensive disorder that can lead to preterm birth, tips for NICU babies and MOD available resources. For more information, please contact us at 561-924-9224.

Event: Food Is Medicine
Date: Tuesday, November 10, 2026
Time: 1:00pm - 2:00pm
Location: Bridges at Pahokee
This informative workshop will explore how healthy food choices and proper nutrition can support overall health, prevent chronic diseases, and improve well-being. Participants will learn practical tips for making nutritious food choices, incorporating healthy foods into everyday meals, and building healthier habits for themselves and their families.

EVENT: EARLY CHILDHOOD LEADERSHIP COLLABORATIVE MEETING
DATE: WEDNESDAY, NOVEMBER 11, 2026
TIME: 10:00AM - 11:00AM
LOCATION: PAHOKEE ELEMENTARY
EARLY CHILDHOOD LEADERSHIP COLLABORATIVE (ECLC) IS A GROUP THAT INCLUDES PARENTS, BUSINESS OWNERS, LOCAL CHILD CARE CENTERS, COMMUNITY AGENCIES, SCHOOLS AND OTHER PROGRAMS THAT COME TOGETHER TO DISCUSS AND SET GOALS TO SUPPORT KINDERGARTEN READINESS.

EVENT: APOD - OPENING DOORS
DATE: TUESDAY, NOVEMBER 17, 2026
TIME: 6:00PM-8:00PM
LOCATION: VIRTUAL ZOOM
OPENING-DOOR'S CURRICULUM IS ONCE A MONTH ON THE THIRD TUESDAY FOR ENGLISH FAMILIES FOR A 10-WEEK PROGRAM THAT SUPPORTS CHILDREN'S DEVELOPMENT IN EARLY CHILDHOOD. IT ENCOURAGES ACTIVE EXPLORATION, PLAY, SOCIAL INTERACTION, AND LEARNING THAT GROWS FROM CHILDREN'S INTERESTS AND REAL-LIFE EXPERIENCES. FOR MORE INFORMATION, PLEASE CALL 561-924-9224.

EVENT: BORN TOO SOON "PREMATURITY AWARENESS & FAMILY SUPPORT"
DATE: WEDNESDAY, NOVEMBER 18, 2026
TIME: 6:30PM - 7:30PM
LOCATION: VIRTUAL ZOOM
NOVEMBER IS PREMATURITY AWARENESS MONTH. LET'S COME TOGETHER AND JOIN MITM TO LEARN, SHARE, AND SUPPORT FAMILIES AFFECTED BY PREMATURITY. THIS SESSION WILL COVER WHAT PREMATURITY IS, WARNING SIGNS, WAYS TO REDUCE YOUR RISK, AND RESOURCES AVAILABLE IN OUR COMMUNITY. FOR MORE INFORMATION, PLEASE CONTACT 561-924-9224.

SAFETY WORKSHOPS

EVENT: KITCHEN AND COOKING SAFETY
DATE: THURSDAY, NOVEMBER 12, 2026
TIME: 1:00PM - 2:00PM
LOCATION: VIRTUAL ZOOM
NOVEMBER IS A GREAT TIME TO FOCUS ON KITCHEN & COOKING SAFETY AS WE PREPARE FOR THE HOLIDAY SEASON! THE KITCHEN IS OFTEN THE HEART OF THE HOME, DURING THE HOLIDAYS, BUT IT CAN BE A BUSY PLACE FOR LITTLE ONES. JOIN SAFEKIDS PBC AS THEY SHARE PRACTICAL TIPS FOR PREVENTING BURNS, SCALDS, CUTS, AND OTHER COMMON KITCHEN INJURIES, WHILE CREATING SAFER SPACES FOR CHILDREN,

COMMUNITY EVENTS

EVENT: FAMILY & FRIENDS BINGO HOLIDAY DINNER & GIVEAWAY
DATE: NOVEMBER 21, 2026
TIME: 4:30PM
LOCATION: BRIDGES AT PAHOKEE
JOIN US FOR A FUN-FILLED HOLIDAY GATHERING OF FAMILY, FRIENDS, FOOD, AND EXCITING PRIZES! COME ENJOY FRIENDLY COMPETITION WITH BINGO, ENJOY YOUR FAVORITE HOLIDAY DISH, AND PARTICIPATE IN OUR SPECIAL GIVEAWAY. FOR MORE INFORMATION, PLEASE CONTACT 561-924-9224.

EVENT: POP-UP SHOP
DATE: NOVEMBER 21, 2026
TIME: 4:30PM
LOCATION: BRIDGES AT PAHOKEE
JOIN US FOR A FREE COMUNITY GIVE AWAY. WE WILL BE GIVING CLOTHES, SHOES , HOUESHOLD ITEMS AND MORE .

Event: OCR Palm Beach Harvest
Date: Friday, November 6th 2026
Time: 10:00am - 11:30am
Location: Bridges at Pahokee
Join us and OCR for our first annual monthly food give away hosted at Bridges at Pahokee.

EVENT: CITY OF PAHOKEE VETERAN'S DAY BREAKFAST (BLACK INK)
DATE: WEDNESDAY NOVEMBER 11, 2026
TIME: 10:30AM
PLACE:

EVENT: CITY OF PAHOKEE TURKEY GIVEAWAY (BLACK INK)
DATE: MONDAY, NOVEMBER 16, 2026
TIME: 10:00AM-12:00AM
PLACE: MLK PARK

NOVEMBER '26

BRIDGES

Pathways to Prosperity™

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02 Premature Awareness with Genesis 6:00pm-7:00pm *Zoom*	03 AP- OD (Spanish) 10:00am -11:00am *Zoom*	04 Pre-K Prep: ABC 123 9:30am-11:00am *Schoolhouse Museum*	05 Casual Conversation 5:30pm-6:30pm *Sara Sims Park*	06 First Friday at 5 Concert 5:00 PM – 8:00 PM *Boynton Beach Amphitheater*	07
09 Parent Aid Introduction(English) 6:00 pm- 7:00 pm *Carolyn Sims*	10 RMU(0-5 years old) 6:00 pm - 7:00 pm Literacy Time Fun 6:00 PM - 6:30 PM AP- OD (Creole) 10:00am -11:00am *Zoom*	11 BRIDGES CLOSED 	12 Safety Series Child Passenger Safety (English) *Zoom/FB Live* 1:00pm-2:00pm Casual Conversation 5:30pm-6:30pm *Sara Sims Park*	13 P2P Harvest of Blessings Dinner 5:00pm-7:30pm *Carolym Sims* 	14
16 Parent Aid Introduction(Creole) 6:00pm-7:00pm Zoom	17 AP- OD (English) 6:00pm -8:00pm *Zoom*	18 Dad's Night Out 6:00pm -7:00pm Sister Circle 6:00pm -7:00pm	19 Safety Series Child Passenger Safety (Creole) *Zoom/FB Live* 1:00pm-2:00pm Colors and Crafts 6:00pm -7:00pm *Facebook*	20	21
23	24 RMU(0-5 years old) 6:00pm - 7:00pm BRIDGES Orientation 7:00pm-7:30pm Public Health 6:00pm -7:00pm	25	26 BRIDGES CLOSED 	27 BRIDGES CLOSED 	28
30	01	02	03	04	05

Small Babies, Big Potential



Kitchen and Cooking Safety



- Avoid carrying or holding a child while cooking on the stove.
- Use the back burners of your stove and turn pot handles away from the edge
- Check to make sure appliance cords are coiled and away from counter edges
- Clean up spills immediately to prevent slips and falls.
- Ensure everyone knows the location of the fire extinguisher and smoke detectors.

BRIDGES at Boynton Beach

1105 North Federal Highway
Boynton Beach, FL. 33435

PHONE: 561-903-7743

MONDAY - FRIDAY
9:00am - 5:00pm

We are dedicated to strengthening communities across Palm Beach County by improving outcomes for children and families through education and social services. Our goal is to ensure our families have what they need not only to survive, but to thrive.

NOVEMBER 2026 HIGHLIGHTS

Small Babies, Big Potential

WORKSHOPS

PARENT CHILD ACTIVITY

Event: RMU (0-5 years)
Date: November 10th, 2026
Time: 6:00 pm- 7:00 pm
Highlight: Calling all Builders. It's time to get working. During this activity, the child will be working on developing their problem–solving skills through building bridges out of art supplies. We look forward to seeing all of the hard work and strong bridges.

Event: Colors and Crafts
Date: November 19th, 2026
Time: 6:00 pm- 7:00 PM
Place: Facebook
Highlight: Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

Event: RMU (0-5 years)
Date: November 24th, 2026
Time: 6:00 pm- 7:00 pm
Highlight:During this activity, your child and you will create a photo frame for the thanksgiving holiday. Your child will be working on making those fingers stronger. We look forward to seeing all the beautiful turkeys.

FAMILY LITERACY

Event: Pre-K Prep: ABC 123
Date: November 4th, 2026
Time: 9:30 am- 11:00 am
Place: Schoolhouse Museum
Highlight: Pre-K Prep is a hands-on, interactive early childhood learning experience that blends foundational skills like literacy, numbers, or thematic exploration with creative play. ***In partnership with Schoolhouse Museum***

Event: Parent Aid Introduction
Date: November 09th (English) and 16th (Creole)
Time: 6:00 pm- 7:00 pm
Place: Carolyn Sims Center (English) Zoom (Creole)
Highlight: Join us to learn about Parent Aide services and the valuable resources and support available through The Children's Healing Institute.

Event: Literacy Time Fun
Date: November 10th, 2026
Time: 6:00 pm – 6:30 pm
Highlight: Join us for literacy fun as we explore books, build reading skills, and spark a love of learning

SAFETY WORKSHOPS

Event: Safety Series: Kitchen and Cooking Safety
Date: November 12th (English) & 19th (Creole), 2026
Time: 1:00 pm- 2:00 pm
Place: Zoom/FB Live
Highlight: The kitchen is often the heart of the home, especially during the holidays, but it can also be a busy place for little ones. We'll share practical tips for preventing burns, scalds, cuts, and other common kitchen injuries, while creating a safer space for children. ***In partnership with Safe Kids PBC.***

CAPACITY BUILDING WORKSHOPS

Event: AP-OD
Date: November 3rd (Spanish) November **10th** (Creole), and November 17th (English) 2026
Time: 10:00 am- 11:00 am (Spanish/Creole) and 6:00 pm- 8:00 pm (English)
Place: Zoom
Highlight: AP-OD is an evidence-based program that empowers parents of young children to become strong leaders and their child's first teacher. Founded in 2007, it focuses on strengthening families through parent leadership and early learning support.

Event: Premature Awareness w/ Genesis
Date: November 6th, 2026
Time: 6:00 pm-7:00 pm
Highlights: Join us as we educate families about breast cancer prevention, share vital information, and provide helpful resources to support early detection and wellness. ***In partnership with Genesis Community Health.***

Event: Dad's Night Out
Date: November 18th, 2026
Time: 6:00 pm- 7:00 pm
Highlight: Dads, it's your turn to have a night out! It's your opportunity to share what's on your mind with other dads. This is your chance to unload, unwind, and have some fun at the same time!

Event: Sister Circle
Date: November 18th, 2026
Time: 6:00 pm-7:00 pm
Place: Zoom
Highlight: Welcome to our Women's Support Group. This group is a dedicated space for women to connect, share experiences, and support one another in a respectful, uplifting environment. We foster empowerment and personal growth through discussions, shared resources, and mutual encouragement.

Event: Public Health
Date: November 24th, 2026
Time: 6:00 pm- 7:00 pm
Highlights: Join us as we champion healthy living, share strategies for preventing infectious diseases, and explore essential public health topics. Together, we're creating a stronger, healthier future for all. **In partnership with Credible Health Homecare**

CAPACITY BUILDING WORKSHOPS

Event: BRIDGES Orientation
Date: November 24th, 2026
Time: 7:00 pm- 7:30 pm
Highlight: Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us to meet the BRIDGES staff, learn their roles, and see what BRIDGES offers members and families.



COMMUNITY EVENTS

Event: First Friday at 5 Concert
Date: November 16th, 2026
Time: 5:00pm – 8:00pm
Place: Boynton Beach Amphitheater
Highlight: The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.

Event: Casual Conversation
Date: Every Thursday Evening
Time: 5:30 pm-6:30 pm
Place: Sara Sims Park
Highlight: What's going on? Let's talk about what's happening in our community!

Event: P2P Harvest of Blessings Dinner
Date: November 13th, 2026
Time: 5:00pm - 7:30pm
Place: Carolyn Sims Center
Highlights: Come out and join us for a Thanksgiving dinner filled with fellowship, good company, and gratitude.

NOVEMBER '26

BRIDGES at BELLE GLADE

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- SAFETY WORKSHOPS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02	**03** AP-OD-Spanish The Power of Words 10:00am-Zoom	**04**	**05** Kitchen and Cooking Safety 1:00pm-zoom (Spanish)	**06** Library Fall Festival 3:00pm-BG Library	**07** Little Red, Autumn on the Farm 11:00am-BG Library Community Family Engagement Activity 1:00pm-4:00pm BG Library
09	**10** AP-OD-Creole The Power of Words 10:00am-Zoom	**11**	**12** Kitchen and Cooking Safety-Zoom 1pm We're Going On A World Walk 5:30pm-Zoom	**13** Diabetes Awareness Month 10:30am-BG Library	**14** Fall Storytime & Pumpkin Sand Art 3:00pm-BG Library
16	**17** AP-OD-English The Power of Words 10:00am-Zoom	**18**	**19** The Amazing Turkey Race 5:00pm-BRIDGES Kitchen and Cooking Safety 1:00pm-zoom (Creole)	**20**	**21**
23 Dress For A Mess 10:30am & 3:00pm BG Library	**24**	**25**	**26**	**27**	**28** Christmas Wish List Collage (Ages 5& Up) 3:00pm BG Library
30 Where 2 Turn 2 Mental Health Services 9:30am-BG Library					



BRIDGES AT BELLE GLADE
141 SE AVE C
BELLE GLADE, FL 33430
OPERATIONS HOURS
MON-FRI
8:30AM-5:30PM
SATURDAY APPT ONLY
10AM-12PM
PHONE:
561-992-8210

NOVEMBER 2026 HIGHLIGHTS

SMALL BABIES, BIG POTENTIAL

WORKSHOPS

PARENT CHILD ACTIVITY

We're going On A Word Walk
Thursday November 12, 2026
5:30pm-Zoom
Words are everywhere and we will find them! Parents and children will search their homes for words that rhyme,
building phonological awareness with tuned ears for the sounds within words.

Fall Storytime & Pumpkin Sand Art
Saturday November 14, 2026
3:00pm-BG Library
Sit in for a storytime and stay to create super cute fall art using salt & water color paint!

The AMAZING Turkey Race
Thursday November 19, 2026
5:00pm-BRIDGES
Let the races begin! Parents and children will create a memorable turkey treat from various food items. What items will be used? Who knows, not even the participating iron chefs until the menu is revealed. This family friendly activity provides many instructional opportunities for children all while having tons of family fun. Come see skill development in action.

Dress For A Mess
Messy Play: Editable Yogurt Paint (Infants-12 months)
Monday November 23, 2026
10:30am-& 3:30pm-BG Library
Get creative with edible yogurt paint, explore colors and textures with great sensory benefits. Dress for a mess!

Christmas Wish List Collage
Saturday November 28, 2026
3:00pm BG Library (Ages 5& Up)
It's never too early to start the christmas wish list, create a collage filled with your must-haves to get ready for the christmas season!

FAMILY LITERACY

Little Red, Autumn on the farm
Saturday November 7, 2026
11:00am-BG Library
Katie and her truck, Little Red, help fellow vehicles during a fall harvest festival.
BRIDGES Book Club Presents: Maddi's Fridge by Lois Brandt
Sofia learns that Maddi's family doesn't have enough money to fill their fridge and promises Maddi she'll keep this discovery a secret. But because Sofia wants to help her friend, she's faced with a difficult decision: to keep her promise or tell her parents about Maddi's empty fridge. What will Sofia do? Join us to find out!

CAPACITY BUILDING WORKSHOPS

AP-OD The Power Of Words
Participants will gain pratical tips for turning daily routines into opportunities for reading and language development.

Tuesday November 3, 2026
10:00am-zoom (Spanish)
Tuesday November 10, 2026
10:00-zoom (Creole)
Tuesday November 17, 2026
6:00pm-zoom (English)

Community Health Lectures Series: Diabetes Awareness Month
Friday November 13, 2026
10:30am-BG Library
November is Diabetes Awareness Month.Lakeside Medical Center will be onsite to discuss the benefits of praticing balanced nutrition, regular exercise, and recognizing early signs of diabetes.

Where 2 Turn 2 Mental Health Services
PBC YouthServices: for youth and families
Monday, November 30, 2026
9:30am- BG Library
Learn about free, accessible, tramua-informed mental health services for Palm Beach County Youth and Families that support healthy

SAFETY WORKSHOPS

Kitchen and Cooking Safety
Zoom at 1pm
Spanish 11/5
English 11/12
Creole 11/19

COMMUNITY EVENTS

WEEKEND MEALS NON-PERISHABLE ITEMS
(FRIDAY'S ONLY)
Belle Glade Library 9:00pm-5:00pm
While Supplies last...

Food Pantry
Glades Initiative
Wednesdays
9:00am-11:30am & 1:00pm-3:00pm
4:00pm-5:00pm-Drive Thru
Thursdays-3:00pm-6:00pmpm

Moms In The MUCK Diaper Distribution
Wednesday November 4 &18 , 2026
9:00am-12:00pm
BRIDGES at Belle Glade

Chair YOGA
Tuesday & Thursday
4:00pm-5:00pm
St. John Missionary Baptist

Community /Family Engagement Activity
Saturday November 7, 2026
1:00pm-4:00pm BG Library
Celebrate the Fall with the Belle Glade Library! Stop by & participate in face painting, crafts, games, and your favorite fall-time snacks. Free snow cones for the first 60 people.

Prematurity Awareness Month
Wear Purple
November 15, 2026

NOVEMBER '26

BRIDGES at LAKE PARK

Children's Home Society of Florida

Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.

- CAPACITY BUILDING WORKSHOPS
- PARENT CHILD ACTIVITIES
- SAFETY WORKSHOPS
- FAMILY LITERACY
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02	**03** APOD SESSION (SPANISH) 10:00 AM-12:00 PM CIRCLES OF MOM (VIRTUAL) 10:00 AM-11:00 AM	**04**	**05** KITCHEN & COOKING SAFETY (SPANISH) 1:00 PM	**06** PREMATURITY AWARENESS 10:00 AM-10:30 AM	**07** STORY TIME AT LAKE PARK LIBRARY 10:30 AM-11:00AM
09 FLORIDA HEALTH (WHIN) 11:30 AM-12:30 PM	**10** APOD SESSION (CREOLE) 10:00 AM-12:00 PM CIRCLES OF MOM (VIRTUAL) 10:00 AM-11:00 AM MONARCH HEALTH 10:00 AM-2:00 PM HEALTH & TURKEY	**11** WHAT IS BRIDGES (INVITE ONLY) 11:30-12:30 PM  PARENT ADVISORY COMMITEE 12:00 PM-1:00 PM	**12** KITCHEN & COOKING SAFETY (ENGLISH) 1:00 PM RAISE ME UP 0-2 YRS OLD 5:30 PM- 6:30 PM	**13** PREMATURITY AWARENESS (WEAR YOUR PURPLE)	**14** STORY TIME AT LAKE PARK LIBRARY 10:30 AM-11:00AM
16 TRIPLE P SEMINARS CREOLE AND ENGLISH (10:00 AM-11:30 AM)	**17** APOD SESSION (ENGLISH) 6:00 PM- 8:00 PM CIRCLES OF MOM (VIRTUAL) 10:00 AM-11:00 AM	**18** PREMATURITY AWARENESS 10:00 AM-10:30 AM CREATIVE MINDS 6 YRS-8 YRS OLDS 5:30 PM-6:30 PM BRIDGES ADULT/ CHILDREN PROGRAM 5:30 PM-6:30 PM	**19** KITCHEN & COOKING SAFETY (CREOLE) 1:00 PM LAPSIT 11:30 AM-12:30 PM	**20**	**21** STORY TIME AT LAKE PARK LIBRARY 10:30 AM-11:00AM
23 TRIPLE P SEMINARS CREOLE AND ENGLISH (10:00 AM-11:30 AM) GRAND CANYON UNIVERSITY 4:00 PM-5:00 PM	**24**	**25**  BRIDGES AT LAKE PARK CLOSING @ 3:00 PM	**26**  	**27** THANKFUL CLOSED	**28** STORY TIME AT LAKE PARK LIBRARY 10:30 AM-11:00AM
30 TRIPLE P SEMINARS CREOLE AND ENGLISH (10:00 AM-11:30 AM)	**01**	**02**	**03**	**04**	**05**

PREMATURITY AWARENESS..

" ONCE YOU CHOOSE HOPE ANYTHING IS POSSIBLE.



BRIDGES AT LAKE PARK

1411 10TH STREET

LAKE PARK, FL, 33403

561-881-5060

OFFICE HOURS

MONDAY-THURSDAY

8:30 AM-7:00 PM

FRIDAY 8:30 AM-5:00 PM

OFFERING PARENTAL SUPPORT AND ACTIVITIES FOR FAMALIES WITH CHILDREN

NOVEMBER 2026 HIGHLIGHTS

SMALL BABIES, BIG POTENTIAL

WORKSHOPS

PARENT CHILD ACTIVITY

Event: Raise Me Up
Date: November 12, 2026
Place: BRIDGES Lake Park
Time: 11:30AM-12:00 PM (0-2 yrs old)
This month, at BRIDGES at Lake Park the children ,and their families will learn what prematurity means. Also, creating ribbons for awareness

Event: Creative Mind
Date: November 18, 2026
Place: BRIDGES Lake Park
Time: 5:30 PM-6:30 PM (6yrs-8 yrs)
Creative minds aims to bring 6-8 years old together with their parents to increase and strengthen the bond between them. Building stronger emotional bonds, improving comunication

FAMILY LITERACY

Event: Lapsit
Date: November 19, 2026
Place: Lake Park Library
Time: 11:15-12:30 PM
Families join lake park library for lapsit with your little one ages birth- 2yrs old for literacy activities

Event: Story Time At Lake Park Library
Date: Occurs every Saturday
Place: Lake Park Library
Time: 10:30-11:00 AM
Families join Lake Park Library for storytime bring your kids for a fun literacy reading activity

Event: Bridges Adult/ Children program
Date: November 18, 2026
Place: Lake Park Library
Time: 5:30 PM-6:30 PM
Families join Lake Park Library for Discover Autism resources and ABA services, family-centered sessions on navigating autism. Also, children can get creativewith a fun-filled turkey craft activity.

SAFETY WORKSHOPS

Event: Kitchen and cooking Safety
Date: November 5, 12, 19, 2026
Place: Zoom Presentation
Time: 1:00 PM
Zoom Link:
https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09

CAPACITY BUILDING WORKSHOPS

Event: ADAM/Heart
Date: November 2, 9, 16, 23, 2026
Time: 5:00 PM-6:30 PM
Place: BRIDGES at Lake Park
Fatherhood mentoring program for fathers in Palm Beach County that aims to enhance key life skills and establish healthy behaviors to improve relationships between fathers and their children

Event: Circles of mom (Virtual)
Date: November 3, 10, 17, 2026
Time: 10:00 AM-11:00 AM
Place: Virtual Presentation
Healthy mother healthy babies will host a support group . The goal is to educate mother about prematurity, social support, and techniques and activities that support Prematurity awareness.
Link to join sessions:
https://hmhbpbc.zoom.us/j/86086661894

Event: Florida Health (WHIN)
Date: November 9. 2026
Time: 11:30 AM-12:30 PM
Place: BRIDGES at Lake Park
Florida Health will be at BRIDGES at Lake Park to support our members to protect, promote, and improve the health of all people in Florida through integrated state, county and community efforts. Also, to educate members of Prematurity Awareness

Event: Monarch Health (Turkey & Health Day
Date: November 10. 2026
Time: 10:00 AM-2:00 PM
Place: BRIDGES at Lake Park
Monarch Health will be at BRIDGES at Lake Park to provide health services/ resources to our members.

Event: Grand Canyon University
Date: November 23. 2026
Time: 4:00 AM-5:00 PM
Place: BRIDGES at Lake Park
Grand Canyon University is committed to supporting our members on your education journey. The goal is to start the conversation and to build their knowledge and understanding of the importance of education.

CAPACITY BUILDING WORKSHOPS

Event: What is BRIDGES?- New Members orientation (RSVP Only)
Date: November 11, 2026
Time: 11:30 AM-12:30 PN
or
5:30 PM-6:30 PM
Place: BRIDGES at Lake Park
During orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receieve information on resources in Lake Park Community.

Event: APOD Sessions (English)
Date: November 17. 2026
Time: 6:00 AM-8:00 PM
Place: Virtual
Opening doors helps parents understand that they are their child's first teacher. The program supports families with young children. It helps parents learn more ,build confidence, and get the support they need.

Event: APOD Sessions (creole)
Date: November 10. 2026
Time: 10:00 AM-12:00 PM
Place: Virtual
Opening doors helps parents understand that they are their child's first teacher. The program supports families with young children. It helps parents learn more ,build confidence, and get the support they need.

Event: Triple P Seminars
Date: November 16,23,20, 2026
Time: 10:00 AM-11:30 AM
Place: BRIDGES at Lake Park
Come join BRIDGES at Lake Park community partner therapist host TRiple P seminars 90 minutes evidence base parenting information sessions that provide practical strategies to manage children behavior and build strong family relationships

Event: Parent AdvisoryCommittee (PAC)
Date: November 11 2026
Time: 12:00 PM-1:00 PM
Place: BRIDGES at Lake Park
Come join BRIDGES at Lake Park is to support the well-being and success of children by encouraging parent involvement, strengthening communication, and fostering a positive and inclusive community

COMMUNITY EVENTS



NOVEMBER '26

BRIDGES at LAKE WORTH EAST

COMMUNITY PARTNERS OF SOUTH FLORIDA
HEALTH | HOUSING | COMMUNITY

Children's Services Council
PALM BEACH COUNTY
Healthy. Safe. Strong.

- CAPACITY BUILDING WORKSHOP
- PARENT CHILD ACTIVIITIES
- SAFETY WORKSHOPS
- FAMILY LITERACY
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02	**03** Election Day No School Abrienda Puertas/Opening Doors Spanish 10am - 12pm	**04**	SAC/PAC 8:15am - 9am **05** Safety Series "Kitchen & Cooking Safety" Spanish- Zoom 1pm - 2pm Story Time 1pm - 2pm	**06**	**07** Imagination Story Time **10:30am - 12pm** Palm Beach Dream Center Party 11am - 1pm
09 CLI Pathway 6pm - 9pm	**10** Abriendo Puertas/Opening Doors Creole 10am - 12pm Women's Club "Premature Awareness" 10am - 11am	**11 NO SCHOOL** Raise Me Up Pizza, Pizza 1pm - 2pm	**12** Safety Series "Kitchen & Cooking Safety" English- Zoom 1pm - 2pm Community Immunization 8am - pm	**13**	**14**
16	**17** Abrienda Puertas/Opening Doors English 6pm - 8pm	**18** Raise Me Up Candy Apple 4pm - 5pm	**19** Safety Series "Kitchen Creole- Zoom 1pm - 2pm	**20** Caridad Comes To You 9am - 3pm Giveaway and Child Activity 4pm - 6pm	**21** Family Fun Arts In My Backyard 10am - 11:30am
23 No School Family Fun "Around the World in the USA 1pm - 2:30pm	**24 No School** Flagler Museum Field Trip 10am - 1pm	**25 No School**	**26 No School** 	**27 No School** BRIDGES Will Be Closed	**28**
30 Tree LIghting 6:30pm - 8:00pm	01	02	03	04	05

BRIDGES At
Lake Worth East
MAIN OFFICE:
305 Lake Ave
LAKE WORTH, FL 33460

PHONE:
561-899-1652
FAX :
561-537-5160

MONDAY - FRIDAY
8:00am - 5:00pm

www.bridgesofpbc.org
Facebook at
BRIDGES Lake Worth East

Premature Awareness Month

Roughly 1 in 10 babies is born prematurely worldwide and in thje United States (about 380,00 to 450,000 U.S. births annually). Preterm birth remains a leading cause of infant mortality and long term health challenges. The U.S> obervance conti9nues its foiucus on raising awareness about maternal and infant health crisis, lighting landmarks purple, supporting NICU families, and advocatiing for legislative measures like The PREEMIIE Act.

NOVEMBER 2026 HIGHLIGHTS

SMALL BABIES, BIG POTENTIAL

WORKSHOPS

PARENT CHILD ACTIVITY

Event: Raise Me Up "Pizza, Pizza"
Dates: November 11, 2026 4pm - 5pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Calling all pizza lovers! Let's focus on fine motor skills. Children will create their own slice of pizza using clay. Hosted by Maria Martin

Event: Raise Me Up" Candy Apple"
Dates: November 18, 2026 10:30am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Let's design APPLE CANDIES using your problem solving skills. LET"S BE CREATIVE! Sponsored by Maria Martin

Event: Family Fun " Fun with Arts In My Backyard"
Dates: November 21,2026 1pm - 2:30pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
You are invited to an inclusive and hands on workshop (guided by the Dactil Art Creation System) where families will create art through touch and tactil exploration..
Hosted by Cultural Council of Palm Beach County

Event: Family Fun "Around the World In the USA"
Dates: November 23,2026 1pm - 2:30pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Come make a delicious hands on treat while learning about Thanksgiving and why the USA celebrates it. Hosted by Zuleyma Ramos

Event: Flagler Museum Field Trip
Dates: November 24,2026 10am - 1pm
Place: 1 Whtehall Way, Palm Beach Fl 33480
Join us for a fun day at Flagler Museum. Hosted by BLWE

FAMILY LITERACY

Event: Story Time
Date: November 5, 2026 1pm - 2pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Please join us with your children to enjoy this fun story time. Hosted by Lake Worth Library

Event: Imagination Story Time "It's Ok to be Different
Date: November 7, 2026 10am - 11:30am
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
We will learn how we can be alike and different at the same time.. Hosted by Marta Cruz

CAPACITY BUILDING WORKSHOPS

Event: Abriendo Puertas/Opening Doors (Spanish)
Dates: November 3, 2026 10am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
AP-OD builds parent leadership skills and knowledge through in person and virtual trainings to promote familes well being and positive otucomes for children. Hosted by Maria Martin

Event: SAC/PAC
Dates: November 5, 2026 8:15am - 9am
Place: Highland Elementary 500 Highland Ave, Lake Worth Beach Fl 33460
These meetings primary purpose is to review relevant, identify data, problem areas, develop improvement, strategies, and monitor their implementation.
Hosted by Highland Elementary

Event: CLI Pathway
Dates: November 9, 2026 6pm - 9pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Strong communities thrive together.. Hosted by Neighborhood Works

Event: Women's Club "Premature Awareness"
Dates: November 10, 2026 10am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Focusing on Premature Awareness annual campaign. Hosted by Miriam Maldonado

Event: Abriendo Puertas/Opening Doors (English
Dates: November 10, 2026 10am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
AP-OD builds parent leadership skills and knowledge through.in person and virtual trainings to promote famiies well being. Hosted by Maria Martin

Event: Abriendo Puertas/Opening Doors (Creole)
Dates: November 10, 2026 6pm - 8pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
AP-OD builds parent leadership skills and knowledge through.in person and virtual trainings to promote famiies well being. Hosted by Maria Martin

SAFETY WORKSHOPS

Safety Workshop "Kitchen & Cooking Safety"
Hosted by by Safe Kids of PBC/Via Zoom
NOVEMBER 5, 2026 SPANISH
NOVEMBER 12, 2026 ENGLISH
NOVEMBER 19, 2026 CREOLE
Kitchen Safety
is the often the heart of the hone, especially during the holidays, but it can also be a busy place for little ones. We'll share practical tips for preventing burns, scalds, cuts, and other common kitchen injuries, while creating safer spaces for children.
Kids in the Kitchen
Cooking together can be a wonderful family activity! Learn age-appropriate ways to safely include children in cooking, baking, and meal preparation, while teaching them important kitchen safety habits along the way.
Fire & Smoke Allarm Safety
With more cooking hapoppening during the holidays, we'll also discuss cooking fire prevention, smoke alarm safety, and what families should do if a fire starts. Join us fo simple, practical ways to keep little helpers invvolved, make holiday memories, and keep everyone safer in the kitchen.

COMMUNITY EVENTS

Event: Palm Beach Dream Center Block Party
Dates: November 7, 2026 11am - 1pm
Place: 1512 Wingfield St, Lake Worth Beach, Fl 33460
Free Famiy Event! Arrive by 11:30am to be entered in our raffles.
Hosted by City of Lake Worth Beach

Event: Community Immunization
Dates: November 19, 2026 8am - 12pm
Place: Puerta Del Cielo, 709 N F Street, Lake Worth Beach Fl 33460
PBHD comes out every third Thursday of the month to provide families with necessary immunizations for their children..
Hosted by Palm Beach Health Department

Event: Caridad Comes Tp You
Date: November 20, 2026 9am - 3pm
Place:305 Lake Ave, Lake Worth Beach,Fl 33460
Cardidad's mobile health clinic is rolling to your neighborhood to bring convenient no cost health screening. Hosted by City of Lake Worth Beach
Hosted by City of Lake Worth Beach

Event: Tree Lighting
Date: November 30, 2026 6:30pm - 8pm
Place: Cultural Plaza, Lake Worth Beach, Fl 33460
Join us for our annual tree lighting and pictures with Santa, games for the whole family, arts& crafts , face painting and performances on the stage for all to enjoy!
Hosted by City of Lake Worth Beach

NOVEMBER '26

BRIDGES at LAKE WORTH WEST

FAMILY IMPACT Palm Beach County CONNECT. UPLIFT. TRANSFORM.

Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.

- CAPACITY BUILDING WORKSHOPS
- PARENT/CHILD ACTIVITIES
- SAFETY WORKSHOPS
- FAMILY LITERACY
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02	**03** Abriendo Puertas/ Opening Doors ZOOM (S) 10:00 am-12:00 pm Brilliant Minds 3:30 pm-5:30 pm College Prep 5:30 pm- 7:30 pm	**04** Brilliant Minds 3:30 pm-5:30 pm	**05** Books, Arts & Crafts (E/S) 10:00 am-11:30 am Kitchen & Cooking Wksp ZOOM (S) 1:00 pm-2:00 pm Brilliant Minds 3:30 pm-5:30 pm College Prep 5:30 pm- 7:30 pm	**06**	**07**
09	**10** Brilliant Minds 3:30 pm-5:30 pm College Prep 5:30 pm- 7:30 pm Ambassadors Meeting 6:00 pm-8:00 pm	**11** Veterans Day OFFICE CLOSED	**12** Exploring Our World (E/S) 10:30am-11:30 am Kitchen & Cooking Wksp ZOOM (E) 1:00 pm-2:00 pm Brilliant Minds 3:30 pm-5:30 pm Bookmobile 4:00 pm-4:45 pm College Prep 5:30 pm- 7:30 pm	**13** Car Seat Installation (E/S) (By Appointment) 10:00 am-1:00 pm	**14** The Book Harvest A Family Festival 10:00 am - 12:00 pm
16 "Wear Purple"	**17** Premature Matters (E/S) 10:00am-11:00 am Abriendo Puertas/ Opening Doors ZOOM (E) 6:00 pm- 8:00 pm Brilliant Minds 3:30 pm-5:30 pm College Prep 5:30 pm- 7:30 pm	**18** Bilingual Storytime (E/S) (Literacy) 10:30 am- 11:30 am Brilliant Minds 3:30 pm-5:30 pm Latinos Fuertes en Acción/Thankful & United (MEN ONLY) 6:30 pm-8:30 pm	**19** Raise Me Up 10:30 am- 11:30 am Brilliant Minds 3:30 pm-5:30 pm College Prep 5:30 pm- 7:30 pm	**20** Renacer Mujer/Fellowship & Gratitude 10:00 am-12:00 pm Food Distribution 10:00 am (Until Supplies Last)	**21**
23 Raise Me Up/ Grateful Hearts (Registration Only) 12:00 pm - 3:00 pm NO SCHOOL	**24** NO SCHOOL	**25** NO SCHOOL	**26** THANKSGIVING DAY OFFICE CLOSED NO SCHOOL	**27** THANKSGIVING DAY OFFICE CLOSED NO SCHOOL	**28**
30	01	02	03	04	05

Did You Know That:

Prematurity Awareness takes place in November to highlight the global impact of preterm birth and honor families affected by it. Risk factors for preterm birth include:

- Being pregnant with multiple births.
- Tabacco use & substance abuse.
- Uterine or cervical issues.

Consult with your doctor immediately if any complications.



Family Impact Palm Beach County
BRIDGES at Lake Worth West

Main Office:
2411 10th Ave. N.
Lake Worth, FL 33461
Phone: 561-649-9600

ACTIVITY CENTER:
BRIDGES at Lake Worth West
2407 10th Ave. N.
Lake Worth, FL 33461

MONDAY-FRIDAY
9:00 AM - 5:00 PM

www.familyimpactpbc.org
Facebook@familyimpactpbc.org

NOVEMBER 2026 HIGHLIGHTS

Small Babies, Big Potential

WORKSHOPS

PARENT CHILD ACTIVITY

Event: RAISE ME UP (PARENTS AND CHILDREN)**(E/S)**
Date: Thursday, November 19th 10:30 am-11:30 am
Place: BLWW Activity Center
2407 10th Ave. N., Lake Worth, FL 33461
Join us for this parent-child class to build fine and gross motor skills and support social-emotional health, problem-solving, and communication.
Sponsored by BRIDGES

Event: EXPLORING OUR WORLD **(E/S)**
Date: Thursday, November 12th 10:30 am – 11:30 am (Registration Only)
Place: Early Learning Coalition
1630 S. Congress Ave. Ste 300, Palm Springs, FL 33461
This is a great opportunity to interact with your children, explore our world, and build skills through activities that support healthy development.
Sponsored by BRIDGES and ELC.

Event: RAISE ME UP (PARENTS AND CHILDREN)**(E/S)**
Date: Monday, November 23rd 12:00 pm - 3:00 pm (Registration Only)
Place: BLWW Activity Center
2407 10th Ave. N., Lake Worth, FL 33461
Join us for this parent-child class to build fine and gross motor skills and support social-emotional health, problem-solving, and communication.
Sponsored by BRIDGES

FAMILY LITERACY

Event: BILINGUAL STORY TIME **(E/S)**
Date: Wednesday, November 18th 10:30 am-11:30 am
Place: Palm Springs Library
217 Cypress Ln., Palm Springs, FL 33461
PBC Library System will host a one-hour activity encouraging parents to read and do activities with their kids so they can learn new words and increase their love of reading.
Sponsored by Palm Springs Library.

SAFETY WORKSHOPS

Event: KITCHEN AND COOKING WKSP.
Date: Thursday, November 5th, 1 pm – 2 pm Spanish (ZOOM)
Thursday, November 12th 1 pm – 2 pm English (ZOOM)
Come learn and share practical tips to prevent burns, scalds, cuts, and other common kitchen injuries, and create a safer space for the children.
Sponsored by Safe Kids of PBC.

Event: CARSEAT INSTALLATION **(E/S)**
Date: Friday, November 13th 10:00 am - 1:00 pm
Parents with questions, concerns, or who need a car seat will be guided by our car seat technician by phone. Please call us at 561-649-9600 so we can best assist you!
Sponsored by BRIDGES.

CAPACITY BUILDING WORKSHOPS

Event: ABRIENDO PUERTAS/OPENING DOORS
Date: Tuesday, November 3rd 10:00 am-12:00 pm Spanish ZOOM
Tuesday. November 17th 6:00 pm- 8:00 pm English ZOOM
A program for parents and children ages 0-5. AP/OD supports parents as their child's first teacher through fun activities, learning together, and building strong family connections that support early development.
Sponsored by BRIDGES

Event: BOOKS, ARTS AND CRAFTS **(E/S)**
Date: Thursday, November 5th 10:00 am-11:30 am
Place: BLWW Activity Center
2407 10th Ave. N, Lake Worth, FL 33461
Parents read books about morals and values. They create beautiful arts and crafts and build new skills, which gives them a sense of achievement and confidence.
Sponsored by BRIDGES

Event: AMBASSADORS MEETING **(Ambassadors Only)**
Date: Tuesday, November 10th 6:00 pm-8:00 pm
Place: BLWW Activity Center
2407 10th Ave. N., Lake Worth, FL 33461
Invited members will join our Bridges at Lake Worth West Ambassadors group. They will be encouraged, motivated, and trained to continue developing their leadership skills.
Sponsored by BRIDGES.

Event: PREMATURE MATTERS
Date: Tuesday, November 17th 10:00 am-11:00 am
Place: BLWW Activity Center
2407 10th Ave. N., Lake Worth, FL 33461
Join us to raise awareness about premature births, support families, and promote healthy beginnings for every newborn.
Sponsored by BRIDGES.

Event: LATINOS FUERTES EN ACCIÓN/ THANKFUL & UNITED **(E/S)**
Date: Wednesday, November 18th 6:30 pm-8:30 pm (MEN ONLY)
Place: BLWW Activity Center
2407 10th Ave. N., Lake Worth, FL 33461
Come join a circle of hard-working fathers where they are brought together in gratitude, strengthening family bonds, and building a supportive community.
Sponsored by BRIDGES.

Event: RENACER MUJER/FELLOWSHIP & GRATITUDE **(E/S)**
Date: Friday, November 20th 10:00 am-12:00 pm
Place: BLWW Activity Center
2407 10th Ave. N., Lake Worth, FL 33461
Join a wonderful group of women to share important topics, enjoy social time and activities, and celebrate the year's highlights together. They also bring together friendship, celebrate blessings, and give thanks as a community.
Sponsored by Be Well PBC & BRIDGES

COMMUNITY EVENTS

Event: BRILLIANT MINDS PROGRAM
Date: Tuesdays, Wednesdays, Thursdays, 3:30 pm- 5:30 pm
Place: BLWW Activity Center
2407 10th Ave. N., Lake Worth, FL 33461
Through our homework assistance, STEAM (Science, Technology, Engineering, Arts, and Math), and Reading programs, we support kids in our community (1st grade through 5th grade) with their academics.
Sponsored by PBSO.

Event: COLLEGE PREP
Date: Tuesdays & Thursdays 5:30 pm– 7:30 pm
Place: BLWW Activity Center
2407 10th Ave. N., Lake Worth, FL 33461
This program is offered to assist high school students in 9th to 12th grade in strengthening their academic skills, helping with college entry, and much more.
Sponsored by Cornelia T. Bailey, CFPBMC & CSC.

Event: PBC LIBRARY BOOKMOBILE
Date: Thursday, November 12th 4:00 pm-4:45 pm
Place: BLWW Activity Center
2411 10th Ave. N., Lake Worth, FL 33461
A mobile library that brings books and educational resources directly to communities
Sponsored by PBC Library System.

Event: THE BOOK HARVEST A FAMILY FESTIVAL
Date: Saturday, November 14th 10:00 am-12:00 pm
Place: Village of Palm Springs Courtyard
217 Cypress Ln., Palm Springs, FL 33461
Join us in the morning for books, family fun, and fall festivities! Bring the family, connect with local community resources, and celebrate the joy of reading.
Sponsored by Palm Springs Library.

Event: FOOD DISTRIBUTION (RBI)
Date: Friday, November 20th 10:00 am (UNTIL SUPPLIES LAST)
Place: Bethel Assembly of God (Church)
4320 S. Congress Ave., Palm Springs, FL 33461
Stop by to receive canned goods, fruit, and more while supplies last.
Sponsored by BRIDGES, PBSO, RBI & Bethel Assembly of God

Event: GRATEFUL HEARTS **(Registration Only)**
Date: Monday, November 23rd 12:00 pm- 3:00 pm
Place: BLWW Activity Center
2407 10th Ave. N., Lake Worth, FL 33461
A community united in gratitude, kindness, and hope, giving thanks for the blessings we share and the neighborhoods that make us stronger together.
Sponsored by BRIDGES

NOVEMBER '26

BRIDGES at NORTHWOOD

Children's Home Society of Florida

Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.

- CAPACITY BUILDING WORKSHOPS
- PARENT CHILD ACTIVITIES
- SAFETY WORKSHOPS
- FAMILY LITERACY
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02 HEART (Spanish) 10:30pm-12:30pm	03 AP-OD Session 3 Virtual (Spanish Session) 10am - 12pm Art Activity	04 HEART (Spanish) 10:30pm-12:30pm	05 It's Your Birthday 11:00am - 12:30pm 5:30pm - 7:00pm Safety Series (Spanish) 1:00pm - 2:00pm	06	07
09 Motivando Mamas 11:00am - 12:30pm	10 Raise Me Up 11:00am - 12:30pm True or False	11 HEART (Spanish) 10:30pm-12:30pm	12 Safety Series (English) 1:00pm - 2:00pm	13	14
16 HEART (Spanish) 10:30pm-12:30pm	17 AP-OD Session 1 Virtual (English Session) 6pm-8pm Wear Purple Day	18	19 Safety Series (Creole) 1:00pm - 2:00pm Family Day 11:00AM-12:30pm Family Night Virtual	20	21
23	24 Raise Me Up 11:00am - 12:30pm	25	26 	27	28
30 	01	02	03	04	05 

PREMATURITY AWARENESS MONTH

World Prematurity Day, observed on November 17, raises awareness about preterm birth and the need for quality care. About 1 in 10 babies worldwide is born before 37 weeks of pregnancy. These babies face serious health risks, making proper medical care and family support essential.

BRIDGES at Northwood

4111 N. Terrace Dr.,
West Palm Beach, FL
33407
561-840-3106
Bridgesofpbc.org
Mon-Thurs 9am to 7pm
Friday 9am to 5pm
Sat 10am to 2pm
Offering parental support
and
activities for
families with children
Ages 0 to 8

NOVEMBER 2026 HIGHLIGHTS

Give Preterm Babies A Strong Start For A Brighter Future

WORKSHOPS

PARENT CHILD ACTIVITY

Event: It's Your Birthday
Date: November 5th 2026
Time: 11:00am - 12:30pm
Description: Families will have fun crafting and reflecting on what they are grateful for this year.

Event: Raise me Up
Time: 11:00am - 12:30pm

Feed the Turkey: 11/10
Description: Children and parents will have some festive holiday fun together as little ones practice their hand-eye coordination and counting skills feeding "the turkey"!

Turkey Time: 11/17
Description: During this activity we will create a Thanksgiving turkey as special as your child. We will be using your child's thumb print to make our holiday project.

Event: Family Day
Date: Thursday November 19th, 2026
Time: 11:00AM-12:30pm
Location: BRIDGES at Northwood

Family Night
Virtual
Description for both:
Families will create their own festive turkey headbands using colorful construction paper, feathers, and craft materials.

CAPACITY BUILDING WORKSHOPS

Event: Heart - Ayudando a que toda area de las relaciones prospere
Date: November 2, 4, 9, 16
Time: 10:30am - 12:30pm
Location: BRIDGES at Northwood
Description: Herramientas practicas que fortalezen las relaciones y construyan familias mas sanas.
Community - Based Connections, INC.
Event: Motivando Mamas
Date: October 12, 2026
Time: 11:00am-12:30pm
Location: BRIDGES at Northwood
Description: Un grupo de mujeres que se reunen cada segundo lunes del mes para obtener mas informacion sobre otras agencia y servicios a la comunidad.

SAFETY WORKSHOPS

Event: **Safe Series**
Date: Every Thursday
Time: 1:00pm
Description: School Safety refers to the measures, policies and practices implemented to protect students, staff and visitors from physical, and emotional while fostering a secure and supportive learning environment

Event: Art Activity - Baby Foot Prints
Date: November 3rd, 2026
Description: "Tiny But Mighty" Decorate paper baby footprints with encouraging words such as strong, Brave, hope, miracle "Celebrating babies strength."s

CAPACITY BUILDING WORKSHOPS

Event: **AP-OD Workshop**
Date: November 3rd and 17th (monthly)
Time: 10am - 12pm and 6pm - 8pm
Place: Virtual

Description: The objective of AP-OD (Abriendo Puertas/Opening Doors) is to empower parents to become leaders in their children's education and development through comprehensive parenting and advocacy program. This program aims to improve family well-being and promote school readiness by building parents' skills, increasing their knowledge about early childhood development, and strengthening their ability to advocate for their children and communities.

SAFETY WORKSHOPS

Event: Trivia -True or False
Date: November 10th, 2026
Description:"Prematurity Knowledge" Questions about premature birth, pregnancy, NICU , Care ,and support for families.

COMMUNITY EVENTS

FAMILY LITERACY

NOVEMBER 2026

Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.

BRIDGES at RIVIERA BEACH

COMMUNITY PARTNERS OF SOUTH FLORIDA

- CAPACITY BUILDING
- PARENT/CHILD ACTIVITIES
- SAFETY WORKSHOPS
- FAMILY LITERACY
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02	03	04  FAMILY READ ALOUD RIVIERA BEACH LIBRARY 6:00PM-7:00PM	05 TRIPLE P SESSION 1 Power of Positive Parenting 6:00pm-7:30pm TALK TO THE NURSE 6:00PM-7:00PM	06	07
09 THE CAVE (DINNER PROVIDED) 6:30PM-8:00PM WEST RIVIERA ELEM. SAC MEETING 5:30PM	10 RAISE ME UP TURKEY TIME 5:30PM-7:00PM WASHINGTON ELEM. SAC MEETING 5:30PM	11 WILL YOURSELF WEDNESDAY (The "CAVE") DYER PARK 6:00PM-7:00PM	12 SAFETY SERIES KITCHEN & COOKING SAFETY 1:00PM VIA ZOOM TRIPLE P SESSION 2 Raising Confident, Competent Children 6:00pm-7:30pm	13	14
16	17 AP-OD 6:00PM-8:00PM VIA ZOOM	18 GATHERED IN GRATITUDE St. James Missionary Baptist Church 1534 W. 35th St. Riviera Beach, FL 33404 6:00PM-8:00PM	19 SAFETY SERIES KITCHEN & COOKING SAFETY 1:00PM VIA ZOOM TRIPLE P SESSION 3 Raising Resilient Children 6:00pm-7:30pm	20	21 RAISE ME UP FALL FESTIVITIES 10:00AM-11:00AM LITERACY HOUR 11:00AM-12:00PM
23 THANKFUL TREATS 6:00PM-7:00PM	24 DR.MARY MCLEOD BETHUNE ELEMENTARY SAC MEETING 5:30PM	25	26  OFFICE CLOSED!	OFFICE CLOSED!	28
30					

DID YOU KNOW

APPROXIMATELY 15 MILLION BABIES ARE BORN PRETERM EACH YEAR, ACCOUNTING FOR ABOUT ONE IN 10 OF ALL BABIES BORN WORLDWIDE. PREMATURE BIRTH IS THE LEADING CAUSE OF DEATH IN CHILDREN UNDER THE AGE OF FIVE WORLDWIDE.

SAFETY TIPS

- TEACH YOUR CHILDREN TO STAY A SAFE DISTANCE FROM HOT STOVES AND APPLIANCES.
- AVOID CARRYING OR HOLDING A CHILD WHILE COOKING ON THE STOVE.

BRIDGES AT RIVIERA BEACH
4152 W. Blue Heron Blvd.
Ste. 227-228
Riviera Beach, FL 33404
PHONE: 561-899-1644
MONDAY-FRIDAY
9:00am-5:00pm

Offering parental support and activities for children ages (0-8 yrs.) and families
www.bridgespbc.org/rivierabeach
Facebook@BridgesRiviera

NOVEMBER 2026 HIGHLIGHTS

SMALL BABIES, BIG POTENTIAL

Workshops

Parent Child Activity

EVENT: RAISE ME UP TURKEY TIME
DATE: TUES., NOV., 10TH, 2026 5:30PM-7:00PM
PLACE: BRIDGES AT RIVIERA BEACH

During this activity we will create a Thanksgiving turkey as special as your child. This is a chance for your child to learn the names of colors, learn more about thanksgiving and understand how very special they are.

EVENT: RAISE ME UP FALL FESTIVITIES
DATE: SAT., NOV., 21ST , 2026 10:00AM-11:00 AM
PLACE: BRIDGES AT RIVIERA BEACH

During this activity you and your child will enjoy an afternoon filled with joy, laughter and games.

EVENT: THANKFUL TREATS
DATE: TUES., NOV., 23RD, 2026 6:00PM-7:00PM
PLACE: BRIDGES AT RIVIERA BEACH

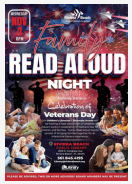
Join us for a fun night with hands-on activities. You and your children will work together to make Thanksgiving themed treats and create notes of gratitude.

Family Literacy



EVENT: LITERACY HOUR
DATE: SAT., NOV., 21ST, 2026 11:00AM
PLACE: BRIDGES AT RIVIERA BEACH

During the Happily Ever After **Parent and Child Together (P.A.C.T)** moment, parents are provided with helpful reading facts and hands-on, interactive strategies that they can easily implement at home with their children.



EVENT: FAMILY READ ALOUD
DATE: WED., NOV., 4TH , 2026
6:00PM-7:00 PM
PLACE: RIVIERA BEACH LIBRARY
2129 N. CONGRESS AVE., RIVIERA BEACH FL.

Join us for a fun filled evening while reading stories filled with laughter and joy. The adventures await you as you turn the page with us for **Family Read Aloud Night, at Riviera Beach Public Library.**

Capacity Building Workshops

EVENT: TALK TO THE NURSE
DATE: THURS., NOV., 5TH, 2026 6:00PM-7:00PM
PLACE: BRIDGES AT RIVIERA BEACH

This ongoing workshop prepares expectant parents to have a healthy birth and informs parents with babies up to 6 months old about healthy development after baby's arrival.

EVENT: TRIPLE P SEMINARS
DATE: THURS., NOV., 5TH, 12TH, 19TH 2026
6:00PM-7:30PM
PLACE: BRIDGES AT RIVIERA BEACH

The Triple P – Positive Parenting Program is an evidence-based family support system designed to give parents and caregivers practical strategies to build strong relationships, manage children's behavior, and prevent emotional or behavioral problems.



EVENT: THE CAVE
DATE: MON., NOV., 9TH , 2026
6:30PM-8:00 PM
PLACE: BRIDGES AT RIVIERA BEACH

Join us as we express and discuss the different emotional and physical needs that men deal with on a daily. As **FATHER'S (men),** you are **IMPORTANT** in the lives of your children and families. Come together with other father's (men) as we support each other to be the **BEST** we can be!



EVENT: THE "CAVE" PRESENTS
"WILL YOURSELF WEDNESDAY"
DATE: WED., NOV., 11TH , 2026
6:00PM-7:00 PM
PLACE: DYER PARK
7301 N. HAVERHILL RD. WPB., FL

Every small step counts on the road to success. Join us as we celebrate you and your wins. Celebrate your progress no matter how big or small, keep going even when no one is clapping, VICTORY belongs to those who don't quit. The **BEST** is still ahead.



EVENT: GATHERED IN GRATITUDE
DATE: WED., NOV., 18TH, 2026 6:00PM-8:00PM
PLACE: ST. JAMES MISSIONARY BAPTIST CHURCH
1534 W. 35TH ST.
RIVIERA BEACH, FL. 33404

Join us for a fun-filled evening as we take the time to give thanks for the many blessings in our lives. **BRIDGES at Riviera Beach** wants to let you know that we are grateful to be a part of your families.

Safety Workshops

EVENT: KITCHEN & COOKING SAFETY
DATE: THURS., NOV., 12TH, 2026 1:00PM
THURS., NOV., 19TH, 2026 1:00PM (CREOLE)
PLACE: ZOOM
https://zoom.us/j/684658497pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09

We will be focusing on smart kitchen tips to keep little ones safe and ways to include children in cooking and meal prep.
Great tips will be discussed to include your children safely in the kitchen.
We will also talk about the importance of smoke alarms and how they are best used in the kitchen.



Community Events

EVENT: SCHOOL ADVISORY COUNCIL
DATE: TUES., NOV., 10TH, 2026 5:30PM
PLACE: WASHINGTON ELEMENTARY
1709 W. 30TH ST. , RIVIERA BEACH, FL 33404

Parents! You can learn a lot by attending your school's SAC meeting. Be Proactive! Get involved!

EVENT: SCHOOL ADVISORY COUNCIL
DATE: TUES., NOV., 24TH, 2026 5:30PM
PLACE: DR. MARY MCLEOD BETHUNE ELEMENTARY
1501 AVENUE U, RIVIERA BEACH, FL 33404

Parents! You can learn a lot by attending your school's SAC meeting. Be Proactive! Get involved! Meeting location Media Center.

EVENT: SCHOOL ADVISORY COUNCIL
DATE: MON., NOV., 9TH, 2026 5:30PM
PLACE: WEST RIVIERA ELMENTARY
1057 W. 6TH ST., RIVIERA BEACH, FL 33404

Parents! You can learn a lot by attending your school's SAC meeting. Be Proactive! Get involved!



NOVEMBER '26

BRIDGES at WEST PALM BEACH

Children's Home Society of Florida

Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.

- CAPACITY BUILDING WORKSHOPS
- PARENT/CHILD ACTIVITIES
- SAFETY WORKSHOPS
- FAMILY LITERACY
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02	03 Open Doors Spanish 10:00am Zoom	04 House Calls w/FAU 6:00pm Zoom	05 Raise Me Up Growing Together 6:00pm 1-3 y/o	06 Bridge Mart Starts 10:00am Appointment Only	07
09	10 **Open Doors** Creole 10:00am Zoom **Pleasant City SAC Meeting** Zoom 5:00pm	11	12 Raise Me Up Learning Side by Side 6:00pm 4-5 y/o Cooking and Kitchen Safety Facebook Live 1:00pm	13	14
16	17 Open Doors English 6:00pm Zoom Wear Purple	18	19 Raise Me Up Baby Talk 6:00pm Pregnant- 1 y/o	20  Car Seat Installation Bridge Mart Starts 10:00am Appointment Only	21
23 Literacy Adventure Time Night 6:00pm	24	25 Office Close Early	26 	27 Office Closed	28
30 What's in Your Community Orientation 5:30pm Zoom	01	02	03	04	05

BRIDGES At West Palm Beach
720 8th Street
West Palm Beach, FL 33401
(561)804-6754

BRIDGE MART
Bridge Bucks Only
November 6th and 20th
10:00-2:00
Appointments Only





NOVEMBER 2026 HIGHLIGHTS

SMALL BABIES, BIG POTENTIAL

COMMUNITY EVENTS

Pleasant City SAC Meeting Zoom
5:00pm

FAMILY LITERACY

Family Literacy
Enhanced Parent-Child activities designed to focus on gross motor skills and problem solving. We will share adventures in learning.
Date: November 23rd
Time: 6:00pm

SAFETY WORKSHOPS

Kitchen Safety
November 12th
Zoom 1:00pm

WORKSHOPS

PARENT CHILD ACTIVITY

Event: Baby Talk RSVP required (Pregnant -1 year old)
Date: November 19th
Time: 6:00pm Community Room
Summary: Baby Talk is a warm, welcoming session designed to support individuals and couples as they prepare for the journey into parenthood. This experience creates a safe space for new and expecting parents to explore the joys and challenges of caring for a baby while building confidence in their new role.

Event: Raise me up: Growing Together (Ages 1-3 years)
Date: November 5th
Time: 6:00pm Community Room
Summary: Parent-child activities designed to focus on gross motor skills and problem solving. Families will enjoy an evening of learning and fun.

Event: Raise me up: Learning Side by Side (Ages 4-5)
Date: November 12th
Time: 6:00PM Community Room
Summary: Parent -Child activities designed to focus on gross motor skills and problem solving. Families will navigate the newly formed independence .

CAPACITY BUILDING WORKSHOPS

Event: House calls with FAU RSVP required
Date: November 4th
Time: 6:00 via zoom
Summary: A community wellness service offering free, convenient Heart disease screenings through a partnership with Florida Atlantic University. The program promotes heart health, early detection, and access to preventive care for families.

Event: What's In your Community Orientation
Date: November 30th
Time: 5:30pm-6:30pm
Summary: This is an awareness workshop for new member to learn about the various services available through BRIDGES and other local service providers.

APOD/OPEN DOORS
Trains parents to act as primary advocates and educational leaders to their children.
November 3rd, 10th and 17th