NOVEMBER '26

BRIDGES at NORTHWOOD

Children's Home Society of Florida

Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.

- CAPACITY BUILDING WORKSHOPS
- PARENT CHILD ACTIVITIES
- SAFETY WORKSHOPS
- FAMILY LITERACY
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02 HEART (Spanish) 10:30pm-12:30pm	03 AP-OD Session 3 Virtual (Spanish Session) 10am - 12pm Art Activity	04 HEART (Spanish) 10:30pm-12:30pm	05 It's Your Birthday 11:00am - 12:30pm 5:30pm - 7:00pm Safety Series (Spanish) 1:00pm - 2:00pm	06	07
09 Motivando Mamas 11:00am - 12:30pm	10 Raise Me Up 11:00am - 12:30pm True or False	11 HEART (Spanish) 10:30pm-12:30pm	12 Safety Series (English) 1:00pm - 2:00pm	13	14
16 HEART (Spanish) 10:30pm-12:30pm	17 AP-OD Session 1 Virtual (English Session) 6pm-8pm Wear Purple Day	18	19 Safety Series (Creole) 1:00pm - 2:00pm Family Day 11:00AM-12:30pm Family Night Virtual	20	21
23	24 Raise Me Up 11:00am - 12:30pm	25	26 	27	28
30 	01	02	03	04	05 

PREMATURITY AWARENESS MONTH

World Prematurity Day, observed on November 17, raises awareness about preterm birth and the need for quality care. About 1 in 10 babies worldwide is born before 37 weeks of pregnancy. These babies face serious health risks, making proper medical care and family support essential.

BRIDGES at Northwood

4111 N. Terrace Dr.,
West Palm Beach, FL
33407
561-840-3106
Bridgesofpbc.org
Mon-Thurs 9am to 7pm
Friday 9am to 5pm
Sat 10am to 2pm
Offering parental support
and
activities for
families with children
Ages 0 to 8

NOVEMBER 2026 HIGHLIGHTS

Give Preterm Babies A Strong Start For A Brighter Future

WORKSHOPS

PARENT CHILD ACTIVITY

Event: It's Your Birthday
Date: November 5th 2026
Time: 11:00am - 12:30pm
Description: Families will have fun crafting and reflecting on what they are grateful for this year.

Event: Raise me Up
Time: 11:00am - 12:30pm

Feed the Turkey: 11/10
Description: Children and parents will have some festive holiday fun together as little ones practice their hand-eye coordination and counting skills feeding "the turkey"!

Turkey Time: 11/17
Description: During this activity we will create a Thanksgiving turkey as special as your child. We will be using your child's thumb print to make our holiday project.

Event: Family Day
Date: Thursday November 19th, 2026
Time: 11:00AM-12:30pm
Location: BRIDGES at Northwood

Family Night
Virtual
Description for both:
Families will create their own festive turkey headbands using colorful construction paper, feathers, and craft materials.

CAPACITY BUILDING WORKSHOPS

Event: Heart - Ayudando a que toda area de las relaciones prospere
Date: November 2, 4, 9, 16
Time: 10:30am - 12:30pm
Location: BRIDGES at Northwood
Description: Herramientas practicas que fortalezen las relaciones y construyan familias mas sanas.
Community - Based Connections, INC.
Event: Motivando Mamas
Date: October 12, 2026
Time: 11:00am-12:30pm
Location: BRIDGES at Northwood
Description: Un grupo de mujeres que se reunen cada segundo lunes del mes para obtener mas informacion sobre otras agencia y servicios a la comunidad.

SAFETY WORKSHOPS

Event: **Safe Series**
Date: Every Thursday
Time: 1:00pm
Description: School Safety refers to the measures, policies and practices implemented to protect students, staff and visitors from physical, and emotional while fostering a secure and supportive learning environment

Event: Art Activity - Baby Foot Prints
Date: November 3rd, 2026
Description: "Tiny But Mighty" Decorate paper baby footprints with encouraging words such as strong, Brave, hope, miracle "Celebrating babies strength."s

CAPACITY BUILDING WORKSHOPS

Event: **AP-OD Workshop**
Date: November 3rd and 17th (monthly)
Time: 10am - 12pm and 6pm - 8pm
Place: Virtual

Description: The objective of AP-OD (Abriendo Puertas/Opening Doors) is to empower parents to become leaders in their children's education and development through comprehensive parenting and advocacy program. This program aims to improve family well-being and promote school readiness by building parents' skills, increasing their knowledge about early childhood development, and strengthening their ability to advocate for their children and communities.

SAFETY WORKSHOPS

Event: Trivia -True or False
Date: November 10th, 2026
Description:"Prematurity Knowledge" Questions about premature birth, pregnancy, NICU , Care ,and support for families.

COMMUNITY EVENTS

FAMILY LITERACY