NOVEMBER '26

BRIDGES at LAKE WORTH EAST

COMMUNITY PARTNERS OF SOUTH FLORIDA
HEALTH | HOUSING | COMMUNITY

Children's Services Council
PALM BEACH COUNTY
Healthy. Safe. Strong.

- CAPACITY BUILDING WORKSHOP
- PARENT CHILD ACTIVIITIES
- SAFETY WORKSHOPS
- FAMILY LITERACY
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02	**03** Election Day No School Abrienda Puertas/Opening Doors Spanish 10am - 12pm	**04**	SAC/PAC 8:15am - 9am **05** Safety Series "Kitchen & Cooking Safety" Spanish- Zoom 1pm - 2pm Story Time 1pm - 2pm	**06**	**07** Imagination Story Time **10:30am - 12pm** Palm Beach Dream Center Party 11am - 1pm
09 CLI Pathway 6pm - 9pm	**10** Abriendo Puertas/Opening Doors Creole 10am - 12pm Women's Club "Premature Awareness" 10am - 11am	**11 NO SCHOOL** Raise Me Up Pizza, Pizza 1pm - 2pm	**12** Safety Series "Kitchen & Cooking Safety" English- Zoom 1pm - 2pm Community Immunization 8am - pm	**13**	**14**
16	**17** Abrienda Puertas/Opening Doors English 6pm - 8pm	**18** Raise Me Up Candy Apple 4pm - 5pm	**19** Safety Series "Kitchen Creole- Zoom 1pm - 2pm	**20** Caridad Comes To You 9am - 3pm Giveaway and Child Activity 4pm - 6pm	**21** Family Fun Arts In My Backyard 10am - 11:30am
23 No School Family Fun "Around the World in the USA 1pm - 2:30pm	**24 No School** Flagler Museum Field Trip 10am - 1pm	**25 No School**	**26 No School** 	**27 No School** BRIDGES Will Be Closed	**28**
30 Tree LIghting 6:30pm - 8:00pm	01	02	03	04	05

BRIDGES At
Lake Worth East
MAIN OFFICE:
305 Lake Ave
LAKE WORTH, FL 33460

PHONE:
561-899-1652
FAX :
561-537-5160

MONDAY - FRIDAY
8:00am - 5:00pm

www.bridgesofpbc.org
Facebook at
BRIDGES Lake Worth East

Premature Awareness Month

Roughly 1 in 10 babies is born prematurely worldwide and in thje United States (about 380,00 to 450,000 U.S. births annually). Preterm birth remains a leading cause of infant mortality and long term health challenges. The U.S> obervance conti9nues its foiucus on raising awareness about maternal and infant health crisis, lighting landmarks purple, supporting NICU families, and advocatiing for legislative measures like The PREEMIIE Act.

NOVEMBER 2026 HIGHLIGHTS

SMALL BABIES, BIG POTENTIAL

WORKSHOPS

PARENT CHILD ACTIVITY

Event: Raise Me Up "Pizza, Pizza"
Dates: November 11, 2026 4pm - 5pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Calling all pizza lovers! Let's focus on fine motor skills. Children will create their own slice of pizza using clay. Hosted by Maria Martin

Event: Raise Me Up" Candy Apple"
Dates: November 18, 2026 10:30am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Let's design APPLE CANDIES using your problem solving skills. LET"S BE CREATIVE! Sponsored by Maria Martin

Event: Family Fun " Fun with Arts In My Backyard"
Dates: November 21,2026 1pm - 2:30pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
You are invited to an inclusive and hands on workshop (guided by the Dactil Art Creation System) where families will create art through touch and tactil exploration..
Hosted by Cultural Council of Palm Beach County

Event: Family Fun "Around the World In the USA"
Dates: November 23,2026 1pm - 2:30pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Come make a delicious hands on treat while learning about Thanksgiving and why the USA celebrates it. Hosted by Zuleyma Ramos

Event: Flagler Museum Field Trip
Dates: November 24,2026 10am - 1pm
Place: 1 Whtehall Way, Palm Beach Fl 33480
Join us for a fun day at Flagler Museum. Hosted by BLWE

FAMILY LITERACY

Event: Story Time
Date: November 5, 2026 1pm - 2pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Please join us with your children to enjoy this fun story time. Hosted by Lake Worth Library

Event: Imagination Story Time "It's Ok to be Different
Date: November 7, 2026 10am - 11:30am
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
We will learn how we can be alike and different at the same time.. Hosted by Marta Cruz

CAPACITY BUILDING WORKSHOPS

Event: Abriendo Puertas/Opening Doors (Spanish)
Dates: November 3, 2026 10am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
AP-OD builds parent leadership skills and knowledge through in person and virtual trainings to promote familes well being and positive otucomes for children. Hosted by Maria Martin

Event: SAC/PAC
Dates: November 5, 2026 8:15am - 9am
Place: Highland Elementary 500 Highland Ave, Lake Worth Beach Fl 33460
These meetings primary purpose is to review relevant, identify data, problem areas, develop improvement, strategies, and monitor their implementation.
Hosted by Highland Elementary

Event: CLI Pathway
Dates: November 9, 2026 6pm - 9pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Strong communities thrive together.. Hosted by Neighborhood Works

Event: Women's Club "Premature Awareness"
Dates: November 10, 2026 10am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
Focusing on Premature Awareness annual campaign. Hosted by Miriam Maldonado

Event: Abriendo Puertas/Opening Doors (English
Dates: November 10, 2026 10am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
AP-OD builds parent leadership skills and knowledge through.in person and virtual trainings to promote famiies well being. Hosted by Maria Martin

Event: Abriendo Puertas/Opening Doors (Creole)
Dates: November 10, 2026 6pm - 8pm
Place: BLWE 305 Lake Ave, Lake Worth Beach Fl 33460
AP-OD builds parent leadership skills and knowledge through.in person and virtual trainings to promote famiies well being. Hosted by Maria Martin

SAFETY WORKSHOPS

Safety Workshop "Kitchen & Cooking Safety"
Hosted by by Safe Kids of PBC/Via Zoom
NOVEMBER 5, 2026 SPANISH
NOVEMBER 12, 2026 ENGLISH
NOVEMBER 19, 2026 CREOLE
Kitchen Safety
is the often the heart of the hone, especially during the holidays, but it can also be a busy place for little ones. We'll share practical tips for preventing burns, scalds, cuts, and other common kitchen injuries, while creating safer spaces for children.
Kids in the Kitchen
Cooking together can be a wonderful family activity! Learn age-appropriate ways to safely include children in cooking, baking, and meal preparation, while teaching them important kitchen safety habits along the way.
Fire & Smoke Allarm Safety
With more cooking hapoppening during the holidays, we'll also discuss cooking fire prevention, smoke alarm safety, and what families should do if a fire starts. Join us fo simple, practical ways to keep little helpers invvolved, make holiday memories, and keep everyone safer in the kitchen.

COMMUNITY EVENTS

Event: Palm Beach Dream Center Block Party
Dates: November 7, 2026 11am - 1pm
Place: 1512 Wingfield St, Lake Worth Beach, Fl 33460
Free Famiy Event! Arrive by 11:30am to be entered in our raffles.
Hosted by City of Lake Worth Beach

Event: Community Immunization
Dates: November 19, 2026 8am - 12pm
Place: Puerta Del Cielo, 709 N F Street, Lake Worth Beach Fl 33460
PBHD comes out every third Thursday of the month to provide families with necessary immunizations for their children..
Hosted by Palm Beach Health Department

Event: Caridad Comes Tp You
Date: November 20, 2026 9am - 3pm
Place:305 Lake Ave, Lake Worth Beach,Fl 33460
Cardidad's mobile health clinic is rolling to your neighborhood to bring convenient no cost health screening. Hosted by City of Lake Worth Beach
Hosted by City of Lake Worth Beach

Event: Tree Lighting
Date: November 30, 2026 6:30pm - 8pm
Place: Cultural Plaza, Lake Worth Beach, Fl 33460
Join us for our annual tree lighting and pictures with Santa, games for the whole family, arts& crafts , face painting and performances on the stage for all to enjoy!
Hosted by City of Lake Worth Beach