NOVEMBER '26

BRIDGES at LAKE PARK

Children's Home Society of Florida

Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.

- CAPACITY BUILDING WORKSHOPS
- PARENT CHILD ACTIVITIES
- SAFETY WORKSHOPS
- FAMILY LITERACY
- COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
02	**03** APOD SESSION (SPANISH) 10:00 AM-12:00 PM CIRCLES OF MOM (VIRTUAL) 10:00 AM-11:00 AM	**04**	**05** KITCHEN & COOKING SAFETY (SPANISH) 1:00 PM	**06** PREMATURITY AWARENESS 10:00 AM-10:30 AM	**07** STORY TIME AT LAKE PARK LIBRARY 10:30 AM-11:00AM
09 FLORIDA HEALTH (WHIN) 11:30 AM-12:30 PM	**10** APOD SESSION (CREOLE) 10:00 AM-12:00 PM CIRCLES OF MOM (VIRTUAL) 10:00 AM-11:00 AM MONARCH HEALTH 10:00 AM-2:00 PM HEALTH & TURKEY	**11** WHAT IS BRIDGES (INVITE ONLY) 11:30-12:30 PM  PARENT ADVISORY COMMITEE 12:00 PM-1:00 PM	**12** KITCHEN & COOKING SAFETY (ENGLISH) 1:00 PM RAISE ME UP 0-2 YRS OLD 5:30 PM- 6:30 PM	**13** PREMATURITY AWARENESS (WEAR YOUR PURPLE)	**14** STORY TIME AT LAKE PARK LIBRARY 10:30 AM-11:00AM
16 TRIPLE P SEMINARS CREOLE AND ENGLISH (10:00 AM-11:30 AM)	**17** APOD SESSION (ENGLISH) 6:00 PM- 8:00 PM CIRCLES OF MOM (VIRTUAL) 10:00 AM-11:00 AM	**18** PREMATURITY AWARENESS 10:00 AM-10:30 AM CREATIVE MINDS 6 YRS-8 YRS OLDS 5:30 PM-6:30 PM BRIDGES ADULT/ CHILDREN PROGRAM 5:30 PM-6:30 PM	**19** KITCHEN & COOKING SAFETY (CREOLE) 1:00 PM LAPSIT 11:30 AM-12:30 PM	**20**	**21** STORY TIME AT LAKE PARK LIBRARY 10:30 AM-11:00AM
23 TRIPLE P SEMINARS CREOLE AND ENGLISH (10:00 AM-11:30 AM) GRAND CANYON UNIVERSITY 4:00 PM-5:00 PM	**24**	**25**  BRIDGES AT LAKE PARK CLOSING @ 3:00 PM	**26**  	**27** THANKFUL CLOSED	**28** STORY TIME AT LAKE PARK LIBRARY 10:30 AM-11:00AM
30 TRIPLE P SEMINARS CREOLE AND ENGLISH (10:00 AM-11:30 AM)	**01**	**02**	**03**	**04**	**05**

PREMATURITY AWARENESS..

" ONCE YOU CHOOSE HOPE ANYTHING IS POSSIBLE.



BRIDGES AT LAKE PARK

1411 10TH STREET

LAKE PARK, FL, 33403

561-881-5060

OFFICE HOURS

MONDAY-THURSDAY

8:30 AM-7:00 PM

FRIDAY 8:30 AM-5:00 PM

OFFERING PARENTAL SUPPORT AND ACTIVITIES FOR FAMALIES WITH CHILDREN

NOVEMBER 2026 HIGHLIGHTS

SMALL BABIES, BIG POTENTIAL

WORKSHOPS

PARENT CHILD ACTIVITY

Event: Raise Me Up
Date: November 12, 2026
Place: BRIDGES Lake Park
Time: 11:30AM-12:00 PM (0-2 yrs old)
This month, at BRIDGES at Lake Park the children ,and their families will learn what prematurity means. Also, creating ribbons for awareness

Event: Creative Mind
Date: November 18, 2026
Place: BRIDGES Lake Park
Time: 5:30 PM-6:30 PM (6yrs-8 yrs)
Creative minds aims to bring 6-8 years old together with their parents to increase and strengthen the bond between them. Building stronger emotional bonds, improving comunication

FAMILY LITERACY

Event: Lapsit
Date: November 19, 2026
Place: Lake Park Library
Time: 11:15-12:30 PM
Families join lake park library for lapsit with your little one ages birth- 2yrs old for literacy activities

Event: Story Time At Lake Park Library
Date: Occurs every Saturday
Place: Lake Park Library
Time: 10:30-11:00 AM
Families join Lake Park Library for storytime bring your kids for a fun literacy reading activity

Event: Bridges Adult/ Children program
Date: November 18, 2026
Place: Lake Park Library
Time: 5:30 PM-6:30 PM
Families join Lake Park Library for Discover Autism resources and ABA services, family-centered sessions on navigating autism. Also, children can get creativewith a fun-filled turkey craft activity.

SAFETY WORKSHOPS

Event: Kitchen and cooking Safety
Date: November 5, 12, 19, 2026
Place: Zoom Presentation
Time: 1:00 PM
Zoom Link:
https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09

CAPACITY BUILDING WORKSHOPS

Event: ADAM/Heart
Date: November 2, 9, 16, 23, 2026
Time: 5:00 PM-6:30 PM
Place: BRIDGES at Lake Park
Fatherhood mentoring program for fathers in Palm Beach County that aims to enhance key life skills and establish healthy behaviors to improve relationships between fathers and their children

Event: Circles of mom (Virtual)
Date: November 3, 10, 17, 2026
Time: 10:00 AM-11:00 AM
Place: Virtual Presentation
Healthy mother healthy babies will host a support group . The goal is to educate mother about prematurity, social support, and techniques and activities that support Prematurity awareness.
Link to join sessions:
https://hmhbpbc.zoom.us/j/86086661894

Event: Florida Health (WHIN)
Date: November 9. 2026
Time: 11:30 AM-12:30 PM
Place: BRIDGES at Lake Park
Florida Health will be at BRIDGES at Lake Park to support our members to protect, promote, and improve the health of all people in Florida through integrated state, county and community efforts. Also, to educate members of Prematurity Awareness

Event: Monarch Health (Turkey & Health Day
Date: November 10. 2026
Time: 10:00 AM-2:00 PM
Place: BRIDGES at Lake Park
Monarch Health will be at BRIDGES at Lake Park to provide health services/ resources to our members.

Event: Grand Canyon University
Date: November 23. 2026
Time: 4:00 AM-5:00 PM
Place: BRIDGES at Lake Park
Grand Canyon University is committed to supporting our members on your education journey. The goal is to start the conversation and to build their knowledge and understanding of the importance of education.

CAPACITY BUILDING WORKSHOPS

Event: What is BRIDGES?- New Members orientation (RSVP Only)
Date: November 11, 2026
Time: 11:30 AM-12:30 PN
or
5:30 PM-6:30 PM
Place: BRIDGES at Lake Park
During orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receieve information on resources in Lake Park Community.

Event: APOD Sessions (English)
Date: November 17. 2026
Time: 6:00 AM-8:00 PM
Place: Virtual
Opening doors helps parents understand that they are their child's first teacher. The program supports families with young children. It helps parents learn more ,build confidence, and get the support they need.

Event: APOD Sessions (creole)
Date: November 10. 2026
Time: 10:00 AM-12:00 PM
Place: Virtual
Opening doors helps parents understand that they are their child's first teacher. The program supports families with young children. It helps parents learn more ,build confidence, and get the support they need.

Event: Triple P Seminars
Date: November 16,23,20, 2026
Time: 10:00 AM-11:30 AM
Place: BRIDGES at Lake Park
Come join BRIDGES at Lake Park community partner therapist host TRiple P seminars 90 minutes evidence base parenting information sessions that provide practical strategies to manage children behavior and build strong family relationships

Event: Parent AdvisoryCommittee (PAC)
Date: November 11 2026
Time: 12:00 PM-1:00 PM
Place: BRIDGES at Lake Park
Come join BRIDGES at Lake Park is to support the well-being and success of children by encouraging parent involvement, strengthening communication, and fostering a positive and inclusive community

COMMUNITY EVENTS

