

# OCTOBER '26



CAPACITY BUILDING WORKSHOPS

PARENT/CHILD ACTIVITIES

SAFETY WORKSHOPS

FAMILY LITERACY

COMMUNITY EVENTS

| MONDAY                                                                              | TUESDAY                                                                                | WEDNESDAY                                                                             | THURSDAY                                                                       | FRIDAY                                                                                                                                                                    | SATURDAY                                                                                    |
|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| 28                                                                                  | 29                                                                                     | 30                                                                                    | 01                                                                             | 02<br>Bridge Mart<br>Starts 10:00am<br>Appointment Only                                                                                                                   | 03                                                                                          |
| 05                                                                                  | 06<br>Open Doors<br>Spanish 10:00am<br>Zoom                                            | 07<br>House Calls w/FAU<br>6:00pm Zoom<br>Circles<br>Community Room<br>(Closed Group) | 08<br>Woman to Woman<br>Domestic Violence<br>Awareness<br>6:00pm               | 09<br>Halloween and<br>Pedestrian Safety<br>Facebook Live<br>1:00pm                                                                                                       | 10                                                                                          |
| 12                                                                                  | 13<br>Open Doors<br>Creole 10:00am Zoom<br>Pleasant City SAC<br>Meeting Zoom<br>5:00pm | 14<br>Community Tutoring<br>5:30pm<br>Community Room                                  | 15<br>Wear Purple<br>Raise Me Up<br>Growing Together<br>6:00pm<br>1-3 y/o      | 16<br><br>Car Seat Installation<br>Bridge Mart<br>Starts 10:00am<br>Appointment Only | 17<br>Free<br>Mammogram<br>U.B. Kinsey<br>Center<br>9:00-2:00pm                             |
| 19<br>Literacy Adventure<br>Time Night<br>6:00pm<br>Mandel Library<br>Safety Series | 20<br>Open Doors<br>English 6:00pm<br>Zoom                                             | 21<br>Circles<br>Community Room<br>(Closed Group)<br>Roosevelt SAC Meeting<br>5:30pm  | 22<br>Wear Purple<br>Raise Me Up<br>Learning Side by Side<br>6:00pm<br>4-5 y/o | 23                                                                                                                                                                        | 24                                                                                          |
| 26<br>What's in Your<br>Community<br>Orientation<br>5:30pm Zoom                     | 27                                                                                     | 28<br>Community Tutoring<br>5:30pm<br>Community Room                                  | 29<br>Raise Me Up<br>Baby Talk<br>6:00pm<br>Pregnant- 1 y/o                    | 30                                                                                                                                                                        | 31<br> |

BRIDGES At West Palm  
Beach  
720 8<sup>th</sup> Street  
West Palm Beach, FL 33401  
(561)804-6754

BRIDGE MART  
Bridge Bucks Only  
September 4<sup>th</sup> and 18<sup>th</sup>  
10:00-2:00  
Appointments Only



OCTOBER 2026 HIGHLIGHTS

WE STAND WITH SURVIVORS

COMMUNITY EVENTS

Sojourners With Healing Hearts  
6<sup>th</sup> Annual Community Affair  
Schedule Your Mammogram  
October 17<sup>th</sup> 9:am- 2:00pm  
720 8<sup>th</sup> Street  
West Palm Beach, FL 33401

Community Tutoring  
U.B. Kinsey Center  
Wednesday, October 14th and 28th  
5:30PM

FAMILY LITERACY

Family Literacy  
Enhanced Parent-Child activities designed to focus on gross motor skills and problem solving. We will share adventures in learning.  
Date: October 19th  
Time: 6:00pm  
Mandel Library

SAFETY WORKSHOPS

Halloween and Pedestrian Safety  
October 9th  
Facebook Live 1:00pm  
Safe Kids

WORKSHOPS

PARENT CHILD ACTIVITY

Event: : Baby Talk RSVP required (Pregnant -1 year old)  
Date: October 29th  
Time: 6:00pm Community Room  
Summary: Baby Talk is a warm, welcoming session designed to support individuals and couples as they prepare for the journey into parenthood. This experience creates a safe space for new and expecting parents to explore the joys and challenges of caring for a baby while building confidence in their new role.

Event: Raise me up: Growing Together (Ages 1-3 years)  
Date: October 15th  
Time: 6:00pm Community Room  
Summary: Parent-child activities designed to focus on gross motor skills and problem solving. Families will enjoy an evening of learning and fun.

Event: Raise me up: Learning Side by Side (Ages 4-5)  
Date: October 22nd  
Time: 6:00PM Community Room  
Summary: Parent -Child activities designed to focus on gross motor skills and problem solving. Families will navigate the newly formed independence .

CAPACITY BUILDING WORKSHOPS

Woman to Woman  
Domestic Violence Awareness  
October 8<sup>th</sup> RSVP  
6:00pm  
APOD/OPEN DOORS  
Trains parents to act as primary advocates and educational leaders to their children.  
October 6, 13 and 20th

Event: House calls with FAU RSVP required  
Date: September 2nd  
Time: 6:00 via zoom

Summary: A community wellness service offering free, convenient Heart disease screenings through a partnership with Florida Atlantic University. The program promotes heart health, early detection, and access to preventive care for families.

Event: What's In your Community Orientation  
Date: September 21st  
Time: 5:30pm-6:30pm

Summary: This is an awareness workshop for new member to learn about the various services available through BRIDGES and other local service providers.

Event: Circles Group RSVP required  
Date: September 2<sup>nd</sup> and 16th  
Time: 6:00pm- 8:00pm Community room

Summary: Circles is a unique program to help individuals and families break out of poverty and become upwardly mobile through education, Mentoring and personal resolve to succeed. Please contact the BRIDGES office, if you are interested in registering for CIRCLES.