

OCTOBER '26



CAPACITY BUILDING WORKSHOPS

PARENT CHILD ACTIVITY

SAFETY WORKSHOPS

FAMILY LITERACY

COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	01 <u>Story Time</u> 1pm - 2pm <u>Safety Workshop "Fire Safety & Home Fire Drills (Spanish) Zoom</u> 1pm - 2pm	02	03 <u>Palm Beach Dream Center Block Party</u> 11am- 3pm
05 <u>Domestic Violence Awareness Workshop</u> 4pm -5:30pm	06 <u>S.A.C.</u> 8:15am - 9am <u>Abriendo Puertas /Opening Doors APOD (Spanish) Zoom</u> 10am - 12pm	07	08 <u>Safety Workshop "Fire Safety & Home Fire Drills English) Zoom</u> 1pm - 2pm	09 <u>Hispanic Heritage Celebration</u> 4pm - 6pm	10 <u>Imagination Adventure "Puerto Rico"</u> 10:30am - 12pm
12	13 <u>Abriendo Puertas/Opening Doors APOD (Creole) Zoom</u> 10am - 12pm	14 <u>Raise Me Up "Painting Emotions on Pumpkins"</u> 4pm- 5pm	15 Wear Purple <u>Community Immunization</u> 8am - 12pm <u>Safety Workshop "Fire Safety & Home Fire Drills (Creole) Zoom</u> 1pm - 2pm	16	17
19	20 <u>Abriendo Puertas/Opening Doors APOD (English) Zoom</u> 6pm - 8pm	21 <u>Raise Me Up " A Letter To Santa"</u> 4pm - 5pm	22 Wear Purple <u>Palm Beach County Sheriff's Office 5th Annual Trunk or Treat</u> 5:30pm - 8pm	23	24 <u>Imagination Adventure "Guatemala"</u> 10:30am - 12pm
26	27 <u>Women's Club</u> 10am - 12pm	28 <u>Family Fun DIY Costume</u> 4:30pm - 5:30pm	29 Wear Purple	30 <u>Little Scream</u> 6pm - 9pm	31 

BRIDGES At
Lake Worth East
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LAKE WORTH, FL 33460

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MONDAY - FRIDAY
8:00am - 5:00pm

www.bridgesofpbc.org
Facebook at
BRIDGES Lake Worth East

Domestic Awareness Month
The primary national theme for Domestic Violence Awareness Month (DVAM) in 2026 by the Domestic Violence Awareness Project is "With Survivors, Always" with a deepened focus on moving from awareness to action. Additionally, the National Network to End Domestic Violence uses the ongoing campaign theme #Every1Knows1 to highlight how common domestic vionce is. . With Survivors, Always: Builds on the momentum of previous years by emphasizing structural commitment, community safety, and a strong response to service cuts barriers facing survivors.

OCTOBER 2026 HIGHLIGHTS

MONTHLY THEME

WORKSHOPS

PARENT CHILD ACTIVITY

Event: [Imagination Adventure “Puerto Rico”](#)
Dates: October 10, 2026 10:30am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Come join us on a tour to Puerto Rico. **Sponsored by Marta Cruz**

Event: [Raise Me Up “Painting Emotions on Pumpkins”](#)
Date: October 14, 2026 4pm - 5pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Join us for a fun pumpkin decorating event, children will express their feelings through painting. Please RSVP **Sponsored by Maria Martin CDS.**

Event: [Raise Me Up “A Letter to Santa”](#)
Dates: October 21, 2026 4pm - 5pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Get ready to spread some holiday cheers! Join us for our Letter to Santa event where little ones can create their ultimate wish lists.
Sponsored by Maria Martin CDS

Event: [Family Fun “DIY Costume!](#)
Dates: October 28, 2026 4:30pm - 5:30pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Families get ready to dig, search, and create your own costumes with materials around the house as we participate in a costume contest! Please RSVP
Sponsored by Zuleyma Ramos

FAMILY LITERACY

Event: [Story Time “Autumn”](#)
Dates: October 1, 2026 1pm- 2pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Join us for fun story time with the Lake Worth Library.
Sponsored by City of Lake Worth Library

Event: [Imagination Adventure “Guatemala” Story Time](#)
Dates: October 24, 2026 10:30am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Join us as we learn the history of Guatemala!
Sponsored by Marta Cruz

CAPACITY BUILDING WORKSHOPS

Event: [Domestic Violence Workshop](#)
Dates: October 5, 2026 4pm - 5:30pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
You are not alone! help is available.
Sponsored by AVDA

Event: [SAC/PAC](#)
Dates: October 6, 2026 8:15am - 9am
Place: Highland Elementary, 500 Highland Ave, Lake Worth Beach, FI 33460
These meetings primary propose to review relevant data, identify data, problem areas, develop improvement strategies, and monitor their implantation.
Sponsored by Highland Elementary Principal

Event: [Abriendo Puertas/Opening Doors \(Spanish\)](#)
Dates: October 6, 2026 10am - 12pm
Place: ZOOM
AP-OD builds parent leadership skills and knowledge through in person and virtual trainings to promote family well being and positive outcomes for children.
Sponsored by BRIDGES

Event: [Hispanic Heritage Celebration](#)
Dates: October 9, 2026 4pm - 6pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Join us for a fun evening celebrating Hispanic Heritage.
Sponsored by BRIDGES

Event: [Abriendo Puertas/Opening Doors \(Creole\)](#)
Dates: October 13 2026 10am - 12pm
Place: ZOOM
AP-OD builds parent leadership skills and knowledge through in person and virtual trainings to promote family well being and positive outcomes for children.
Sponsored by BRIDGES

Event: [Abriendo Puertas/Opening Doors \(English\)](#)
Dates: October 20, 2026 6pm - 8pm
Place: ZOOM
AP-OD builds parent leadership skills and knowledge through in person and virtual trainings to promote family well being and positive outcomes for children.
Sponsored by BRIDGES

Event: [Women’s Club “Changing the Lens”](#)
Dates: October 27, 2026 10am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Viewing the mission of the Women’s Club, members will discuss how they view our BRIDGES mission and outcomes.
Sponsored by Miriam Padilla

SAFETY WORKSHOPS

Safety Workshop “Fire Safety & Home Fire Drills
Hosteby by Safe Kids of PBC/Via Zoom
October 1, 2026 Spanish
October 8, 2026 English
October 15, 2026 Creole

October is all about Fire Safety, Carbon Monoxide Awareness, and Halloween Safety!

Home Fire Safety
Home fires can start and spread quickly, making preparation especially important. We’ll talk about creating and practicing a Family Fire Escape Plan, identifying safe exits, and helping children understand what to do in an emergency. Schools practice fire drills-does your family practice a home fire drill?

Carbon Monoxide Safety
Carbon monoxide is often called the “silent killer”because yu cannot see, smell, or taste it. Learn how carbon monoxide can enter the home, how to recognie potential dangers, and why propery installed and mainted carbon monoxide alarms are important part of keeping your family safe.

Halloween Safety
BOO! Halloween should be spooky and fun not unsafe! We’ll share simple tips to help children enjoy the holdiay safely, including costume safety, visibility while trick or treating, pedestrian safety, adult supervision, and safe choices while walking through neighborhoods.

COMMUNITY EVENTS

Event: [Community Immunization](#)
Dates: October 15, 2026 8am - 12pm
Place: Puerta Del Cielo, 709 N F Street, Lake Worth Beach FI 33460
PBHD comes out every third Thursday of the month to provide families with necessary immunizations for their children..
Sponsored by Palm Beach Health Department

Event: [Palm Beach County Sheriff’s Office 5th Annual Trunk or Treat](#)
Dates: October 22, 2026 5:30pm - 8pm
Place: Samuel J Ferreri Community Park, 2905 Jog Road, Greenacres FI 33467
Gota catch ‘em all! Look for a hidden pokeball and redeem it for a special surprise
Sponsored by Palm Beach County Sheriff’s Office

Event: [Little Scream](#)
Dates: October 30, 2026 6pm - 9pm
Place: Bryant Park
Join us for the Little Scream Trunk or Treat, enjoy a safe and spook- tactular evening filled with candy, costumes, decorated vehicles, music, and family fun.
Sponsored by City of Lake Worth Beach