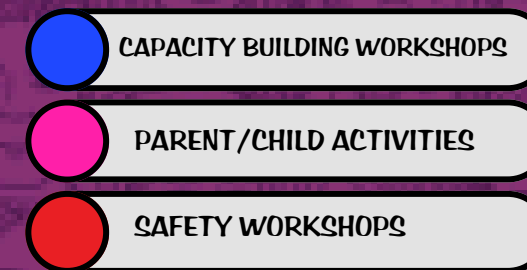


OCTOBER 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			01 Safety Series: "Fire Safety, Home Fire Drills & Halloween Safety" (via Zoom) (Spanish) 1:00PM to 2:00PM	02	03
05 Domestic Violence Workshop 4:00PM to 5:00PM(BLWE)	06 AP-OD(Creole) 10:00AM to 12:00PM (Zoom) RMU: "Wild About Movement" 4:00PM to 5:00PM	07 Benefits Application 10:00AM to 2:00PM	08 Safety Series: "Fire Safety, Home Fire Drills & Halloween Safety" (via Zoom) (English) 1:00PM to 2:00PM	09 Hispanic Heritage Celebration 4:00PM (BLWE)	10
12 	13 Family Fun Time: "Freeze Dance in Space" 4:00PM to 5:00PM AP-OD (English) 6:00PM to 8:00PM (Zoom)	14 Benefits Application 10:00AM to 2:00PM	15 WEAR PURPLE DAY Safety Series: "Fire Safety, Home Fire Drills & Halloween Safety" (via Zoom) (Creole) 1:00PM to 2:00PM	16	17
19	20 AP-OD (Spanish) 10:00AM to 12:00PM (Zoom) RMU: "Can you do it?" 4:00PM to 5:00PM	21 Benefits Application 10:00AM to 2:00PM	22 WEAR PURPLE DAY	23	24
26	27	28 Benefits Application 10:00AM to 2:00PM	29 Story-Time 11:00AM to 12:00PM	30 Little Screams Trunk or Treat 6:00PM to 9:00PM (Bryant Park)	31 

BRIDGES AT LAKE WORTH

PHONE: 561-899-1642

MONDAY - FRIDAY
8:30AM - 5:00PM

WWW.BRIDGESOFPBC.ORG

FACEBOOK: BRIDGES AT LAKE WORTH



DID YOU KNOW?

October is Domestic Violence Awareness Month, a time to raise awareness about domestic violence and promote safe, healthy relationships. Everyone deserves to feel safe, respected, and supported at home. If you or someone you know is experiencing abuse, remember that help is available and it is okay to reach out to someone you trust for support. Together, we can help create safer, stronger families and communities.

HIGHLIGHTS OF OCTOBER 2026

“With Survivors Always”

Parent Child Activities

Event: RMU: “ Wild About Movement”

Date: October 6th from 4:00PM to 5:00PM

Location: Zoom

Children and families will have fun moving like different animals while practicing gross motor skills, balance, coordination, listening, and following directions

Event: Family Fun: “Freeze Dance In Space”

Date: October 13th from 4:00PM to 5:00PM

Location: Zoom

Families will have fun dancing together while learning about the planets

Event: RMU: “Can You Do it”

Date: October 20th from 4:00PM to 5:00PM

Location: Zoom

Children will play Simon Says!

Family Literacy

Event: Story Time

Date: October 24th from 11:00PM to 12:00PM

Location: ZOOM

Reading and telling stories to babies and children promotes brain development, imagination, language development, and strengthens relationships.



WORKSHOPS

Capacity Building Workshops



Event: Domestic Violence Awareness Workshop

Date: October 5th from 4:00PM to 5:00PM

Location: BLWE

An interactive program that gives parents the tools, confidence, and secrets to help their young children (ages 0-5) succeed in school and life. Learn how to boost your child's intellectual development, health, and happy future.

Event: AP-OD (Spanish)

Date: October 6th from 10:00AM to 12:00PM

Location: ZOOM

An interactive program that gives parents the tools, confidence, and secrets to help their young children (ages 0-5) succeed in school and life. Learn how to boost your child's intellectual development, health, and happy future.

Event: AP-OD (Creole)

Date: October 13th from 10:00AM to 12:00PM

Location: ZOOM

An interactive program that gives parents the tools, confidence, and secrets to help their young children (ages 0-5) succeed in school and life. Learn how to boost your child's intellectual development, health, and happy future.

Event: AP-OD (English)

Date: October 20th from 6:00PM to 8:00PM

Location: ZOOM

An interactive program that gives parents the tools, confidence, and secrets to help their young children (ages 0-5) succeed in school and life. Learn how to boost your child's intellectual development, health, and happy future.

Safety Workshops

Event: Safety Series: “Fire Safety, Home Fire Drills & Halloween Safety”

Dates: October 1st 1:00 to 2:00 (Spanish)

October 8th 1:00 to 2:00 (English)

October 15th 1:00 to 2:00 (Creole)

Location: ZOOM

October Safety Awareness 🎃🔥

October focuses on Fire Safety, Carbon Monoxide Awareness, and Halloween Safety! Learn how to create and practice a family fire escape plan, use carbon monoxide alarms safely, and help children stay safe while trick-or-treating. Let's work together to prevent injuries and keep our families safe at home and during Halloween festivities!

Community Events

Event: Benefits Application

Date: Wednesday's by phone

Location: 701 Boutwell Rd Suites A-1, A-2

Lake Worth Beach, FL 33461

Contact the PBC Food Bank to schedule your appointment to apply for benefits.
561-670-2518