

OCTOBER '26



CAPACITY BUILDING WORKSHOPS

PARENT CHILD ACTIVITIES

SAFETY WORKSHOPS

FAMILY LITERACY

COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	01 FIRE SAFETY & HOME FIRE DRILLS AND HALLOWEEN SAFETY (SPANISH) 1:00 PM	02	03 STORY TIME AT LAKE PARK LIBRARY 10:30 AM- 11:00 AM
05 ADAM/Heart 5:00 PM-6:30 PM	06 APOD SESSION (SPANISH) 10:00 AM-12:00 PM	07 DOMESTIC VIOLENCE WORKSHOP 3:30 PM-4:30 PM	08 RAISE ME UP (0-2 YRS OLD) 5:30 PM-6:30 PM FIRE SAFETY & HOME FIRE DRILLS AND HALLOWEEN SAFETY (ENGLISH) 1:00 PM	09	10 STORY TIME AT LAKE PARK LIBRARY 10:30 AM- 11:00 AM
12 ADAM/Heart 5:00 PM-6:30 PM	13 CIRCLES OF MOMS (VIRTUAL) 10:00 AM--11:00 AM APOD SESSION (CREOLE) 10:00 AM-12:00 PM GUN SAFETY PRESENTATIION 5:00 PM-7:00 PM	14 WHAT IS BRIDGES? (INVITE ONLY) 11:30-12:30 OR 5:30-6:30 PM	15 LAPSIT 11:15 AM-12:30 PM WEAR YOUR PURPLE (DOMESTIC VIOLENCE) FIRE SAFETY & HOME FIRE DRILLS AND HALLOWEEN SAFETY (CREOLE) 1:00 PM	16	17 STORY TIME AT LAKE PARK LIBRARY 10:30 AM- 11:00 AM
19 FRLS PRESENTATION (ENGLISH) 10:00 AM-11:30 AM ADAM/Heart 5:00 PM-6:30 PM	20 CIRCLES OF MOMS (VIRTUAL) 10:00 AM--11:00 AM APOD SESSION (ENGLISH) 6:00 PM-8:00PM HURRICANE PREP 5:00 PM-6:00 PM	21 CREATIVE MINDS 6 YRS-8 YRS OLD 5:30 PM-6:30 PM	22 EMPOWERMENT AWARENESS (WEAR YOUR PURPLE) 5:00 PM-5:30 PM RAISE ME UP (3YRS OLD) 5:30 PM-6:30 PM	23	24 STORY TIME AT LAKE PARK LIBRARY 10:30 AM- 11:00 AM
26 ADAM/Heart 5:00 PM-6:30 PM	27 CIRCLES OF MOMS (VIRTUAL) 10:00 AM--11:00 AM	28	29	30 FLORIDA DEPARTMENT OF HEALTH 9:30 AM-1:00 PM	31 STORY TIME AT LAKE PARK LIBRARY 10:30 AM- 11:00 AM

Survivors Deserve Support !

Domestic Violence Awareness Month

NO MORE SILENCE END DOMESTIC VIOLENCE !

OCTOBER 2026 HIGHLIGHTS

WITH SURVIVORS ALWAYS

WORKSHOPS

PARENT CHILD ACTIVITY

Event: Raise Me Up
Date: October 8, 2026
Place: BRIDGES Lake Park
Time: 11:30AM-12:00 PM (0-2 yrs old)

Event: Raise Me Up
Date: October 22, 2026
Place: BRIDGES Lake Park
Time: 5:30 PM-6:30 PM (3 yrs-5yrs)

Event: Creative Minds
Date: October 21, 2026
Place: BRIDGES Lake Park
Time: 5:30 PM-6:30 PM (6yrs-8 yrs)
Creative minds aims to bring 6-8 years old together with their parents to increase and strengthen the bond between them. Building stronger emotional bonds, improving communication



FAMILY LITERACY

EVENT: STORYTIME AT LAKE PARK LIBRARY
DATE: OCCURS ON SATURDAY
TIME: 10:30 AM-11:00 AM
PLACE: LAKE PARK LIBRARY
FAMILIES JOIN LAKE PARK LIBRARY FOR STORYTIME BRING YOUR KIDS FOR A FUN LITERACY READING ACTIVITY

EVENT: LAPSIT AT LAKE PARK LIBRARY
DATE: OCTOBER 15, 2026
TIME: 11:15 AM-12:30 PM
PLACE: LAKE PARK LIBRARY
FAMILIES JOIN BRIDGES AT LAKE PARK FOR A LAP SIT WITH YOUUR LITTLE ONE AGES BIRTH- 2 YRS OLD FOR LITERACY ACTIVITIES

CAPACITY BUILDING WORKSHOPS

Event: Circles of mom (Virtual)
Date: October 13, 20, 27, 2026
Time: 10:00 AM-11:00 AM
Place: BRIDGES at Lake Park
Healthy mother healthy babies will host a support group . The goal is to educate mother about infant mortality, social support, and techniques and activities that support infant mortality awareness.
Link to join sessions:
<https://hmhbpbpc.zoom.us/j/86086661894>

Event: ADAM/Heart
Date: October 5,12,19,26, 2026
Time: 5:00 PM-6:30 PM
Place: BRIDGES at Lake Park
Fatherhood mentoring program for fathers in Palm Beach County that aims to enhance key life skills and establish healthy behaviors to improve relationships between fathers and their children

Event: PBC Health Department
Date: October 9, 30, 2026
Time: 5:00 PM-6:30 PM
Place: BRIDGES at Lake Park
PBC Health Department will be stationed here at BRIDGES at Lake Park to support our members with free HIV/STD testing,PREP prescription, and social services referrals. All families will need to RSVP.

Event: Hurricane Prep Presentation
Date: October 20, 2026
Time: 5:00 PM-6:00 PM
Place: BRIDGES at Lake Park
Palm Beach Cuntly Fire rescue will support our members by showing/providing helpful information about hurricane safety. Your safety. our priority.

Event: Domestic Violence Worshop
Date: October 7, 2026
Time: 3:30 PM-4:30 PM
Place: Lake Park Library
YWCA of Palm Beach County will present a domestic violence workshop come join for an informative and supportive workshop focused on increasing awareness of domestic violence. Participants will learn about warning signs, healthy boundaries, etc.

SAFETY WORKSHOPS

Event: Fire Safety & Home fire drill And Halloween Safety
Date: October 1, 2026 (Spanish)
Time: 1:00 PM-1:30 PM
Place: Zoom Presentation
Zoom Link: <http://zoom.us/j/6846584976?pwd=LOJEmm4rsGFPd3RSTFU2UU5kTFRkQT09>

Event: Fire Safety & Home fire drill And Halloween Safety
Date: October 8, 2026 (English)
Time: 1:00 PM-1:30 PM
Place: Zoom Presentation
Zoom Link: <http://zoom.us/j/6846584976?pwd=LOJEmm4rsGFPd3RSTFU2UU5kTFRkQT09>

Event: Fire Safety & Home fire drill And Halloween Safety
Date: October 15, 2026 (Creole)
Time: 1:00 PM-1:30 PM
Place: Zoom Presentation
Zoom Link: <http://zoom.us/j/6846584976?pwd=LOJEmm4rsGFPd3RSTFU2UU5kTFRkQT09>

Event: Gun Safety Presentation
Date: October 13, 2026
Time: 5:00 PM-7:00 PM
Place: Lake Park Library
Join Deputy Vanhooear for an informative gun safety presentation focused on promoting awareness, responsibility, and safe practices around firearms.The presentation will provide age-appropriate education, encourage responsibility and decision making.

COMMUNITY EVENTS