

OCTOBER '26



CAPACITY BUILDING WORKSHOPS

PARENT/CHILD ACTIVITIES

SAFETY WORKSHOPS

FAMILY LITERACY

COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	01 <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	02 <u>First Friday at 5 Concert</u> 5:00 PM – 8:00 PM Boynton Beach Amphitheater	03
05	06 <u>Breast Cancer Awareness with Genesis</u> 6:00 pm -7:00 pm <u>AP- OD (Spanish)</u> 10:00am -11:00am Zoom	07 <u>Pre-K Prep: ABC 123</u> 9:30am-11:00am <u>Black Male Listening Session “What is Keeping You Up at Night?”</u> 6:00pm-7:00pm Carolyn Sims Center	08 <u>Safety Series</u> <u>Child Passenger Safety (English) Zoom/FB Live</u> <u>1:00pm-2:00pm</u> <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	09	10
12 <u>Pure Joy Baby & Me</u> 6:00pm-7:00pm	13 <u>RMU(0-5 years old)</u> 6:00 pm - 7:00 pm <u>Literacy Time Fun</u> 6:00 PM - 6:30 PM <u>AP- OD (Creole)</u> 10:00am -11:00am Zoom	14 <u>Colors and Crafts</u> 6:00pm -7:00pm <i>Facebook</i>	15 <u>Safety Series</u> <u>Child Passenger Safety (Creole) Zoom/FB Live</u> <u>1:00pm-2:00pm</u> Wear Purple	16	17
19 <u>Parent Aid</u> <u>Introducation(English)</u> 6:00pm-7:00pm <i>Carolyn Sims</i>	20 <u>AP- OD (English)</u> 6:00pm -8:00pm Zoom	21 <u>Dad’s Night Out</u> 6:00pm -7:00pm <u>Sister Circle</u> 6:00pm -7:00pm	22 <u>Casual Conversation</u> 5:30pm-6:30pm <i>Sara Sims Park</i> Wear Purple	23	24
26 <u>Parent Aid</u> <u>Introduction(Creole)</u> 6:00pm-7:00pm <i>Zoom</i>	27 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm <u>BRIDGES Orientation</u> 7:00pm-7:30pm <u>Public Health</u> 6:00pm -7:00pm	28 <u>Domestic Violence Awareness with AVDA</u> 6:00pm-7:00pm Zoom	29 <u>Casual Conversation</u> 5:30pm-6:30pm <i>Sara Sims Park</i>	30 <u>Scream on the Green</u> 7:00pm-8:30pm <i>John H. Denson Pool</i> <u>St.John’s Fall Festival</u> 5:00pm-8:30pm <i>SJMBC</i>	31

With Survivors Always

OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH

Fire Safety & Home Fire Drills and Halloween Safety

- **Wear bright or light-colored clothing:** Choose costumes that drivers can easily spot in the dark
- **Use sidewalks:** Stick to sidewalks and established pathways. If there is no sidewalk, walk on the far left side of the road facing oncoming traffic.
- **Install carbon monoxide (CO) alarms.** Make sure there is one on every level of your home, especially around sleeping areas.
- **Create and practice a fire escape plan.** Create a home fire escape plan with two ways out of every room. Choose a place to meet outside that is a safe distance away from your home.

BRIDGES at Boynton Beach

1105 North Federal Highway
Boynton Beach, FL. 33435

PHONE: 561-903-7743

MONDAY - FRIDAY
9:00am - 5:00pm

We are dedicated to strengthening communities across Palm Beach County by improving outcomes for children and families through education and social services. Our goal is to ensure our families have what they need not only to survive, but to thrive.

www.Bridgesofpbc.org

OCTOBER 2026 HIGHLIGHTS

WITH SURVIVORS ALWAYS

PARENT CHILD ACTIVITY

Event: [RMU \(0-5 years\)](#)

Date: October 13th, 2026

Time: 6:00 pm- 7:00 pm

Highlight: Do these go together or do those go together? During this activity, you and your child will be playing the memory game and matching different items together. We're playing this game to help our children develop problem-solving skills.

Event: [Colors and Crafts](#)

Date: October 14th, 2026

Time: 6:00 pm- 7:00 PM

Place: Facebook

Highlight: Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

Event: [RMU \(0-5 years \)](#)

Date: October 27th, 2026

Time: 6:00 pm- 7:00 pm

Highlight: Get ready to play some games for this activity; the parent and child will play different games that will help develop the ability to regulate one's body.

FAMILY LITERACY

Event: [Pre-K Prep: ABC 123](#)

Date: October 7th, 2026

Time: 9:30 am- 11:00 am

Place: Schoolhouse Museum

Highlight: Pre-K Prep is a hands-on, interactive early childhood learning experience that blends foundational skills like literacy, numbers, or thematic exploration with creative play. *In partnership with Schoolhouse Museum*

Event: [Literacy Time Fun](#)

Date: October 13th, 2026

Time: 6:00 pm – 6:30 pm

Highlight: Join us for literacy fun as we explore books, build reading skills, and spark a love of learning

Event: [Parent Aid Introduction](#)

Date: October 19th (English) and 26th (Creole)

Time: 6:00 pm- 7:00 pm

Place: Carolyn Sims Center (English) Zoom (Creole)

Highlight: Join us to learn about Parent Aide services and the valuable resources and support available through **The Children's Healing Institute**.

WORKSHOPS

SAFETY WORKSHOPS

Event: [Safety Series: Fire Safety & Home Fire Drills and Halloween Safety"](#)

Date: October 8th (English) & 15th (Creole), 2026

Time: 1:00 pm- 2:00 pm

Place: Zoom/FB Live

Highlight:Home fires can start and spread quickly, so just a little bit of planning can make a big difference. We will discuss ways of keeping our children safe from silent unseen threats. We will talk about the dangers and threats of Carbon Monoxide. *In partnership with Safe Kids PBC.*

CAPACITY BUILDING WORKSHOPS

Event: [Breast Cancer Awareness w/ Genesis](#)

Date: October 6th, 2026

Time: 6:00 pm-7:00 pm

Highlights: Join us as we educate families about breast cancer prevention, share vital information, and provide helpful resources to support early detection and wellness. *In partnership with Genesis Community Health.*

Event: [AP-OD](#)

Date: October 6th (Spanish), October 13th (Creole), and October 20th (English) 2026

Time: 10:00 am- 11:00 am (Spanish/Creole) and 6:00 pm- 8:00 pm (English)

Place: Zoom

Highlight: AP-OD is an evidence-based program that empowers parents of young children to become strong leaders and their child's first teacher. Founded in 2007, it focuses on strengthening families through parent leadership and early learning support.

Event: [Pure Joy Baby & Me](#)

Date: October 12th, 2026

Time: 6:00 pm- 7:00 pm

Highlights: Come and join other new mothers to celebrate motherhood and all that it means. For pregnant families and with children 12 months or under. *In partnership with Women's Health Initiative Program (W.H.I.N.)*

Event: [Dad's Night Out](#)

Date: October 21st, 2026

Time: 6:00 pm- 7:00 pm

Highlight: Dads, it's your turn to have a night out! It's your opportunity to share what's on your mind with other dads. This is your chance to unload, unwind, and have some fun at the same time!

Event: [Sister Circle](#)

Date: October 21st, 2026

Time: 6:00 pm-7:00 pm

Place: Zoom

Highlight: Welcome to our Women's Support Group. This group is a dedicated space for women to connect, share experiences, and support one another in a respectful, uplifting environment. We foster empowerment and personal growth through discussions, shared resources, and mutual encouragement.

CAPACITY BUILDING WORKSHOPS

Event: [Public Health](#)

Date: October 27th, 2026

Time: 6:00 pm- 7:00 pm

Highlights: Join us as we champion healthy living, share strategies for preventing infectious diseases, and explore essential public health topics. Together, we're creating a stronger, healthier future for all. *In partnership with Credible Health Homecare*

Event: [BRIDGES Orientation](#)

Date: October 27th, 2026

Time: 7:00 pm- 7:30 pm

Highlight: Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us to meet the BRIDGES staff, learn their roles, and see what BRIDGES offers members and families.

Event: [Domestic Violence Awareness with AVDA](#)

Date: October 28th, 2026

Time:6:00 pm- 7:00 pm

Highlight: Join us as we learn how to recognize the signs, support survivors, and take meaningful steps toward prevention. This is an opportunity to educate ourselves, raise awareness, and build a safer, more compassionate community.

COMMUNITY EVENTS

Event: [First Friday at 5 Concert](#)

Date: October 2nd, 2026

Time: 5:00pm – 8:00pm

Place: Boynton Beach Amphitheater

Highlight: The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.

Event: [Scream on the Green](#)

Date: October 30th, 2026

Time: 5:00pm – 8:00pm

Place: John H. Denson Pool (225 NW 12th Ave)

Highlight: Bring your towels, blankets, and chairs, and join us for a FREE family-friendly spooky movie night.

Event: [St. John's Fall Festival](#)

Date: October 30th, 2026

Time: 5:00pm – 8:30pm

Place: SJMBC (900 N. Seacrest Blvd, Boynton Beach, FL 33435)

Highlight: Join us for family fun at this Trunk or Treat Fall Festival! Enjoy free food, games, and activities for all ages in a safe, welcoming environment.

Event: [Casual Conversation](#)

Date: Every Thursday Evening

Time: 5:30 pm-6:30 pm

Place: Sara Sims Park

Highlight: What's going on? Let's talk about what's happening in our community!