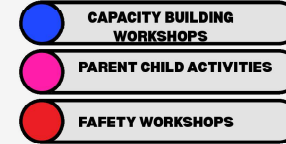


OCTOBER '26



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	01	02	03 Domestic Violence Awareness Walk/Event 12:00pm - 2:00pm Belle Glade Airport Park
05	06 Love Thyself Chair Yoga 4:00pm VIRTUAL ZOOM	07 SAC Meeting 5:30pm - 6:30pm Pahokee Elementary Passport to Flavor RMU 5:30pm-7:00pm Bridges at Pahokee	08 Home Fire Drills and Halloween Safety 1pm-2pm VIRTUAL	09 OCR Palmbeach Harvest 10:00am - 11:30am Bridges at Pahokee	10
12	13 Domestic Violence 101 5:30pm - 6:30pm Virtual ZOOM	14 ECLC Meeting 10:00am - 11:00am Pahokee Elementary BAP Read Aloud 5:30pm-6:30pm Loula V York Branch Library	15 Love Thyself Chair Yoga 4:00pm VIRTUAL ZOOM Wear PURPLE Day	16	17
19	20 Behind the Silence: 5:30pm - 6:30pm Virtual ZOOM	21 SAC Meeting 9:00am - 10:00am KEC Elementary Dad's Night at the BOO-vies RMU 5:30pm-6:30pm Bridges at Pahokee	22 CIRCLES 5:30pm - 7:30pm Bridges at Pahokee	23 Tea & Conversation 12:00pm - 2:00pm Pahokee Parks & Rec Wear PURPLE Day	24 Pink Walk 8:00am - 12:00pm Pahokee Parks and Recreation Boastly Bash 2:00pm - 3:30pm LVY Library
26	27 Love Thyself Chair Yoga 4:00pm VIRTUAL ZOOM	28 Held, Heard, & Healing 5:30pm-6:30pm Bridges at Pahokee	29 City of Pahokee Fall Festival 12:00pm - 2:00pm Pahokee Parks & Rec	30	31



Bridges at Pahokee

1020 E Main ST
Pahokee FL 33476

PHONE: 561.924.9224

MAIN OFFICE: 1020 E Main St.
Pahokee FL 33476

MONDAY-FRIDAY

8:30am - 5:30pm

Offering Parental Support,
Resources, and activities
for families and their children

FACEBOOK @

Bridges - Pahokee

OCTOBER 2026 HIGHLIGHTS

WITH SURVIVORS ALWAYS

PARENT CHILD ACTIVITY

Event: RMU- Passport to Flavor
Date: October 7, 2026
Time: 5:30PM-7:00PM
Place: Bridges at Pahokee

A parent-child activity where families share Hispanic dishes and celebrate their culture and traditions while building communication skills together.

Event: Dad's Night at the BOO-Vies
Date: October 21, 2026
Time: 5:30PM-6:30PM
Place: Bridges at Pahokee

A parent-child activity where dads/father figures and child dress up to enjoy a movie while building fine motor skills and hand-eye coordination skills through fun activities.

FAMILY LITERACY

Event: BAP Read Aloud
Date: October 14, 2026
Time: 5:30pm-6:00pm
Place: Loula V. York Branch

Join us for a special Read-Aloud in collaboration with the Palm Beach library! This October, we'll celebrate the spooky season with fun (not-too-scary) stories perfect for children. Come enjoy a cozy time of reading, imagination, and seasonal fun!

Event: Love Thyself Chair Yoga
Date: Every Tuesday & Thursdays Octoberr 2026
Time: 4:00pm
Location: Virtual ZOOM
Join us for this gentle stretching class for all ages and all members of the community. This yoga class is perfect for all skills levels and is accessible to those who may not be able to easily get down to the floor. Chair Yoga is the perfect low-impact activity to improve your physical and mental well-being. For more information, please call 561-685-4829.

WORKSHOPS

CAPACITY BUILDING WORKSHOPS

Event: School Advisory Council Meeting
Date: Wednesday, October 7, 2026
Time: 5:30pm - 6:30pm
Location: Pahokee Elementary

School Advisory Councils - were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocates for their children to meet the social needs and ensure that their child's educational needs are balanced. We need your voice. We are counting on you.

Event: Domestic Violence 101
Date: Tuesday, October 13, 2026
Time: 5:30pm - 6:30pm
Location: Virtual ZOOM

October is Domestic Violence Awareness Month. Join AVDA to learn helpful tips, resources, & information on recognizing and responding to domestic violence, while connecting with support and services available in the community. For more information, please contact us at 561-924-9224.

Event: Early Childhood Leadership Collaborative Meeting
Date: Wednesday, October 14, 2026
Time: 10:00am - 11:00am
Location: Pahokee Elementary

Early Childhood Leadership Collaborative (ECLC) is a group that includes parents, business owners, local child care centers, community agencies, schools and other programs that come together to discuss and set goals to support Kindergarten Readiness.

Event: Behind the Silence: Recognizing Domestic Violence During & After Pregnancy
Date: Tuesday, October 20, 2026
Time: 5:30pm - 6:30pm
Location: Virtual ZOOM

October is Domestic Violence Awareness Month. Join MITM for this important conversation that will help you identify signs of domestic violence. Come learn how abuse can impact mothers during pregnancy and postpartum, and ways to recognize, support, and connect survivors with safety and resources. Together, we'll break the silence and create a supportive space where every mother feels seen, heard, and empowered. For more information, please contact us at 561-924-9224.

Event: School Advisory Council Meeting
Date: Wednesday, October 21, 2026
Time: 9:00am - 10:00am
Location: KEC/Canal Point Elementary

School Advisory Councils - were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced. We need your voice. We are counting on you.

Event: CIRCLES
Date: Thursday, October 22, 2026
Time: 5:30pm - 7:30pm
Location: Bridges at Pahokee

Pathways to Prosperity presents CIRCLES, a 12-week program that helps participants set goals and build strategies for economic stability with support from community volunteers called Circle Allies. Graduates can continue participating as role models or allies. CIRCLES for youth provides a 15 week of financial literacy and positive life skills education for children, leaders and allies. CIRCLES is a transformative experience, moving people beyond poverty into sustainability and long-term success. For more information, please contact us at 561-924-9224.

Event: Held, Heard, & Healing
Date: Thursday, October 28, 2026
Time: 5:30pm - 6:30pm
Location: Bridges at Pahokee

Join Moms in the Muck, and Bridges at Pahokee for an intentional, in-person gathering where we center our mothers, babies and families through healing, honest conversation, connection, and community support. For more information, please contact us at 561-561-9224 or 561-463-9341.

SAFETY WORKSHOPS

Event: Fire Safety, Home Fire Drills & Halloween Safety
Date: Thursday, October 8, 2026
Time: 1:00pm - 2:00pm
Location: ZOOM/Facebook Live

October is all about Fire Safety, Carbon Monoxide Awareness, and Halloween Safety! Join SAFEKIDS this month and learn how to create a family fire escape plan, recognize carbon monoxide dangers, use alarms properly, and keep children safe while trick-or-treating through costume, visibility, and pedestrian safety tips. Prepare, prevent, and protect your family this October! For more information, please contact us at 561-924-9224.

COMMUNITY EVENTS

Event: Domestic Violence Awareness Walk & Event
Date: Friday, October 3, 2026
Time: 12:00pm - 2:00pm
Place: AIRPORT PARK (1400 N Main St, Belle Glade)

Join us for a Domestic Violence Awareness Walk! Let's come together as a community to raise awareness, show support for survivors, and stand united against domestic violence. Together, we can promote safety, hope, and a stronger community. For more information, call 561-286-7619.

Event: OCR Palm Beach Harvest
Date: Friday, October 9, 2026
Time: 10:00am - 11:30am
Location: Bridges at Pahokee

Join us and OCR for our first annual monthly food give away hosted at Bridges at Pahokee.

Event: Tea and Conversation
Date: Friday, October 9, 2026
Time: 12:00pm - 2:00pm
Place: 360 East Main St, Pahokee FL

Join Empower Healthcare 4th Annual Tea and Conversations about Women's Health. The purpose of this event is to bring healthcare providers, community leaders, and residents together for an afternoon of education, empowerment, and connection. All focused on improving women's health outcomes in our community. For more information, call 561-867-7850.

Event: Pink Walk
Date: Saturday, October 24, 2026
Time: 8:00am-12:00pm
Location: Pahokee Parks & Recs Field (360 East Main St, Pahokee FL)

This walk is more than exercise; it's hope, strength, and support for our neighbors fighting breast cancer. Proceeds will help walk warriors, who provide vital resources and services in Western Palm Beach County and Hendry County! For more information contact: healthierglades@htrbc.org

Event: Beastly Bash
Date: Saturday, October 24, 2026
Time: 2:00pm - 3:30pm
Place: IVY Library

Do you want an early start to Halloween? Inviting all families to join us at the Loula V York library for a Halloween Beastly bash, where you'll enjoy exciting spooky stories by candlelight, crafts, and a costume contest. This event is open to the community, please come out and enjoy free popcorn, spooky snacks and giveaways. For more information call 561-924-9224.

Event: City of Pahokee Fall Festival
Date: Thursday, October 29, 2026
Time: 5:30PM
Place: Pahokee Parks & Recs (360 East Main St, Pahokee FL)

Inviting everyone to come out and enjoy The City of Pahokee's annual fall festival. There will be bounce houses, trick or treat stations, music, food, and so much more. We hope to see you there!