

SEPTEMBER '26



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	01 Love Thyself Chair Yoga 4:00pm VIRTUAL ZOOM	02 SAC Meeting 5:30pm - 6:30pm Pahokee Elementary	03 Financial Workshop 5:30pm - 6:30pm Bridges at Pahokee	04	05
07	08 Love Thyself Chair Yoga 4:00pm VIRTUAL ZOOM	09	10 Child Passenger Safety 1pm-2pm VIRTUAL Infant Mortality Workshop 5:30pm - 6:30pm VIRTUAL ZOOM	11	12 REEL TALK WITH DADS 8:00am- 2:00pm TERRY ISLAND CAMPGROUND
14	15 Opening Doors 6:00pm-8:00pm HYBRID/Bridges at Pahokee Love Thyself Chair Yoga 4:00pm VIRTUAL ZOOM	16 SAC Meeting 9:00am -10:00am Canal Point Elementary Appelicious Crumbles RMU 5:30pm-6:30pm Bridges at Pahokee	17	18 OCR Palmbeach Harvest 10:00am - 11:30am Bridges at Pahokee	19 Community Baby Shower 1:00pm- 4:00pm Belle Glade Library
21	22 Love Thyself Chair Yoga 4:00pm VIRTUAL ZOOM Dip Into Fall RMU 5:30pm-6:30pm Bridges at Pahokee	23 BAP Read Aloud 5:30pm-6:30pm Loula V York Branch Library	24 Infant Mortality Light After Loss 5:30pm - 6:30pm VIRTUAL ZOOM	25	26 POP UP Shop 9:00am- 2:00pm Belle Glade Library CARIDAD Comes To You 9:00am-2:00pm Bridges at Pahokee
28	29 Love Thyself Chair Yoga 4:00pm VIRTUAL ZOOM	30 The Power of Presence 80's & 90's Karaoke 5:30pm - 7:00pm Bridges at Pahokee	01	02	03



Bridges at Pahokee
1020 E Main ST
Pahokee FL 33476
PHONE: 561.924.9224
MAIN OFFICE: 1020 E Main St.
Pahokee FL 33476
MONDAY-FRIDAY
8:30am - 5:30pm
Offering Parental Support,
Resources, and activities
for families and their children
FACEBOOK @
Bridges - Pahokee

SEPTEMBER 2026 HIGHLIGHTS

IT STARTS WITH MOME

PARENT CHILD ACTIVITY

Event: [RMU Applelicious Crumbles](#)
Date: [Tuesday, September 15, 2026](#)
Time: [5:30pm - 6:30pm](#)
Location: [Pahokee Elementary](#)

School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be active and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocates for their children to meet their social needs and ensure that their children's educational needs are balanced. We need your voice. We are counting on you.

Event: [DIP Into Fall](#)
Date: [Tuesday, September 22, 2026](#)
Time: [5:30pm - 6:30pm](#)
Location: [Pahokee Elementary](#)

School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be active and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocates for their children to meet their social needs and ensure that their children's educational needs are balanced. We need your voice. We are counting on you.

FAMILY LITERACY

Event: [BAP READ ALOUD](#)
Date: [Wednesday, September 23, 2026](#)
Time: [5:00pm - 6:00pm](#)
Location: [LVY Library](#)

School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be active and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocates for their children to meet social needs and ensure that their child's educational needs are balanced. **We need your voice. We are counting on you.**

WORKSHOPS

CAPACITY BUILDING WORKSHOPS

Event: [Opening Doors](#)
Date: [Tuesdays, September 15, 2026](#) [\(English\)](#)
Time: [5:30pm - 6:30pm](#)
Location: [HYBRID](#)
Open Doors Curriculum is once a month for 10 week program that supports children’s developement in early childhood. It encourages active exploration, play, social interaction and learning that grows from children’s interests and real-life experieces.For more information, Please call 561.924.9224.

Event: [School Advisory Council Meeting \(SAC\)](#)
Date: [Wednesday, September 2, 2026](#)
Time: [5:30pm - 6:30pm](#)
Location: [Pahokee Elementary](#)
School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be active and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocates for their children to meet their social needs and ensure that their children's educational needs are balanced. We need your voice. We are counting on you.

Event: [Financial Workshop](#)
Date: [Thursday, September 3, 2026](#)
Time: [5:30-6:30PM](#)
Location: [Bridges at Pahokee](#)
Join us for a two-day, informative and interactive Financial Wellness Workshop designed to help individuals and families build a stronger financial future. Participants will learn practical strategies for budgeting, saving, managing debt, improving credit, setting financial goals, and making informed financial decisions. Whether you’re just beginning your financial journey or looking to strengthen your money management skills, this workshop will provide valuable tools and resources to help you achieve greater financial stability and confidence. For more information, please call 561-924-9224.

Event: [Infant Mortality Workshop](#)
Date: [Thursday, September 10, 2026](#)
Time: [5:30pm - 6:30pm](#)
Location: [Virtual ZOOM](#)
September is Infant Mortality Awareness Month! Infant mortality is the death of a baby before his or her first birthday. During Infant Mortality Awareness Month, join Mom’s in the Muck, Inc. for an informative workshop focused on strategies to reduce infant deaths in the United States. This workshop will also address maternal health, recognizing that healthy pregnancies and positive maternal health outcomes are closely linked to reducing infant mortality rates. For more information, please call 561-924-9224.

Event: [School Advisory Council Meeting \(SAC\)](#)
Date: [Wednesday, September 16, 2026](#)
Time: [9:00am - 10:00am](#)
Location: [KEC/Canal Point Elementary](#)
School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be active and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocates for their children to meet social needs and ensure that their child's educational needs are balanced. **We need your voice. We are counting on you.**

Event: [Infant Mortality Awareness “Light After Loss”](#)
Date: [Thursday, September 24, 2026](#)
Time: [5:30pm - 6:30pm](#)
Location: [Virtual ZOOM](#)
In recognition of Infant Mortality Awareness, join Mom in the Muck for Light After Loss, a compassionate support group discussion created for parents, families, and loved ones navigating the grief of pregnancy or infant loss. Together, we'll provide a safe, understanding space to share experiences, honor the memories of the babies we carry in our hearts, and find comfort, hope, and connection through community. Whether your loss is recent or years ago, you are welcome to come as you are and be surrounded by support, compassion, and the reminder that even after loss, light can still be found. For more information, please call: 561-924-9224.

Event: [The Power of Presence “80s & 90s Karaoke”](#)
Date: [Wednesday, September 30, 2026](#)
Time: [5:30-7:00PM](#)
Location: [Bridges at Pahokee](#)
Our Women’s Empowerment Group provides a welcoming and supportive space where women can connect, learn, and grow together, through engaging discussions, workshops, and activities. participants are encouraged to build confidence, develop life skills, strengthen relationships, and focus on personal well-being. Join us as we inspire uplift and empower one another to reach our fullest potential. For more information, please call 561-924-9224.

SAFETY WORKSHOPS

Event: [Child Passenger Safety Month](#)
Date: [Thursday, September 10, 2026](#)
Time: [1:00PM-2:00PM](#)
Location: [Virtual](#)
Join us for our monthly safety series with Safekids PBC! We will discuss tools and resources to help you keep kids safe in cars. This month our focus is to educate our families on how we can keep our children safe and properly restrained in vehicles. Learning the different types of car seats, the laws as well as the next steps for your child.

COMMUNITY EVENTS

Event: [Community Baby Shower](#)
Date: [Saturday, September 19, 2026](#)
Time: [1:00pm - 4:00pm](#)
Location: [Belle Glade Library \(725 NW 4th Street, Belle Glade\)](#)
Join Mom’s in the Muck Inc., for a heartwarming Community Baby Shower in honor of Infant Mortality Awareness Month. For more information, please call 561-463-9341.

Event: [POP UP SHOP](#)
Date: [Saturday, September 26, 2026](#)
Time: [9:00am - 2:00pm](#)
Location: [Bridges at Pahokee](#)
Join us for a free Community give away. We will be giving clothes, Shoes , Houeshold Items and more .

Event: [Caridad Comes to You](#)
Date: [Saturday, September 26, 2026](#)
Time: [9:00am - 2:00pm](#)
Location: [Bridges at Pahokee](#)
Caridad Mobile Health Clinic Is Coming to Your Neighborhood! The Caridad Mobile Health Clinic is rolling into your neighborhood to provide convenient, no-cost health screenings right where you live. No appointment is necessary. Simply stop by, take charge of your health, and let Caridad bring quality care closer to home. For more information, please call: 561-924-9224.
Event: [OCR Palm Beach Harvest](#)
Date: [Friday, September 18, 2026](#)
Time: [10:00am - 11:30am](#)
Location: [Bridges at Pahokee](#)
Join us and OCR for our first annual monthly food give away hosted at Bridges at Pahokee.

Event: [Love Thyself Chair Yoga](#)
Date: [Every Tuesday & Thursdays September 2026](#)
Time: [4:00pm](#)
Location: [Virtual ZOOM](#)
Join us for this gentle stretching class for all ages and all members of the community. This yoga class is perfect for all skills levels and is accessible to those who may not be able to easily get down to the floor. Chair Yoga is the perfect low-impact activity to improve your physical and mental well-being. For more information, please call 561-685-4829.