

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	DID YOU KNOW
	01	02	03 <u>TALK TO THE NURSE</u> SAFE SLEEP 6:00PM-7:00PM	04	05	Infant mortality is the death of an infant before his or her first birthday. The infant mortality rate is an important marker of the overall health of a society. In 2022, the infant mortality rate in the United States was 5.6 deaths per 1,000 live births.
07  OFFICE CLOSED	08 <u>RAISE ME UP</u> (MACARONI FUN) 5:30PM-7:00PM <u>WASHINGTON ELEMENTARY</u> SAC MEETING 5:30PM	09 <u>TUMMY TIME</u> 5:30PM-6:30PM	10 <u>SAFETY SERIES</u> CHILD PASSENGER SAFETY 1:00PM VIA ZOOM <u>TRIPLE "P" SESSION 1</u> POWER OF POSITIVE PARENTING 6:00PM-7:30PM	11	12	SAFETY TIPS BUYING THE RIGHT CAR SEAT. YOUR BABY NEEDS TO RIDE IN A REAR-FACING CAR SEAT AS LONG AS POSSIBLE UNTIL 2 OR MORE YEARS
14 <u>THE CAVE</u> STRONG FATHERS STRONG FAMILIES (DINNER PROVIDED) 6:30PM-8:00PM	15 <u>DR.MARY MCLEOD BETHUNE ELEMENTARY</u> SAC MEETING 5:30PM <u>APOD</u> 6:00PM-8:00PM VIA ZOOM	16 <u>WOMEN OF POWER</u> (DINNER PROVIDED) 6:00PM-7:30PM	17 <u>SAFETY SERIES</u> CHILD PASSENGER SAFETY (CREOLE) 1:00PM VIA ZOOM <u>TRIPLE "P" SESSION 2.</u> RAISING CONFIDENT & COMPETENT CHILDREN 6:00PM-7:30PM	18	19 <u>RAISE ME UP</u> (HERE IS MY DAY) 10:00AM-11:00AM <u>LITERACY HOUR</u> 11:00AM-12:00PM	GETTING THE RIGHT FIT. PROPERLY-FITTED HARNESS GIVES THE BEST POSSIBLE PROTECTION FOR YOUR CHILD. BE SAFE!
21	22	23 <u>FAMILY READ ALOUD</u> RIVIERA BEACH LIBRARY 6:00PM-7:00PM	24 <u>IT'S A GIRL THING</u> (LUNCH PROVIDED) 11:00AM-1:00PM <u>TRIPLE "P" SESSION 3</u> RAISING RESILIENT CHILDREN 6:00PM-7:30PM	25	26	BRIDGES AT RIVIERA BEACH 4152 W. Blue Heron Blvd. Ste. 227-228 Riviera Beach, FL 33404 PHONE: 561-899-1644 MONDAY-FRIDAY 9:00am-5:00pm
28 <u>THE CAVE</u> (DINNER PROVIDED) 6:30PM-8:00PM	29  <u>MY BABY'S ONE</u> (INVITE ONLY) 6:00PM-7:30PM	30				Offering parental support and activities for children ages (0-8 yrs.) and families www.bridgespbc.org/rivierabeach Facebook@BridgesRiviera

SEPTEMBER 2026 HIGHLIGHTS

IT STARTS WITH MOM

Parent Child Activity

EVENT: RAISE ME UP MACARONI FUN

DATE: TUES., SEPT., 8TH, 2026 5:30PM-7:00PM

PLACE: BRIDGES AT RIVIERA BEACH

Join us for a fun filled activity for children as they get a chance to create their own jewelry using dried pasta. This activity promotes children's fine motor skills which will allow for greater independence.

EVENT: TUMMY TIME

DATE: WED., SEPT., 9TH, 2026 5:30PM-6:30PM

PLACE: BRIDGES AT RIVIERA BEACH

This ongoing workshop prepares expectant parents to have a healthy birth and informs parents with babies up to 6 months old about healthy development after baby's arrival.

EVENT: RAISE ME UP HERE IS MY DAY

DATE: SAT., SEPT., 19TH, 2026 10:00AM-11:00 AM

PLACE: BRIDGES AT RIVIERA BEACH

During this activity you and your child will discover their daily routine. This is an opportunity to explore the concept of putting events in order and strengthen your child's verbal communication skills using pictures and crafts.

Family Literacy



EVENT: LITERACY HOUR

DATE: SAT., SEPT., 19TH, 2026 11:00AM

PLACE: BRIDGES AT RIVIERA BEACH

During the Happily Ever After **Parent and Child Together (P.A.C.T)** moment, parents are provided with helpful reading facts and hands-on, interactive strategies that they can easily implement at home with their children.

EVENT: FAMILY READ ALOUD

DATE: WED., SEPT., 23, 2026 6:00PM-7:00 PM

PLACE: RIVIERA BEACH LIBRARY

2129 N. CONGRESS AVE. RIVIERA BEACH, FL

Join us for a fun filled evening while reading stories, filled with laughter and joy. The adventures await you as you turn the page with us for **Family Read Aloud Night, at Riviera Beach Public Library.**

Workshops

Capacity Building Workshops

EVENT: TRIPLE "P"

DATE: THURS., SEPT., 10TH, 17TH & 24TH, 2026 6:00PM-7:30 PM

PLACE: BRIDGES AT RIVIERA BEACH

TRIPLE "P" Positive Parenting Program is one of the most effective evidence-based parenting programs, is a multi-level system of support to prevent and treat social, emotional and behavioral problems in children by enhancing parents knowledge, skills and confidence.



EVENT: THE CAVE

DATE: MON., SEPT., 14TH & 28TH, 2026

6:30PM-8:00 PM

PLACE: BRIDGES AT RIVIERA BEACH

Join us as we express and discuss the different emotional and physical needs that men deal with on a daily. As **FATHER'S (men)**, you are **IMPORTANT** in the lives of your children and families. Come together with other father's (men) as we support each other to be the **BEST** we can be!

EVENT: WOMEN OF POWER

DATE: WED., SEPT., 16TH, 2026 6:00PM-7:30 PM

PLACE: BRIDGES AT RIVIERA BEACH

Empowering women how to break the cycles of abuse so they can be free from their past.



EVENT: IT'S A GIRL THING

DATE: THURS., SEPT., 24TH, 2026

11:00AM - 1:00 PM

PLACE: BRIDGES AT RIVIERA BEACH

Please join us for an informational session with **Futuro Health**. A great opportunity to learn and meet other moms with young children. Come form friendships, gather information and create support systems that will make a lasting, positive impact on your future and your family.



EVENT: MY BABY'S "1"

DATE: TUES., SEPT. 29TH, 2026

6:00PM-7:30PM

PLACE: BRIDGES AT RIVIERA BEACH

September is Infant Mortality Month, to raise public awareness to this problem and support the efforts to help reduce such tragedies. Please join us as we celebrate this major milestone in your child's life. This event is for babies age 1 or turning one this year. **INVITE ONLY!**

Safety Workshops

EVENT: CHILD PASSENGER SAFETY

DATE: THURS., SEPT., 10TH, 2026 1:00PM

THURS., SEPT., 17TH, 2026 1:00PM (CREOLE)

PLACE: ZOOM

<https://zoom.us/j/684658497pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09>

Road injuries are the leading cause of preventable deaths and injuries to children in the United States. Correctly used child safety seats can reduce the risk of death by as much as 71 percent. We will discuss tools and resources to help you keep kids in safe in cars. Our focus is to educate our families on how we can keep our children safe and properly restrained in vehicles. Learning the different types of car seats, the law as well as the next steps for your child.



Community Events

EVENT: SCHOOL ADVISORY COUNCIL

DATE: TUES., SEPT., 8TH, 2026

5:30PM

PLACE: WASHINGTON ELEMENTARY

1709 W. 30TH ST., RIVIERA BEACH, FL 33404

Parents! You can learn a lot by attending your school's SAC meeting. Be Proactive! Get involved!

EVENT: SCHOOL ADVISORY COUNCIL

DATE: TUES., SEPT., 15TH, 2026

5:30PM

PLACE: DR. MARY MCLEOD BETHUNE ELEMENTARY

1501 AVENUE U, RIVIERA BEACH, FL 33404

Parents! You can learn a lot by attending your school's SAC meeting. Be Proactive! Get involved! Meeting location Media Center.

