

SEPTEMBER '26



CAPACITY BUILDING WORKSHOPS

PARENT/CHILD ACTIVITIES

SAFETY WORKSHOPS

FAMILY LITERACY

COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	01 SAC 8:15am 9am Opening Doors/Abriendo Puertas (Spanish) 10am - 12pm	02	03 Child Passenger Safety Spanish 1pm - 2pm	04	05
07 HOLIDAY LABOR DAY BRIDGES WILL BE CLOSE	08 Opening Doors/Abriendo Puertas (Creole) 10am-12pm	09 Raise Me Up "Play Dough Letter Hunt" 4pm - 5pm	10 Child Passenger Safety English 1pm-2pm	11  Never forget 911	12 Land of Many Mountains 10:30am - 12pm
14	15 Opening Doors/Abriendo Puertas (English) 6pm - 8pm	16 Raise Me Up "Self Portrait" 4pm - 5pm	17 Community Immunization 1pm-2pm Child Passenger Safety Creole 1pm-2pm Story Time 4pm-5pm	18 Caridad Comes To You 9am-3pm	19
21 International Gang & Personal Safety Awareness 4pm-6pm	22 Women's Club "End of Year Conversation" 10am - 11am	23	24 Family Fun: The Northern Lights 4pm - 5pm	25	26 Arawak Tainos Across the Caribbean 10:30am - 12pm
28	29 Infant Mortality Awareness 5pm - 6pm	30	01	02	03

BRIDGES At
Lake Worth East
MAIN OFFICE:
305 Lake Ave
LAKE WORTH, FL 33460

PHONE:
561-899-1652
FAX :
561-537-5160

MONDAY - FRIDAY
8:00am - 5:00pm

www.bridgesofpbc.org
Facebook at
BRIDGES Lake Worth East

DID YOU KNOW

Infant mortality is the death of an infant before his or her first birthday. The infant mortality rate (IMR) reflects the health and well being of a nation. According to the Centers for Disease Control (CDC), more than 20.500 infants died in the United States in 2022. In the U.S., the IMR increased 3.1% from 543.6 infant deaths per 100,000 live births in 2021

SEPTEMBER 2026 HIGHLIGHTS

"IT STARTS WITH MOM"

PARENT CHILD ACTIVITY

Event: [Raise Me Up "Play Dough Letter Hunt"](#)
Date: September 9, 2026 4pm-5pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Children will squeeze and pull through playdough to find hidden letters helping them build letter recognition and fine motor! **Sponsored by Maria Martin CDS.**

Event: [Land of Many Mountains/Arawak Tainos Across the Carribean](#)
Dates: September 12, and 26 2026 10:30am - 12pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
This books to many, many cultures across Caribean Basin Arauca Taino, Africans, Spaniards and many other Europeans, Mediterraneans, Asia. **Sponsored by Marta Cruz**

Event: [Raise Me Up "Self Portrait"](#)
Date: September 16, 2026 4pm-5pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Parents will support their child through creating a picture of themselves. **Sponsored by Maria Martin CDS.**

Event: [Family Fun The Northern Lights](#)
Date: September 24, 2026 4pm-5pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Lets capture the magic of the Aurora Borealis (northern lights) with arts and crafts as we learn about what this natural wonder is. **Sponsored by Maria Martin CDS.**

FAMILY LITERACY

Event: [Story Time](#)
Date: September 17, 2026 4pm-5pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Please join us with your children to enjoy this fun story time. **Sponsored by Greg Richter**

WORKSHOPS

CAPACITY BUILDING WORKSHOPS

Event: [SAC](#)
Date: September 1, 2026 8:15am - 9am
Place: Highland Elementary, 500 Highland Ave, LW FI 33460
These meetings primary purpose to review relevant data, identify data, problem areas, develop improvement strategies, and monitor their implantation. **Sponsored by Highland Elem.**

Event: [Opening Doors/Abriendo Puertas](#)
Date: September 1, 2026 10am - 12pm
Place: VIA ZOOM
AP-OD builds parent leadership skills and knowledge through in person and virtual trainings to promote family well being and positive outcomes for children. **Sponsored by APOD facilitators**

Event: [Opening Doors/Abriendo Puertas \(Creole\)](#)
Date: September 8, and 15, 2026 10am -12pm
Place:VIA ZOOM
AP-OD builds parent leadership skills and knowledge through in person and virtual trainings to promote family well being and positive outcomes for children. **Sponsored by APOD facilitators**

Event: [Opening Doors/Abriendo Puertas \(English\)](#)
Date: September 15, 2026 6pm- 8pm
Place:VIA ZOOM
AP-OD builds parent leadership skills and knowledge through in person and virtual trainings to promote family well being and positive outcomes for children. **Sponsored by APOD facilitators**

Event: [Women's Club "End of Year Discussion"](#)
Date: September 22, 2026 10am - 11am
Place: Via Zoom (Virtual)
Join us for a day of converstaion, we will like to know your opinion on what you enjoy and your experience with the program. **Sponsored by Ana Camposeco**

Event: [Infant Mortality Awareness](#)
Date: September 29, 2026 4pm - 5pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Parents will learn how to prevent Infant Mortality and learn how to perform CPR on a infant. **Sponsored by Fatou Benoit**

SAFETY WORKSHOPS

[Safety Workshop "Child Passenger Safety Month"](#)
Hosteby by Safe Kids of PBC/Via Zoom
September 3, 2026 Spanish
September 10, 2026 English
September 17, 2026 Creole
Road injuries are the leading cause of preventable deaths and injuries for children in the United States. Correctly used child safety seats can reduce the risk of death by as much as 71 percent. We will discuss tools and resources to help you keep kids safe in cars. This month our focus is to educate our families on how we can keep our children safe and properly restrained in vehicles. Learning the different types of car seats, the laws as well as the next steps for your child.

COMMUNITY EVENTS

Event: [Community Immunization](#)
Date: September 17, 2026 8am - 12pm
Place: 709 N F St, Lake Worth Beach FI 33460
PBHD comes out every third Thursday of the month to provide families with necessary immunizations for their children. **Sponsored by Palm Beach Health Department**

Event: [Caridad Comes To You](#)
Date: September 18 2026 9am - 3pm
Place: BLWE 305 Lake Ave, Lake Worth Beach FI 33460
Caridad's mobile health clinic is rolling into your neighborhood to bring convenient, no cost health screenings right to your street. **Sponsored by Caridad Clinic**

Event: [International Gang Awareness Personal Safety Awareness](#)
Date: September 22, 2026 4pm - 6pm
Place: Barton Elementary 1700 Barton Ave, Lake Worth FI 33460
Join us to find out ways of preventing gang activities and violence in our communities.. **Sponsored by Barton Elementary**