

SEPTEMBER 2026



CAPACITY BUILDING WORKSHOPS

PARENT/CHILD ACTIVITIES

SAFETY WORKSHOPS

FAMILY LITERACY

COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01 AP-OD (Spanish) 10:00AM to 12:00PM (Zoom)	02 Benefits Application 10:00AM to 2:00PM	03 Safety Series: "Child Passenger Safety" (via Zoom) (Spanish) 1:00PM to 2:00PM		05
07 BRIDGES CLOSED 	08 Family Fun Time: "Puppet Makers" 4:00PM to 5:00PM(BLWE) AP-OD(Creole) 6:00PM to 8:00PM (Zoom)	09 Benefits Application 10:00AM to 2:00PM RMU: "Play Dough Letter Hunt" 4:00PM to 5:00PM (BLWE)	10 Member Appreciation Celebration 11:00AM to 1:00PM (Common Ground Church) Safety Series: "Child Passenger Safety" (via Zoom) (English) 1:00PM to 2:00PM	11 	12
14	15 AP-OD (English) 6:00PM to 8:00PM (Zoom)	16 Benefits Application 10:00AM to 2:00PM RMU: "Self Portrait" 4:00PM to 5:00PM (BLWE)	17 Safety Series: "Child Passenger Safety" (via Zoom) (Creole) 1:00PM to 2:00PM	18	19
21	22	23 Benefits Application 10:00AM to 2:00PM	24 Story-Time 11:00AM to 12:00PM	25	26 
28	29	30 Benefits Application 10:00AM to 2:00PM			

BRIDGES AT LAKE WORTH

PHONE: 561-899-1642

MONDAY - FRIDAY
8:30AM - 5:00PM

WWW.BRIDGESOFPBC.ORG

FACEBOOK: BRIDGES AT LAKE WORTH



Did You Know?

September is Infant Mortality Awareness Month, a time to raise awareness about the importance of healthy pregnancies, safe sleep, regular prenatal care, and access to support for families. Every baby deserves the best possible start in life. Together, we can help promote healthy births and give babies a safe and nurturing beginning.

SEPTEMBER 2026 HIGHLIGHTS

“It Starts With Mom”

PARENT CHILD ACTIVITY

Event: Family Fun Time: “Puppet Makers ”

Date: September 8th 4:00pm to 5:00pm

Place: BRIDGES at Lake Worth East

Join us as we create puppets and put on a show!

Event: RMU: “ Play Dough Letter Hunt”

Date: September 9th 4:00pm to 5:00pm

Place: BRIDGES at Lake Worth East

Kids will learn their alphabet through this activity and work on their hunting skills!

Event: RMU: “Self Portrait”

Date: September 16th 4:00pm to 5:00pm

Place: BRIDGES at Lake Worth East

What do you look like? Kids will draw a self portrait of themselves!

FAMILY LITERACY

Event: Story-time

Date: September 24th 11:00AM to 12:00PM

Place: ZOOM

Reading and storytelling with babies and children promotes brain development,Imagination, develops language and strengthens relationships.



WORKSHOPS

CAPACITY BUILDING WORKSHOPS



Event: AP-OD (Spanish)

Date: September 1st 10:00AM to 12:00PM

Place: ZOOM

Interactive program that gives parents the tools, confidence, and secrets to help their young children (ages 0 to 5) succeed in school and life. Come learn how to support your child's brain power, health, and happy future.

Event: AP-OD(Creole)

Date: september 8th 6:00PM to 8:00pm

Place: ZOOM

Interactive program that gives parents the tools, confidence, and secrets to help their young children (ages 0 to 5) succeed in school and life. Come learn how to support your child's brain power, health, and happy future.

Event: AP-OD(English)

Date: September 15th 6:00PM to 8:00PM

Place: ZOOM

Interactive program that gives parents the tools, confidence, and secrets to help their young children (ages 0 to 5) succeed in school and life. Come learn how to support your child's brain power, health, and happy future.

Event: Member Appreciation Celebration

Date: September 10th 11:00AM to 1:00PM

Place: Common Ground Church

Join BRIDGES ta Lake Worth and BRIDGES at Lake Worth East as we show our appreciation to our dedicated members for their continuous support to our program!

SAFETY WORKSHOPS

Event: Safety Series: “Summer Safety: “Child Passenger Safety”

Dates: September 3rd 1:00PM to 2:00PM

(Spanish)

September 10th 1:00PM to 2:00PM

(English)

September 17th 1:00pm to 2:00PM

(Creole)

Place: ZOOM Meeting

Road injuries are the leading cause of preventable deaths and injuries to children in the United States. Correctly used child safety seats can reduce the risk of death by as much as 71 percent. We will discuss tools and resources to help you keep kids in safe in cars. This month our focus is to educate our families on how we can keep our children safe and properly restrained in vehicles. Learning the different types of car seats, the laws as well as the next steps for your child.

COMMUNITY EVENTS

Event: Benefits Application

Date: Wednesday’s via phone

Place: 701 Boutwell Rd Suites A-1, A-2,
Lake Worth Beach, FL 33461

Contact the PBC food bank to arrange your appointment for benefits application

561-670-2518