

SEPTEMBER '26



CAPACITY BUILDING WORKSHOPS

PARENT/CHILD ACTIVITIES

SAFETY WORKSHOPS

FAMILY LITERACY

COMMUNITY EVENTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	01 Circles of moms 10:00AM-11:00 AM	02 SAC MEETING 2:45 PM-3:45 PM (LAKE PARK LIBRARY)	03 HOME SAFE (SAFE SLEEP) 10:00 AM-10:45 AM CHILD PASSENGER SAFETY (SPANISH) 1:00 PM	04 MENTAL HEALTH 10:00 AM-12:00 PM	05
07 Labor Day (Office Closed)	08 ADAM/Heart Graduation 5:00-6:30 PM	09	10 RAISE ME UP 11:30 AM-12:30 PM CHILD PASSENGER SAFETY (ENGLISH) 1:00 PM BLP- BABY SHOWER 5:00 PM-6:30 PM	11	12 LAKE PARK LIBRARY HEALTH CARE FAIR 11:00 AM-1:30 PM
14	15	16 WHAT IS BRIDGES? NEW MEMBERS ORIENTATION (INVITATION ONLY) 11:30 AM-12:30 PM OR 5:30 PM-6:30 PM	17 LAPSIT PROGRAM 11:15 AM-12:30 PM CHILD PASSENGER SAFETY (CREOLE) 1:00 PM	18	19 STORYTIME AT LAKE PARK LIBRARY 10:30 AM- 11:00 AM
21	22 Circles of moms 10:00AM-11:00 AM	23	24 INFANT MORTALITY EDUCATIONAL 5:00 AM-5:30 PM (LAKE PARK LIBRARY) RAISE ME UP 5:30 PM -6:30 PM	25 FLORIDA DEPARTMENT OF HEALTH 9:30 AM-1:00 PM	26 STORYTIME AT LAKE PARK LIBRARY 10:30 AM- 11:00 AM
28	29 Circles of moms 10:00AM-11:00 AM	30	01	02	03

Infant mortality Awareness



“It Starts with Mom”.



SEPTEMBER 2026 HIGHLIGHTS

IT STARTS WITH MOM

PARENT CHILD ACTIVITY

Event: Infant Mortality BINGO
Date: 9/10, 9/24 2026
Place: BRIDGES Lake Park
Time: 11:30AM-12:00 PM (0-2 yrs old)

Event: Infant Mortality BINGO
Date: 9/10, 9/24 2026
Place: BRIDGES Lake Park
Time: 5:30 PM-6:30 PM (3-5 yrs)



FAMILY LITERACY

EVENT: STORYTIME AT LAKE PARK LIBRARY
DATE: OCCURS ON SATURDAY
TIME: 10:30 AM-11:00 AM
PLACE: LAKE PARK LIBRARY
FAMILIES JOIN LAKE PARK LIBRARY FOR STORYTIME BRING YOUR KIDS FOR A FUN LITERACY READING ACTIVITY

EVENT: LAPSIT AT LAKE PARK LIBRARY
DATE: SEPTEMBER 17, 2026
TIME: 11:15 AM-12:30 PM
PLACE: LAKE PARK LIBRARY
FAMILIES JOIN BRIDGES AT LAKE PARK FOR A LAP SIT WITH YOUUR LITTLE ONE AGES BIRTH- 2 YRS OLD FOR LITERACY ACTIVITIES



SAFETY WORKSHOPS

Event: Home Safe Presentation (Safe Sleep)
Date: September 3, 2026
Time: 10:00 AM-10:30 AM
Place: Bridges Lake Park
Please come Join home safe to support and educate families on how to prevent sudden infant death syndrome(SIDS) and accidental suffocation

WORKSHOPS

Event: Child Passenger Safety
Date: September 3, 10, 17 2026
Time: 1:00 PM- 2:00 PM
Place: Zoom Presentation
Zoom Link:
<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09>

Please join us to discuss tools and resources to help keep kids safe and properly restrained in vehicles



CAPACITY BUILDING WORKSHOPS

Event: Circles of mom
Date: September 1, 8,22, 2026
Time: 10:00 AM-11:00 AM
Place: BRIDGES at Lake Park
Healthy mother healthy babies will host a support group . The goal is to educate mother about infant mortality, social support, and techniques and activities that support infant mortality awareness.

Event: Member focus Group- Mental Health
Date: September 4, 2026
Time: 10:00 PM-12:00 PM
Place: BRIDGES at Lake Park
Mental health focus on helping individuals build emotional well-being, resilience and confidence, and skills needed to thrive in their personal, family and community lives.

Event: BLP-Baby Shower
Date: September 10, 2026
Time: 5:00 PM-6:30 PM
Place: BRIDGES at Lake Park



Event: What is BRIDGES?- New Members orientation (RSVP Only)

Date: September 16, 2026
Time: 11:30 AM-12:30 PN
or
5:30 PM-6:30 PM
Place: BRIDGES at Lake Park
During orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in Lake Park Community.

Event: Infant Mortality Awareness
Date: September 24, 2026
Time: 5:00 PM-5:30 PM
Place: Lake Park Library
Parents will receive resources and helpful information about infant mortality and also, complete a short quiz for knowledge and tips.

Event: ADAM/Heart Graduation
Date: September 8, 2026
Time: 5:00 PM-6:30 PM
Place: BRIDGES at Lake Park
Fatherhood mentoring program for fathers in Palm Beach County that aims to enhance key life skills and establish healthy behaviors to improve relationships between fathers and their children

COMMUNITY EVENTS

EVENT: LAKE PARK LIBRARY HEALTH CARE
DATE: SEPTEMBER 12, 2026
TIME: 11:00 AM-1:30 PM
PLACE: LAKE PARK LIBRARY