



July 2026



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events



| Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|---|---|--|---|
| | | 1 Transition To Kindergarten 5:30 PM-6:30 PM | 2 Foundcare Medical Appt. Help 10:00 AM-2PM Summer home safety (Spanish) 1:00 PM (Early Closure) 2:00 PM | 3 Office Closed  | 4 |
| 6 SRP Week 5 11:00 am-12:00 PM or 5:30 pm-6:30 PM | 7 Circle of Moms 11:00AM A.D.A.M/ Heart Session #6 5:30pm-6:30 pm | 8 | 9 Raise Me Up 0-2yrs old 11:30am-12:30pm Summer Home Safety (English) Zoom 1:00 PM | 10 | 11 Storytime at Lake park Library 10:30am-11:00am |
| 13 SRP Week 6 11:00 am-12:00 PM or 5:30 pm-6:30 PM | 14 Circle of Moms 11:00AM Resource Presentation Workshop RSVP Required A.D.A.M/ Heart Session #7 5:30pm-6:30 pm | 15 What is Bridges? New member orientation (invitation only) 11:30a-12:30p Or 5:30pm-6:30pm | 16 Lapsit Program 11:15am-11:30 am Summer Home Safety (Creole) Zoom 1:00 PM | 17 | 18 Storytime at Lake park Library 10:30am-11:00am SRP Celebration (invite only) All Day |
| 20 | 21 Circle of Moms 11:00AM A.D.A.M/ Heart Session #8 5:30pm-6:30 pm | 22 VPK/Kindergarten Readiness Craft 11:00 an | 23 Raise Me Up 3-5 years 5:30 pm-6:30 pm | 24 | 25 Storytime at Lake park Library 10:30am-11:00am |
| 27 | 28 Circle of Mom 11:00 AM A.D.A.M/ Heart Session #9 5:30pm-6:30 pm | 29 ABA Center of Florida presentation 11:00 AM -11:30 AM SRP Celebration Norton museum (RSVP Required) | 30 | 31 | |

All activities occur at BRIDGES at Lake Park unless otherwise specified

What is your reading list for the summer?



Books That Feel Like Summer

SRP; Bridges summer reading Program will continue week 5 & 6



Welcome July!
 May this month bring lots of sunshine, family time, and relaxation.

BRIDGES at Lake Park
 1411 10th Street
 Lake Park, FL 33403
 561-881-5060

Office Hours
 Monday-Thursday
 8:30am-7:00pm
 Friday 8:30am-5:00pm

Offering parental support and activities for families with children
 Ages 0 to 8

June 2026 HIGHLIGHTS

SRP: Bridges Summer Reading Program

PARENT/CHILD ACTIVITIES

Event: **A Day At The Zoo (0-2yrs old)**

Date: July 9, 2026 Parents & Children (Birth-2yrs)

Time: 11:30am-12:30pm

Place: BRIDGES at Lake Park

A Day at the Zoo. Moving our bodies and making sound like the animals

Event: **A Day At The Zoo (3-5yrs old)**

Date: June 23, 2026 Parents & Children (3-5yrs)

Time: 5:30Pm-6:30pm

Place: BRIDGES at Lake Park

This month, we are honoring a day at the zoo. Moving our bodies and making sounds like the animal.

Family Literacy

Event: **STORYTIME AT LAKE PARK LIBRARY**

Date: Occurs on Saturdays

Time: 10:30am-11:00am

Place: Lake park library

529 Park Avenue Lake park fl 33403

Families join Lake Park Library for Storytime bring your kids for a fun literacy reading and activity.

Event: **Lapsit at the Lake Park Library**

Date: July 16, 2026

Time: 11:00 am-11:30am

Place: Lake park library

529 Park Avenue Lake park fl 33403

Families join BRIDGES at Lake Park for a Lap sit with your little ones ages birth-2yrs old for literacy activity.



WORKSHOPS

Event: **SRP Series, weekly sessions**

Date: July 6-, 13 2026

Time: 11:00 - 12:00 PM or 5:30 -6:30 PM

Place: BRIDGES at Lake Park

Summer reading program week 1 for parents to engage with their children during the summer to continue with reading. This is a 6 week program to help parents get thoughts with different ideas to keep children engaged into reading

Event: **Circles of Mom**

Date: July 7,14,21,28, 2026

Time: 11:00 am

Place: Lake Park Elementary school

Healthy Mother's Healthy babies will host a support group as Circle of Moms for 6 weeks. For those who are currently pregnant and who has children up to age 2 years old. Moms get to interact with each other as a support with one another. Goal is to promoting healthy bonding with baby, promoting healthy communication and social support, techniques and activities to help babies learn.

Event: **WHAT IS BRIDGES?- NEW MEMBER ORIENTATION (Invitation Only)**

Date: July 15, 2026

Time: 11:30am-12:30am or 5:30pm-6:30pm

Place: BRIDGES at Lake Park

During this orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in the Lake Park community.

Event: **A.D.A.M / H.E.A.R.T**

Date: July 7,14, 21, 28, 2026

Time: 5:30 PM- 6:30 PM

Place: BRIDGES at Lake Park

Fatherhood mentoring program for father's in Palm beach County that aims to enhance key life skills and establish healthy behaviors to improve relationships between fathers and their children.

Event: **VPK/ Readiness (Arts & Crafts)**

Date: July 22, 2026

Time: 11:00 AM-12:00 PM

Place: BRIDGES at Lake Park

Come join BRIDGES at Lake Park as we get creative with fun, hand-on crafts that inspire pre kindergarten children to transition into building independence, social and emotional skills, and curiosity. Success in kindergarten relies heavily on group dynamics and emotional regulations

Event: **ABA Center of Florida**

Date: July 29, 2026

Time: 11:00-11:30 AM

Place: BRIDGES at Lake Park

Come join BRIDGES at Lake Park for informative information provided by ABA Center Of Florida the goal is to change the way autism services are offered by eliminating the long waitlist for autism diagnosis and ABA therapy.

Event: **Summer Home Safety**

Date: July 9 & 16 2026

Time: 11:00 am

Place: BRIDGES at Lake Park

Come join us at BRIDGES Lake Park for home safe/safe sleep workshop. Helpful information on how to reduce risk for babies and young children at home around sleep, injuries, and emergencies.



SAFETY WORKSHOPS

Event: **Summer Home Safety PRESENTATION**

Date: July 9, 2026 (English at 1:00pm)

Date: July 16, 2026 (Creole) at 1:00pm-2:00pm or 5:00pm-6:00pm

Place: Zoom Presentation

Zoom Link:

<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkOT09>

Join us as we discuss the importance of Summer Home Safety.

COMMUNITY EVENTS