

April 2026

Mon	Tue	Wed	Thu	Fri	Sat
		1 SAC Meeting 5:00pm—6:00pm Pahokee Elementary	2 Kermesse 9:00am—2:00pm Pahokee Elementary The Power of Presence "Etiquette & Modeling" 5:30pm—7:00pm Bridges at Pahokee	3 Wear BLUE Day!	4 I Love Pahokee Day 12:00 pm—3:00 pm Commissioners Park
6	7	8 ECLC 10:00am — 11:00am Virtual Teams BAP Read Aloud 5:30pm 6:30pm BRIDGES at Pahokee	9 Heat stroke Prevention 1:00pm —2:00 pm Virtual/Zoom The Power of Presence "Etiquette & Modeling" 5:30pm—7:00pm Bridges at Pahokee	10	11 Male Engagement Event 12:00pm — 3:00pm Bridges at Pahokee
13 Nurture & Protect "Abuse and Neglect In pregnancy" 5:30pm — 6:30pm Bridges at Pahokee	14	15 SAC Meeting 9:00am—10:00am KEC Elementary RMU Color Me Spring 5:30 pm —6:30 pm Bridges at Pahokee	16 The Power of Presence "Etiquette & Modeling" 5:30pm—7:00pm Bridges at Pahokee	17	18
20	21 Child Abuse and Neglect Workshop 5:00pm — 6:00pm VIRTUAL/ZOOM	22 SOFI Information Workshop 2:00pm — 3:00pm VIRTUAL/ZOOM KIK: Dirt Dessert 5:30 pm —6:30 pm Bridges at Pahokee	23 The Power of Presence "Etiquette & Modeling" 5:30pm—7:00pm Bridges at Pahokee	24	25 Caridad Mobile Clinic 9:00am — 2:00pm Bridges at Pahokee POP UP SHOP 9:00am—11:00am Bridges at Pahokee
27	28	29	30		



BRIDGES AT PAHOKEE
1020 E Main St.
Pahokee, FL 33476
PHONE:
561-924-9224

MAIN OFFICE:
1020 E Main St
Pahokee FL 33476

MONDAY - FRIDAY
8:30am - 5:30pm
Offering parental support, resources, and activities for families and their children.

Facebook @ BRIDGES - - Pahokee

2026 HIGHLIGHTS

MONTHLY THEME

“Listen Up, Speak Up”

PARENT CHILD ACTIVITY

Event: [RMU Color Me Spring](#)
Date: Wednesday, April 15, 2026
Time: 5:30pm — 6:30pm
Location: Bridges at Pahokee

A fun parent-child activity focused on the personal-social domain, where families create spring gardens together while building communication, team work, and positive relationships. For more information please call 561.924.9224

Event: [KIK Dirt Dessert](#)
Date: Wednesday, April 22, 2026
Time: 5:30pm — 6:30pm
Location: Bridges at Pahokee

Kids in the kitchen creating a tasty “dirt” dessert using edible ingredients, while building creativity, team work, and confidence together. For more information please call 561.924.9224

FAMILY LITERACY

Event: [BAP Read Aloud](#)
Date: Wednesday, April 8, 2026
Time: 5:30pm — 6:30pm
Location: Bridges At Pahokee

Join us for our literacy night where families will enjoy. A fun read aloud and explore the vibrant colors of the seasons together while building a love for reading. For more information please call 561.924.9224

WORKSHOPS

Event: [School Advisory Council Meeting](#)
Date: Wednesday, April 4, 2026
Time: 5:00pm — 6:00pm

Location: Pahokee Elementary
School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be active and meaningfully involved in the education of their children.

Event: [Early Childhood Leadership Collaborative Meeting](#)
Date: Wednesday, April 8, 2026
Time: 10:00am — 11:00am

Location: VIRTUAL ZOOM
Early Childhood Leadership Collaborative (ECLC) is a group that includes parents, business owners, local child care centers, community agencies, schools and other programs that come together to discuss and set goals to support Kindergarten Readiness.

Event: [Nurture & Protect “ Abuse and Neglect in Pregnancy”](#)
Date: Monday, April 13, 2026
Time: 5:30pm — 6:30pm

Location: Bridges at Pahokee
Please join Mom’s in the Muck Inc. for a series of maternal health support groups designed to educate, empower and support women in rural areas to reduce maternal and infant mortality, improve birthing outcomes and build community. During this workshop you will learn how abuse and neglect impact pregnancy and maternal health. For more information contact Bree at 561.463.9341

Event: [School Advisory Council Meeting](#)
Date: Wednesday, April 15, 2026
Time: 9:00am — 10:00am

Location: KEC/ Canal Point Elementary
School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be active and meaningfully involved in the education of their children.

Event: [Child Abuse and Neglect Workshop](#)
Date: Tuesday, April 21, 2026
Time: 5:00pm — 6:00pm

Location: Virtual ZOOM
Please join the department of children and families, as they share information and resources about the definitions and commonly seen signs of child abuse and neglect. During this workshop participants will learn how to recognize the signs of abuse and neglect. How to respond to a disclosure of abuse, and how and when to make a report, For more information please call 561.924.9224

Event: [SOFI Information Workshop](#)
Date: Thursday, April 23, 2026
Time: 2:00pm — 3:00pm

Location: VIRTUAL ZOOM
The SOFI (Self Sufficiency & vocational Empowerment) Program supports families in building long-term stability by offering job training and placement. Paid internship and apprenticeships, as well as assistance with housing, transportation and food. To qualify, families must have at least one child between the ages of 1-18 living in the household and earn at or below 200% of the federal poverty level. For more information, please call 561.924.9224.

SAFETY WORKSHOP

Event: [Heat Stroke Prevention](#)
Date: April, 9, 2026
Time: 1:00PM — 2:00PM

Location: Virtual ZOOM
Oh Boy ! It is hot outside! This month we will be discussing Heatstroke and hot cars. Did you know a car could heat up 20 degrees in 10 minutes? We will discuss what parents need to know about the danger of hot cars and steps they can take to keep their children safe. Please Join us to learn about the way to identify these hazards as well as ways to prevent them. To receive the ZOOM link or for more information, please call 561-924-9224.

COMMUNITY EVENT

Event: [Kermesse](#)
Date: Thursday, April 2, 2026
Time: 9:00am—2:00 pm

Location: Pahokee Elementary
Join Pahokee Elementary as they celebrate our different cultures through Rhythmic Expressions, Ethnic cuisine and festivities for all. For more Information please call 561.924.9700.

Event: [The Power of Presence “ Etiquette & Modeling Classes”](#)
Date: Thursdays, April 2,9,16,23 .2026
Time: 5:30 pm—7:00 pm

Location: Bridges at Pahokee

Event: [I Love Pahokee Day](#)
Date: Saturday, April 4, 2026
Time: 11:00 pm—3:00 pm

Location: Commissioners Park
Join the city as we celebrate our love for Pahokee. There will be music, food, family, culture and lots of fun! For more information please Call 561.924.9224

Event: [Male Engagement Event](#)
Date: Saturday, April 11, 2026
Time: 12:00 pm — 2:00 pm

Location: Pahokee Parks and Recreations
Join us for basketball game tournament focused on men’s mental health awareness. There will be music, food, family, culture, and lots of fun! For more information or to register to play, please call 561.924.9224

Event: [Caridad Mobile Clinic](#)
Date: Saturday, April 25, 2026
Time: 9:00am — 2:00pm

Location: Bridges at Pahokee
Caridad Mobile Health Clinic is rolling into your neighborhood to bring convenient, No cost health screenings right to your street. Our compassionate team will check your blood pressure, glucose levels and more no appointment needed. For more information or to RSVP Please call 561.924.9224

Event: [BAP Community POP-UP Shop](#)
Date: Saturday, February 28, 2026
Time: 9:00am — 11:00am

Location: Bridges at Pahokee
Our POP-UP Shop will have free clothing, shoes, household items and resources for the families. For more information or to RSVP Please call 561.924.9224



APRIL 2026



Blue: Capacity Building Workshops
Yellow: Parent /Child Activities
Orange: Family Literacy Activities
Red: Safety Workshops
Green: Community Events
Purple: Community Outreach Activities



Mon	Tue	Wed	Thu	Fri	Sat
		1 <u>AP-OD "By Invitation Only"</u> 6:00pm - 7:00pm Zoom <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Zoom	2 <u>Pinwheel Garden Installation</u> 10:00am - 11:00am BB City Hall	3 <u>First Friday at 5 Concert</u> 5:00pm - 8:00pm Boynton Beach Amphitheater Wear Blue Day	4
6 <u>Storytime Fun</u> 6:00pm-7:00pm Carolyn Sims Center	7 <u>Sensational Story N' More</u> 10:00am-11:00am Schoolhouse Museum <u>Child Abuse and Neglect Proclamation</u> 6:00pm - 7:00pm BB City Hall	8	9 <u>Safety Series</u> Heatstroke Prevention (English) Zoom/FB Live 1:00pm-2:00pm 5:00pm - 6:00pm <u>Child Abuse Prevention w/ Genesis</u> 6:00pm -7:00pm Carolyn Sims Center	10	11
13 <u>Pure Joy Baby & Me</u> 6:00pm-7:00pm Carolyn Sims Center <u>Triple P Seminar: The Power of Positive Parenting</u> 6:00pm-7:30pm Carolyn Sims Center	14 <u>Healthy Mothers Healthy Babies</u> 6:00p -7:00p Carolyn Sims Center	15 <u>Colors and Crafts</u> 6:00pm -7:00pm Facebook	16 <u>Safety Series</u> Water Safety (Creole) Zoom/FB Live 1:00pm-2:00pm 5:00pm - 6:00pm	17	18
20 <u>Triple P Seminar: Raising Confident Competent Children</u> 6:00pm-7:30pm Carolyn Sims Center	21 <u>RIDGES Orientation</u> 6:00pm- 7:00pm Carolyn Sims Center	22 <u>Book of the Month</u> 6:00pm -7:00pm Facebook	23 <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	24	25
27 <u>Public Health</u> 6:00pm -7:00pm Carolyn Sims Center <u>Triple P Seminar: Raising Resilient Children</u> 6:00pm-7:30pm Carolyn Sims Center	28 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>Storytime with Margaret</u> 6:00pm - 6:30pm Carolyn Sims Center	29 <u>Dad's Night Out</u> 6:00pm -7:00pm Carolyn Sims Center <u>Sister Circle</u> 6:00pm -7:00pm Zoom	30 <u>Bring a Book to Life</u> 10:00am-11:00am Carolyn Sims Center		



Carolyn Sims Center- 225 NW 12th Ave, Boynton Beach 33435

 Schoolhouse Museum-129 E Ocean Ave, Boynton Beach 33435

BRIDGES at Boynton Beach

 1105 North Federal Highway
 Boynton Beach, FL. 33435

 PHONE: 561-903-7743

 MONDAY - FRIDAY
 9:00am - 5:00pm

 We are dedicated to strengthen communities across Palm Beach County by improving outcomes for children and families through education and social services. Our goal is to ensure that our families have what they require to not only survive, but thrive.

www.bridgesofpbc.org

APRIL 2026 HIGHLIGHTS

"LISTEN UP, SPEAK UP"



Parent Child Activities

Event: AP-OD
Date: April 1st 2026
Time: 6:00pm-7:00pm
Place: Zoom
Highlight: AP-OD is an evidence-based program that empowers parents of young children to become strong leaders and their child's first teacher. Founded in 2007, it focuses on strengthening families through parent leadership and early learning support. By Invitation Only.

Event: RMU (0-5 years): "Painting with a Twist"
Date: April 1st, 2026
Time: 6:00pm-7:00pm
Place: Carolyn Sims Center
Highlight: During this activity, your child will work on developing their little muscles in those little hands. Looking forward to see the pretty art.

Event: Colors and Crafts
Date: April 15th, 2026
Time: 6:00pm-7:00pm
Place: Facebook
Highlight: Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

Event: RMU (0-5 years): "What Comes Next"
Date: April 28th, 2026
Time: 6:00pm-7:00pm
Place: Carolyn Sims Center
Highlight: What comes next? During this activity we will be doing fun activities that help our children work on developing their problem-solving skills. Look forward to seeing who is first, second, and last.

Family Literacy

Event: Storytime Fun
Date: April 6th, 2026
Time: 6:00pm-7:00pm
Place: Carolyn Sims Center
Highlight: This is an engaging and imaginative storytelling activity designed to spark creativity, build language skills, and foster a love for reading.

Event: Sensational Story N' More
Date: April 7th, 2026
Time: 10:00am-11:00am
Place: Schoolhouse Museum
Highlight: Children's books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! *In partnership with Schoolhouse Museum*

Event: Book of the Month
Date: April 22nd, 2026
Time: 6:00pm -7:00pm
Place: Facebook
Highlight: This book is specially selected for our little readers. Each month, we choose a fun, engaging story filled with colorful illustrations and memorable characters to spark imagination and a love of reading. This month's pick focuses on understanding the impact of child abuse and neglect on children.

Family Literacy

Event: Storytime with Margaret
Date: April 28th, 2026
Time: 6:00pm- 6:30pm
Place: Carolyn Sims Center
Highlight: Join us for reading fun with Ms. Margaret from Boynton Beach Mental Health Committee. *In partnership with Boynton Beach Mental Health Committee*

Event: Bring a Book to Life
Date: April 30th, 2026
Time: 10:00am - 11:00am
Place: Carolyn Sims Center
Highlight: This is an engaging and imaginative storytelling activity designed to spark creativity, build language skills, and foster a love for reading.

Capacity Building

Event: Child Abuse Prevention w/ Genesis
Date: April 9th, 2026
Time: 6:00pm-7:00pm
Place: Carolyn Sims Center
Highlights: This workshop will provide valuable resources and information on identifying the signs of child abuse, understanding the reporting process, and supporting affected families. *In partnership with Genesis Community Health.*

Event: Pure Joy Baby & Me
Date: April 13th, 2026
Time: 6:00pm-7:00pm
Place: Carolyn Sims Center
Highlights: Come and join other new mothers to celebrate motherhood and all that it means. For pregnant families and with children 12 months or under. *In partnership with Women's Health Initiative Program (W.H.I.N.)*

Event: Triple P Seminars
Date: April 13th, 20th, 27th 2026
Time: 6:00pm-7:30pm
Place: Carolyn Sims Center
Highlights: Being a parent should be easier than this, and it can be! Learn how to motivate your child positively and deal with conflicts calmly and consistently. Triple P is a multi-level system of support to prevent and treat social, emotional, and behavioral problems in children by enhancing parents knowledge, skills, and confidence.

Event: Healthy Mothers Healthy Babies
Date: April 14th, 2026
Time: 6:00pm-7:00pm
Place: Carolyn Sims Center
Highlights: Learn how factors like environment, lifestyle, and access to care shape our overall health. This session explores the key determinants of health and how they influence well-being in our community. *In partnership with Healthy Mothers Healthy Babies*

Event: BRIDGES Orientation
Date: April 21st, 2026
Time: 7:00pm-7:30pm
Place: Carolyn Sims Center
Highlight: Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us and be introduced to the BRIDGES staff, their roles and what BRIDGES has to offer its members and families.

Capacity Building

Event: Public Health
Date: April 27th, 2026
Time: 6:00pm-7:00pm
Place: Carolyn Sims Center
Highlights: Joins us as we improve the health of others by promoting a healthy lifestyle. Learn about preventing and responding to infectious diseases and more about public health.. *In partnership with Credible Health Homecare.*

Event: Dad's Night Out
Date: April 29th, 2026
Time: 6:00pm-7:00pm
Place: Carolyn Sims Center
Highlight: Dads, it's your turn to have a night out! It's your opportunity to share what's on your mind with other dads. This is your chance to unload, unwind and have some fun at the same time!

Event: Sister Circle
Date: April 29th, 2026
Time: 6:00pm-7:00pm
Place: Zoom
Highlight: Welcome to our Women's Support Group. This group serves as a dedicated space for women to connect, share experiences, and support one another in a respectful and uplifting environment. We foster empowerment and personal growth through discussions, shared resources, and mutual encouragement.

Safety Series

Event: Safety Series: "Heatstroke Prevention"
Date: April 9th (English) & 16th (Creole)
Time: 1:00pm-2:00pm
Place: Zoom/FB Live
Highlight: Oh, boy it is hot outside! This month we will be discussing Heatstroke and hot cars. Did you know a car could heat up 20 degrees in 10 minutes? We will discuss what parents need to know about the danger of hot cars, and steps they can take to help keep their children safe. Please join us to learn about the ways to identify these hazards as well as ways to prevent them. *In partnership with Safe Kids PBC.*

Community Event

Event: Casual Conversation
Date: Every Thursday Evening
Time: 5:30pm-6:30pm
Place: Sara Sims Park
Highlight: What's going on? Let's talk about what's happening in our community!

Community Outreach Activity

Event: First Friday at 5 Concert
Date: April 3rd, 2026
Time: 5:00pm – 8:00pm
Place: Boynton Beach Amphitheater
Highlight: The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.

Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

APRIL 2026



Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Egg-Citing 5:30pm-BRIDGES	3 Wear Blue for Child Abuse Prevention	4
6	7 Wear Blue for Child Abuse Prevention	8 Child Abuse & Domestic Violence: How Is My Child Affected? 1:00 pm—BRIDGES	9 Help Me Grow 5:30pm—BRIDGES	10	11
13	14 Wear Blue for Child Abuse Prevention	15 Before, During & After Baby: Maternal Morbidity Awareness 5:30pm—BG Library	16 Matching Feelings 5:30pm—BRIDGES (ages 4 & up)	17	18 Black Gold Jubilee Torry Island—Belle Glade
20	21 Wear Blue for Child Abuse Prevention Being A Parent 11:00 am—BRIDGES	22 Way-To-Save BINGO 5:30pm—BRIDGES	23 Safety Series: Heat Stroke Prevention 2:00pm—BRIDGES	24	25
27 Poetry Scavenger Hunt 3:00 pm—BG Library	28 Wear Blue for Child Abuse Prevention	29 Community Dialogue Session See Something, Do Something 1:00 pm—BRIDGES	30		



BRIDGES AT
 BELLE GLADE
 141 SE AVE C
 BELLE GLADE, FL
 33430

OPERATION HOURS:
 MON-FRI
 8:30AM—5:30PM

SATURDAY
 APPT ONLY
 10AM -12PM
 PHONE:
 561-992-8210

APRIL 2026 HIGHLIGHTS

MONTHLY THEME

(LISTEN UP, SPEAK UP)

PARENT CHILD ACTIVITY

Eggs-Citing

Thursday, April 2, 2026

5:30pm - BRIDGES

Join BRIDGES for an evening of crazy games, artful creations and thrilling adventures while gaining points necessary to search for the “golden” egg. This experience will require the use of ALL of the developmental skills and is guaranteed to be tons of fun.

Help Me Grow

Thursday, April 9, 2026

5:30pm—BRIDGES

Just as every living thing needs the right conditions to flourish, children thrive when surrounded by consistent attention, patience, and love. Join us as we explore how the simple act of nurturing a plant mirrors the care and commitment every child deserves and discover how the seeds we plant today shape the growth and development of tomorrow.

Matching Feelings

Thursday, April 16, 2026

5:30pm—BRIDGES

How many feelings are there? Too many to name, but we all share them from time to time. During this activity, parent and child will play the memory game by matching up the different feelings. Playing this game, children will learn names for different emotions and parents can help provide examples of when those emotions come up.

FAMILY LITERACY

Poetry Scavenger Hunt

Monday, April 27, 2026

3:00pm —BG Library

Poems are hiding in the library! Explore the shelves to discover rhymes and poems, follow the clues, and collect a small prize at the end!

CAPACITY BLDG WORKSHOPS

Domestic Violence & Child Abuse:

How is My Child Affected?

Wednesday, April 8, 2026

1:00pm—BRIDGES

Children who witness or experience domestic violence and abuse carry wounds that extend far beyond the moment — affecting how they think, feel, trust, and grow. This session sheds light on the hidden impact and how caregivers can help begin the healing.

Before, During & After Baby:

Maternal Morbidity Awareness

Wednesday, April 15, 2026

5:30pm—BG Library

Doctors, doulas, and nurses promote awareness, early intervention, and empowered healthcare conversations for Maternal Morbidity Awareness Month.

Positive Parenting Program: “Being A Parent”

Tuesday, April 21, 2026

11:00 am—BRIDGES

Parenting is one of the most fulfilling roles a person can take on, it can also present significant challenges. With the right tools and support, parents can foster strong relationships with their children and create a positive environment that supports healthy growth and development.

Ways-To-Save BINGO

Wednesday, April 22, 2026

5:30pm-BRIDGES

Join in the fun with a traditional game of BINGO and win prizes that will help you save on commonly used household items. We will also learn how small savings can add up to bigger savings. Join our Savings challenge now.

Community Dialogue: See Something-Say Something

Child Abuse Awareness

Wednesday, April 29, 2026

1:00pm-BRIDGES

Protecting children is everyone's responsibility. This session empowers community members, caregivers, and educators to recognize the warning signs of abuse and neglect and take action before it's too late.

SAFETY WORKSHOP

Safety Series: Heat Stroke Prevention

Thursday, April 23, 2026

2:00 pm—BRIDGES

Did you know a car can heat up 20 degrees in 10 minutes! We will discuss what parents need to know about the danger of hot cars, and steps they can take to help keep their children safe. Please join us to learn about the ways to identify these risks as well as ways to prevent them.

COMMUNITY EVENTS

Weekend Meals Non- Perishable Items

(Friday's only)

Belle Glade Library

9:00am-5:00pm

While supplies last...

Chair YOGA

Tuesdays & Thursdays

4:00pm—5:00pm

St. John Missionary Baptist Church

Open to the public (space is limited, so register early!). Sessions include complimentary pre- and post-class blood pressure checks, demonstrating the positive impact of exercise on blood pressure. ZOOM option available

Black Gold Jubilee

Saturday, April 18, 2026

10:00 a.m.

Torry Island Marina

VITA Tax Assistance

Thursdays & Fridays

March 5— April 10, 2026

10:30 am—2:30 pm

Belle Glade Library

Must bring ID and W2

(if filing jointly, both parties must be present)

United Way of Palm Beach County's VITA Program partners with the Palm Beach County Library System to offer free and confidential tax preparation and e-filing for eligible taxpayers. If your income was \$78,000 or less in 2025, you may be eligible.



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events



April 2026

Mon	Tue	Wed	Thu	Fri	Sat
		1	2 S.A.C Meeting 2:45pm Safe Kids-Heatstroke Prevention (Spanish)	3 Good Friday Office Closing @ 2pm Wear Blue Day	4 Town of Lake Park Easter Egg Hunt 10:00am-1:00pm
6 What is BRIDGES? (Invitation only) 11:30am	7	8 Heart Scan presentation 11:00am	9 Raise Me Up 0-2yrs old 11:30am-12:30pm Safe Kids-Heatstroke Prevention (English) 1:00pm-2:00pm	10	11 Storytime at Lake park Library 10:30am-11:00am
13 Stand up against Child Abuse and Neglect (Virtual) 12:30pm-1:30pm Rose Garden Family Engagement Activity 2:00pm-6:00pm	14	15	16 Lap sit Program 10:15am-11:00am Safe Kids-Heatstroke Prevention (Creole) 1:00pm-2:00pm Or 5:00pm-6:00pm Mother's Village 6:00pm-7:00pm	17	18 Storytime at Lake park Library 10:30am-11:00am
20 HMHB presents Promoting Healthy Births. (Virtual) 11:30am	21	22 Lead Poisoning Presentation (Florida Department of Health) 11:00am	23 Raise Me Up 3-5yrs old 5:30pm-6:30pm	24	25 Storytime at Lake park Library 10:30am-11:00am
27 Safe Sleep (Home Safe) 11:00am	28	29	30		

**“Listen
up, Speak
up”**

**Child Abuse and Neglect
Awareness Information**

Child abuse and neglect are common. At least one in seven children experienced child abuse or neglect in the past year in the United States. This is likely an underestimate because many cases are unreported. In 2021, 1,820 children died of abuse and neglect in the United States.

Children living in poverty experience more abuse and neglect. Experiencing poverty can place a lot of stress on families, which may increase the risk for child abuse and neglect. Rates of child abuse and neglect are five times higher for children in families with low socioeconomic status compared to families with a higher socioeconomic status.

BRIDGES at Lake Park
 1411 10th Street
 Lake Park, FL 33403
 561-881-5060

Office Hours
 Monday-Thursday
 8:30am-7:00pm
 Friday 8:30am-5:00pm

Offering parental support
 and activities for
 families with children
 Ages 0 to 8

All activities occur at BRIDGES at Lake Park unless otherwise specified

April 2026 HIGHLIGHTS

BRIDGES AT LAKE PARK
1411 10TH STRET
LAKE PARK, FL 33403
(561) 881-5060

PARENT/CHILD ACTIVITIES

Event: **The game of Touch and Taste (0-2yrs old)**
Date: April , 2026 Parents & Children (Birth-2yrs)
Time: 11:30am-12:30pm
Place: BRIDGES at Lake Park

The game of touch and taste: Join us for a hands-on experience designed to spark your child's curiosity. Come explore new textures and flavors through play, and discover fun ways to engage with your little ones. Let's learn, taste, and grow together!

Event: **The game of Touch and Taste (3-5yrs old)**
Date: April 26, 2026 Parents & Children (3-5yrs)
Time: 5:30Pm-6:30pm
Place: BRIDGES at Lake Park

The game of touch and taste: Join us for a hands-on experience designed to spark your child's curiosity. Come explore new textures and flavors through play, and discover fun ways to engage with your little ones. Let's learn, taste, and grow together!

Family Literacy

Event: **STORYTIME AT LAKE PARK LIBRARY**

Date: Occurs on Saturdays
Time: 10:30am-11:00am
Place: Lake park library

529 Park Avenue Lake park fl 33403
Families join Lake Park Library for Storytime bring your kids for a fun literacy reading and activity.

Event: **Lapsit at the Lake Park Library**

Date: April 16, 2026
Time: 10:15am-11:00am

Place: BRIDGES at Lake Park
Families join BRIDGES at Lake Park for a Lap sit with your little ones ages birth-2yrs old for literacy activity.



WORKSHOPS

Event: **S.A.C meeting at Lake Park Elementary School**

Date: April 2 2026
Time: 2:45pm

Place: Lake Park Elementary school
Monthly S.A.C meeting held at Lake park elementary school where parent who children attend the school will get informal information with how the school is doing. BRIDGES will present monthly to support with parents needing resources.

Event: **WHAT IS BRIDGES?- NEW MEMBER ORIENTATION (Invitation Only)**

Date: April 6 2026
Time: 11:30am-12:30am or 5:30pm-6:30pm
Place: BRIDGES at Lake Park

During this orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in the Lake Park community.

Event: **Heart Scan with Torry Foundation**

Date: April 8, 2026
Time: 10:00am-11:00am
Place: BRIDGES at Lake Park

Come and get some great information around how you can learn about infants and heart detection with EKG scan

Event: **Stand up against Child Abuse and Neglect**

Date: April 13, 2026
Time: 12:30pm-1:30pm
Place: Virtual meeting

Child abuse and neglect is very important for families to be aware of and to acknowledge and educate families of the signs. Come join us as ADVA come and present around Child Abuse and Awareness month.

Event: **Rose Garden at Lake Park Library**

Date: April 13, 2026
Time: 2:00pm-6:00pm
Place: Lake park library
529 Park Avenue Lake park fl 33403

Family engagement activity that will present at Lake Park Library with making pinwheels to plants in a garden area to make awareness around Child Abuse and Neglect.

Event: **HMHB presents Promoting Health Births**

Date: April 20 2026
Time: 11:30am
Place: Virtual

Healthy Mother's Healthy Babies will present at BRIDGES at Lake Park to promote healthy births. Giving families resources along with tips and tools with different presentations each month,

Event: **Lead Poisoning Presentation –Florida Department of Health.**

Date: April 22 2026
Time: 11:00am
Place: BRIDGES at Lake Park

Florida department of health will present lead poisoning ,Lead poisoning is a serious condition that can affect anyone who is exposed to high levels of lead. While many people think lead poisoning is a thing of the past, the condition is still very much an issue in certain areas in the U.S. and across the world. Come join us as families can be educated on this important topic for your children.

Event: **Safe Sleep (Home Safe)**

Date: April 27, 2026
Time: 10:00am-11:00am

Place: BRIDGES at Lake Park
Home Safe will present with importance around Safe Sleep. Safe sleep for babies, to reduce the risk of SIDS and sleep-related deaths, means placing them on their back for every sleep, alone in their own crib or bassinet, and in a smoke-free environment



SAFETY WORKSHOPS

Event: **SAFE KIDS PRESENTATION– Heatstroke Prevention**

Date: April 2, 2026 (Spanish) at 1:00pm
Date: April 9, 2026 (English) at 1:00pm-2:00pm or 5:00pm-6:00pm
Date: April 16, 2026 (Creole) at 1:00pm-2:00pm or 5:00pm-6:00pm
Place: Zoom Presentation

Zoom Link:
<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFkKOT09>

Join us as we discuss the importance of Heatstroke prevention

COMMUNITY EVENTS

Event: **Easter Eggstravaganza**

Date: April 4 2026 , 2026
Time: 10:00am-1:00pm
Place: Kelsey Park

601 US Highway 1 Lake park, FL 33403
The Town of Lake Park will be hosting a Easter Egg Hunt at Kelsey Park. Come and bring your families to have a fun time in the Community.

April 2026



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

Mon	Tues	Wed	Thu	Fri	Sat
		1 Benefits Application 10:00 AM to 2:00 PM (BLW)	2 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Heat-Stroke Prevention" (English) 1:00PM on ZOOM Wellness Group 4-8 54 Graduation (Spanish) (PARK)	3 WEAR BLUE DAY	4 Journey Church Block Party 11:00AM to 1:00PM Arms of Hope 1512 Wingfield St, Lake Worth RMU: "Easter Fun with Journey Church" 4:00PM to 5:00PM
6	7	8 Benefits Application 10:00 AM to 2:00 PM (BLW)	9 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Heat-Stroke Prevention" (Spanish) 1:00PM on ZOOM	10	11
13 Wellness Group Q&A S1 (Creole) 10:30AM to 11:30AM (ZOOM)	14 Wellness Group Q&A S2 (Creole) 10:30AM to 11:30AM (ZOOM) Family Fun Time: "Spring Color Quest" 4:00PM to 5:00PM(BLW)	15 Benefits Application 10:00 AM to 2:00 PM (BLW) Wellness Group Q&A S3 (Creole) 10:30AM to 11:30AM (ZOOM)	16 Benefits Application 10:00 AM to 2:00 PM Safety Series: "Heat-Stroke Prevention" (Creole) 1:00PM on ZOOM	17 Wellness Group Q&A S4 (Creole) 10:30AM to 11:30AM (ZOOM)	18
20	21 RMU: "Little Artist" 4:00PM to 5:00PM (BLW)	22 Benefits Application 10:00 AM to 2:00 PM (BLW)	23 Benefits Application 10:00 AM to 2:00 PM (BLW) Child Abuse & Neglect Awareness Workshop 4:30PM to 5:30PM via ZOOM	24	25
27 UF Reading Initiative With Hands Together for Haitians (BLW) 5:30PM to 7:00PM	28	29	30 Story-Time 11:00AM to 12:00PM(BLW)		

BRIDGES AT LAKE WORTH
 802 S Dixie Hwy
 LAKE WORTH, FL 33460

 PHONE: 561-899-1642

 MONDAY - FRIDAY
 8:30am - 5:00pm
www.bridgesofpbc.org
 Facebook: BRIDGES At Lake Worth

APRIL IS CHILD ABUSE PREVENTION MONTH

Did you know?

April is recognized as Child Abuse Prevention Month

This time is dedicated to raising awareness about the importance of protecting children and supporting families. Child abuse and neglect can happen in any community, but strong support systems like caring adults, safe environments, and open communication can help prevent it.

APRIL 2026 HIGHLIGHTS

MONTHLY THEME

“Listen Up, Speak Up”

Event: [Family Fun Time: “Spring Color Quest”](#)

Date: April 14th 4:00PM to 5:00PM

Place: BRIDGES at Lake Worth

Have fun this spring with a simple color-by-numbers activity! Kids can match numbers with colors to reveal a bright spring picture. It’s a great way for families to relax, be creative, and enjoy time together.

Event: [RMU: “ Little Artist ”](#)

Date: April 24th 4:00pm to 5:00PM

Place: BRIDGES at Lake Worth

“Little Artist” is a fun and creative activity where children get to express themselves through drawing, painting, and crafts. It encourages imagination, builds confidence, and helps develop fine motor skills in a relaxed and supportive environment. Whether using crayons, markers, or paint, every child has the chance to create something unique and feel proud of their artwork

FAMILY LITERACY

Event: [Story-time](#)

Date: April 30th 11:00AM to 1:00PM

Place: BRIDGES at Lake Worth

Reading and storytelling with babies and children promotes brain development and imagination, develops language and emotions, and strengthens relationships.



WORKSHOPS



Event: [Wellness Group Spanish Group 4-8 S4 \(Graduation\)](#)

Date: April 6th 10:30AM to 11:30PM

Place: BRIDGES at Lake Worth

A wellness group is a supportive space where people come together to focus on their physical, emotional, and mental well-being through shared learning, encouragement, and healthy practices.

Event: [Wellness Group Creole Group Q&A S1](#)

Date: April 13h 10:30AM to 11:30PM

Place: ZOOM

A wellness group is a supportive space where people come together to focus on their physical, emotional, and mental well-being through shared learning, encouragement, and healthy practices.

Event: [Wellness Group Creole Group Q&A S2](#)

Date: April 14th 10:30AM to 11:30PM

Place: ZOOM

A wellness group is a supportive space where people come together to focus on their physical, emotional, and mental well-being through shared learning, encouragement, and healthy practices.

Event: [Wellness Group Creole Group Q&A S3](#)

Date: April 15nd 10:30AM to 11:30PM

Place: ZOOM

A wellness group is a supportive space where people come together to focus on their physical, emotional, and mental well-being through shared learning, encouragement, and healthy practices.

Event: [Wellness Group Creole Group Q&A S3](#)

Date: April 16nd 10:30AM to 11:30PM

Place: ZOOM

A wellness group is a supportive space where people come together to focus on their physical, emotional, and mental well-being through shared learning, encouragement, and healthy practices.

SAFETY WORKSHOP

Event: [Safety Series: “Heat Stroke Prevention ”](#)

Dates: April 2nd 1:00PM to 2:00PM
(Spanish)

April 9th 1:00PM to 2:00PM
(English)

April 16th 1:00pm to 2:00PM
(Creole)

Place: ZOOM Meeting

Oh, boy it is hot outside! This month we will be discussing Heatstroke and hot cars. Did you know a car could heat up 20 degrees in 10 minutes! We will discuss what parents need to know about the danger of hot cars, and steps they can take to help keep their children safe. Please join us to learn about the ways to identify these hazards as well as ways to prevent them.



COMMUNITY EVENT

Event: [Benefits Application](#)

Date: Wednesday’s 10:00AM to 2:00PM

Place: BRIDGES at Lake Worth

A benefits specialist provided through the Palm Beach County Food Bank is available every Wednesday to assist BLW members with their SNAP applications.

Event: [Benefits Application](#)

Date: Thursday’s 10:00AM to 2:00PM

Place: BRIDGES at Lake Worth

A benefits specialist provided through HCSEF is available every Thursday to assist BLW members with their SNAP applications.



April 2026



Blue: Capacity Bldg. Workshops
Yellow: Parent/Child Activities
Red: Safety Workshops
Orange: Family Literacy
Green: Community Events
Black- Other



Mon	Tue	Wed	Thu	Fri	Sat
		1 April Fool's Day	2 Safety Heatstroke Prevention Spanish 1pm—2pm Family Fun: Pinwheel Craft Awareness Day 4pm—5pm	3 Wear Blue Day Spanish Literacy 9:30am—11am Families Eating Smarter Moving More (FESMM) 10am—11am Good Friday	4 Easter Egg Hunt 10am—1pm Palm Beach Dream Center Easter Brunch 10am—12pm Child Abuse Campaign 11am—12pm
6	7	8 Pastelitos w/the Principal 8:15am—9am Raise Me Up "Let's Build a Garden" 4pm—5pm	9 Safety Heatstroke Prevention English 1pm—2pm	10 Caridad Comes to You 9am—3pm Spanish Literacy 9:30am—11am Families Eating Smarter Moving More (FESMM) 10am—11am	11
13	14	15 Raise Me Up "Alphabet Flower" 4pm—5pm	16 Safety Heatstroke Prevention Creole 1pm—2pm	17 Families Eating Smarter Moving More (FESMM) 10am—11am Spanish Literacy 9:30am—11am	18 Day of Noise 10am—12pm
20	21 Women's Club "Real Woman, Real Talk" 10am—11am	22	23 Family Fun Activity: Around the World with Australia 4:30pm—5:30pm	24	25
27 Drowning Prevention 10:30am—12pm	28	29	30		

BRIDGES At Lake Worth East
MAIN OFFICE:
305 Lake Ave
LAKE WORTH, FL 33460

PHONE:
561-899-1652
FAX:
561-537-5160

MONDAY - FRIDAY
8:00am - 5:00pm

www.bridgesofpb.org
Facebook at BRIDGES Lake Worth East

Child Abuse Awareness

April is National Child Abuse Prevention Month, a time to recognize the importance of families and communities working together to prevent child abuse and neglect. It focuses on raising awareness, supporting, and building protective capacities for children through community involvement, wearing blue, and displaying pinwheels.

2026 HIGHLIGHTS

MONTHLY THEME

“Listen Up, Speak Up”

PARENT CHILD ACTIVITY

Event: Family Fun: Pinwheel Craft Awareness Day
Date: April 2, 2026 @ 4pm—5pm
Place: BRIDGES 305 Lake Ave, Lake Worth Beach Fl 33460
Families and friends, come build and make pinwheels as we learn about the importance of advocating and increasing awareness about child abuse and neglect.
Hosted by Parent Coach

Event: RAISE ME UP “ Let’s Build A Garden”
Date: April 8, 2026 @ 4pm—5pm
Place: BRIDGES 305 Lake Ave, Lake Worth Fl 33460
Come and have fun as we will be building our own garden! Supplies are limited, Please RSVP.
Hosted by Child Development Specialist

Event: RAISE ME UP “ Alphabet Flower”
Date: April 15, 2026 @ 1pm—2pm
Place: BRIDGES 305 Lake Ave, Lake Worth Fl 33460
Let’s plant some flowers and practice our letter recognition together!
Hosted by Child Development Specialist (CDS)

Event: Day of Noise
Date: April 18, 2026 @10:30am—11:30am
Place: BRIDGES 305 Lake Ave , Lake Worth Beach Fl 33460
Join us as we celebrate life through musical instruments. RSVP
Hosted by Hoops to Hope

Event: Family Activity: Around the World with Australia
Date: April 23, 2026 @ 4:30pm—5:30pm
Place: BRIDGES 305 Lake Ave, Lake Worth Beach Fl 33460
Families and friends, we invite you to bring your curiosity and excitement as we do a hands on activity of making fairy bread as we learn about Australia!

FAMILY LITERACY

Hosted by Parent Coach

Event: Story Time
Date: April 9, 2026 @  11am—12pm
Place: BRIDGES 305 Lake Ave, Lake Worth Fl 33460
BRIDGES would like for you to join us with your

CAPACITY WORKSHOPS

Event: Spanish Literacy
Date: April 3, 10, 17, and 24, 2026 @ 9:30am—11am
Place: BRIDGES 305 Lake Ave , Lake Worth Beach Fl 33460
Parent Leader comes together to teach members the basics of reading and writing Spanish.
Hosted by BRIDGES Ambassador

Event: Families Eating Smarter Moving More
Date: April 3, 10, and 17, 2026 @ 10am—11am
Place: BRIDGES at Lake Worth East 305 Lake Ave , Lake Worth Beach Fl 33460
Come join us with UF as we learn about food safety and discuss ways to save money while shopping.
Hosted by University of Florida (UF)

Event: SAC/Pastelitos with the Principal
Date: April 8, 2026 @ 8:15am—9am
Place: 500 Highland Ave, Lake Worth Fl 33460 Highland Elementary
These meetings primary purpose it to review relevant data, Identify problem areas, develop improvement strategies, and monitor their implantation.
Hosted by Highland Elementary

Event: Women’s Club “Real Woman. Real Talk.”
Date: April 21, 2026 @ 10am—11am
Place: BRIDGES at Lake Worth East 305 Lake Ave, Lake Worth Fl 33460
Join us as we embrace daily affirmations and purposeful reflections.
Hosted by BRIDGES Ambassador

Event: Drowning Prevention of Palm Beach
Date: April 27, 2026 @ 10:30am—11:30am
Place: Via Zoom
Join us to learn how you can prevent drowning, non fatal and other water related incidents in Palm Beach County
Hosted by Bambi Fanto (Palm Beach Drowning Prevention)

SAFETY WORKSHOP

SAFETY WORKSHOP “Heatstroke Prevention”
Hosted by Safe Kids of PBC (VIA ZOOM)
Date: April 5, 2026 @ 1pm—2pm Spanish
Date: April 9, 2026 @ 1pm—2pm English
Date: April 16, 2026 @ 1pm—2pm Creole

Oh, boy it is hot outside! This month we will be discussing Heatstroke and hot cars. Did you know a car could heat up 20 degrees in 10 minutes? We will discuss what parents need to know about the danger of hot cars, and steps they can take to help keep their children safe. Please join us to learn about the ways to identify these hazards as well as ways to prevent them.

COMMUNITY EVENT

Event: Easter Egg Hunt
Date: April 4, 2026 10am—1pm
Place: 100 South Golfview Rd, Lake Worth Beach Fl 33460
Come join the City of Lake Worth Beach at the annual Easter Egg Hunt Event! Featuring live entertainment, games for the family, Easter Egg Hunt, and photos with the Easter Bunny.
Hosted by City of Lake Worth Beach

Event: Palm Beach Dream Center Easter Egg Brunch
Date: April 4, 2026 10am—1pm
Place: 100 South Golfview Rd, Lake Worth Beach Fl 33460
Come join the City of Lake Worth Beach at the annual Easter Egg Hunt Event! Featuring live entertainment, games for the family, Easter Egg Hunt, and photos with the Easter Bunny.
Hosted by Journey Church (Palm Beach Dream Center)

Event: Caridad Comes To You
Date: April 10, 2026 @ 8:30am—3:30pm
Place: BRIDGES Lake Worth 802 S Dixie Hwy, Lake Worth Beach Fl 33460
Join us for the free workshop where Caridad Clinics comes to you. Free Vision, and Healthcare Services.
Hosted by Caridad Clinic

Event: Monthly Movie Matinee
Date: April 17, 2026 @ 2pm—3:30pm
Place: 15 N M St , Lake Worth Beach, Fl 33460 (Lake Worth Library)
Join us at City Library on select Fridays at 2pm for the monthly movie matinee featuring a variety of movies set in Florida
Hosted by City of Lake Worth Beach Library

Event: Community Immunization
Date: April 17, 2026 @ 8am—12pm
Place: 709 North F St, Lake Worth Beach Fl 33460
Palm Beach Health Department comes out every third Thursday of the month to provide families with the necessary Immunizations their children need. Free immunizations for children.
Hosted by Palm Beach Health Department


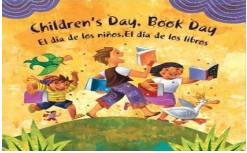
APRIL 2026



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

(E) English (S) Spanish (C) Creole




Mon	Tue	Wed	Thu	Fri	Sat
		1 <u>Brilliant Minds</u> 3:30 pm- 5:30 pm	2 <u>Books, Arts & Crafts</u> (E/S)(PC) 10:00 am-11:30 am (Registered Only) <u>Heatstroke Prevention Wksp.</u> ZOOM (S) 1pm-2pm <u>Brilliant Minds</u> 3:30 pm-5:30 pm <u>College Prep</u> (Virtual) 5:30pm-7:30pm	3 <u>Raise Me Up (Egg Hunt)</u> (E/S)(PC) 10:30 am-11:30 am "Wear Blue" 	4 <u>Village of Palm Springs Easter Egg Hunt</u> 10:00 am-1:00 pm
6	7 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	8 <u>Raise Me Up/(Child Abuse & Neglect)</u> (E/S)(PC) 10:30am-11:30am <u>Brilliant Minds</u> 3:30 pm- 5:30 pm	9 <u>Heatstroke Prevention Wksp.</u> ZOOM (E) 1pm-2pm <u>Brilliant Minds</u> 3:30 pm-5:30 pm <u>College Prep</u> (Virtual) 5:30pm-7:30pm	10 <u>Ambassador Meeting</u> (Invitation Only) 10:00 am- 12:00 pm <u>Car seat Installation</u> (E/S) (By Appointment) 10:00 am-1:00 pm	11 <u>Can I Kick It? 2026</u> 9:00 am-1:00 pm
13	14 <u>Community Service & Family Resources</u> 10:00 am-11:30 am <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	15 <u>PBC Public Library System</u> (E/S) <u>Storytime</u> (Literacy) 10:00 am-11:00am <u>Brilliant Minds</u> 3:30 pm-5:30 pm	16 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> (Virtual) 5:30pm-7:30pm	17 <u>Renacer Mujeres/ Breaking the Silence</u> 10:00 am-12:00 pm <u>Food Distribution</u> 10:00 am (Until Supplies last) <u>Car seat Installation</u> (E/S) (By Appointment) 10:00 am-1:00 pm	18 <u>District ## Grand opening/Resource Fair</u> 11:00 am- 3:00 pm
20	21 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	22 <u>DCF Application</u> 10:00 am- 11:00 am <u>Brilliant Minds</u> 3:30 pm-5:30 pm <u>Latinos Fuertes en Accion</u> (MEN ONLY) 6:30 pm-8:30 pm	23 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> (Virtual) 5:30pm-7:30pm	24 <u>Caridad Mobile Health Clinic</u> 9:00 am-3:00 pm	25 <u>Exploring Our World</u> <u>Earth Day Celebration</u> <u>Children's Day</u> 11:00 am- 1:00 pm
27	28 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	29 <u>Brilliant Minds</u> 3:30 pm-5:30 pm	30 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> (Virtual) 5:30pm-7:30pm		

DID YOU KNOW THAT:
April is Child Abuse & Neglect Month

Child abuse and neglect includes all types of abuse and neglect of a child under the age of 18 by a parent, caregiver, or another person in a custodial role (e.g., a religious leader, a coach, or a teacher) that results in harm, the potential for harm, or threat of harm to a child.

Four common neglect and abuse:
 1. Physical 2. Emotional
 3. Neglect 4. Sexual



FAMILY IMPACT PALM BEACH COUNTY
 BRIDGES at Lake Worth West

MAIN OFFICE:
 2411 10TH AVENUE N.
 LAKE WORTH, FL 33461
 PHONE: 561-649-9600

ACTIVITY BUILDING:
 BRIDGES at Lake Worth West
 2407 10TH AVENUE N.
 LAKE WORTH, FL 33461

MONDAY - FRIDAY
 9:00am - 5:00pm

www.familyimpactpbc.org
[Facebook@familyimpactpbc.org](https://www.facebook.com/familyimpactpbc.org)

APRIL 2026 HIGHLIGHTS

MONTHLY THEME

"Listen Up, Speak Up"

PARENT CHILD ACTIVITY

Event: [RAISE ME UP/EGG HUNT \(E/S\)](#)
Date: Friday, April 3rd 10:30 am - 12:00 pm
Place: BLWW Activity Center
 2407 10th Ave. N., Lake Worth, FL 33461

Join us for this parent-child class to practice fine and gross motor skills, promoting social and emotional health, problem-solving, and communications. Also come and enjoy a fun event where children search for hidden eggs filled with treats.

Sponsored by Lantana Road Branch Library & BRIDGES

Event: [RAISE ME UP/CHILD ABUSE & NEGLECT \(E/S\)](#)
Date: Wednesday, April 8th 10:30 am-11:30 am
Place: BLWW Activity Center
 2407 10th Ave. N., Lake Worth, FL 33461

Join us for this parent-child class to practice fine and gross motor skills, promoting social and emotional health, problem-solving, and communications. **Sponsored by** BRIDGES.

Event: [EXPLORING OUR WORLD/EARTH DAY CELEBRATION/CHILDREN'S DAY \(E/S\)](#)
Date: Saturday, April 25nd 11:00 am – 1:00 pm
Place: Palm Springs Village Courtyard
 226 Cypress Ln, Palm Springs, FL 33461

Families get together to celebrate Children's Day/Earth Day with collaboration with the library.

Sponsored by BRIDGES, Palm Springs Public Library & HIPPY

FAMILY LITERACY

Event: [PBC PUBLIC LIBRARY SYSTEM STORY TIME \(E/S\)](#)
Date: Wednesday, April 15th 10:00am-11:00am
Place: BLWW Activity Center
 2407 10th Ave. N., Lake Worth, FL 33461

PBC Library System will host a one hour activity in which they will encourage parents to read and do activities with their kids so they can learn new words and increase love for reading.

Sponsored by the Palm Beach County Public Library System.

WORKSHOPS

Event: [BOOKS, ARTS AND CRAFTS \(E/S\) \(Registered Only\)](#)
Date: Thursday, April 2nd 10:00 am—11:30 am
Place: BLWW Activity Center
 2407 10th Ave. N, Lake Worth, FL 33461

Parents read books, about morals and values. They create beautiful arts, crafts and build new skills, which gives them a sense of achievement and confidence. **Sponsored by** BRIDGES

Event: [COMMUNITY SERVICES & FAMILY RESOURCES \(E/S\)](#)
Date: Tuesday, April 14th 10:00am-11:30am
Place: BLWW Activity Center
 2407 10th Ave N., Lake Worth, FL 33461

Come and learn how to explore school district website to receive community services and resources. **Sponsored by** BRIDGES & PBCSD

WORKSHOPS

Event: [AMBASSADORS MEETING \(INVITATION ONLY\)](#)
Date: Friday, April 10th 10:00 am–12:00 pm
 Invited members will join our Bridges at Lake Worth West Ambassadors group. They will be encouraged, motivated and trained to continue developing their leadership skills. **Sponsored by** BRIDGES

Event: [RENACER MUJER/BREAKING THE SILENCE \(E/S\)](#)
Date: Friday, April 17th 10:00 am-12:00 pm
Place: BLWW Activity Center
 2407 10th Ave. N., Lake Worth, FL 33461

Join a wonderful group of women to share important topics, enjoy social time and activities. Let's learn about women coming together to speak up and protect the safety and future of our children. **Sponsored by** Be Well PBC

Event: [DCF APPLICATION](#)
Date: Wednesday, April 22nd 10:00am-11:00am
Place: Family Impact PBC
 2407 10th Ave. N. Lake Worth, FL 33461

Come learn how to navigate the DCF application through ACCESS. **Sponsored by** BRIDGES

Event: [LATINOS FUERTES EN ACCION \(E/S\) \(MEN ONLY\)](#)
Date: Wednesday, April 22nd 6:30pm-8:30pm
Place: BLWW Activity Center
 2407 10th Ave. N, Lake Worth, FL 33461

Come join a circle of hard working men and fathers. That are willing to share their knowledge and empower others. We will share ideas and discuss important topics. **Sponsored by** BRIDGES.

SAFETY WORKSHOP

Event: [HEATSTROKE PREVENTION WKSP. \(ZOOM\)](#)
Date: Thursday, April 2nd 1pm – 2pm Spanish
 Thursday, April 9th 1pm – 2pm English

Come learn how quickly the car can heat up in 10 minutes. Parents need to know about the danger of hot cars, and steps to take to help keep their children safe. **Sponsored by** Safe Kids of PBC.

Event: [CARSEAT INSTALLATION \(E/S\) \(VIA PHONE\)](#)
Date: Friday, April 10th & 17th 10:00 am-1:00 pm

Parents with questions, concerns or in need of a car seat will be guided through the phone by our car seat technician. Please call us at 561-649-9600 so we can best assist you! **Sponsored by** BRIDGES

COMMUNITY EVENT

Event: [BRILLIANT MINDS PROGRAM](#)
Date: Tuesdays, Wednesdays, Thursdays 3:30pm- 5:30pm
Place: BLWW Activity Center
 2407 10th Ave. N., Lake Worth, FL 33461

Through our homework assistance, STEAM –Science, Technology, Engineering, Arts and Math, and Reading we offer help and support to the kids of our community (1st grade through 5th grade) with their academics. **Sponsored by** PBSO.

Child Abuse & Neglect Awareness "Wear Blue"
Date: April 3rd , 2026



COMMUNITY EVENT

Event: [COLLEGE PREP](#)
Date: Tuesdays (In Person) 5:30 pm - 7:30 pm
Place: BLWW Activity Center
 2407 10th Ave. N., Lake Worth, FL 33461

Date: Thursdays (Virtual)
 This program is offered to assist high school students 9th to 12th grade to strengthen their academic skills, help with college entry and much more. **Sponsored by** Cornelia T. Bailey

Event: [VILLAGE OF PALM SPRINGS EASTER EGG HUNT](#)
Date: Saturday, April 4th 10:00 am-1:00 pm
Place: Palm Springs Parks & Recreation
 226 Cypress Lane., Palm Springs, FL 33461

This is a family-friendly event where parents connect with local organizations offering valuable services and community resources. **Sponsored by** Village of Palm Springs Parks & Rec's.

Event: [CAN I KICK IT? 2026](#)
Date: Saturday, April 11th 9:00 am– 1:00 pm
Place: Manzo Baseball Field
 900 22nd Ave., Lake Worth, FL 33460

Come and support your schools at this years "Can I Kick It?" kickball games. There will be music, food trucks, face painting, and balloon twist. **Sponsored by** PBSO Community Policing (Deputy Gaspar)

Event: [DISTRICT #3 GRAND OPENING/RESOURCE FAIR](#)
Date: Saturday, April 18th 11:00 am– 3:00 pm
Place: PBC Commissioner's Office
 240 S. Military Trl., West Palm Beach, FL 33415

Is a community event celebrating a new office while connecting residents to local services and support. **Sponsored by** PBC Commissioner Joel Flores

Event: [FOOD DISTRIBUTION \(RBI\)](#)
Date: Friday, April 17th 10:00 am
Place: Bethel Assembly of God (Church)
 4320 S. Congress Ave., Palm Springs, FL 33461

Come by and receive can goods, fruits and much more while supplies last. **Sponsored by** BRIDGES, PBSO, Restoration Bridge Intl. & Bethel Assembly of God

Event: [CARIDAD MOBILE HEALTH CLINIC](#)
Date: Friday, April 24th 9:00 am-3:00 pm
Place: BLWW Activity Center
 2407 10th Ave. N., Lake Worth, FL 33461

Caridad's mobile health unit will provide free health screenings and will check your blood pressure, glucose levels, at no cost–no appointment needed. **Sponsored by** Caridad Center and BRIDGES





Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Literacy
 Green: Community Events



April 2026

Mon	Tue	Wed	Thurs	Fri	Sat
		1	2 <u>It's Your Birthday!</u> 11:00am - 12:30pm <u>Safety Series (Spanish)</u> 1:00pm - 2:00pm	3 "Listen Up, Speak Up" Wear BLUE	4
6 <u>SAC Meeting</u> 5:30pm - 6:30pm	7 <u>Raise Me Up</u> 11:00am - 12:30pm Child Abuse & Neglect "Scavenger Hunt" (Post on WhatsApp all month long)	8	9 <u>Safety Series (English)</u> 1:00pm - 2:00pm Baby Shower (Invite ONLY) 5:30pm - 7:00pm	10	11 <u>Motivating Mommies</u> 11:00am - 1:00pm
13 <u>Motivando a las mamás</u> 11:00am - 12:30pm	14 <u>A Write To Read</u> 11:00am - 12:30pm Child Abuse & Neglect Word Search	15 <u>ECLC Meeting</u> 3:30pm - 4:30pm	16 <u>Family Day</u> 11:00am-12:00pm Family Night 5:30pm - 7:00pm <u>Safety Series (Creole)</u> 1:00pm - 2:00pm	17	18
20 <u>Tummy Time</u> 5:30pm - 6:30pm	21 <u>Raise Me Up</u> 11:00am - 12:30pm Child Abuse & Neglect "People Who Hit" Coloring Book	22	23	24	25
27	28 <u>Helmet Install/ Inspection</u> 11:00am - 1:30pm <u>Car Seat Inspection</u> 3:00pm - 5:00pm	29	30		

"Gratitude turns what we have into enough." "Every minute of every hour of every day you are making the world, just as you are making yourself, and you might as well do it with generosity and kindness and style."

Child Abuse and Neglect
 Child abuse and neglect includes all types of abuse and neglect of a child under the age of 18 by a parent, caregiver, or another person in a custodial role (e.g., a religious leader, a coach, or a teacher) that results in harm, the potential for harm, or threat of harm to a child. **Physical abuse** is the intentional use of physical force that can result in physical injury. **Sexual abuse** refers to any completed or attempted sexual acts or sexual contact with a child by a caregiver. **Emotional abuse** refers to behaviors that harm a child's self-worth or emotional well-being.

BRIDGES at Northwood
 4111 N. Terrace Dr.,
 West Palm Beach, FL 33407
 561-840-3106
 Bridgesofpbc.org
 Mon-Thurs 9am to 7pm
 Friday 9am to 5pm
 Sat 10am to 2pm
 Offering parental support and activities for families with children
 Ages 0 to 8

April 2026 HIGHLIGHTS

BRIDGES AT NORTHWOOD
4111 N. TERRACE DRIVE
WEST PALM BEACH, FL 33407
PHONE: 561 840 3106

“Heatstroke Prevention”

PARENT/CHILD ACTIVITIES

Event: [Raise Me Up](#)
Date: Every other Tuesday (on-going)
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Tuesday, April 7th:

Dice Roll: Dice time to get those bodies moving. During this activity, you and your child will build gross motor dice. Children with strength those bodies through hopping, skipping and jumping while learning to take turns.

Tuesday, April 21st:

Building Bridges: Parents will learn the importance of problem solving, an activity that can be done to help develop problem solving, skills and how it will help their through life.

Event: [It's Your Birthday - Paper Bunny Ears](#)
Date: Thursday, April 2nd, 2026
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Each and every first Thursday of the month we will celebrate all members and their children's birthdays. If your birthday falls in the month of April come out and let your BRIDGES family sing Happy Birthday to you! If your birthday is not in the month of April you can still participate with your family.

Event: [Family Day and Night - Earth Day Craft](#)
Date: Thursday, April 16th, 2026
Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm
Place: BRIDGES at Northwood

Families will create a craft to celebrate Earth Day.

CAPACITY BUILDING

Event: [Safety Series - Heatstroke Prevention](#)
Date: Thursday, April 2nd, 2026 (Spanish) 1pm-2pm
Date: Thursday, April 9th, 2026(English)1pm-2pm
Date: Thursday, April 16th, 2026(Creole)1pm-2pm
Place: Zoom / Facebook Live
@SafeKidsPalmBeachCounty
Oh, boy it is hot outside! This month we will be discussing Heatstroke and hot cars. Did you know a car could heat up 20 degrees in 10 minutes! We will discuss what parents need to know about the danger of hot cars, and steps they can take to help keep their children safe. Please join us to learn about the ways to identify these hazards as well as ways to prevent them.
[https://zoom.us/j/6846584976?](https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFpP3RSTFU2UU5kTFRkQT09)
[pwwd=L0JEMm4rSGFpP3RSTFU2UU5kTFRkQT09](https://www.facebook.com/SafeKidsPalmBeachCounty)

Event: [Helmet & Car Seat Inspection](#)
Date: Tuesday, April 28th, 2026
Time: 11:00am - 1:30pm (Helmet Install/Inspection)
Time: 3:00pm - 5:00pm (Car Seat Installation)
Place: Call Brenda 561-840-3106 to schedule your appt.

If your child or you is, a BRIDGES member wants to make sure it is properly installed or you are in need of a new helmet feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified helmet technician. If you would like to purchase a car seat for \$50.00 or you would like Ms. Brenda to make sure it is properly installed. Feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified car seat technician.

Event: [SAC Meeting](#)
Date: Monday, April 6th, 2026
Time: 5:30pm - 6:30pm
Place: Northmore Elementary School

If you live in 33407 zip code and have a child that will be going to kindergarten or 1st grade in the fall then get ready for a family fun reading adventure!!! Join BRIDGES for our Summer Reading Program. A 7 week session that presents on: strengthening your child's early reading skills, promoting bonding between parent and child, and providing fun learning activities for you and your child to do at home.

Event: [ECLC Meeting](#)
Date: Wednesday, April 15th, 2026
Time: 3:30pm - 4:30pm
Place: BRIDGES at Northwood

At this meeting, we will discuss what actions our ECLC team can take that will ultimately result in our children better prepared for Kindergarten.

WORKSHOPS

Event: [A Write To Read](#)
Date: Tuesday, April 14th, 2026
Time: 11:00am – 12:30pm
Place: BRIDGES at Northwood

Promote reading and writing with your pre-school aged children by attending this literacy class. We'll have fun while we create ways to make learning fun for our children.

Event: [Motivando a las mamás](#)
Date: Cada primer lunes
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Un grupo colectivo de mujeres de nuestra comunidad se reunirá mensualmente para discutir temas candentes y recursos comunitarios. seremos discutiendo la importancia de ser mamá. No olvides usar tus camisetas Motivating Mommies y una sonrisa.

Event: [Tummy Time](#)
Date: Monday, April 20th, 2026
Time: 5:30pm - 6:30pm
Place: BRIDGES at Northwood

Tummy Time is essential from day one to help your baby grow strong muscles! It can help improve head control, decrease reflux, improve motor skills and development, and encourage a bond between baby and family.

Event: [Motivating Mommies](#)
Date: Saturday, April 11th, 2026
Time: 11:00am - 1:00pm
Place: BRIDGES at Northwood

A collective group of women in our community will meet monthly to discuss hot topics and community resources. We will be discussing the importance of being a mommy.

BRIDGES at Northwood

4111 N. Terrace Dr.
West Palm Beach, FL 33407
561-840-3106

BRIDGES website: Bridgesofpbc.org
Facebook: BRIDGES at Northwood



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Literacy
 Green: Community Events



April 2026

at WEST PALM BEACH

Mon	Tue	Wed	Thu	Fri	Sat
	Opening Doors Family Literacy 6:00pm RSVP	1 House calls w/FAU 6:00pm via zoom Circle Community room 6:00pm RSVP	2 Raise Me Up Growing Together 6:00pm RSVP Community Room Ages 1-3	3 Child Abuse Awareness Wear Blue	4 Community Easter Fun Day Heart and Soul Park 10AM -2:00 PM
6 What's in your Community Orientation 5:30pm In person	7 Opening Doors Family Literacy 6:00pm RSVP Pleasant City Elementary SAC Meeting 5:00pm	8	9 Raise Me Up Growing Together 6:00pm RSVP Community Room Ages 4-5 y/o	10 Bridge Mart Starts at 10:00am (Appointments Only)	11
13	14 Opening Doors Family Literacy 6:00pm RSVP	15 Circle Community room 6:00pm RSVP Roosevelt Elementary SAC Meeting 5:00pm	16 Literacy Adventure 6:00pm Story Time	17 Car Seat Installation RSVP	18
20 What's in your Community Orientation 5:30pm Zoom	21 Opening Doors Family Literacy 6:00pm RSVP	22	23 Baby Talk and BABY SHOWER RSVP Community room 6:00pm Pregnant- 1y/o	24 Bridge Mart Starts at 10:00am (Appointments Only)	25
27	28	29	30		

APRIL National CHILD ABUSE PREVENTION MONTH

APRIL AUTISM AWARENESS MONTH

BRIDGES
 720 8th Street,
 West Palm Beach, FL 33401
 561-804-6754

Mon-Thurs 9am to 6 pm
 Friday 9am to 5 pm

Offering parental support and activities for

All activities occur at BRIDGES at West Palm Beach unless otherwise specified.

HIGHLIGHTS

BRIDGES AT WEST PALM BEACH

720 8th Street
West Palm Beach, FL 33401

PARENT/CHILD ACTIVITIES

Event: Raise me up: Growing Together (Ages 1-3 years old)

Date: April 2nd 6:00pm

Time: 6:00pm Community Room

Summary: Parent –child activity designed to focus on gross motor skills and problem solving. We will share in activities to include Easter Fun Activities.

Event: Growing Side by Side (Ages 4-5 years old)

Date: April 9th 6:00pm

Time: 6:00pm Community Room

Summary: Enhanced parent –child activities designed to focus on gross motor skills and problem solving, “brown paper bag house”. Explore the joys and challenges of new found independence as a toddler.

Event: Baby Talk RSVP Required (Pregnant to 1 year old)

Date: April 23rd RSVP

Time: 6:00pm Community Room

Summary: Baby Talk is a warm, welcoming session designed to support individuals and couples as they prepare for the journey into parenthood. This experience creates a safe space for new and expecting parents to explore the joys and challenges of caring for a baby while building confidence in their new role.

COMMUNITY EVENTS

Event: Pleasant City Elementary School will be facilitating their monthly SAC meeting

Date: April 7th

Time: 5:00pm

Event: Community Easter Fun Day

Saturday, April 4th

Time: 10:00am– 2:00pm

Location: Friendship MBC 718 3RD Street WPB

Summary: The event will offer food and fun for the whole family, with free activities

Event: Baby Shower

Date: April 23rd RSVP Required

Time: 6:00pm Community room

Summary: As we prepare for the birth of the new bundle of joy, we are delighted to share with you as well as share with other women who are pregnant or have recently given birth.



WORKSHOPS

Event: Opening Doors

Date: April 7, 14 and completes on the 21st. Continued Success

Time: 6:00pm Community room

Summary: A parent leadership series designed for parents/caregivers of children ages 0-5 to support in parental advocacy.

Event: House calls with FAU RSVP required

Date: April 1st.

Time: 6:00 via zoom

Summary: A community wellness service offering free, convenient Heart disease screenings through a partnership with Florida Atlantic University. The program promotes heart health, early detection, and access to preventive care for families.

Event : BRIDGE MART (Accepting BRIDGE BUCKS ONLY)

Date: April 10th and 24th.

Time: 10 am - 2pm By Appointments Only

Place: BRIDGES at West Palm

Summary: Serving our MEMBERS within your community by offer specialized products, household essential, excellent customer service, and much more. Call to schedule your appointment.

Event: What's In your Community Orientation

Date: April 13th and 27th via (zoom)

Time: 5:30pm-6:30pm

Summary: This is an awareness workshop for new member to learn about the various services available through BRIDGES and other local service providers.

Event: Circle Group RSVP required

Date: April 1st and 15th.C

Time: 6:00pm– 8:00pm Community room

Summary: Circles is a unique program to help individuals and families break out of poverty and become upwardly mobile through education, Mentoring and personal resolve to succeed. Please contact the BRIDGES office, if you are interested in registering for CIRCLES.