

April 2026



Blue: Capacity Bldg. Workshops
Yellow: Parent/Child Activities
Red: Safety Workshops
Orange: Family Literacy
Green: Community Events
Black- Other



Mon	Tue	Wed	Thu	Fri	Sat
		1 April Fool's Day	2 Safety Heatstroke Prevention Spanish 1pm—2pm Family Fun: Pinwheel Craft Awareness Day 4pm—5pm	3 Wear Blue Day Spanish Literacy 9:30am—11am Families Eating Smarter Moving More (FESMM) 10am—11am Good Friday	4 Easter Egg Hunt 10am—1pm Palm Beach Dream Center Easter Brunch 10am—12pm Child Abuse Campaign 11am—12pm
6	7	8 Pastelitos w/the Principal 8:15am—9am Raise Me Up "Let's Build a Garden" 4pm—5pm	9 Safety Heatstroke Prevention English 1pm—2pm	10 Caridad Comes to You 9am—3pm Spanish Literacy 9:30am—11am Families Eating Smarter Moving More (FESMM) 10am—11am	11
13	14	15 Raise Me Up "Alphabet Flower" 4pm—5pm	16 Safety Heatstroke Prevention Creole 1pm—2pm	17 Families Eating Smarter Moving More (FESMM) 10am—11am Spanish Literacy 9:30am—11am	18 Day of Noise 10am—12pm
20	21 Women's Club "Real Woman, Real Talk" 10am—11am	22	23 Family Fun Activity: Around the World with Australia 4:30pm—5:30pm	24	25
27 Drowning Prevention 10:30am—12pm	28	29	30		

BRIDGES At Lake Worth East
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MONDAY - FRIDAY
8:00am - 5:00pm

www.bridgesofpb.org
Facebook at BRIDGES Lake Worth East

Child Abuse Awareness

April is National Child Abuse Prevention Month, a time to recognize the importance of families and communities working together to prevent child abuse and neglect. It focuses on raising awareness, supporting, and building protective capacities for children through community involvement, wearing blue, and displaying pinwheels.

2026 HIGHLIGHTS

MONTHLY THEME

“Listen Up, Speak Up”

PARENT CHILD ACTIVITY

Event: Family Fun: Pinwheel Craft Awareness Day
Date: April 2, 2026 @ 4pm—5pm
Place: BRIDGES 305 Lake Ave, Lake Worth Beach Fl 33460
Families and friends, come build and make pinwheels as we learn about the importance of advocating and increasing awareness about child abuse and neglect.
Hosted by Parent Coach

Event: RAISE ME UP “ Let’s Build A Garden”
Date: April 8, 2026 @ 4pm—5pm
Place: BRIDGES 305 Lake Ave, Lake Worth Fl 33460
Come and have fun as we will be building our own garden! Supplies are limited, Please RSVP.
Hosted by Child Development Specialist

Event: RAISE ME UP “ Alphabet Flower”
Date: April 15, 2026 @ 1pm—2pm
Place: BRIDGES 305 Lake Ave, Lake Worth Fl 33460
Let’s plant some flowers and practice our letter recognition together!
Hosted by Child Development Specialist (CDS)

Event: Day of Noise
Date: April 18, 2026 @10:30am—11:30am
Place: BRIDGES 305 Lake Ave , Lake Worth Beach Fl 33460
Join us as we celebrate life through musical instruments. RSVP
Hosted by Hoops to Hope

Event: Family Activity: Around the World with Australia
Date: April 23, 2026 @ 4:30pm—5:30pm
Place: BRIDGES 305 Lake Ave, Lake Worth Beach Fl 33460
Families and friends, we invite you to bring your curiosity and excitement as we do a hands on activity of making fairy bread as we learn about Australia!

FAMILY LITERACY

Hosted by Parent Coach

Event: Story Time
Date: April 9, 2026 @  11am—12pm
Place: BRIDGES 305 Lake Ave, Lake Worth Fl 33460
BRIDGES would like for you to join us with your

CAPACITY WORKSHOPS

Event: Spanish Literacy
Date: April 3, 10, 17, and 24, 2026 @ 9:30am—11am
Place: BRIDGES 305 Lake Ave , Lake Worth Beach Fl 33460
Parent Leader comes together to teach members the basics of reading and writing Spanish.
Hosted by BRIDGES Ambassador

Event: Families Eating Smarter Moving More
Date: April 3, 10, and 17, 2026 @ 10am—11am
Place: BRIDGES at Lake Worth East 305 Lake Ave , Lake Worth Beach Fl 33460
Come join us with UF as we learn about food safety and discuss ways to save money while shopping.
Hosted by University of Florida (UF)

Event: SAC/Pastelitos with the Principal
Date: April 8, 2026 @ 8:15am—9am
Place: 500 Highland Ave, Lake Worth Fl 33460 Highland Elementary
These meetings primary purpose it to review relevant data, Identify problem areas, develop improvement strategies, and monitor their implantation.
Hosted by Highland Elementary

Event: Women’s Club “Real Woman. Real Talk.”
Date: April 21, 2026 @ 10am—11am
Place: BRIDGES at Lake Worth East 305 Lake Ave, Lake Worth Fl 33460
Join us as we embrace daily affirmations and purposeful reflections.
Hosted by BRIDGES Ambassador

Event: Drowning Prevention of Palm Beach
Date: April 27, 2026 @ 10:30am—11:30am
Place: Via Zoom
Join us to learn how you can prevent drowning, non fatal and other water related incidents in Palm Beach County
Hosted by Bambi Fanto (Palm Beach Drowning Prevention)

SAFETY WORKSHOP

SAFETY WORKSHOP “Heatstroke Prevention”
Hosted by Safe Kids of PBC (VIA ZOOM)
Date: April 5, 2026 @ 1pm—2pm Spanish
Date: April 9, 2026 @ 1pm—2pm English
Date: April 16, 2026 @ 1pm—2pm Creole

Oh, boy it is hot outside! This month we will be discussing Heatstroke and hot cars. Did you know a car could heat up 20 degrees in 10 minutes? We will discuss what parents need to know about the danger of hot cars, and steps they can take to help keep their children safe. Please join us to learn about the ways to identify these hazards as well as ways to prevent them.

COMMUNITY EVENT

Event: Easter Egg Hunt
Date: April 4, 2026 10am—1pm
Place: 100 South Golfview Rd, Lake Worth Beach Fl 33460
Come join the City of Lake Worth Beach at the annual Easter Egg Hunt Event! Featuring live entertainment, games for the family, Easter Egg Hunt, and photos with the Easter Bunny.
Hosted by City of Lake Worth Beach

Event: Palm Beach Dream Center Easter Egg Brunch
Date: April 4, 2026 10am—1pm
Place: 100 South Golfview Rd, Lake Worth Beach Fl 33460
Come join the City of Lake Worth Beach at the annual Easter Egg Hunt Event! Featuring live entertainment, games for the family, Easter Egg Hunt, and photos with the Easter Bunny.
Hosted by Journey Church (Palm Beach Dream Center)

Event: Caridad Comes To You
Date: April 10, 2026 @ 8:30am—3:30pm
Place: BRIDGES Lake Worth 802 S Dixie Hwy, Lake Worth Beach Fl 33460
Join us for the free workshop where Caridad Clinics comes to you. Free Vision, and Healthcare Services.
Hosted by Caridad Clinic

Event: Monthly Movie Matinee
Date: April 17, 2026 @ 2pm—3:30pm
Place: 15 N M St , Lake Worth Beach, Fl 33460 (Lake Worth Library)
Join us at City Library on select Fridays at 2pm for the monthly movie matinee featuring a variety of movies set in Florida
Hosted by City of Lake Worth Beach Library

Event: Community Immunization
Date: April 17, 2026 @ 8am—12pm
Place: 709 North F St, Lake Worth Beach Fl 33460
Palm Beach Health Department comes out every third Thursday of the month to provide families with the necessary Immunizations their children need. Free immunizations for children.
Hosted by Palm Beach Health Department