

April 2026



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

Mon	Tues	Wed	Thu	Fri	Sat
		1 Benefits Application 10:00 AM to 2:00 PM (BLW)	2 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Heat-Stroke Prevention" (English) 1:00PM on ZOOM Wellness Group 4-8 54 Graduation (Spanish) (PARK)	3 WEAR BLUE DAY	4 Journey Church Block Party 11:00AM to 1:00PM Arms of Hope 1512 Wingfield St, Lake Worth RMU: "Easter Fun with Journey Church" 4:00PM to 5:00PM
6	7	8 Benefits Application 10:00 AM to 2:00 PM (BLW)	9 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Heat-Stroke Prevention" (Spanish) 1:00PM on ZOOM	10	11
13 Wellness Group Q&A S1 (Creole) 10:30AM to 11:30AM (ZOOM)	14 Wellness Group Q&A S2 (Creole) 10:30AM to 11:30AM (ZOOM) Family Fun Time: "Spring Color Quest" 4:00PM to 5:00PM(BLW)	15 Benefits Application 10:00 AM to 2:00 PM (BLW) Wellness Group Q&A S3 (Creole) 10:30AM to 11:30AM (ZOOM)	16 Benefits Application 10:00 AM to 2:00 PM Safety Series: "Heat-Stroke Prevention" (Creole) 1:00PM on ZOOM	17 Wellness Group Q&A S4 (Creole) 10:30AM to 11:30AM (ZOOM)	18
20	21 RMU: "Little Artist" 4:00PM to 5:00PM (BLW)	22 Benefits Application 10:00 AM to 2:00 PM (BLW)	23 Benefits Application 10:00 AM to 2:00 PM (BLW) Child Abuse & Neglect Awareness Workshop 4:30PM to 5:30PM via ZOOM	24	25
27 UF Reading Initiative With Hands Together for Haitians (BLW) 5:30PM to 7:00PM	28	29	30 Story-Time 11:00AM to 12:00PM(BLW)		

BRIDGES AT LAKE WORTH
 802 S Dixie Hwy
 LAKE WORTH, FL 33460
 PHONE: 561-899-1642
 MONDAY - FRIDAY
 8:30am - 5:00pm
www.bridgesofpbc.org
 Facebook: BRIDGES At Lake Worth

APRIL IS CHILD ABUSE PREVENTION MONTH

Did you know?

April is recognized as Child Abuse Prevention Month

This time is dedicated to raising awareness about the importance of protecting children and supporting families. Child abuse and neglect can happen in any community, but strong support systems like caring adults, safe environments, and open communication can help prevent it.

APRIL 2026 HIGHLIGHTS

MONTHLY THEME

“Listen Up, Speak Up”

Event: [Family Fun Time: “Spring Color Quest”](#)

Date: April 14th 4:00PM to 5:00PM

Place: BRIDGES at Lake Worth

Have fun this spring with a simple color-by-numbers activity! Kids can match numbers with colors to reveal a bright spring picture. It’s a great way for families to relax, be creative, and enjoy time together.

Event: [RMU: “ Little Artist ”](#)

Date: April 24th 4:00pm to 5:00PM

Place: BRIDGES at Lake Worth

“Little Artist” is a fun and creative activity where children get to express themselves through drawing, painting, and crafts. It encourages imagination, builds confidence, and helps develop fine motor skills in a relaxed and supportive environment. Whether using crayons, markers, or paint, every child has the chance to create something unique and feel proud of their artwork

FAMILY LITERACY

Event: [Story-time](#)

Date: April 30th 11:00AM to 1:00PM

Place: BRIDGES at Lake Worth

Reading and storytelling with babies and children promotes brain development and imagination, develops language and emotions, and strengthens relationships.



WORKSHOPS



Event: [Wellness Group Spanish Group 4-8 S4 \(Graduation\)](#)

Date: April 6th 10:30AM to 11:30PM

Place: BRIDGES at Lake Worth

A wellness group is a supportive space where people come together to focus on their physical, emotional, and mental well-being through shared learning, encouragement, and healthy practices.

Event: [Wellness Group Creole Group Q&A S1](#)

Date: April 13h 10:30AM to 11:30PM

Place: ZOOM

A wellness group is a supportive space where people come together to focus on their physical, emotional, and mental well-being through shared learning, encouragement, and healthy practices.

Event: [Wellness Group Creole Group Q&A S2](#)

Date: April 14th 10:30AM to 11:30PM

Place: ZOOM

A wellness group is a supportive space where people come together to focus on their physical, emotional, and mental well-being through shared learning, encouragement, and healthy practices.

Event: [Wellness Group Creole Group Q&A S3](#)

Date: April 15nd 10:30AM to 11:30PM

Place: ZOOM

A wellness group is a supportive space where people come together to focus on their physical, emotional, and mental well-being through shared learning, encouragement, and healthy practices.

Event: [Wellness Group Creole Group Q&A S3](#)

Date: April 16nd 10:30AM to 11:30PM

Place: ZOOM

A wellness group is a supportive space where people come together to focus on their physical, emotional, and mental well-being through shared learning, encouragement, and healthy practices.

SAFETY WORKSHOP

Event: [Safety Series: “Heat Stroke Prevention ”](#)

Dates: April 2nd 1:00PM to 2:00PM
(Spanish)

April 9th 1:00PM to 2:00PM
(English)

April 16th 1:00pm to 2:00PM
(Creole)

Place: ZOOM Meeting

Oh, boy it is hot outside! This month we will be discussing Heatstroke and hot cars. Did you know a car could heat up 20 degrees in 10 minutes! We will discuss what parents need to know about the danger of hot cars, and steps they can take to help keep their children safe. Please join us to learn about the ways to identify these hazards as well as ways to prevent them.



COMMUNITY EVENT

Event: [Benefits Application](#)

Date: Wednesday’s 10:00AM to 2:00PM

Place: BRIDGES at Lake Worth

A benefits specialist provided through the Palm Beach County Food Bank is available every Wednesday to assist BLW members with their SNAP applications.

Event: [Benefits Application](#)

Date: Thursday’s 10:00AM to 2:00PM

Place: BRIDGES at Lake Worth

A benefits specialist provided through HCSEF is available every Thursday to assist BLW members with their SNAP applications.

