

Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

APRIL 2026



Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Egg-Citing 5:30pm-BRIDGES	3 Wear Blue for Child Abuse Prevention	4
6	7 Wear Blue for Child Abuse Prevention	8 Child Abuse & Domestic Violence: How Is My Child Affected? 1:00 pm—BRIDGES	9 Help Me Grow 5:30pm—BRIDGES	10	11
13	14 Wear Blue for Child Abuse Prevention	15 Before, During & After Baby: Maternal Morbidity Awareness 5:30pm—BG Library	16 Matching Feelings 5:30pm—BRIDGES (ages 4 & up)	17	18 Black Gold Jubilee Torry Island—Belle Glade
20	21 Wear Blue for Child Abuse Prevention Being A Parent 11:00 am—BRIDGES	22 Way-To-Save BINGO 5:30pm—BRIDGES	23 Safety Series: Heat Stroke Prevention 2:00pm—BRIDGES	24	25
27 Poetry Scavenger Hunt 3:00 pm—BG Library	28 Wear Blue for Child Abuse Prevention	29 Community Dialogue Session See Something, Do Something 1:00 pm—BRIDGES	30		



BRIDGES AT
 BELLE GLADE
 141 SE AVE C
 BELLE GLADE, FL
 33430

OPERATION HOURS:
 MON-FRI
 8:30AM—5:30PM

SATURDAY
 APPT ONLY
 10AM -12PM
 PHONE:
 561-992-8210

APRIL 2026 HIGHLIGHTS

MONTHLY THEME

(LISTEN UP, SPEAK UP)

PARENT CHILD ACTIVITY

Eggs-Citing

Thursday, April 2, 2026

5:30pm - BRIDGES

Join BRIDGES for an evening of crazy games, artful creations and thrilling adventures while gaining points necessary to search for the “golden” egg. This experience will require the use of ALL of the developmental skills and is guaranteed to be tons of fun.

Help Me Grow

Thursday, April 9, 2026

5:30pm—BRIDGES

Just as every living thing needs the right conditions to flourish, children thrive when surrounded by consistent attention, patience, and love. Join us as we explore how the simple act of nurturing a plant mirrors the care and commitment every child deserves and discover how the seeds we plant today shape the growth and development of tomorrow.

Matching Feelings

Thursday, April 16, 2026

5:30pm—BRIDGES

How many feelings are there? Too many to name, but we all share them from time to time. During this activity, parent and child will play the memory game by matching up the different feelings. Playing this game, children will learn names for different emotions and parents can help provide examples of when those emotions come up.

FAMILY LITERACY

Poetry Scavenger Hunt

Monday, April 27, 2026

3:00pm —BG Library

Poems are hiding in the library! Explore the shelves to discover rhymes and poems, follow the clues, and collect a small prize at the end!

CAPACITY BLDG WORKSHOPS

Domestic Violence & Child Abuse:

How is My Child Affected?

Wednesday, April 8, 2026

1:00pm—BRIDGES

Children who witness or experience domestic violence and abuse carry wounds that extend far beyond the moment — affecting how they think, feel, trust, and grow. This session sheds light on the hidden impact and how caregivers can help begin the healing.

Before, During & After Baby:

Maternal Morbidity Awareness

Wednesday, April 15, 2026

5:30pm—BG Library

Doctors, doulas, and nurses promote awareness, early intervention, and empowered healthcare conversations for Maternal Morbidity Awareness Month.

Positive Parenting Program: “Being A Parent”

Tuesday, April 21, 2026

11:00 am—BRIDGES

Parenting is one of the most fulfilling roles a person can take on, it can also present significant challenges. With the right tools and support, parents can foster strong relationships with their children and create a positive environment that supports healthy growth and development.

Ways-To-Save BINGO

Wednesday, April 22, 2026

5:30pm-BRIDGES

Join in the fun with a traditional game of BINGO and win prizes that will help you save on commonly used household items. We will also learn how small savings can add up to bigger savings. Join our Savings challenge now.

Community Dialogue: See Something-Say Something

Child Abuse Awareness

Wednesday, April 29, 2026

1:00pm-BRIDGES

Protecting children is everyone's responsibility. This session empowers community members, caregivers, and educators to recognize the warning signs of abuse and neglect and take action before it's too late.

SAFETY WORKSHOP

Safety Series: Heat Stroke Prevention

Thursday, April 23, 2026

2:00 pm—BRIDGES

Did you know a car can heat up 20 degrees in 10 minutes! We will discuss what parents need to know about the danger of hot cars, and steps they can take to help keep their children safe. Please join us to learn about the ways to identify these risks as well as ways to prevent them.

COMMUNITY EVENTS

Weekend Meals Non- Perishable Items

(Friday's only)

Belle Glade Library

9:00am-5:00pm

While supplies last...

Chair YOGA

Tuesdays & Thursdays

4:00pm—5:00pm

St. John Missionary Baptist Church

Open to the public (space is limited, so register early!). Sessions include complimentary pre- and post-class blood pressure checks, demonstrating the positive impact of exercise on blood pressure. ZOOM option available

Black Gold Jubilee

Saturday, April 18, 2026

10:00 a.m.

Torry Island Marina

VITA Tax Assistance

Thursdays & Fridays

March 5— April 10, 2026

10:30 am—2:30 pm

Belle Glade Library

Must bring ID and W2

(if filing jointly, both parties must be present)

United Way of Palm Beach County's VITA Program partners with the Palm Beach County Library System to offer free and confidential tax preparation and e-filing for eligible taxpayers. If your income was \$78,000 or less in 2025, you may be eligible.