



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events



March 2026

Mon	Tue	Wed	Thu	Fri	Sat
2 <u>"Double-looping & U"</u> 10:30am-11:00am In-person	3 <u>Circle of Moms</u> 11:00am	4 <u>AP-OD Week 8</u> 10:00am	5 <u>Safe Kids-Cleaning Supplies and Poison (Spanish)</u> 1:00pm	6	7 <u>Storytime at Lake park Library</u> 10:30am-11:00am
9 <u>"Double-looping & U"</u> 1:00pm-1:30pm Virtual <u>What is BRIDGES? (Invitation only)!</u> 11:30am	10 <u>Circle of Moms</u> 11:00am	11 <u>AP-OD Week 9</u> 10:00am	12 <u>Raise Me Up</u> 0-2yrs old 11:30am-12:30pm <u>Safe Kids-Cleaning Supplies and Poison (English)</u> 1:00pm-2:00pm Or 5:00pm-6:00pm	13	14 <u>Storytime at Lake park Library</u> 10:30am-11:00am
16 <u>Toxic Stress (Home Safe)</u> 10:00am <u>Getting to know Healthy Mother's Healthy Babies</u> 1:00pm (Virtual)	17 <u>Circle of Moms</u> 11:00am	18 <u>AP-OD Week 10</u> 10:00am	19 <u>Lap sit Program</u> 10:15am-11:00am <u>Safe Kids-Cleaning Supplies and Poison (Creole)</u> 1:00pm-2:00pm Or 5:00pm-6:00pm <u>Mother's Village</u> 6:00pm-7:00pm	20	21 <u>Storytime at Lake park Library</u> 10:30am-11:00am
23 <u>"Double-looping & U"</u> 10:30am-11:00am In person	24 <u>Circle of Moms</u> 11:00am	25 <u>Lutheran Services Presents at BLP</u> 11:00am	26 <u>Raise Me Up</u> 3-5yrs old 5:30pm-6:30pm	27	28 <u>Storytime at Lake park Library</u> 10:30am-11:00am
30 <u>"Double-looping & U"</u> 12:00pm-12:30pm Virtual	31 <u>Circle of Moms</u> 11:00am				

"CELEBRATE CREATIVITY"

- Importance of Cleaning Supplies and Poison Safety**
- Store household products safely to prevent poisoning.
 - Keep all household cleaning products in their original containers
 - Read and follow product labels
 - Remember products that might be harmful to kids.
 - Save the Poison Help number in your phone and post it visibly at home: 1-800-222-1222.

BRIDGES at Lake Park
 1411 10th Street
 Lake Park, FL 33403
 561-881-5060

Office Hours
 Monday-Thursday
 8:30am-7:00pm
 Friday 8:30am-5:00pm

Offering parental support and activities for families with children Ages 0 to 8

All activities occur at BRIDGES at Lake Park unless otherwise specified

March 2026 HIGHLIGHTS

BRIDGES AT LAKE PARK
1411 10TH STREET
LAKE PARK, FL 33403
(561) 881-5060

PARENT/CHILD ACTIVITIES

Event: **The game of Touch and Taste (0-2yrs old)**
Date: March 12, 2026 Parents & Children (Birth-2yrs)
Time: 11:30am-12:30pm
Place: BRIDGES at Lake Park

The game of touch and taste: Come and join us to engage with your child with the game of touch and taste.

Event: **The game of Touch and Taste (3-5yrs old)**
Date: March 26, 2026 Parents & Children (3-5yrs)
Time: 5:30pm-6:30pm
Place: BRIDGES at Lake Park

The game of touch and taste: Come and join us to engage with your child with the game of touch and taste.

Family Literacy

Event: **STORYTIME AT LAKE PARK LIBRARY**

Date: Occurs on Saturdays
Time: 10:30am-11:00am

Place: Lake park library
529 Park Avenue Lake park fl 33403

Families join Lake Park Library for Storytime bring your kids for a fun literacy reading and activity.

Event: **Lapsit at the Lake Park Library**

Date: March 19, 2026
Time: 10:15am-11:00am

Place: BRIDGES at Lake Park

Families join BRIDGES at Lake Park for a Lap sit with your little ones ages birth-2yrs old for literacy activity.

WORKSHOPS

Event: **S.A.C meeting at Lake Park Elementary School**

Date: March 5 2026

Time: 2:45pm

Place: Lake Park Elementary school

Monthly S.A.C meeting held at Lake park elementary school where parent who children attend the school will get informal information with how the school is doing. BRIDGES will present monthly to support with parents needing resources.

Event: **"Double looping & U" Virtual and in-person presentations**

March 2 , 2026 10:00am-11:00am (In-person)

March 9, 2026 1:00pm-1:30pm (Virtual)

March 23, 2026 10:30am-11:00am (In-Person)

March 30, 2026 1:00pm-1:30 (Virtual)

Place: BRIDGES at Lake Park

Come out and get informed about how you can learn about double-looping and what that mean to you. How you can make an impact in the community with just the services around

Event: **Circle of Moms**

Date: March 3, 10, 17, 24, and 31, 2025

Time: 11:00am

Place: BRIDGES at Lake Park

Healthy Mother's Healthy babies will host a support group as Circle of Moms for 6 weeks. For those who are currently pregnant and who has children up to age 2 years old. Moms get to interact with each other as a support with one another. Goal is to promoting healthy bonding with baby, promoting healthy communication and social support, techniques and activities to help babies learn.

Event: **AP-OD Weekly sessions**

Date: March 4, 11, 18, and 25 2026

Time: 5:30pm

Place: Lake Park Elementary School

BRIDGES weekly session around parent engagement activities for 10 weeks.

-Session 8: Get Ready for School

"knowledge is Power"

-Session 9: Champions for Our Children's Future

"There is No Worse Struggle Than the One Never Wages"

-Session 10: Yes, We Can! Graduation

"Success Knows No Bounds"

Event: **WHAT IS BRIDGES?- NEW MEMBER ORIENTATION (Invitation Only)**

Date: March 9 2026

Time: 11:30am-12:30am or 5:30pm-6:30pm

Place: BRIDGES at Lake Park

During this orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in the Lake Park community.

Event: **Getting to know Health Mother's Health Babies**

Date: March 16, 2026

Time: 1:00pm

Place: BRIDGES at Lake Park

Health Mother's Healthy babies will be here to discuss with our members more around educational workshops and other services they provide to the community.

Event: **Toxic Stress (Home Safe)**

Date: March 16, 2026

Time: 10:00am-11:00am

Place: BRIDGES at Lake Park

Home Safe will present with importance around Toxic stress the signs and symptoms. Please join us for this important topic at BRIDGES at Lake Park.

Event: **Lutheran Services presentation**

Date: March 25, 2026

Time: 10:00am-11:00am

Place: BRIDGES at Lake Park

LSF HELPS FLORIDIANS

Through LSF Family Focus, LSF Head Start, and LSF Health Systems, we are on the ground every day, helping families in need, supporting children's education, and providing critical mental health services. Come and learn the services they provide to the community that may benefit your needs for services.

SAFETY WORKSHOPS

Event: **SAFE KIDS PRESENTATION- Cleaning Supplies and Poison Safety**

Date: March 5, 2026 (Spanish) at 1:00pm

Date: March 12, 2026 (English) at 1:00pm-2:00pm or 5:00pm-6:00pm

Date: March 19, 2026 (Creole) at 1:00pm-2:00pm or 5:00pm-6:00pm

Place: Zoom Presentation

Zoom Link:

<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkOT09>

Join us as we discuss the importance of cleaning supplies an poison safety.

COMMUNITY EVENTS