



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Literacy
 Green: Community Events

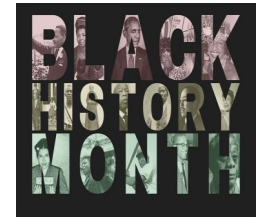


February 2026

at **WEST PALM BEACH**

Mon	Tue	Wed	Thu	Fri	Sat
2	3	4 House calls w/FAU 6:00pm via zoom Circle Community room 6:00pm RSVP	5	6	7 Community Wellness Fair 10:00am Heart & Soul Park RSVP
9 What's in your Community Orientation 5:30pm In person	10 Pleasant City Elementary SAC Meeting 5:00pm	11	12 Raise Me Up 6:00pm RSVP Community room 1-3 age	13 Bridge Mart Starts at 10:00am (Appointments Only) Safe Sleep Facebook live 1:00 (Safe Kids Work- shop)	14 Happy Valentines Day
16	17 Opening Doors Family Literacy 6:00pm RSVP	18 Circle Community room 6:00pm RSVP	19 Women to Women 6:00pm RSVP Community room	20 Car seat in- stallation RSVP	21
23 What's in your Community Orientation 5:30pm Zoom	24 Opening Doors Family Literacy 6:00pm RSVP	25	26 Baby Talk RSVP Community room 6:00pm Pregnant -1 year old	27 Bridge Mart Starts at 10:00am (Appointments Only) Wear Pink shirt day!	

All activities occur at BRIDGES at West Palm Beach unless otherwise specified.



BRIDGES
 720 8th Street,
 West Palm Beach, FL
 33401
 561-804-6754

Mon-Thurs 9am to 6 pm
 Friday 9am to 5 pm

Offering parental support
 and activities for
 families with children
 Ages 0 to 8

HIGHLIGHTS

BRIDGES AT WEST PALM BEACH

720 8th Street
West Palm Beach, FL 33401

PARENT/CHILD ACTIVITIES

Event : Baby Talk RSVP required (Pregnant –1 year old)

Date: February 26th

Time: 6:00pm Community Room

Summary: Baby Talk is a warm, welcoming session designed to support individuals and couples as they prepare for the journey into parenthood. This experience creates a safe space for new and expecting parents to explore the joys and challenges of caring for a baby while building confidence in their new role.

Event: Raise me up Growing Together Ages 1-3

Date: February 12th RSVP required

Time:6:00pm Community Room

Summary: Baby Talk is a warm, welcoming session designed to support individuals and couples as they prepare for the journey into parenthood. This experience creates a safe space for new and expecting parents to explore the joys and challenges of caring for a baby while building confidence in their new role.

COMMUNITY EVENTS

Event: Pleasant City Elementary School will be facilitating their monthly SAC meeting

Date: February 10th

Time: 5:00pm

Event: Community Wellness Fair- RSVP required

Date: February 7th

Time:10:00am

Summary: The event will offer health, wellness, and fun for the whole family, with free activities

- Health screenings and services will be available!

To reserve a free health screening, call the Promise Fund hotline at (877) 427-7664. Walk-ins will also be accepted on a first-come, first-served basis.



Event: Women to Women

Date: February 19th RSVP

Time: 6:00pm Community room

Summary: As we move into 2026, our focus is on setting clear goals that support growth, teamwork, and a positive work environment.



WORKSHOPS

Event: Opening Doors

Date: February 17th and 24th RSVP required

Time: 6:00pm Community room

Summary: A parent leadership series designed for parents/caregivers of children ages 0-5 to support in parental advocacy.

Event: House calls with FAU RSVP required

Date: February 4th

Time: 6:00 via zoom

Summary: A community wellness service offering free, convenient Heart disease screenings through a partnership with Florida Atlantic University. The program promotes heart health, early detection, and access to preventive care for families.

Event : BRIDGE MART (Accepting BRIDGE BUCKS ONLY)

Date: February 13th and 27th

Time: 10 am - 2pm By Appointments Only

Place: BRIDGES at West Palm

Summary: Serving our MEMBERS within your community by offer specialized products, household essential, excellent customer service, and much more. Call to schedule your appointment.

Event: What's In your Community Orientation

Date: February 9th(in person) and 23rd (zoom)

Time: 5:30pm-6:30pm

Summary: This is an awareness workshop for new member to learn about the various services available through BRIDGES and other local service providers.

Event: Circle Group RSVP required

Date: February 4th and 18th

Time: 6:00pm– 8:00pm Community room

Summary: Circles is a unique program to help individuals and families break out of poverty and become upwardly mobile through education, Mentoring and personal resolve to succeed. Please contact the BRIDGES office, if you are interested in registering for CIRCLES.