

FEBRUARY 2026

| Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| 2  STOP BULLYING | 3 | 4 | 5 | 6 | 7 |
| 9 <u>"THE CAVE" (APOD)</u> (Dinner provided) 6:30pm – 8:00pm <u>LINCOLN ELEM. SAC MEETING</u> 5:30pm | 10 <u>RAISE ME UP</u> (From my heart to my hands) 5:30pm-7:00pm | 11 <u>TUMMY TIME</u> (Free Diapers) 5:30pm-6:30pm <u>WEST RIVIERA ELEM. SAC MEETING</u> 5:30pm | 12 <u>SAFETY SERIES</u> (Safe Sleep & TV Tip Over) 1:00pm via Zoom <u>TRIPLE "P"SESSION 1</u> Power of Positive Parenting 6:00pm-7:30pm | 13 | 14  |
| 16 | 17 <u>WASHINGTON ELEM. SAC MEETING</u> 5:30pm | 18 <u>WOMEN of POWER</u> (Dinner provided) 6:00pm-7:30pm | 19 <u>SAFETY SERIES</u> (Safe Sleep & TV Tip) (Creole) 1:00pm via Zoom <u>TRIPLE "P"SESSION 2</u> Raising Confident and Competent Children 6:00pm-7:30pm | 20 BLACK HISTORY STORY TIME  ATKINS Tender Loving Care | 21 |
| 23 <u>"THE CAVE" (APOD)</u> (Dinner provided) 6:30pm – 8:00pm | 24 <u>MY BLACK IS BEAUTIFUL GAME NIGHT</u> 6:00pm-7:30pm  | 25 <u>ANTI-BULLYING WEAR PINK SHIRT DAY!</u> | 26 <u>"IT'S A GIRL THING!" "Choose Kindness"</u> (Lunch provided) 11:00am - 1:00pm <u>READ FOR THE RECORD</u> <u>TRIPLE "P"SESSION 3</u> Raising Resilient Children 6:00pm-7:30pm | 27 | 28 <u>ASQ BLOCK PARTY</u> 11:00am-1:00pm 601 Federal Hwy. Lake Park, FL 33403 |
|  | | | <p><i>When Families Read, Kids Succeed; Home Story-time and Reading Logs</i></p>  | | |

DID YOU KNOW
Bullying affects all youth, including those who are bullied, those who bully others, and those who witness bullying. The effects of bullying may continue into adulthood. solutions to bullying are not that simple. Bullying prevention approaches that show the most promise confront the problem from many angles. They involve the entire school community—students, families, administrators, teachers, and authorized staff .

- Safety Tips**
- Place babies on their backs for naps and at night until they are 1 year old.
 - Choose a firm mattress and fitted sheet for baby's crib
 - Dress baby in a onesie or similar clothing for every sleep
 - Don't share your bed.

BRIDGES AT RIVIERA BEACH
4152 W. Blue Heron Blvd. Suite 227-228
Riviera Beach, FL 33404
PHONE: 561-899-1644
FAX: 561-598-5672

MONDAY - FRIDAY
9:00am - 5:00pm
Offering parental support and activities for families and their children.
www.bridgespb.org/
rivierabeach
Facebook@Bridges--Riviera

FEBRUARY 2026 HIGHLIGHTS



PARENT/CHILD ACTIVITIES

EVENT: RAISE ME UP: FROM MY HEART TO MY HANDS
DATE: Tues., Feb., 10th, 2026 5:30pm-7:00pm
PLACE: BRIDGES at Riviera Beach

Let's create love, with the one we love. During this activity your child will work on strengthening their fine motor skills by making hearts. Come and feel the love.

EVENT: TUMMY TIME (w/ WHIN nurse)
DATE: Wed., Feb., 11th, 2026 5:30pm-6:30pm
PLACE: BRIDGES at Riviera Beach

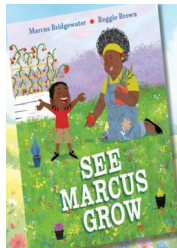
This ongoing workshop prepares expectant parents to have a healthy birth and informs parents with babies up to 6 months old about healthy development after baby's arrival.



EVENT: ASQ BLOCK PARTY
DATE: Sat., Feb., 28th, 2026 11am-1pm

PLACE: Kelsey Park
 601 Federal Hwy. Lake Park, FL

Join us for a free screening of your little one's growth and development (0 to 5 yrs. old). The more you know, the more they can learn & grow. Learn about child development, fun and educational take-aways, chat with staff and learn about parenting resources near you!



EVENTS: READ for the RECORD
DATES: Thurs., Feb., 26th, 2026
PLACE: EVERYWHERE

See *Marcus Grow*, written by Marcus Bridgewater and illustrated by Reggie Brown, is a vibrant picture book that introduces young readers to the wonders of gardening while exploring themes of curiosity, discovery, nurturing and growth. In this story, the young character named Marcus learns

from his grandmother in her garden. The book beautifully illustrates the parallel between plant care and human development, sharing the wisdom that both children and seedlings need "water and air and sunshine. And space to grow."

Marcus Bridgewater, also known as the social media sensation "Garden Marcus", shows the lessons he learned in his grandma's garden when he was growing up.



EVENT: THE CAVE
DATE: Mon. Feb. 9th & 23th, 2026 6:30pm-8:00pm
PLACE: BRIDGES at Riviera Beach
 Fathers, you are **IMPORTANT** in the lives of your children and families. Come together with other fathers as we support each other to be the **BEST** we can be!



EVENT: TRIPLE "P" SERIES
DATE: Thurs., 12th, 19th, 26th, 2026 6:00pm-7:30pm
PLACE: BRIDGES at Riviera Beach
TRIPLE "P" - Positive Parenting Program is one of the most effective evidence-based parenting programs, is a multi-level system of support to prevent and treat social, emotional and behavioral problems in children by enhancing parents knowledge, skills and confidence.



EVENTS: National Wear PINK Day
DATES: Feb., Wed. 25th, 2026
PLACE: EVERYWHERE
 National **Pink Shirt Day** is a vibrant, national movement to fight bullying. It encourages everyone to wear pink shirts as a stand against bullying and brings people together, promoting kindness and inclusivity.



EVENT: WOMEN OF POWER
DATE: Wed., Feb., 18th, 2026 6:00pm-7:30pm
PLACE: BRIDGES at Riviera Beach
 Teaching women how to break the cycles of abuse so they can be free from their past.

EVENT: IT'S A GIRL THING!
DATE: Thurs., Feb., 26th, 2026 11am-1pm
PLACE: BRIDGES at Riviera Beach
 Please join us and get the opportunity to meet other moms with young children, gather information, form friendships, and a support system that will make a lasting, positive impact on your future.



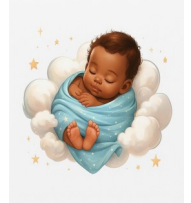
EVENT: MY BLACK IS BEAUTIFUL
DATE: Tues., Feb., 24th, 2026 6pm-7:30pm
PLACE: BRIDGES at Riviera Beach
 Come join us for a family fun-filled evening with family and friends as we celebrate and learn about **BLACK HISTORY MONTH**.

WORKSHOPS

SAFETY WORKSHOP

EVENT: BABY SAFE SLEEP
DATE: Thurs., Feb., 12th, 2026 1pm
DATE: Thurs., Feb., 19th, 2026 (Creole) 1pm
PLACE: ZOOM: <https://zoom.us/j/6846584976wd=LOJEMm4rSGFPd3RSTFU2UU5kTFRkQT09>

Babies are most precious to us and keeping them safe is our top priority. This month we will be talking about the facts and statistics of safe sleep. We will discuss how you can put your baby to sleep knowing they will be safe. Join us to learn the best practice when putting your little ones to bed.



COMMUNITY EVENT

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE: TBA
PLACE: Dr. Mary McLeod Bethune Elementary
 1501 Avenue U. Riviera Beach, FL 33404
Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location Media Center.

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE: Wed., Feb., 11th, 2026 5:30pm
PLACE: West Riviera Beach Elementary
 1057 W. 6th St., Riviera Beach, FL 33404
Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved!

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE: Mon., Feb., 9th, 2026 5:30pm
PLACE: Lincoln Elementary
 1160 Ave. N., Riviera Beach, FL 33404
Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location room 112

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE: Tues., Feb., 17th, 2026 5:30pm
PLACE: Washington Elementary
 1709 W. 30th St., Riviera Beach, FL 33404
Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved!