

Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

FEBRUARY 2026



Mon	Tue	Wed	Thu	Fri	Sat
2 Library Love Notes 3:00pm—BG Library	3	4 The Power of Positive Parenting 12:00pm—BRIDGES (Creole)	5 AP-OD: The Power of Words 12:00pm—BRIDGES	6	7
9 Library Cupids 3:00pm—BG Library	10	11 Raising Confident, Competent Children 12pm—BRIDGES (Creole) Nourishing Mom & Baby Pt.2 5:00pm—BRIDGES	12 AP-OD: Healthy Body/Healthy Mind pt. 1 12:00pm—BRIDGES	13	14 Caridad Mobile Health Unit 9:00am—2:00pm BRIDGES 
16 Safety Series Safe Sleep & TV Tipover 1:00pm—BRIDGES 	17	18 Raising Resilient Children 12:00pm— BRIDGES (Creole)	19 AP-OD: Healthy Body/Healthy Mind pt. 2 12:00pm—BRIDGES	20 Get Up & Go! Storytime & Active Fun 3:00pm-BG Library	21
23 Sweetheart Karaoke 3:00pm—BG Library	24	25 Wear Pink Day Bullying Awareness	26	27	28



BRIDGES AT
 BELLE GLADE
 141 SE AVE C
 BELLE GLADE ,
 FL 33430

OPERATION
 HOURS:
 MON-FRI
 8:30AM—5:30PM

SATURDAY
 APPT ONLY
 10AM -12PM
 PHONE:
 561-992-8210

FEBRUARY 2026 HIGHLIGHTS

MONTHLY THEME

IT STARTS AT HOME

PARENT CHILD ACTIVITY

Library Love Notes
Monday, February 2, 2026
3:00pm—BG Library

Express what the library means to you and write us a little love note to be lovingly displayed all month long!

Library Cupids
Monday, February 9, 2026
3:00pm - BG Library

Aim and read! Enjoy a Valentine storytime and then use a toy arrow to pick your own book to borrow and take home!

Sweetheart Karaoke Party
Monday, February 23, 2026
3:00pm—BG Library

Sing your heart out with friends at this fun-filled karaoke party! Enjoy music, laughter, and a welcoming atmosphere perfect for all voices and all ages. No experience needed!

FAMILY LITERACY

Get Up & Go! Storytime & Active Fun
Friday, February 20, 2026
3:00 pm—BG Library

Join us for an energetic storytime where kids will read Get Up and Go! and learn how moving their bodies helps keep their hearts healthy. After the story, children will participate in fun exercise activities.

CAPACITY BLDG WORKSHOPS

Triple P Seminar (Creole)
The Power of Positive Parenting
Wednesday, February 4, 2026
12:00pm—BRIDGES

An introduction to six core building blocks that enables children to become confident and successful at school and beyond.

AP-OD: The Power of Words
Thursday, February 5, 2026
12:00pm—BRIDGES

Participants will gain practical tips for turning daily routines into opportunities for reading and language development.

Triple P Seminar (Creole)
Raising Confident, Competent Children
Wednesday, February 11, 2026
12:00pm —BRIDGES

An introduction to six core building blocks that enables children to become confident and successful at school and beyond.

AP-OD: Healthy Body/Healthy Mind Pt. 1
Thursday, February 12, 2026
12:00pm—BRIDGES

Participants will learn the importance of balanced nutrition and physical activity.

Triple P Seminar (Creole)
Raising Resilient Children
Wednesday, February 18, 2026
12:00pm—BRIDGES

An introduction to six core building blocks necessary for children to manage their feelings and become resilient in dealing with life stress.

AP-OD: Healthy Body/Healthy Mind Pt. 2
Thursday, February 19, 2026
12:00pm-BRIDGES

Participants will explore ways of taking care of their social-emotional well-being, as well as their own.

SAFETY WORKSHOP

Safety Series:
Safe Sleep & TV Tipover
Tuesday, February 16, 2026
1:00 pm—BRIDGES

Our babies are most precious to us and keeping them safe is our top priority. This month we will be talking about the facts and statistics of safe sleep. We will discuss how you can put your baby to sleep knowing they will be safe. Join us to learn the best practice when putting your littles to bed.

COMMUNITY EVENTS

Weekend Meals Non- Perishable Items

(Friday's only)
Belle Glade Library
9:00am-5:00pm
While supplies last...

Chair YOGA

Tuesdays & Thursdays
4:00pm—5:00pm

St. John Missionary Baptist Church

Open to the public (space is limited, so register early!).
Sessions include complimentary pre- and post-class blood pressure checks, demonstrating the positive impact of exercise on blood pressure. ZOOM option available

Caridad Mobile Health Clinic

Saturday, February 14, 2026
9:00 a.m.—2:00 p.m.
BRIDGES at Belle Glade

Free Health Assessments for the community.
Open to the public

VITA Tax Assistance

Thursdays & Fridays
February 5— April 10, 2026
10:30 am—2:30 pm
Belle Glade Library

Must bring ID and W2

(if filing jointly, both parties must be present)

United Way of Palm Beach County's VITA Program partners with the Palm Beach County Library System to offer free and confidential tax preparation and e-filing for eligible taxpayers. If your income was \$78,000 or less in 2025, you may be eligible.