

# Newsletter



# From Bridging Support to Career Success

As both a parent and a community member, Chantal's story is one of resilience, growth, and giving back.

#### As a Parent

When Chantal arrived in the U.S. from Haiti after the 2014 earthquake, she faced the challenge of starting over in a new country without knowing the language. Through BRIDGES' ESOL classes, she found a supportive community that helped her grow as a parent and navigate the school system for her daughter. With the help of BRIDGES staff, who became her advocates, Chantal strengthened her role as a mother, utilizing programs like Triple P to enhance communication with her now 14-year-old daughter.

#### **As a Community Member**

Chantal first connected with BRIDGES through its pantry services, but she quickly recognized the power of giving back. Volunteering became her way of contributing to the community that had supported her. Her dedication and hard work led her to a position as Site Navigator at BRIDGES at Lake Worth, where she now helps others on their journeys.

Chantal's story is a testament to the impact of BRIDGES—providing support, opportunity, and a true sense of belonging. And while Chantal loves BRIDGES, BRIDGES loves her right back!

### BRIDGES & ELC Host ASQ Pop-Up Event for Families

BRIDGES at Lake Park and BRIDGES at Riviera Beach, in partnership with the Early Learning Coalition (ELC), recently hosted an ASQ Pop-Up Event—a day dedicated to supporting early childhood development. Families and community members were invited to participate in Ages & Stages Questionnaires (ASQ) screenings, which help detect early developmental delays in young children.

The event was a fantastic success, bringing together families, BRIDGES staff, and community partners for a day of learning, play, and connection. Parents had the opportunity to engage in outdoor playbased stations, receive educational takeaways, and connect with local parenting resources.



## BRIDGES Families Honored with Priceless Professional Portraits

Families experienced a truly special moment as they received their finished professional portraits, capturing memories to cherish for a lifetime. The portraits, beautifully photographed by Judith Rae, were previously showcased at the Cultural Council of Palm Beach County before being formally presented to families at a Children's Services Council (CSC) meeting on February 27.

During the event, families had the opportunity to see their portraits displayed and share in the excitement of this meaningful recognition. The overwhelming gratitude and joy expressed by families highlighted the importance of celebrating and preserving family connections. This initiative, made possible through funding from CSC in collaboration with the Cultural Council, was a touching reminder

Thank you to everyone who contributed to making this event such a memorable experience!





of the power of community support.







#### **RESOURCE HUB**

Healthy Mothers, Healthy Babies Coalition Of Palm Beach County- Pregnant Women & Expectant Families 561-623-2800

HomeSafe- Families with Children Birth to Five screens and assesses children for developmental delays or behavior concerns, as well as mothers for signs of postpartum depression

561-383-9871

211- free and confidential crisis and emergency counseling, disaster assistance, food, health care and insurance assistance, stable housing and utilities payment assistance, employment services, veterans services and childcare and family services.

-2-1-1

·(561) 383-1112

(866) 882-2991

·Text your zip code to 898211 (available 24/7)

Safe Kids Palm Beach County- Safe Kids Palm Beach County is a community-based program that offers safety education and materials to families to decrease accidental injuries in children from 0 to 19 years of age.

(561) 841-3500, Ext 4011

Early Learning Coalition of Palm Beach County- For parents looking for child care in Palm Beach County, the Early Learning Coalition of Palm Beach County (ELCPBC) offers free, unbiased, personalized information on child care programs and providers in the area.

Parents: 561-514-3300

Providers/Administrative: 561-214-8000



















