

**June 2025** 

Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safery Workshops Orange: Family Literacy Green: Community Events Black- Other





LARMS.ORG

#### "HIV Testing Day !"

## PARENT CHILD ACTIVITY

Event: <u>RAISE ME Up "Bubble Pop"</u> Date: June 9, 2025 @ 11am—12pm Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460

Come on let's Pop Bubbles while we exercise our gross motor. Hosted by Child Development Specialist

Event: Family Activity "Rock Painting" Date: June 11, 2024 @ 12:30pm—1:30pm Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460

Art on Stone, creative ideas on cement for the family gardening. Hosted by BRIDGES at Highland Team

Event: RAISE ME UP "What Comes Next" Date: June 16, 2025 @ 2pm—3pm Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

It's puzzle time, can you guess what comes next? During this activity parent and child will be able to create their very own puzzle and see what pieces connect with each other. Hosted by Child Development Specialist

## **FAMILY LITERACY**

Event: <u>Story Time "So, You Want To Be An Athlete?</u> Date: June 9, 2024 @ 12pm—1pm Place: BRIDGES 305 Lake Ave. Lake Worth FI 33460

Come and join us along with NFL Star Brandin Bryant while he reads his book. Hosted by NFL Playere Bradin Bryant



# **2024 HIGHLIGHTS**

Event: Summer Reading Program "Oral Language Wk 1 Date: June 4, 2025 @ 11am—12:30pm Place: BRIDGES 305 Lake Ave. LWB FL 33460

Why is Oral language important? Join Benito Gaspar, as we learn together. Hosted by Benito Gaspar PBSO

Event: Spanish Literacy Date: June 6, 13, 20, and 27, 2025 @ 10:30am—12pm Place: BRIDGES 305 Lake Ave , Lake Worth Beach FI 33460

Parent Leaders come together to teach members the basics of reading and writing Spanish. Hosted by BRIDGES Ambassador

Event: Summer Reading Program "Digital Week" Wk 2 Date: June 11, 2025 @ 11am—12:30pm Place: BRIDGES 305 Lake Ave , Lake Worth Beach FI 33460

What is technology, Do you know how to use a computer? Hosted by Deputy Morales PBSO

Event: Coffee w/Deputy Date: June 12, 2025 @ 9:30am—10:30am Place: BRIDGES 305 Lake Ave , Lake Worth Beach Fl 33460

Join PBSO and BRIDGES at Highland, for a friendly conversation surrounding community affairs. Hosted by PBSO

Event: <u>Women's Club " Arts & Craft"</u> Date: June 13, 2025 @ 5pm —6pm Place: BRIDGES 305 Lake Ave, Lake Worth Fl 33460

Come join us for this day of Arts & Craft. Hosted by BRIDGES at Highland

Event: Summer Reading Program "Importance of Reading" Wk 3 Date: June 18, 2025 @ 11am—12:30pm Place: BRIDGES 305 Lake Ave , Lake Worth Beach Fl 33460

Learn about the positive impact of reading, including language skills, vocabulary and comprehension. Hosted by Jeannette Galera Pre-K Head Start Family & Community Engagement Specialist

Event: Summer Reading Program "Game Week" Wk 4 Date: June 25, 2025 @ 11am—12:30pm Place: BRIDGES 305 Lake Ave , Lake Worth Beach FI 33460

Can we learn while we play? Let's take a moment to engage our kids in activities that are meaningful. Hosted by Yubrasca Lopez Community Leader



#### WORKSHOPS

## SAFETY WORKSHOP

SAFETY WORKSHOP "Summer Home Safety" Hosted by Safe Kids of PBC (VIA ZOOM)

 Date:
 June 5,, 2025
 @ 1pm—2pm
 Spanish

 Date:
 June 12, , 2025
 @ 1pm—2pm
 English

 Date:
 June 18, 2025
 @ 1pm—2pm
 Creole

Happy Summer! Kids are home from school! Join us to discuss some home safety tips, while kids are home and outside playing. We will also talk about some outside safety for evening and weekend BBQ's as well as pool safety tips. We'll also talk about safety for the 4th of July.



## **COMMUNITY EVENT**

Event: <u>Community ID</u> Date: June 5, 2025 @ 11am—1pm Place: 10 S Ocean Blvd, Lake Worth Beach Fl 33460

Do you have a Community ID? Join BRIDGES and the Legal Aid as they educate and provide you with a Community ID card. Hosted by City nof Lake Worth Beach

Event: Lace up, The Walk, Run, Read Festival Date: June 14, 2025 @ 10am—1pm Place: 10 S Ocean Blvd, Lake Worth Beach Fl 33460

Come join us for bonfire and the New Market! Bring your own town chairs, blankets, and s'mores kits to enjoy a cozy night under the starts. Hosted by City nof Lake Worth Beach

Event: <u>Community Immunization</u> Date: June 19, 2025 @ 8am—12pm Place: 709 North F St. Lake Worth Beach FI 33460

Palm Beach Health Department comes out every third Thursday of the month to provide families with the necessary Immunizations their children need. Free immunizations for children. Hosted by Palm Beach Health Department



Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities **Red: Safety Workshops** Orange: Family Literacy **Green:** Community Events (E) English (S) Spanish (C) Creole

**JUNE 2025** 





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Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong. KEEPIN' IT COOL

Mon	Tue	Wed	Thu	Fri	Sat	A AS I
2	3 Love Thyself Chair Yoga 4:00pm-5:00pm Virtual ZOOM <i>RMU</i> / Spy with my little eyes 5:00pm-6:00pm VIRTUAL ZOOM	4 Summer Reading Program 5:30 pm-7:30 pm BRIDGES at Pahokee	5 Summer Storytime 11:00am-12:00pm LVY Library Hurricane Preparedness 5:00 pm-6:00 pm Virtual ZOOM	6	7 <i>Male</i> <i>Empowerment</i> <i>&amp; Community</i> <i>Health Fair</i> 10:00 am– 2:00 pm Pahokee Elementary	JUNE 27 NATIONAL HIV TESTING DAY
9	10 Love Thyself Chair Yoga 4:00pm-5:00pm Virtual ZOOM	11 Summer Reading Program 5:30 pm-7:30 pm BRIDGES at Pahokee	12 Summer Home Safety 1:00 pm-2:00pm Virtual ZOOM Dads in the Muck 5:00 pm-6:00 pm BRIDGES at Pahokee	13	14	HAPPY Street's
16 HAPPY <u>FATHERS</u> DAY	All About Dad	18 Summer Reading Program 5:30 pm-7:30 pm BRIDGES at Pahokee	19 OFFICE CLOSED HAPPY JUNETEENTH	20	21	BRIDGES AT PAHOKEE 1020 E Main St. Pahokee, FL 33476 PHONE: 561-924-9224
23	24 Love Thyself Chair Yoga 4:00pm-5:00pm Virtual ZOOM	25 Summer Reading Program 5:30 pm-7:30 pm BRIDGES at Pahokee	26 HIV Education Workshop 5:00 pm-6:00 pm Virtual ZOOM	27 <u>HIV</u> TESTING DAY	28 Community Service Engagement 10;00 am-1:00pm Fremd Village Microsoft Word: Basics 9:00am-10:00am LVY Library	MAIN OFFICE: 1020 E Main St Pahokee FI 33476 MONDAY - FRIDAY 8:30am - 5:30pm Offering parental support, resources, and activ-
30						ities for families and their children. <b>Facebook @</b> BRIDGES Pahokee

## "International Stand Up to Bullying" Where Pink

## **PARENT/CHILD ACTIVITIES**

## Event: <u>RMU "I Spy with Little Eyes</u>"

#### Date: Monday June 3rd 2025 @ 5:00pm-6:00pm Place: VIRTUAL

It's time to celebrate Dad. During this activity, you and your child will create a tie to celebrate Dad.! <3 Call 561.924.9224 to RSVP Sponsored by Bridges

## Event: RMU " All About Dad's"

## Date: Monday, June 17th @ 5:00-6:00pm Place: VIRTUAL ZOOM

Come join us as we learn to sharpen our thinking skills by learning to look carefully. We will make a telescope we can as we play." I spy with my little eyes. <3 RSVP at (561)924-9224 . Sponsored by BRIDGES

# **FAMILY LITERACY**

### Event: Summer Storytime!

Date: Thursday, June 5th @ 11:00am-12:00pm Place: LVY Library

Gather around to hear fun summer tales! We Hope to see you ! For more information call 561-924-9224.

# **April 2025 HIGHLIGHTS**

# **Capacity Building Activities**

## Event: Love Thyself Chair Yoga

Date: Tuesday June 3rd - June 24th @ 4:00pm - 5:00pm

## Place: Virtual Zoom

Join us for this gentle stretching class for all ages and all members of the community. This yoga class is perfect for all skill levels and is accessible to those who may not be able to easily get down to the floor. Chair yoga is the perfect low impact activity to improve your physical and mental well being. For more information please call 561.685.4829

## Event: <u>Hurricane Preparedness</u>

## Date: Thursday June 5th @ 5:00pm-6:00pm Place: VIRTUAL ZOOM

Please join Bridges and a special guest for a workshop on ways to keep safe and prepare for a hurricane For more information, please call 561-924-9224

## Event: Summer Reading Program

## Date: Wednesdays June 4th - June 25th 2025 Place: BRIDGES at Pahokee

April is Child Abuse & Neglect Awareness Month. On April 7<sup>th</sup> we wear blue Nation Wide to spread awareness. Please come to our office wearing blue or post on our Facebook wearing blue to receive

## credit. For more information, please call 561-924-9224. Event: Dad's in the Muck

## Date: Thursday June 12th @ 5:00pm-6:00pm Place: Bridges at Pahokee

Please join Mom's in the Muck Inc for a series of maternal health support groups designed to educate empower and support women in rural areas to reduce maternal and infant mortality. Improve birthing outcomes and build community. For more information, call 561-924-9224

## Event: <u>HIV Education Workshop</u>

## Date: Thursday June 26th @ 5:00pm-6:00pm Place: VIRTUAL ZOOM

Please come out and join us for a great workshop as you learn information about HIV awareness and prevention. Together we can make a change to prevent and control HIV AIDS. For more information, please call 561-924-9224.

## Event: Microsoft Words: BASICS

## Date: Saturday June 28th @ 9:00am-10:00am Place: LVY Library

Come join us and learn basic concepts of Microsoft Words For more information For more information, please call 561-924-9224

# SAFETY WORKSHOP

## Event: Safe Kids Summer Home Safety

Date: Thursday, June 12th @ 1:00pm-2:00pm Place: Virtual ZOOM

Happy Summer! Kids are home from school! Join us to discuss some home safety tips while kdis are home and outside playing we will also talk about safety for the 4th of July.

# **COMMUNITY EVENT**

## Event: <u>Stronger Together: Male Empower</u>ment & Community Health Fair

## Date: Saturday June 7th @ 10:00am - 2:00pm Place: Pahokee Elementary

Get screened by medical professionals and learn best practices for mens healthcare Learn about resources that are available to support families Enjoy free family activities food and prizes. For more Information please call 561.924.922

## Event: Community Service Engagement

## Date: Saturday June 28th @ 10:00am - 1:00pm Place: Fremd Village

Come out and join the Community Service Engagement fun! The purpose of this event is to help families K-12 with Back-to-School registration and other school-related programs and services for the 25-26 school year. In addition to school registration, this event will offer opportunities and resources for parents and children, including after school programs, back-toschool supplies, health checks, mentoring, and other school-related services. For more information call 561-924-9224





Blue: Capacity Building Workshops Yellow: Parent /Child Activities Orange: Family Literacy Activities Red: Safety Workshops Green: Community Events Purple: Community Outreach Activities



Mon	Tue	Wed	Thu	Fri	Sat	
2 <u>Sickle Cell w/ Genesis</u> 6:00pm -7:00pm <i>Carolyn Sims Center</i>	3 <u>Sensational Story N' More</u> 10:00am-11:00am <u>Schoolhouse Museum</u> <u>How to Improve Your</u> <u>Finances</u> 6:00pm -7:00pm Carolyn Sims Center	<b>4</b> <u>Summer Reading: Oral</u> <u>Language Development</u> 6:00pm - 7:00pm <i>Carolyn Sims Center</i>	5 <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	<b>6</b> <u>First Friday at 5 Con-</u> <u>cert</u> 5:00pm – 8:00pm <i>Boynton Beach Amphitheater</i>	7	Summer Home Safety           • Water: Maintain eye contact on children in and around water, without distraction.           • Hot Cars: Never leave your child alone in a hot car, not even for a minute.
9 Pure Joy Baby & Me 6:00pm-7:00pm Carolyn Sims Center	10 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>Storytime with Margaret</u> 6:00pm - 6:30pm Carolyn Sims Center <u>How to Improve Your</u> <u>Finances</u> 6:00pm -7:00pm Carolyn Sims Center	11 <u>Summer Reading: Digital</u> <u>Week</u> 6:00pm - 7:00pm <i>Carolyn Sims Center</i>	12 Safety Series Summer Home Safety (English) Zoom/FB Live 1:00pm-2:00pm Casual Conversation 5:30pm-6:30pm Sara Sims Park	13	14 Juneteenth Celebration 12:00pm – 5:00pm Sara Sims Park	<ul> <li>Hydration: Encourage children to stay well- hydrated by drinking water before, after, and during play time.</li> <li>Medicine: Keep out of reach and sight, even medication you take daily.</li> <li>Cleaning Products: Store safely to prevent poison.</li> </ul>
16 <u>Transmissible Infec-</u> <u>tious Disease w/ Octavia</u> <u>Health Inc.</u> 6:00pm -7:00pm <u>Carolyn Sims Center</u> <u>Colors and Crafts</u> 6:00pm -7:00pm Facebook	17 <u>How to Improve Your</u> <u>Finances</u> 6:00pm -7:00pm <u>Carolyn Sims Center</u> <u>Book of the Month</u> 6:00pm -7:00pm Facebook	<b>18</b> Summer Home Safety (Creole) Zoom/FB Live 1:00pm-2:00pm Summer Reading: The Importance of Reading 6:00pm - 7:00pm Carolyn Sims Center	19 OFFICE CLOSED	20	21	Carolyn Sims Center- 225 NW 12th Ave, Boynton Beach 33435 Schoolhouse Museum-129 E Ocean Ave, Boynton Beach 33435 Sara Sims Park-209 NE 9th Ave, Boynton Beach 33435 St. John Missionary Baptist Church - 970 N Seacrest Blvd, Boynton Beach, FL 33435
23 <u>Storvtime Fun</u> 6:00pm-7:00pm <i>Carolyn Sims Center</i> <u>Public Health</u> 6:00pm -7:00pm <i>Carolyn Sims Center</i>	24 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>BRIDGES Orientation</u> 7:00pm-7:30pm Carolyn Sims Center <u>How to Improve Your</u> <u>Finances</u> 6:00pm -7:00pm Carolyn Sims Center	25 <u>Summer Reading: Game</u> <u>Time</u> 6:00pm - 7:00pm Carolyn Sims Center <u>Dad's Night Out</u> 6:00pm -7:00pm Carolyn Sims Center	26 <u>Nutrition Education</u> <u>Classes</u> 6:00pm -7:00pm <i>Carolyn Sims Center</i> <u>Casual Conversation</u> 5:30pm-6:30pm <i>Sara Sims Park</i>	27 National HIV TESTINGDay JUNE 27	28 <u>Magical Memories</u> <u>"Daddy Daughter Dance"</u> 5:00pm - 8:00pm St. John Missionary Baptist Church	BRIDGES at Boynton Beach 1105 North Federal Highway Boynton Beach, FL. 33435 PHONE: 561-903-7743 MONDAY - FRIDAY
30			HAPPY Father's DAY	have a Some	Children's Services Council PALM BEACH COUNTY Healthy, Safe, Strong,	9:00am - 5:00pm We are dedicated to strengthen communities across Palm Beach County by improving outcomes for children and families through education and social services. Our goal is to ensure that our families have what they require to not only survive, but thrive.

# **JUNE 2025 HIGHLIGHTS**



## **Parent Child Activities**

## Event: <u>RMU (0-5 years): "Ring Toss"</u>

Date: June 10th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: A family that plays together, stays together. During this parent child activity your child and you will create and play a game of ring toss.

#### **Event: Colors and Crafts**

Date: June 16th, 2025 Time: 6:00pm-7:00pm Place: Facebook Highlight: Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

Event: RMU (0-5 years ): " Hand Touch"

Date: June 24th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: Is it slime? A feather? Or a Rock? What are you feeling? This parent child activity will give your child the opportunity to learn the

parent child activity will give your child the opportunity to learn the sense of touch by feeling various textures and materials.

# **Family Literacy**

#### Event: <u>Sensational Story N' More</u> Date: June 3rd, 2025 Time: 10:00am-11:00am Place: Schoolhouse Museum Highlight: Children's books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! In partnership with School House Children's Museum.

#### Event: Storytime with Margaret

Date: June 10th, 2025 Time: 6:00pm- 6:30pm Place: Carolyn Sims Center Highlight: Join us for reading fun with Ms. Margaret. In partnership with Boynton Beach Mental Health Committee.

#### Event: Book of the Month

Date: June 17th, 2025 Time: 6:00pm -7:00pm Place: Facebook Highlight: This book is chosen just for little readers. Each month we pick a fun and engaging book filled with colorful pictures, loveable characters, and exciting adventures. It's a great way to build a love for books and spark imagination.

#### Event: Storytime Fun

Date: June 23rd 2025 Time: 6:00pm -7:00pm Place: Carolyn Sims Center Highlight: This is an engaging and imaginative storytelling activity designed to spark creativity, build language skills, and foster a love for reading.

## **Capacity Building**

#### Event: Sickle Cell w/ Genesis

Date: June 2nd, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: This month is a time to recognize the perseverance of patients living with sickle cell disease (SCD) and to recommit ourselves to improving the quality of life and health outcomes for all individuals living with SCD. In partnership with Genesis Community Health

#### Event: <u>How to Improve your Finances</u>

Date: June 3rd, 10th, 17th, 24th Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Parents, are you looking to transform your life or improve your finances? This free boot camp is for you. Join us to learn essential money management skills, from budgeting, saving, to debt management. For parents who participate, a bank account will be open with \$100 for each of their children (maximum of 3 kids). In partnership with Children's Service Counsel.

#### Event: Summer Reading Program

Date: June 4th, 11th, 18th, 25th Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Summer Reading Program is a free program that provides families with information and resources that will support their child's learning at home and enhance student's academic success. In partnership with Hands Together for Haitians.

#### Event: Pure Joy Baby & Me

Date: June 9th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Come and join other new mothers to celebrate motherhood and all that it means. For pregnant families and with children 12 months or under. In partnership with Women's Health Initiative Program (W.H.I.N.)

#### Event: Transmissible Infectious Disease w/ Octavia Health Inc.

Date: June 16th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Join us as we educate families about prevention and give resources on health topics. In partnership with Octavia Health Inc.

#### Event: Public Health

Date: June 23rd, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Joins us as we improve the health of others by promoting a healthy lifestyle. Learn about preventing and responding to infectious diseases and more about public health. In partnership with Credible Health Homecare.

#### Event: BRIDGES Orientation

Date: June 24th, 2025 Time: 7:00pm-7:30pm Place: Carolyn Sims Center Highlight: Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us and be introduced to the BRIDGES staff, their roles and what BRIDGES has to offer its members and families.

#### Event: Dad's Night Out

Date: June 25th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center

## **Capacity Building**

**Highlight:** Dads, it's your turn to have a night out! It's your opportunity to share what's on your mind with other dads. This is your chance to unload, unwind and have some fun at the same time!

#### Event: Nutrition Education Classes

Date: June 26th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Learn the basics of nutrition and how to make informed, healthy choices. This class includes hands-on cooking, practical tips, fun, and light

physical activities. In partnership with University of Florida.

## **Safety Series**

#### Event: Safety Series: "Summer Home Safety"

Date: June 12th (English) & 18th (Creole), 2025 Time: 1:00pm-2:00pm Place: Zoom/FB Live

**Highlight:** Happy Summer! Kids are home from school! Join us to discuss some home safety tips, while kids are home and outside playing. We will also talk about some outside safety for evening and weekend BBQs as well as pool safety tips. **In partnership with Safe Kids PBC.** 

## **Community Event**

#### Event: Casual Conversation

Date: Every Thursday Evening

Time: 5:30pm-6:30pm

Place: Sara Sims Park

**Highlight:** What's going on? Let's talk about what's happening in our community!

## **Community Outreach Activity**

#### Event: First Friday at 5 Concert

 Date:
 June 6th, 2025

 Time:
 5:00pm - 8:00pm

 Place:
 Centennial Park - Boynton Beach Amphitheater

 Highlight:
 The City offers a free monthly concert series, First Friday at 5, at Concerts will take place from 5 pm - 8 pm on the first Friday of each month.

#### Event: Juneteenth Celebration

Date: June 14th, 2025 Time: 12:00pm – 5:00pm Place: Sara Sims Park Highlight: Spend the day with us as we celebrate progress and look ahead to the journey still ahead. Enjoy a day filled with education, a sizzling BBQ cookoff, live entertainment, games, and a variety of delicious food trucks. Bring your family, soak in the atmosphere, and be part of something meaningful.



Hue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Family Literacy Green: Community Events







PALM BEACH COUNT' Healthy. Safe. Strong.

				HEALTH LHOUSING LC		
Mon	Tue	Wed	Thu	Fri	Sat	avoiding the <b>SUMMER</b>
2	3	4 SRP - Session 2 Digital Week 5:30 pm—BRIDGES	5	6	7	SLIDE 2 1/2 months of math skills are lost over summer Approx. 2 months of reading skills are lost over summer Each fall teachers spend 6+ weeks re-teaching old material Just 2-3 hours a week spent practicing skills can prevent
9 Early Learning Coalition (ELC) 9:00 am (Appt only) Name That Tune 5:00 pm—BG Library	10	11 Early Learning Coalition (ELC) 9:00 am (appt only) SRP—Session 3 Gametime 5:30pm—BRIDGES	12 Safety Series: Summer Home Safety 5:00 pm Let The Games Begin! 5:30pm—Ages 3 & Up	13	14	the summer slide
16 Early Learning Coalition (ELC) 9:00 am (Appt only)	17	18 Early Learning Coalition (ELC) 9:00 am (Walk ins) SRP—Session 4 Why Is Reading Important 5:30pm—BG Library	19 CLOSED JUNETEENTH FREEDOM DAY	20	21 AIMBY-BUSCH Wildlife Sanctuary 10:00 am—BG Library	BRIDGES AT BELLE GLADE 141 SE AVE C BELLE GLADE , FL
23 Early Learning Coalition (ELC) 9:00 am (Appt only)	24	25 Early Learning Coalition (ELC) 9:00 am (appt only) SRP—Session 5 The Reading & Writing Connection	26 Cookin with Kids: Muck Worms 5:00pm—BRIDGES Way to Save BINGO 5:30 pm—BRIDGES	27	28	33430 OPERATION HOURS MON-FRI 8:30AM—5:30PM SATURDAY APPT ONLY
30	When kids the summ behind. By the end kids in ne	d of 5th Grade, ed are nearly 3 hind their peers	GRADE 5 RADE 4 RADE 3 RADE 2 RADE 2 RADE 1 DE			2 APPT ONET 10AM -12PM PHONE: 561-992-8210

Source: Alexander, K. L., D. R. Entwisle, and L. S. Olson. "Lasting Consequences of the Summer Learning Gap." American Sociological Review 72.2 (2007): 167-80. Web.

## THE ESSENCE OF FATHERHOOD

## PARENT CHILD ACTIVITY

Name That Tune Monday, June 9, 2025 5:00pm—BG Library nusic knowledge to the test! Listen to hit son c Black artists and try to guess the singer in c Thick you've get what it takes? Let's see

> Let The Games Begin Thursday, June 12, 2025 5:30 pm—BRIDGES Ages 3 & up

Get ready to play some games. For this activity the parent and child will play different games that will help to regulate one's body. The child will learn to take turns, use their words and enjoy quality time with the parent. Let the Games Begin!

> Cookin' With Kids: Muck Worms Thursday, June 26 , 2025 5:00pm All Ages

Did you know that cooking with kids is a great way to create a family bond. It is also a fantastic way to include teachable moments. Many math and language skills can be enhanced simply using recipes. Join us for a fun tasty treat and engage in a discussion on one of the Glades richest assets... Muck! Ages 4 & up only.

# **FAMILY LITERACY**

AIMBY BUSCH Wildlife Sanctuary Saturday, June 21, 2025 10:00am—BG Library Ages 4 & Up cover Florida's mesmerizing natural history, dely ology, unravel the secrets of food chains, endang

# JUNE 2025 HIGHLIGHTS

## **CAPACITY BLDG WORKSHOPS**

SRP Session 2—Digital Week Wednesday, June 4, 2025 5:30 pm—BRIDGES

Oh the places we will go during this session of the SRP! In this session parents will gain a deeper understanding of the technology tools and resources that are available to enhance their child's learning.

SRP Session 3—GameTime Wednesday, June 11, 2025 5:30pm—BRIDGES

Let the games begin! During this session of the SRP parents will learn the importance of games and activities that help children focus and develop their social/emotional skills and how games help bond, create memories and build problem solving skills while playing together as a family. Learning can be so much fun!

## SRP Session 4—Why Is Reading Important Wednesday, June 18, 2025 5:30pm—BG Library

The ability to read is THE most important skill a child can develop. During this session of the SRP parents will gain a deeper understanding of how reading impacts a child's literacy development, learn the benefits of reading to a child and be able to use a variety of ways to create a love for reading. All extremely critical for academic success

## SRP Session 5—The Reading & Writing Connection Wednesday, June 25, 2025 5:30pm—BRIDGES

Did you know that reading and writing go hand in hand? (No pun intended) A child's ability to put their thoughts feelings and ideas into words boost self- esteem and open many other doors to academic success. During this session of the SRP parents will gain a deeper understanding of the connection between reading and writing, learn of writing activities based on real-world experiences and learn familiar tasks that will engage and motivate students with writing.

> Way-To-Save (Savings) B.I.N.G.O Thursday, June 26, 2025 5:30 pm—BRIDGES

This new year kick start your savings plan with HOUSEHOLDBINGO at BRIDGES. Join in the fun with a traditional game of BINGO and win prizes that will help you save on commonly used household items. We will also learn how small savings can add up to bigger savings. Join our Savings challenge now.

## SAFETY WORKSHOP

Safety Series: Summer Home Safety Thursday, June 12, 2025 5:00 pm—BRIDGES

Happy Summer! Kids are home from school! Join us to discuss some home safety tips, while kids are home and outside playing. We will also talk about some outside safety for evening and weekend BBQs as well as pool safety tips. We'll also talk about safety for the 4th of July.

# **COMMUNITY EVENTS**

SAFEKIDS Safety Series FACEBOOK LIVE https://www.facebook.com/SafeKidsPalmBeachCounty

> ENGLISH EXCHANGE Tuesdays (June 3, 10, 17, 24, 2025) 3:00pm—5:00pm Belle Glade Library

FREE FAMILY WEEKEND MEAL KITS Fridays, (June 6, 13, 20, 27, 2025) 9:00 am—5:00 pm Belle Glade Library

Each child ages 18 and younger is eligible for one free weekend meal kit every Friday while supplies last.

## Chair YOGA

Tuesdays & Thursdays JUNE —2025 4:00pm—5:00pm St. John Missionary Baptist Church

Open to the public (space is limited, so register early!). Sessions include complimentary pre- and post-class blood pressure checks, demonstrating the positive impact of exercise on blood pressure.

Take a step toward a healthier you! For more information, contact Annie Ifill at healthierglades@htpbc.org or text at (561) 685-4829





Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Family Literacy Green: Community Events



						Summer Reading
Mon	Tue	Wed	Thu	Fri	Sat	Program is in Session
2 Smart Parents info Session (Cyndi Longley with UF/IFAS) 5:30pm-6:30pm <u>ESOL Lab</u> 4:00pm-7:00pm	3 SRP-Week 1 Oral Language Development (Registration Required) 11:00am-12:00pm or 5:30pm-7:00pm	4 Circle of Moms (HMHB) Registration Required) 11:00am ESOL Lab 4:00pm-7:00pm	5 <u>Safe Kids –Summer Home</u> <u>Safety -(Spanish)</u> 1:00pm <u>ESOL Lab</u> 4:00pm-7:00pm	6	7 <u>Storytime at Kelsey Park</u> 10:30am-11:00am	Keeping Children engaging with reading throughout the summer
9 What is BRIDGES? (Invitation only) 11:30am-12:30pm ESOL Lab 4:00pm-7:00pm	10 SRP -Week 2 Digital Week (Registration Required) 11:00am-12:00pm or 5:30pm-7:00pm Graduation for Computer Course 11:30am ESOL Lab 4:00pm-7:00pm	11 Circle of Moms (HMHB) Registration Required) 11:00am Lead Her Workshop orientation 10:00am-11:30am Health workshop (HIV Education & Prevention) 11:30am-12:00pm ESOL Lab 4:00pm-7:00pm	12 Raise Me Up 0-2yrs old 11:30am-12:30pm Safe Kids –Summer Home Safety Safety (English) 1:00pm ESOL Lab 4:00pm-7:00pm	13	14	Summer Home Safety Grill, Fireworks and Pool Use approved safety gates at the tops and bottoms of stairs and attach them to wall. Keep babies and young
16 What is BRIDGES? (Invitation only) 5:30pm-6:00pm <u>ESOL Lab</u> 4:00pm-7:00pm	17 SRP-Week 3 Importance of Reading (Registration Required) 11:00am-12:00pm or 5:30pm-7:00pm Hydration Workshop (Monarch Service) 3:00pm-6:00pm BRIDGES Program with Grace Training Center 5:30pm-6:30pm ESOL Lab 4:00pm-7:00pm	18 Circle of Moms (HMHB) Registration Required) 11:00am Lap sit Program 10:15am-11:00am Safe Kids-Summer Home Safety (Creole) 1:00pm ESOL Lab 4:00pm-7:00pm	19 Office will be Closed for Juneteenth	20	21 <u>Storytime at Kelsey Park</u> 10:30am-11:00am	<ul> <li>kids strapped in when using high chairs, swings, strollers.</li> <li>Store all household products and cleaning solutions out of children's sight and reach.</li> </ul>
23 <u>ESOL Lab</u> 4:00pm-7:00pm	24 SRP -Week 4 <u>Game Time</u> (Registration Required) 11:00am-12:00pm or 5:30pm-7:00pm <u>ESOL Lab</u> 4:00pm-7:00pm	25 Circle of Moms (HMHB) Registration Required) 11:00am ESOL Lab 4:00pm-7:00pm	26 Raise Me Up 3-5yrs old 5:30pm-6:30pm ESOL Lab 4:00pm-7:00pm	27	28 <u>Storytime at Kelsey Park</u> 10:30am-11:00am	1411 10th Street Lake Park, FL 33403 561-881-5060 Office Hours Monday-Thursday 8:30am-7:00pm Friday 8:30am-5:00pm Offering parental support
30 <u>ESOL Lab</u> 4:00pm-7:00pm	All a	ctivities occur at BRID	GES at Lake Park unle	ess otherwise specifie	¢	and activities for families with children Ages 0 to 8

# **June 2025 HIGHLIGHTS**

BRIDGES AT LAKE PARK 1411 10TH STRET LAKE PARK, FL 33403 (561) 881-5060

## **PARENT/CHILD ACTIVITIES**

#### Event: Father's Day Craft (0-2yrs old)

Date: June 5, 2025 Parents & Children (Birth-2yrs) Time: 11:30am-12:30pm Place: BRIDGES at Lake Park **Father's Day Craft**: Come and create different sounds with Instruments. Having fun creating music with your little ones

#### Event: Father's Day Craft (3-5yrs old)

Date: June 27, 2025 Parents & Children (3-5yrs) Time: 5:30Pm-6:30pm Place: BRIDGES at Lake Park **Father's Day Craft**: Come and have some fun with your little ones with playing musical chairs.

# **Family Literacy**

Event: **STORYTIME AT LAKE PARK LIBRARY** Date: Occurs on Saturdays Time: 10:30am-11:00am Place: 601 Federal Hwy Lake park fl 33403 Inside the pavilion at Kelsey park Families join Lake Park Library for Storytime bring your kids for a fun literacy reading and activity.

#### Event: Lap sit at the Lake Park Library

Date: June 18 2025 Time: 10:15am-11:00am Place: BRIDGES at Lake Park Families join BRIDGES at Lake Park for a Lap sit with your little ones ages birth-2yrs old for literacy activity.

#### Event: ESOL-Registration Required Date:Monday-Thursday Time: 4:00pm-7:00pm Place: BRIDGE at Lake Park

#### Event: Smart Parents info session with Cyndi Longley

Date: June 2, 2025 Time: 5:30pm-6:30pm Place: BRIDGES at Lake Park Join us for smart parents information session for a upcoming workshop for couples. Get information about the workshop and see if this will benefit for your family doing a couples workshop.

# Event: Summer Reading Program-Weekly session (Morning or Evening sessions)

Date:June 3, 10, 17, and 24 2025 Time: 11:00am-12:00pm or 5:30pm-7:00pm Place: BRIDGES at Lake Park Summer Reading Program week 1 for parents to engage with their children during the summer to continue with reading. This is a 6 week program to help parents get thought with different ideas to keep children engaged into reading.

#### Event: Computer Course Graduation

Date: June 10, 2025 Time: 11:30am Place: BRIDGES at Lake Park Presenting a graduation for our participants who has successfully complete their first basic computer course.

#### Event: Orientation for Lead Her Program

Date: June 11, 2025 Time: 10:00am Place: BRIDGES at Lake Park Join us for a Lead Her empowerment orientation with discussion on leadership for woman to open up our first workshop with our Parent Advisory committee.

#### Event: Health workshop-(HIV and Prevention)

Date: June 11, 2025 Time: 11:30am-12:00pm Place: BRIDGES at Lake Park Join us for a Health Workshop with health advocate Ayvedis who will discuss this month topic about mental health and how it could affect us.

#### Event: WHAT IS BRIDGES?- NEW MEMBER ORIENTATION (Invitation Only)

Date: June 11 and 16, 2025 Time: 11:30am-12:30am or 5:30pm-6:30pm Place: BRIDGES at Lake Park During this orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in the Lake Park community.

#### Event: CIRCLES OF MOMS

Date: June 4, 11, 18 and 25, 2025 Time: 11:00am-12:00pm Place: BRIDGES at Lake Park Healthy Mother's Healthy babies will host a Support group called Circles of Moms for 6 weeks. For those who are currently preg-

## WORKSHOPS

## SAFETY WORKSHOPS

#### Event: SAFE KIDS PRESENTATION–Water Safety

Date: June 3, 2025 (Spanish) at 1:00pm Date:June 10, 2025 (English) at 1:00pm Date:June 18, 2025 (Creole) at 1:00pm Place: Zoom Presentation Zoom Link:

https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UU5kTF RkQT09

Join us as we discuss the importance of Cleaning Supplies Safety. This workshop explains the many tips and tools parents should use to avoid hazards that can be in your home and how you can keep children safe from potential dangers.

## **COMMUNITY EVENTS**

Event: BRIDGES PROGRAM with Lake Park Library provided by Grace Training Center Date: June 17 2025 Time: 5:30pm-6:30pm Place: BRIDGES at Lake Park Families join BRIDGES at Lake Park for with Grace Training Center provided by Lake Park Library to provided services for those interested in the Healthcare classes June 2025





Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Family Literacy Green: Community Events

	Mon	Tues	Wed	Thu	Fri	Sat	BRIDGES AT
	2 Family Fun Time: UF Summer Reading Initiative with Hands Together for Haitians 4:30PM to 5:30PM (BLW)	3 RMU: " A Card for Daddy" 11:00AM to 12:00PM (BLW)	4 Benefits Application 10:00 AM to 2:00 PM (BLW) SRP Week 1 11:00AM to 12:00PM(BLW)	5 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Summer Safety" (Spanish) 1:00 PM on ZOOM	6	7	LAKE WORTH 802 S Dixie Hwy LAKE WORTH, FL 33460 PHONE: 561-899-1642 MONDAY - FRIDAY 8:30am - 5:00pm
5	9 Haitian Engagement 4:30PM to 5:30PM (BLW)	10	11 Benefits Application 10:00 AM to 2:00 PM (BLW) SRP Week 2 11:00AM to 12:00PM(BLW)	12 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Summer Safety" (English) 1:00 PM on ZOOM	13	14	www.bridgesofpbc.org Facebook: BRIDGES At Lake Worth
	16 Hurricane Readiness Workshop 4:30PM to 5:30PM(BLW)	17 RMU: "The Planets Game" 4:00 PM to 5:00PM(BLW)	18 Benefits Application 10:00 AM to 2:00 PM (BLW) SRP Week 3 11:00AM to 12:00PM(Library) Safety Series: "Summer Safety" (Creole) 1:00 PM on ZOOM	19 BRIDGES CLOSED	20	21	Did you know? "Summer slide" can set kids back academically,
5	23	24 Story-Time 11:00AM to 12:00PM (BLW)	25 Benefits Application 10:00 AM to 2:00 PM (BLW) SRP Week 4 11:00AM to 12:00PM(BLW)	26 Benefits Application 10:00 AM to 2:00 PM (BLW) Dance Class 4:30PM to 5:30PM(BLW)	27 NATIONAL HIV TEST DAY -	28	making it harder to keep up when school resumes. Reading regularly over the break helps keep their minds sharp, strengthens vocabulary, and encourages a love for learning. Just a
	30 Women's Time 11:00AM to 12:00PM Father's Engagement Meeting 5:30PM to 6:30PM (BLW)		CELEBR	ATE DAD			little time each day with a good book can make a big difference in helping children retain what they've learned and stay ready for the next grade.

## **JUNE 2025 HIGHLIGHTS**

## **MONTHLY THEME**

"Summer Reading Program 2025: Avoiding the "Summer Slide"

#### Event: <u>RMU</u>: "A Card for Dat

Date:June 8th 11:00AM to 12:00PMPlace:BRIDGES at Lake WorthChildren will create a beautiful card for their father'sjust in time for Fathers Day!

## Event: Family Fun Time: UF Summer Reading Initiative with Hands Together for Haitians

 Date:
 June 2nd 4:30PM to 5:30PM

 Place:
 BRIDGES at Lake Worth

 Kick off the Summer with knowledge about the "Summer Slide" Sponsored

by UF and Hands Together for Haitians.

Event: RMU: "The Planets Game" Date: June 22nd 4:00PM to 5:00PM Place: BRIDGES at Lake Worth Come pretend to be an astronaut and play the planets game!

## **FAMILY LITERACY**

#### Event: <u>Story-time</u>

Date:June 29th11:00AMto 12:00PMPlace:BRIDGES at Lake Worth

Reading and storytelling with babies and children promotes brain development and imagination, develops language and emotions, and strengthens relationships.





Event:SRP Week 1Date:June 4th 11:00AM to 12:00PMPlace:BRIDGES at Lake WorthSummer Reading Program 2025 BEGINS!

# Event: Haitian Engagement Meeting Date: June 9th 4:30PM to 5:30PM Place: BRIDGES at Lake Worth Haitian Family Engagement Event is about reaffirming and growing Haitian participation to BRIDGES.

#### Event: SRP Week 2

Date: June 11th 11:00AM to 12:00PM Place: BRIDGES at Lake Worth

## Event: Hurricane Readiness Workshop

 Date:
 June 16th 4:30PM to 5:30PM

 Place:
 BRIDGES at Lake Worth

 As Hurricane season begins make sure you're prepared for it!

#### Event: SRP Week 3 at Library

 Date:
 June 18th 11:00AM to 12:00PM

 Place:
 Lake Worth Library

 Summer Reading Program will be held at the library, join us and learn all the coolness Lake Worth Library has to offer!

 Event:
 SRP Week 4

Date: June 25th 11:00AM to 12:00PM Place: Lake Worth Library

#### Event: Fathers Engagement Meeting

 Date:
 June 30th 5:30PM to 6:30PM

 Place:
 BRIDGES at Lake Worth

 Father's Engagement Club is a group of men who meet once a month to have discussions based on Fatherhood.

t. share.

Event:	Women's Time
Date:	June 30th 5:30PM to 6:30PM
Place:	BRIDGES at Lake Worth
oin us f	Women's Time a relaxing and empowering space to connect
and enjo	uplifting activities together

## **WORKSHOPS**

## SAFETY WORKSHOP

- Event: Safety Series: "Summer Safety"
- Dates: June 5th 1:00PM to 2:00PM (Spanish) June 12th 1:00PM to 2:00PM (English)

June 18th 1:00pm to 2:00PM (Creole)

#### Place: ZOOM Meeting

Happy Summer! Kids are home from school! Join us to discuss some home safety tips, while kids are home and outside playing. We will also talk about some outside safety for evening and weekend BBQs as well as pool safety tips. We'll also talk about safety for the 4th of July.



## **COMMUNITY EVENT**

#### Event: <u>Benefits Application</u>

Date:Wednesday's 10:00AM to 2:00PMPlace:BRIDGES at Lake Worth

A benefits specialist provided through the Palm Beach County Food Bank is available every Wednesday to assist BLW members with their SNAP applications.

#### Event: <u>Benefits Application</u>

Date: Thursday's 10:00AM to 2:00PM Place: BRIDGES at Lake Worth

A benefits specialist provided through HCSEF is available every Thursday to assist BLW members with their SNAP applications. **JUNE 2025** 



Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Family Literacy Green: Community Events

(E) English (S) Spanish (C) Creole



Mon	Tue	Wed	Thu	Fri	Sat	DID YOU KNOW
2	3 Nutrition Workshop #5 10:00 am-11:30 am Summer Reading Prg. Week 1 (Register Only) 5:30 pm-7:00pm	4 Bilingual Stroytime (E/S)(PC) Literacy 10:30 am-11:30 am	5 Summer Home Safety Wksp. ZOOM (S) 1:00 pm-2:00 pm	6	7	<b>THAT:</b> <b>Summer vacation</b> is a period of time, typically a few weeks or months, when students are not in school and are free to relax, travel, or engage in other leisure activities. It's a time to disconnect from daily routines and enjoy the summer weather.
9	10 NO NUTRITION CLASS Summer Reading Prg. Week 2 (Register Only) 5:30 pm-7:00pm	11 <u>Raise Me Up (</u> E/S-PC) 10:30 am-11:30 am	12 <u>Summer Home Safety</u> <u>Wksp.</u> ZOOM (E) 1:00 pm-2:00 pm	13 <u>Carseat Installation (E/S)</u> (BY APPOINMENT) 10:00 am– 1:00 pm Food Distribution 10:00 am (Until Supplies last)	14	Father's Day is a holiday honoring one's father, as well as fatherhood, paternal bonds, and stepfathers. Enjoy the special day.
16	17 <u>Nutrition Workshop #6</u> 10:00 am-11:30 am <u>Summer Reading Prg.</u> Week 3 (Register Only) 5:30 pm-7:00pm	18 Exploring our World (E/S)(PC) 10:30 am-11:30 am	19 <u>Youth Empowerment</u> 10:00 am—11:00 am <u>Ambassador Meeting</u> (ZOOM) (Invitation Only) 6:00 pm-7:30 pm	20 Father's Day Celebration (INVITATION ONLY) 6:30 pm-8:30 pm Latinos Fuertes en Accion 6:30pm-7:30pm (MEN ONLY)	21	FAMILY IMPACT PALM BEACH COUNTY BRIDGES at Lake Worth West
23	24 <u>Nutrition Workshop #7</u> 10:00 am-11:30 am <u>Summer Reading Prg.</u> Week 4 (Register Only) 5:30 pm-7:00pm	25 <u>Raise Me Up (</u> E/S-PC) 10:30 am-11:30am	26	27 <u>Carseat Installation (E/S)</u> (BY APPOINTMENT) 10:00 am- 1:00 pm <u>Women Helping Women</u> <u>Women's Club &amp; Health</u> <u>Options E/S</u> 10:00 am-11:30 am	28	MAIN OFFICE: 2411 10TH AVENUE N. LAKE WORTH, FL 33461 PHONE: 561-649-9600 ACTIVITY CENTER: BRIDGES at Lake Worth West 2407 10TH AVENUE N. LAKE WORTH, FL 33461 MONDAY - FRIDAY
30						9:00am - 5:00pm www.familyimpactpbc.org Facebook@familyimpactpbc.org Lillianrobles2024

## Dad: A Son's First Hero, a Daughter's First Love

## **PARENT CHILD ACTIVITY**

 Event:
 RAISE ME UP (PARENTS AND CHILDREN)(E/S)

 Date:
 Wednesday, June 11th
 10:30 am - 11:30 am

 Place:
 BLWW Activity Center

#### 2407 10th Ave. N., Lake Worth, FI 33461

Join us for this parent-child class to practice fine and gross motor skills, promoting social and emotional health, problem-solving, and communication.

Sponsored BRIDGES and Lantana Branch Road Library

#### Event: EXPLORING OUR WORLD (E/S)

Date: Wednesday, June 18th 10:30 am - 11:30 am Place: Palm Springs Public Library

217 Cypress Ln., Palm Springs, Fl 33461 Parent get together and read books about moral and values, they can later teach their children.

Sponsored by BRIDGES and Palm Springs Public Library.

#### Event: RAISE ME UP (PARENT & CHILD) (E/S)

Date: Thursday, June 25th 10:30 am-11:30 am Place: Lantana Branch Road Library

4020 Lantana Rd., Lake Worth, FL 33461

Join us for this parent-child class to practice fine and gross motor skills, promoting social and emotional health, problem-solving, and communication.

Sponsored by BRIDGES and Lantana Branch Road Library

## **FAMILY LITERACY**

Event: BILINGUAL STORYTIME (E/S)

Date: Wednesday, June 4TH 10:30 am—11:30 am Place: Palm Springs Public Library

#### 217 Cypress Lane, Palm Springs, FI 33461

Palm Springs Public Library will host a one hour activity in which they will encourage parents to read and do activities with their kids. Sponsored by Palm Springs Public Library.

## WORKSHOPS

Event: AMBASSADORS MEETING (ZOOM)

Date: Wednesday, June 19th 6:00 pm-7:30 pm (Invitation Only)

Invited members will join our Bridges at Lake Worth West Ambassadors group. They will be encouraged, motivated and trained to continue developing their leadership skills. Sponsored by BRIDGES.

# **JUNE 2025 HIGHLIGHTS**

# WORKSHOPS

#### Event: SUMMER READING PROGRAM

(REGISTERED ONLY) 5:30 pm- 7:00 pm Date: Tuesdays, June 3rd, 10th, 17th, 24th

Our summer reading program is geared toward parents of children in pre-kindergarten and kindergarten grades. Join us to learn reading strategies and receive free books and resources to prevent summer reading loss. Sponsored by BRIDGES.

#### Event: NUTRITION WORKSHOP (E/S) TUESDAY'S

(INVITATION ONLY) 10:00 am - 11:30 am Join our nutrition classes to learn food safety practices for healthier living. Each session includes hands-on cooking, practical tips, and light physical activities. Sponsored by FAU, EFNEP, USDA, UF /IFAS.

#### Event: YOUTH EMPOWERMENT (E/S)

Date: Thursday, June 19th 10:00 am-11:00 am Place: BLWW Activity Center

2407 10th Ave. N., Lake Worth, FL 33461 Join us to empower young people with the skills and resources to make informed decisions and positively impact their lives and communities. Sponsored by Veronica Bucca

#### Event: LATINOS FUERTES EN ACCION (E/S)

(For Men-Registered Only) Date: Thursday, June 26th 6:30pm-7:30pm Place: BLWW Activity Center

2407 10th Ave. N., Lake Worth, FI 33463 Come join a circle of hard working men and fathers. That are willing to share their knowledge and empower others. We will share ideas and discuss important topics. Sponsored by BRIDGES.

#### Event: WOMEN HELPING WOMEN /WOMEN'S CLUB & FLORIDA BLUE (E/S)

Date: Friday, June 27th 10:00 am-11:30 am Place: BLWW Activity Center

2407 10th Ave. N., Lake Worth, FL 33461

Come and be part of a great group of women. Talk about



important topics, enjoy socializing and recreational activities. Join us to hear about other health options in the community.

## SAFETY WORKSHOP

#### Event: SUMMER HOME SAFETY WKSP. (ZOOM)

Date: Thursday, June 5th 1pm – 2pm Spanish Thursday, June 12th 1pm – 2pm English

Come learn how quickly the car can heat up in 10 minutes. Parents need to know about the danger of hot cars, and steps to take to help keep their children safe. Sponsored by Safe Kids of PBC.

#### Event: CARSEAT INSTALLATION (E/S)

#### (By Appointment)

Date: Friday, June 13th & 27th 10:00 am - 1:00 pm Parents with questions, concerns or in need of a car seat will be guided through the phone by our car seat technician; Lillian Robles. Please call us at 561-649-9600 so we can best assist you! Sponsored by BRIDGES.

## **COMMUNITY EVENT**

#### Event: FATHER'S DAY CELEBRATION (INVITATION ONLY) Date: Friday, June 20th 6:30 pm-8:30 pm

Place: TBA

Father's are essential in a child's life. We would like to celebrate with you on Father's Day. Come join us for a fun day. Sponsored by BRIDGES.

#### Event: FOOD DISTRIBUTION (RBI)

Date: Friday, June 13th (UNTIL SUPPLIES LAST) Place: Bethel Assembly of God (Church)

#### 4320 S. Congress Ave., Palm Springs, FI 33461

Come by and receive can goods, fruits and much more while supplies last.

Sponsored by PBSO & Restoration Bridge Intl. & BRIDGES.





**June 2025** 



Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Literacy Green: Community Events



Summer Home Safety Thurs Fri Wed Sat Mon Tue Happy Summer! Safety tips while kids are home from school! Pool safety: Install a fence around 6 2 3 5 7 4 the pool to prevent unauthorized **Summer Reading Orientation** access. Grill and BBQ safety: Be cautious 11:00am - 12:30pm when using outdoor cooking Motivando a las mamás equipment. 5:30pm - 7:00pm Sun and heat protection: Take 11:00am - 12:30pm Safety Series (Spanish) precautions to protect yourself from extreme weather. 1:00pm - 2:00pm **Be cautious of Too** 14 9 10 11 12 13 **Much Sun Exposure** Summer Reading Workshop Week 1 Playgrounds should have full Safety Series (English) A Write To Read or partial sun protec-11:00am - 12:30pm 1:00pm - 2:00pm 11:00am - 12:30pm tion between 10 a.m. and 2 5:30pm - 7:00pm p.m., peak exposure time. • Limit playtime at peak sun exposure time and know the 21 16 17 18 CLOSED 20 signs of heat illnesses 19 Summer Reading Workshop • Avoid burns; if playground Week 2 equipment is hot to the touch. UNETEEN it is too hot for your child's 11:00am - 12:30pm bare skin 5:30pm - 7:00pm Celebrate Freedom Safety Series (Creole) HIV Testing Day 6/27 **JUNE 19** 1:00pm - 2:00pm Juneteenth 6/19 Father's Day 6/16 24 25 26 27 28 23 Summer Reading Workshop **BRIDGES at Northwood** Helmet Install/ Inspection Week 3 4111 N. Terrace Dr., 11:00am - 1:30pm 11:00am - 12:30pm West Palm Beach, FL 33407 **Car Seat Inspection** 5:30pm - 7:00pm 561-840-3106 3:00pm - 5:00pm Bridgesofpbc.org Mon-Thurs 9am to 7pm 30 Friday 9am to 5pm Sat 10am to 2pm Offering parental support and activities for families with children Ages 0 to 8

# **June 2025 HIGHLIGHTS**

BRIDGES AT NORTHWOOD 4111 N. TERRACE DRIVE WEST PALM BEACH, FL 33407 PHONE: 561 840 3106

# "Summer Home Safety"

# **PARENT/CHILD ACTIVITIES**

#### Event: Raise Me Up

Date:Every other Tuesday (on-going)Time:11:00am - 12:30pmPlace:BRIDGES at Northwood

#### Tuesday, June 3rd:

#### All About Daddy:

It's time to celebrate Dad. During this activity, you and your child will create a tie to celebrate Dad. We look forward to celebrating Dad with you.

#### Tuesday, June 17th:

**Twister, Twister:** It's time to get twisted. Using the game Twister, your child will have fun moving their body while learning to problem solve; identify colors and body parts and how to play with others. This activity can help children learn to follow directions. Come and get twisted with your little ones.

#### Event: It's Your Birthday - Father's Day Cards

Date: Thursday, June 5th, 2025 Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm Place: BRIDGES at Northwood

Each and every first Thursday of the month we will celebrate all members and their children's birthdays. If your birthday falls in the month of June come out and let your BRIDGES family sing Happy Birthday to you! If your birthday is not in the month of June you can still participate with your family.

Event:	Tummy Time
Date:	Monday, June 16th, 2025
Time:	5:30pm - 6:30pm
Place:	Microsoft Teams

Tummy Time is essential from day one to help your baby grow strong muscles! It can help improve head control, decrease reflux, improve motor skills and development, and encourage a bond between baby and family.

## CAPACITY BUILDING

#### Event: Safety Series - Summer Home Safety

Date: Thursday, June 5th, 2025 (Spanish) 1pm-2pm Date: Thursday, June 12th, 2025(English)1pm-2pm Date: Wednesday, June 18th, 2025 (Creole) 1pm-2pm Place: Zoom / Facebook Live

@SafeKidsPalmBeachCounty

#### https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2U U5kTFRkQT09

Happy Summer! Kids are home from school! Join us to discuss some home safety tips, while kids are home and outside playing. We will also talk about some outside safety for evening and weekend BBQs as well as pool safety tips. We'll also talk about safety for the 4th of July.

#### Event: Helmet & Car Seat Inspection

Date:	Tuesday, June 24th, 2025
Time:	11:00am - 1:30pm (Helmet Install/Inspection)
Time:	3:00pm - 5:00pm (Car Seat Installation)
Place:	Call Brenda 561-840-3106 to schedule your appt.

If your child or you is, a BRIDGES member wants to make sure it is properly installed or you are in need of a new helmet feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified helmet technician.

If you would like to purchase a car seat for \$50.00 or you would like Ms. Brenda to make sure it is properly installed. Feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified car seat technician.

#### Event: Summer Reading Program

Date: Every Wednesday starting June 4th, 2025 Time: 11:00am - 12:30pm Time: 5:30pm - 7:00pm Place: BRIDGES at Northwwod

SRP Description: If you live in the 33407 zip code and have a child that will be going to kindergarten or 1st grade in the fall then get ready for a family fun reading adventure!!!! Join BRIDGES for our Summer Reading Program. A 7 week session that presents on: strengthening your child's early reading skills, promoting bonding between parent and child, and providing fun learning activities for you and your child to do at home.



## WORKSHOPS

Event: A Write To Read

Date: Tuesday, June 10th, 2025 Time: 11:00am – 12:30pm Place: BRIDGES at Northwood

Promote reading and writing with your pre-school aged children by attending this literacy class. We'll have fun while we create ways to make learning fun for our children.

Event:	Motivando a las mamás
Date:	Cada primer lunes
Time:	11:00am - 12:30pm
Place:	BRIDGES at Northwood

Un grupo colectivo de mujeres de nuestra comunidad se reunirá mensualmente para discutir temas candentes y recursos comunitarios, seremos

discutiendo la importancia de ser mamá. No olvides usar tus camisetas Motivating Mommies y una sonrisa.

Event:	Family Day/Night - Jelly Fish Craft
Date:	Thursday, June 26th, 2025
Time:	11:00am - 12:30pm AND 5:30pm - 7:00pm
Place:	BRIDGES at Northwood

Families will enjoy quality time while creating jelly fishes out of paper plates.



BRIDGES at Northwood 4111 N. Terrace Dr.

4111 N. Terrace Dr. West Palm Beach, FL 33407 561-840-3106

BRIDGES website: Bridgesofpbc.org Facebook: BRIDGES at Northwood



**JUNE 2025** 

BRIDGES at RIVIERA BEACH

Blue: Capacity Bldg. Red: Safety Workshops Green: Community Events Yellow: Parent/Child Activity Orange: Family Literacy Black: other activities



Wed Sat **DID YOU KNOW** Thu Fri Mon Tue Reading to young children is proven to improve cognitive skills and help along 2 3 5 7 4 6 When Families Read. Kids the process of cognitive SUMMER READING Succeed; Home Story-time development. Cognitive development is think and and Reading Logs KICKOFF! (Drop-in) SUMMER READING understand; it's "the con-11:00am-1:00pm ORIENTATION struction of thought pro-5:30pm-6:30pm cesses, including remembering, problem solving, and decision-making, from childhood through adolescence to adulthood' 9 10 11 12 SAFETY SERIES 13 14 SUMMER READING Summer Home Safety **"THE CAVE"** Session 1 **TUMMY TIME** 1:00pm via Zoom **RAISE ME UP** Safety Tips (Dinner provided) 5:30pm-7:00pm (Free Diapers) Drop-in Activity Keep children and **TRIPLE "P"SESSION 2** (All about Daddy) 6:30pm – 8:00pm 5:30pm-6:30pm pets hydrated. (Raising Confident Children) 10:00am-1:00pm Make sure you have 5:30pm-7:00pm adult supervision for Sponsored by SOFI small childen. 16 17 18 19 20 21 Teach children the SUMMER READING **SAFETY SERIES RAISE ME UP** rules of the road. Father's day Summer Home Safety I Spy with my Little Session 2 Juneteenth Watch children (Creole) 1:00pm via Zoom Eyes 5:30pm-7:00pm around and in water. 10:00am-11:00am LITERACY HOUR BE SAFE! WOMEN of POWER 11am-12pm (Dinner provided) OFFICE CLOSED 6:00pm-7:30pm **BRIDGES AT** 23 24 25 26 27 28 **RIVIERA BEACH** SUMMER READING "IT'S A GIRL THING!" 4152 W. Blue Heron **"THE CAVE"** Session 3 (Lunch provided) Blvd. Suite 227-228 11:00am - 1:00pm (Dinner provided) 5:30pm-7:00pm Riviera Beach, FL 33404 6:30pm – 8:00pm **TRIPLE "P"SESSION 3** PHONE: 561-899-1644 (Raising Resilient Children) FAX: 561-598-5672 5:30pm-7:00pm Sponsored by SOFI **MONDAY - FRIDAY** 9:00am - 5:00pm 30 **Offering parental** support and activities for families and their children. www.bridgesopbc.org/ rivierabeach Facebook@Bridges--Riviera



## **PARENT/CHILD ACTIVITIES**

#### EVENT: **RAISE ME UP: All About Daddy**

Fri., June 13th, 2025 DATE: 5:30pm-7:00pm **BRIDGES at Riviera Beach** PLACE:

You and your child work together to make create their very own personalized cards. They will be creating father's day cards for (grandfathers, uncles, step-dads, etc.) This activity will help your develop your child's communication skills.

## EVENT: RAISE ME UP: I Spy with My Little Eyes

DATE: Sat., June 21st . 2025 10:00am-11:00am PLACE: BRIDGES at Riviera Beach

Come join us as we learn to sharpen our skills by learning to look carefully. We will make a telescope that we can use to play "I spy with my little eve".



#### LITERACY HOUR Sat., June 21st . 2025

11am-12pm PLACE: **BRIDGES at Rivera Beach** During the Happily Ever After Parent and Child

5:30pm-6:30pm

Together (P.A.C.T.) moment, parents are provided with helpful reading facts and hands-on, interactive strategies that they can easily implement at home with their children.

#### EVENT: TUMMY TIME (w/ WHIN nurse) Wed., June 11th, 2025

DATE: PLACE: BRIDGES at Riviera Beach

This ongoing workshop prepares expectant parents to have a healthy birth and informs parents with babies up to 6 months old about healthy development after baby's arrival



EVENT: THE CAVE Mon., June 9th & 23rd, 2025 6:30pm-8:00pm PLACE: **BRIDGES at Riviera Beach** Fathers, you are **IMPORTANT** in the lives of your children and families. Come together with

other fathers as we support each other to be the BEST we can be!

**JUNE 2025 HIGHLIGHTS** 

#### EVENT: WOMEN of POWER DATE:



Wed., June 18th, 2025 6:00pm-7:30pm PLACE: BRIDGES at Riviera Beach Teaching women how to break the cycles of

11am-1pm

abuse so they can be free from their past will

allow each woman a new lease on life.

#### EVENT: **IT'S A GIRL THING!**



**BRIDGES at Riviera Beach** 

Please join us and get the opportunity to meet other moms with young children, gather information, form friendships, and a support system that will make a lasting, positive impact on your future.

#### EVENT: **TRIPLE "P" SERIES**



DATE: Thurs., June 12th & 26th, 2025 6:00pm-7:30pm

PLACE: **BRIDGES at Riviera Beach** TRIPLE "P" - Positive Parenting Program is

one of the most effective evidence-based parenting programs, is a multi-level system of support to prevent and treat social, emotional and behavioral problems in children by

enhancing parents knowledge, skills and confidence.



SUMMER READING SESSIONS Tues., June 10th, 17th, 24th 2024 5:30pm-7:00pm

PLACE: **BRIDGES at Riviera Beach** 

Come join your kids for a summer full of fun with reading and learning. We will provide both you and

your child with helpful information and tools to help make this summer a success

# SAFETY WORKSHOP

## **EVENT: HEATSTROKE SAFETY**

DATE: Thurs., June 12th, 2025 DATE: Wed., June 18th, 2025 (Creole) PLACE: ZOOM:https://zoom.us/j/6846584976 pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09

Oh, boy it is hot outside. Happy Summer. Kids are home from school. Join us to discuss some home safety tips, while kids are home and outside playing. We will also talk about some outside safety for evening and weekend BBQs as well as pool safety tips.



1pm

1pm

# **COMMUNITY EVENT**

EVENT:	SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE:	Out for the Summer
PLACE:	Dr. Mary McLeod Bethune Elementary

Dr. Mary McLeod Bethune Elementary 1501 Avenue U. Riviera Beach, FL 33404

Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location Media Center.

EVENT:	SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE:	Out for the Summer
	Lincoln Elementary

1160 Ave. N., Riviera Beach, FL 33404 Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location room 112

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting) DATE: Out for the Summer PLACE: West Riviera Beach Elementary

1057 W. 6th St., Riviera Beach, FL 33404 Parents! You can learn a lot by attending a SAC meeting!

Be proactive! Get involved!



EVENTS: HMHB COMMUNITY ACTIVITIES DATES: Dates and location vary, all HMHB activities are free to the public. Registration is REQUIRED 48 hrs. in advance. TO REGISTER www.hmhbpbc.org CONTACT INF0. 561-517-1551 or 561-517-2541

# **WORKSHOPS**





Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Literacy Green: Community Events



at WEST PALM BEACH Mon Tue Wed Thu Fri Sat 2 5 3 4 6 7 House Calls W/ FAU \*Summer Reading\* 6:00pm to 7:00pm Topic: HIV/ AIDS Program Zoom 6:00 to 7:30pm Bridge Mart **Community Room** We're open 10am to 4pm **Registered Members** Circles Group #2 Closed Group 6pm to 7:30pm Only **Summe Reading** 10 12 13 14 ٩ 11 Program Health Council of South-\*Summer Reading\* Raise Me Up: is **Back** All About Our Family east Florida **Program** June 3, 2025 ~ July 8, 2025 Father's Only 6pm to 7pm 3pm to 5pm 6:00 to 7:30pm The More 6:00pm to 7:00pm \*Community Room\* that you read, **BRIDGES at West Palm** the MOVE things **Community Room** Safe Kids Toy will know. **Registered Members** Beach The MOVE that You at 1pm Learn, **HIV Testing on Site** Only the MORE places You'll go Facebook & Zoom 19 16 18 20 21 17 Office will be **Bridges Builders Money Talk** You can find local Closed Leadership 6pm to 7pm Bridge Mart testing sites and 6pm –7pm \*Via Zoom\* We're open 10am to 4pm resources through your Held in the Director's healthcare provider, Circles Group #2 office 2nd Floor JUNETEENTH **Closed Group** FREEDOM DAY community organization opm to 7:30pm NATIONAI 23 24 25 26 27 28 \*Summer Reading\* \*New Member\* \*Woman\* Raise Me Up Community Program to 6:00 to 7:30pm Orientation **Baby Talk** Woman 5:30pm to 6:30pm **Community Room** 6pm to 7:30pm \*6:00 -7:30pm\* ationa NF **Registered Members Community Room Community Room Community Room** BRIDGES 720 8th Street. Only West Palm Beach, FL 33401 30 561-804-6754 \*Literacy Adventure Time\* **Building a Financial** Mon-Thurs 9am to 6 pm Foundation Friday 9am to 5 pm 6pm to 7pm Offering parental support **Community Room** and activities for families with children All activities occur at BRIDGES at West Palm Beach unless otherwise specified. Ages 0 to 8

# **HIGHLIGHTS**

BRIDGES AT WEST PALM BEACH 720 8th Street West Palm Beach, FL 33401

## **PARENT/CHILD ACTIVITIES**

Event: Summer Reading Program Date: June 3,10,18,24, 2025 TIME: 5:30pm to 7:30pm Place: BRIDGES at West Palm Beach Summary: The BRIDGES Summer Reading Program (SRP) is a free program that provides families with Information and resources to support children's learning and improve student academic success at BRIDGES West Palm Beach it is designed for children entering kindergarten-ten or 1st grade. This program is by registration only. Parents that have registered received a schedule of the various SRP sessions and locations.

#### **Event: Raise Me Up: Playgroup**

Date: June 12, 2025 Time: 6pm to 7pm Place: BRIDGES Site Community Room Summary: Join us for this Ages & Stages/Child Development playgroup for children ages 2 to 5 years of age. This month we will be having fun together developing our child's Problem– Solving and Personal–Social Skills. Please see the flyer for additional information.

#### Event: Raise Me Up: Balk Talk Fathers & Father Figures

Date: June 26, 2025 Time: 6pm to 7pm Place: BRIDGES Site Community Room

**Summary:** A positive Parenting approach to family dynamics. Come and join us for the valuable discussion. Please see the flyer for more details.

#### **Event:: LITERACY ADVENTURE TIME**

**Building A Financial Foundation Date:** June 30 2025

Time: 6pm to 7pm

#### Place: BRIDGES Community Room

Summary: Teaching our children at an early age about money and how it works builds a financial foundation that can be built upon. It is as simple as a piggy bank. Saving in a piggy

Encourages discipline and reasonability, decision making and preparing for the future. Please see the flyer for additional details.

RSVP is required for this Literacy Adventure Time In Partnership with PNC Bank

Event: SAFE KIDS Date: June 12, 2025 Time: 1pm to 2pm Place: Via Zoom Summary: Safe Kids Will be broad casted via



Zoom. Link and instructions will be posted on the BRIDG-ES of West Palm Beach Facebook page.

## **COMMUNITY EVENTS**

Event: National HIV Testing Day Date: June 9, 2025 Time: 3pm to 5pm

Place: 720 8th Street BRIDGES at West Palm Beach , FL. Summary: These awareness days provide opportunities to learn more about HIV, get tested, access prevention and treatment services, and support those affected by the epidemic. BRIDGES Partnering with Health Council of Southeast Florida

## WORKSHOPS

## Event: HOUSE CALLS W/ FAU Date: June 4, 2025

Time: 6pm to7pm Place: Via Zoom

Topic HIV & AIDS Awareness

**Summary:** House Calls Partnership with FAU offers personalized, expert advice on heart disease from a trusted medical professional. This service brings the convenience of a virtual consultation to help you understand heart health, risk factors, prevention, and treatment options, call from the comfort of your home."

## Event: CIRCLES GROUP #2

#### **\*PREREGISTRATION REQUIRED\***

Date: June 4, and 18, 2025 Time: 6pm to 7:30pm Place: Community Room Summary: CIRCLES is a unique program to help individuals and families break out of poverty and become upwardly mobile through education, Mentoring and personal resolve to succeed. Please Contact Crissy Baker at 561.602.7802 if you are interested in registering for CIRCLES.

fatherhood, all while building a strong community of dads who

#### **Event: FATHERS ONLY**

Date: June 11, 2025 Time: 6pm to 7:30pm Place: Community Room Summary: It's time for another round of meaningful conversation, camaraderie, and connection at our next Fathers Only group meeting. We'll be gathering to share stories, advice, and experiences of

BRIDGES OFFICE Will Be CLOSED

support one another.



## WORKSHOPS

# Event: BRIDGES BUILDERS LEADERSHIP MEETING

**Date: June 16**, 2025 **Time:** 6pm-7pm

Place: 2nd Floor of the Director's office (Tamika Rawleigh) Summary: This is a reminder that our upcoming leadership

team meeting will be a closed session. We'll be diving into important discussions regarding the future direction of Bridges Builders and working on key initiatives that will strengthen our mission and impact.

### Event: MONEY TALK (YWCA)

Date: June 17, 2025 Time: 6pm to 7pm Place: Zoom Join in on this new financial literacy series where we will be discussing self –sufficient topics such as savings, credit, home owning, and so much more. Partnership with Marylou YWCA

## Event: NEW MEMBERS COMMUNITY ORIENTATION

**Date:** June 23, 2025 **Time:** 5:30pm to 6:30pm

Place: Community Room

**Summary:** This is an awareness workshop for our BRIDGES members about services and local resources available to you. As well as what our partnership with you as a member will look like. You will be orientated to BRIDGES. If you missed the Parent night last month, please try to attend.

#### Event: WOMAN TO WOMAN SELF CARE Part 2

Date: June 25, 2025

Time: 6pm to 7:30pm

Place: Community Room

**Summary**: Women's self-care and mental health groups provide a supportive environment for women to prioritize their well-being. These groups can be a valuable resource for connecting with others, sharing experiences, and learning coping strategies. Common activities include discussion, self-reflection, mindfulness exercises, and skill-building workshops. Please RSVP by or before June 23, 2025.

#### Event: BRIDGE MART (Accepting BRIDGE BUCKS ONLY)

Date: June 4, & 18, 2025

Time: 10am to 4pm By Appointments Only Place: BRIDGES at West Palm Beach Summary: Serving our MEMBERS within your community by offer specialized products, household essential, excellent customer service, and much more. Call to schedule your appointment