




Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Literacy  
 Green: Community Events



June 2025

Mon	Tue	Wed	Thurs	Fri	Sat
2  <u>Motivando a las mamás</u> 11:00am - 12:30pm	3  <u>Raise Me Up</u> 11:00am - 12:30pm	4  Summer Reading Orientation 11:00am - 12:30pm 5:30pm - 7:00pm	5  <u>It's Your Birthday</u> 11:00am - 12:30pm 5:30pm - 7:00pm Safety Series (Spanish) 1:00pm - 2:00pm	6	7
9	10  A Write To Read 11:00am - 12:30pm	11  Summer Reading Workshop Week 1 11:00am - 12:30pm 5:30pm - 7:00pm	12  Safety Series (English) 1:00pm - 2:00pm	13	14
16  Tummy Time 5:30pm - 6:30pm	17  <u>Raise Me Up</u> 11:00am - 12:30pm	18  Summer Reading Workshop Week 2 11:00am - 12:30pm 5:30pm - 7:00pm Safety Series ( Creole) 1:00pm - 2:00pm	19  CLOSED  	20	21
23	24  Helmet Install/ Inspection 11:00am - 1:30pm Car Seat Inspection 3:00pm - 5:00pm	25  Summer Reading Workshop Week 3 11:00am - 12:30pm 5:30pm - 7:00pm	26  Family Day/Night 11:00am-12:00pm 5:30pm - 7:00pm	27	28
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#### Summer Home Safety

**Happy Summer!** Safety tips while kids are home from school!  
**Pool safety:** Install a fence around the pool to prevent unauthorized access.  
**Grill and BBQ safety:** Be cautious when using outdoor cooking equipment.  
**Sun and heat protection:** Take precautions to protect yourself from extreme weather.

#### Be cautious of Too Much Sun Exposure

Playgrounds should have full or partial sun protection between 10 a.m. and 2 p.m., peak exposure time.

- Limit playtime at peak sun exposure time and know the signs of heat illnesses
- Avoid burns; if playground equipment is hot to the touch, it is too hot for your child's bare skin

HIV Testing Day 6/27  
 Juneteenth 6/19  
 Father's Day 6/16

#### BRIDGES at Northwood

4111 N. Terrace Dr.,  
 West Palm Beach, FL 33407  
**561-840-3106**  
 Bridgesofpbc.org

Mon-Thurs 9am to 7pm  
 Friday 9am to 5pm  
 Sat 10am to 2pm  
 Offering parental support and activities for families with children  
 Ages 0 to 8

## June 2025 HIGHLIGHTS

**BRIDGES AT NORTHWOOD**  
4111 N. TERRACE DRIVE  
WEST PALM BEACH, FL 33407  
PHONE: 561 840 3106

### *"Summer Home Safety"*

## PARENT/CHILD ACTIVITIES

Event: [Raise Me Up](#)  
Date: Every other Tuesday (on-going)  
Time: 11:00am - 12:30pm  
Place: BRIDGES at Northwood

#### **Tuesday, June 3rd:**

##### **All About Daddy:**

It's time to celebrate Dad. During this activity, you and your child will create a tie to celebrate Dad. We look forward to celebrating Dad with you.

#### **Tuesday, June 17th:**

**Twister, Twister:** It's time to get twisted. Using the game Twister, your child will have fun moving their body while learning to problem solve; identify colors and body parts and how to play with others. This activity can help children learn to follow directions. Come and get twisted with your little ones.

Event: [It's Your Birthday - Father's Day Cards](#)  
Date: Thursday, June 5th, 2025  
Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm  
Place: BRIDGES at Northwood

Each and every first Thursday of the month we will celebrate all members and their children's birthdays. If your birthday falls in the month of June come out and let your BRIDGES family sing Happy Birthday to you! If your birthday is not in the month of June you can still participate with your family.

Event: [Tummy Time](#)  
Date: Monday, June 16th, 2025  
Time: 5:30pm - 6:30pm  
Place: Microsoft Teams

Tummy Time is essential from day one to help your baby grow strong muscles! It can help improve head control, decrease reflux, improve motor skills and development, and encourage a bond between baby and family.

## CAPACITY BUILDING

Event: [Safety Series - Summer Home Safety](#)  
Date: Thursday, June 5th, 2025 (Spanish) 1pm-2pm  
Date: Thursday, June 12th, 2025 (English) 1pm-2pm  
Date: Wednesday, June 18th, 2025 (Creole) 1pm-2pm  
Place: Zoom / Facebook Live  
**@SafeKidsPalmBeachCounty**

<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2U05kTFRkQT09>

Happy Summer! Kids are home from school! Join us to discuss some home safety tips, while kids are home and outside playing. We will also talk about some outside safety for evening and week-end BBQs as well as pool safety tips. We'll also talk about safety for the 4th of July.

Event: [Helmet & Car Seat Inspection](#)  
Date: Tuesday, June 24th, 2025  
Time: 11:00am - 1:30pm (Helmet Install/Inspection)  
Time: 3:00pm - 5:00pm (Car Seat Installation)  
Place: Call Brenda 561-840-3106 to schedule your appt.

If your child or you is, a BRIDGES member wants to make sure it is properly installed or you are in need of a new helmet feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified helmet technician.

If you would like to purchase a car seat for \$50.00 or you would like Ms. Brenda to make sure it is properly installed. Feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified car seat technician.

Event: [Summer Reading Program](#)  
Date: Every Wednesday starting June 4th, 2025  
Time: 11:00am - 12:30pm  
Time: 5:30pm - 7:00pm  
Place: BRIDGES at Northwood

SRP Description: If you live in the 33407 zip code and have a child that will be going to kindergarten or 1st grade in the fall then get ready for a family fun reading adventure!!!! Join BRIDGES for our Summer Reading Program. A 7 week session that presents on: strengthening your child's early reading skills, promoting bonding between parent and child, and providing fun learning activities for you and your child to do at home.



## WORKSHOPS

Event: [A Write To Read](#)  
Date: Tuesday, June 10th, 2025  
Time: 11:00am - 12:30pm  
Place: BRIDGES at Northwood

Promote reading and writing with your pre-school aged children by attending this literacy class. We'll have fun while we create ways to make learning fun for our children.

Event: [Motivando a las mamás](#)  
Date: Cada primer lunes  
Time: 11:00am - 12:30pm  
Place: BRIDGES at Northwood

Un grupo colectivo de mujeres de nuestra comunidad se reunirá mensualmente para discutir temas candentes y recursos comunitarios. seremos discutiendo la importancia de ser mamá. No olvides usar tus camisetas Motivating Mommies y una sonrisa.

Event: [Family Day/Night - Jelly Fish Craft](#)  
Date: Thursday, June 26th, 2025  
Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm  
Place: BRIDGES at Northwood

Families will enjoy quality time while creating jelly fishes out of paper plates.



## BRIDGES at Northwood

4111 N. Terrace Dr.  
West Palm Beach, FL 33407  
561-840-3106

BRIDGES website: [Bridgesofpbc.org](http://Bridgesofpbc.org)  
Facebook: BRIDGES at Northwood