



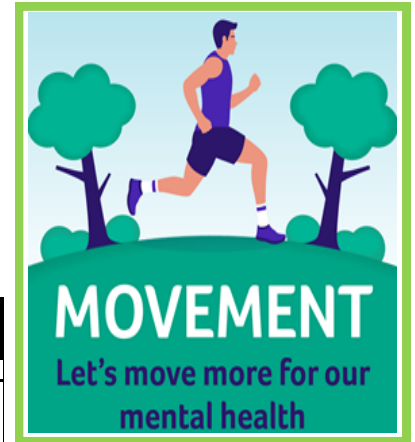
MAY 2025



Blue: Capacity Building Workshops
 Yellow: Parent /Child Activities
 Orange: Family Literacy Activities
 Red: Safety Workshops
 Green: Community Events
 Purple: Community Outreach Activities



Mon	Tue	Wed	Thu	Fri	Sat
<p>Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.</p>			<p>1</p> <p><u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park</p>	<p>2</p> <p><u>First Friday at 5 Con-cert</u> 5:00pm – 8:00pm Boynton Beach Amphitheater</p>	<p>3</p> <p><u>Walk Against Violence and Hate</u> 9:00am – 1:00pm Pompey Park</p>
<p>5</p> <p><u>Mental Health w/ Gene-sis</u> 6:00pm -7:00pm Carolyn Sims Center</p>	<p>6</p> <p><u>Sensational Story N' More</u> 10:00am-11:00am Schoolhouse Museum <u>Sharing Hope: Mental Wellness in the Black/African Ancestry Community</u> 6:00pm -7:00pm Carolyn Sims Center</p>	<p>7</p> <p><u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>Storytime with Margaret</u> 6:00pm - 6:30pm Carolyn Sims Center</p>	<p>8</p> <p><u>Safety Series</u> Heatstroke Safety (English) Zoom/FB Live 1:00pm-2:00pm <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park</p>	<p>9</p>	<p>10</p>
<p>12</p> <p><u>Pure Joy Baby & Me</u> 6:00pm-7:00pm Carolyn Sims Center</p>	<p>13</p> <p><u>Sharing Hope: Mental Wellness in the Black/African Ancestry Community</u> 6:00pm -7:00pm Carolyn Sims Center</p>	<p>14</p> <p><u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>BRIDGES Orientation</u> 7:00pm-7:30pm Carolyn Sims Center</p>	<p>15</p> <p><u>Safety Series</u> Heatstroke Safety (Creole) FB Live 1:00pm-2:00pm <u>Wear Green Day</u></p>	<p>16</p>	<p>17</p>
<p>19</p> <p><u>Family Self Sufficiency Program Overview</u> 6:00pm -7:00pm Carolyn Sims Center <u>Colors and Crafts</u> 6:00pm -7:00pm Facebook</p>	<p>20</p> <p><u>Sharing Hope: Mental Wellness in the Black/African Ancestry Community</u> 6:00pm -7:00pm Carolyn Sims Center</p>	<p>21</p> <p><u>Storytime Fun</u> 6:00pm-7:00pm Carolyn Sims Center</p>	<p>22</p>	<p>23</p>	<p>24</p>
<p>26</p> <p>OFFICE CLOSED</p>	<p>27</p>	<p>28</p> <p><u>Mental Health Book Club: The Let Them Theory</u> 4:30pm –5:30pm Boynton Beach Library <u>Summer Reading Program: Orientation</u> 6:00pm - 7:00pm Carolyn Sims Center <u>Dad's Night Out</u> 6:00pm -7:00pm Carolyn Sims Center</p>	<p>29</p> <p><u>Book of the Month</u> 6:00pm -7:00pm Facebook <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park</p>	<p>30</p>	<p>31</p>



Carolyn Sims Center- 225 NW 12th Ave,
Boynton Beach 33435

Schoolhouse Museum-129 E Ocean Ave, Boynton
Beach 33435

Boynton Beach Library-100 E Ocean Ave,
Boynton Beach, FL 33435

Pompey Park - 1101 NW 2nd St, Delray Beach,
FL 33444

**BRIDGES at
Boynton Beach**

1105 North Federal Highway
Boynton Beach, FL. 33435

PHONE: 561-903-7743

MONDAY - FRIDAY
9:00am - 5:00pm

*We are dedicated to strengthen communities
across Palm Beach County by improving
outcomes for children and families through
education and social services. Our goal is to
ensure that our families have what they*

MAY 2025 HIGHLIGHTS

Movement: Moving More For Our Mental Health



Parent Child Activities

Event: RMU (0-5 years): “All About Mommy”**Date:** May 7th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlight:** We will be celebrating our Mommies. We will use our communication and fine motor skills to express how we feel about our Moms!**Event:** RMU (0-5 years): “Me Tree ”**Date:** May 14th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlight:** This activity will help to develop your child’s social skills and share their feelings at the same time. Children increase their confidence as they express characteristics of who they are that makes them unique.**Event:** Colors and Crafts**Date:** May 19th, 2025**Time:** 6:00pm-7:00pm**Place:** Facebook**Highlight:** Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

Family Literacy

Event: Sensational Story N’ More**Date:** May 6th, 2025**Time:** 10:00am-11:00am**Place:** Schoolhouse Museum**Highlight:** Children’s books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! **In partnership with Schoolhouse Museum****Event:** Storytime with Margaret**Date:** May 7th, 2025**Time:** 6:00pm– 6:30pm**Place:** Carolyn Sims Center**Highlight:** Join us for reading fun with Ms. Margaret.**In partnership with Boynton Beach Mental Health Committee.****Event:** Storytime Fun**Date:** May 21st 2025**Time:** 6:00pm -7:00pm**Place:** Carolyn Sims Center**Highlight:** This is an engaging and imaginative storytelling activity designed to spark creativity, build language skills, and foster a love for reading.**Event:** Book of the Month**Date:** May 29th 2025**Time:** 6:00pm -7:00pm**Place:** Facebook**Highlight:** This book is chosen just for little readers. Each month we pick a fun and engaging book filled with colorful pictures, loveable characters, and exciting adventures. It’s a great way to build a love for books and spark imagination.

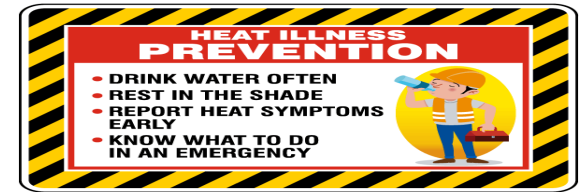
Capacity Building

Event: Mental Health w/ Genesis**Date:** May 5th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlights:** This workshop will help educate the public at large. It teaches them that it is okay to share experiences, vulnerabilities, and shared concerns about mental health issues. **In partnership with Genesis Community Health.****Event:** Sharing Hope: Mental Wellness in the Black/African Ancestry Community**Date:** May 6th, 13th, 20th 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlight:** NAMI Sharing Hope is designed to introduce discussions on mental health and wellness through a three-part community conversation series grounded in the sharing of sacred stories and guided dialogue on mental wellness and support. **In partnership with NAMI.****Event:** Pure Joy Baby & Me w/ WHIN**Date:** May 12th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlights:** Come and join other new mothers to celebrate motherhood and all that it means. For pregnant families and with children 12 months or under. **In partnership with Women’s Health Initiative Program (W.H.I.N.)****Event:** BRIDGES Orientation**Date:** May 14th, 2025**Time:** 7:00pm-7:30pm**Place:** Carolyn Sims Center**Highlight:** Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us and be introduced to the BRIDGES staff, their roles and what BRIDGES has to offer its members and families.**Event:** Family Self Sufficiency Program Overview**Date:** May 19th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlight:** This program aims to identify and address the needs of at-risk families by providing services to support their journey toward self-sufficiency. Available services may include housing assistance, job training, childcare, literacy programs, education, budget and credit counseling, employment development, and emergency support such as food and clothing.**Event:** Dad’s Night Out**Date:** May 28th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlight:** Dads, it’s your turn to have a night out! It’s your opportunity to share what’s on your mind with other dads. This is your chance to unload, unwind and have some fun at the same time!**Event:** Summer Reading Program-Orientation**Date:** May 28th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlights:** Summer Reading Program is a free program that provides families with information and resources that will support their child's learning at home and enhance student’s academic success.**Event:** The Mental Health Book Club: The Let Them Theory**Date:** May 28th, 2025**Time:** 4:30pm-5:30pm**Place:** Carolyn Sims Center

Capacity Building

Highlight: Join us for a community-wide conversation on mental health as we explore The Let Them Theory by Mel Robbins. This book club aims to increase awareness and encourage open discussions on mental well-being. Participants are invited to read the book independently and gather for a thoughtful discussion. Whether you read the book or listen to the audiobook, come ready to engage in a meaningful conversation about personal growth, boundaries, and mental wellness. **In partnership with the Boynton Beach Mental Health Committee.**

Safety Series

**Event:** Safety Series: “Heatstroke Prevention”**Date:** May 8th (English) & 15th (Creole), 2025**Time:** 1:00pm-2:00pm**Place:** Zoom/FB Live**Highlight:** This month we’ll be discussing Heatstroke and hot cars. Did you know a car could heat up 20 degrees in 10 minutes? We will discuss what parents need to know about the danger of hot cars, and steps they can take to help keep their children safe. Please join us to learn about the ways to identify these hazards as well as to prevent them. **In partnership with Safe Kids PBC.**

Community Event

Event: Casual Conversation**Date:** Every Thursday Evening**Time:** 5:30pm-6:30pm**Place:** Sara Sims Park**Highlight:** What’s going on? Let’s talk about what’s happening in our community!

Community Outreach Activity

Event: First Friday at 5 Concert**Date:** May 2nd, 2025**Time:** 5:00pm – 8:00pm**Place:** Boynton Beach Amphitheater**Highlight:** The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.**Event:** Walk Against Violence and Hate**Date:** May 3rd, 2025**Time:** 9:00am – 1:00pm**Place:** Pompey Park**Highlight:** Take part in the 10th Annual Walk Against Violence and Hate led by Boynton Beach High School Tiger Sound Marching Band starting at 9 am. The walk will also be kicking off Mental Health Awareness Month. The walking route starts and ends at Pompey Park.