

Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities **Red: Safety Workshops Orange: Family Literacy Green: Community Events** (E) English (S) Spanish (C) Creole

**JUNE 2025** 











**Healthy. Safe. Strong.** 

	12 2020	FAIIO	PAHOREE HEALTH   H		HOUSING   COMMUNITY KEEPIN' IT COOL.	
Mon	Tue	Wed	Thu	Fri	Sat	
2	3 Love Thyself Chair Yoga 4:00pm-5:00pm Virtual ZOOM  RMU I Spy with my little eyes 5:00pm-6:00pm VIRTUAL ZOOM	Summer Reading Program 5:30 pm-7:30 pm BRIDGES at Pahokee	5 Summer Storytime 11:00am-12:00pm LVY Library  Hurricane Preparedness 5:00 pm-6:00 pm Virtual ZOOM	6	7  Male Empowerment & Community Health Fair 10:00 am- 2:00 pm Pahokee Elementary	
9	Love Thyself Chair Yoga 4:00pm-5:00pm Virtual ZOOM	Summer Reading Program 5:30 pm-7:30 pm BRIDGES at Pahokee	12 Summer Home Safety 1:00 pm-2:00pm Virtual ZOOM  Dads in the Muck 5:00 pm-6:00 pm BRIDGES at Pahokee	13	14	
HAPPY FATHERS DAY!	17 Love Thyself Chair Yoga 4:00pm-5:00pm Virtual ZOOM  RMU All About Dad 5:00pm-6:00pm VIRTUAL ZOOM	Summer Reading Program 5:30 pm-7:30 pm BRIDGES at Pahokee	OFFICE CLOSED  HAPPY JUNETEENTH	20	21	
23	Love Thyself Chair Yoga 4:00pm-5:00pm Virtual ZOOM	Summer Reading Program 5:30 pm-7:30 pm BRIDGES at Pahokee	HIV Education Workshop 5:00 pm-6:00 pm Virtual ZOOM	HIV TESTING DAY	Community Service Engagement 10;00 am-1:00pm Fremd Village  Microsoft Word: Basics 9:00am-10:00am LVY Library	
30						







### **BRIDGES AT PAHOKEE**

1020 E Main St. Pahokee, FL 33476 PHONE: 561-924-9224

# **MAIN OFFICE:**

1020 E Main St

Pahokee FI 33476

#### **MONDAY - FRIDAY** 8:30am - 5:30pm

Offering parental support, resources, and activities for families and their children.

Facebook @ **BRIDGES - - Pahokee** 

# **April 2025 HIGHLIGHTS**

#### **MONTHLY THEME**

## "International Stand Up to Bullying" Where Pink

#### PARENT/CHILD ACTIVITIES

Event: RMU "I Spy with Little Eves" Monday June 3rd 2025 @ 5:00pm-6:00pm Date: Place: VIRTUAL

It's time to celebrate Dad. During this activity, you and your child will create a tie to celebrate Dad.! <3 Call 561.924.9224 to RSVP Sponsored by Bridges

Event: RMU " All About Dad's" Monday, June 17th @ 5:00-6:00pm Date:

Place: VIRTUAL ZOOM

Come join us as we learn to sharpen our thinking skills by learning to look carefully. We will make a telescope we can as we play." I spy with my little eyes. <3 RSVP at (561)924-9224 . Sponsored by BRIDGES

## **FAMILY LITERACY**

**Event: Summer Storytime!** 

Date: Thursday, June 5th @ 11:00am-12:00pm

Place: LVY Library

Gather around to hear fun summer tales! We Hope to see you! For more information call 561-924-9224.

# **Capacity Building Activities**

**Event: Love Thyself Chair Yoga** 

Date: Tuesday June 3rd - June 24th @ 4:00pm

- 5:00pm

Place: Virtual Zoom

Join us for this gentle stretching class for all ages and all members of the community. This yoga class is perfect for all skill levels and is accessible to those who may not be able to easily get down to the floor. Chair yoga is the perfect low impact activity to improve your physical and mental well being. For more information please call 561,685,4829

**Event: Hurricane Preparedness** 

Date: Thursday June 5th @ 5:00pm-6:00pm

Place: VIRTUAL ZOOM

Please join Bridges and a special guest for a workshop on ways to keep safe and prepare for a hurricane For more information, please call 561-924-9224

**Event: Summer Reading Program** 

Date: Wednesdays June 4th - June 25th 2025

Place: BRIDGES at Pahokee

April is Child Abuse & Neglect Awareness Month. On April 7<sup>th</sup> we wear blue Nation Wide to spread awareness. Please come to our office wearing blue or post on our Facebook wearing blue to receive

credit. For more information, please call 561-924-9224.

**Event: Dad's in the Muck** 

Date: Thursday June 12th @ 5:00pm-6:00pm

Place: Bridges at Pahokee

Please join Mom's in the Muck Inc for a series of maternal health support groups designed to educate empower and support women in rural areas to reduce maternal and infant mortality. Improve birthing outcomes and build community. For more information, call 561-924-9224

**Event: HIV Education Workshop** 

Date: Thursday June 26th @ 5:00pm-6:00pm

Place: VIRTUAL ZOOM

Please come out and join us for a great workshop as you learn information about HIV awareness and prevention. Together we can make a change to prevent and control HIV AIDS. For more information, please call 561-924-9224.

**Event: Microsoft Words: BASICS** 

Date: Saturday June 28th @ 9:00am-10:00am

Place: LVY Library

Come join us and learn basic concepts of Microsoft Words For more information For more information. please call 561-924-9224

## SAFETY WORKSHOP

**Event: Safe Kids Summer Home Safety** Thursday, June 12th @ 1:00pm-2:00pm Date:

Place: Virtual ZOOM

Happy Summer! Kids are home from school! Join us to discuss some home safety tips while kdis are home and outside playing we will also talk

about safety for the 4th of July.

# **COMMUNITY EVENT**

**Event: Stronger Together: Male Empower**ment & Community Health Fair

Date: Saturday June 7th @ 10:00am - 2:00pm

Place: Pahokee Elementary

Get screened by medical professionals and learn best practices for mens healthcare Learn about resources that are available to support families Enjoy free family activities food and prizes. For more Information please call 561.924.922

**Event: Community Service Engagement** Date: Saturday June 28th @ 10:00am - 1:00pm

Place: Fremd Village

Come out and join the Community Service Engagement fun! The purpose of this event is to help families K-12 with Back-to-School registration and other school-related programs and services for the 25-26 school year. In addition to school registration, this event will offer opportunities and resources for parents and children, including after school programs, back-toschool supplies, health checks, mentoring, and other school-related services. For more information call 561-924-9224