

March 2025



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events
 Black- Other



Mon	Tue	Wed	Thu	Fri	Sat
					1
3	4	5 <u>SAC/Pastelitos with Principal</u> 8:15am—9am	6 <u>Safety Series "Cleaning Supplies and Poison Safety" Spanish</u> 1pm—2pm	7 <u>Spanish Literacy</u> 10:30am -12pm	8 <u>Biblioarte "Dreamers"</u> 11am—3pm
10 <u>Women's Club Community ID Workshop</u> 11am—1pm	11 <u>Kindergarten Readiness "Exploring the sea of Mathematics"</u> 4:30pm—5:30pm	12 <u>Story Time</u> 1pm—2pm <u>Raise Me Up "Sing and Rhyme"</u> 4pm—5pm	13 <u>Safety Series "Cleaning Supplies and Poison Safety" English</u> 1pm—2pm	14 <u>Spanish Literacy</u> 10:30am -12pm <u>Women Mentoring Women</u>	15 <u>Family Activity "Folk Dance"</u> 10am—11:30am <u>Day of Noise</u> 11:30am—1pm
17	18	19	20 <u>Community Immunization</u> 8am—12pm <u>Safety Series "Cleaning Supplies and Poison Safety" Creole</u> 1pm—2pm	21 <u>Fun Friday</u> 11:30am—2pm	22
24	25	26 <u>Raise Me Up "Super Seeds"</u> 10:30am—11:30am	27	28	29
31 <u>Padres Exitosos:" Comprendiendo la Mayor Necesidades de los Hijos</u> 6:30pm—7:30pm					

BRIDGES At Highland
MAIN OFFICE:
305 Lake Ave
LAKE WORTH, FL
33460

PHONE:
561-899-1652
FAX :
561-537-5160

MONDAY - FRIDAY
8:00am - 5:00pm

www.bridgesofpbc.org
Facebook at BRIDGES Highland



2025 HIGHLIGHTS

MONTHLY THEME

“Inspire Inclusion”

PARENT CHILD ACTIVITY

Event: **RAISE ME UP “ Sing and Rhyme Time”**

Date: **March 12, 2025 @ 4pm—5pm**
Place: **BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460**

Do you know Nursery rhymes and like to sing? This is the opportunity to sing along with your child. Through music our children can work on their communication skills.
Sponsored by Child Development Specialist

Event: **Family Activity “Folk Dance”**

Date: **March 15, 2025 @ 10am—11:30am**
Place: **BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460**

Come ready to move your body and learn about Indigenous cultural arts through folk dance.
Sponsored by the Cultural Council PBC

Event: **A Day of Noise**

Date: **March 15, 2025 @ 11:30am—1pm**
Place: **BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460**

Come and join us in this collaboration with Hoops to Hope and Highland Elementary.
Sponsored by Hoops to Hope

Event: **RAISE ME UP “ Super Seeds”**

Date: **March 26, 2025 @ 10:30am—11:30am**
Place: **BRIDGES 305 Lake Ave, Lake Worth FI 33460**

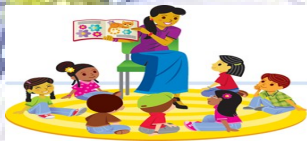
Come and get messy! During this activity your child will learn about the plant cycle and will also have the opportunity to plant their own seed or flower.
Sponsored by Child Development Specialist

FAMILY LITERACY

Event: **Story Time**

Date: **March 12, 2025 @ 1pm—2pm**
Place: **BRIDGES 305 Lake Ave, Lake Worth FI 33460**

The BRIDGES would like for you to join us with your children to enjoy this fun Story Time presented by Lake Worth Library
Sponsored by Lake Worth Library



WORKSHOPS

Event: **SAC/PAC & Pastellitos with the Principal**

Date: **March 5, 2025 @ 8:15am—9:00am**
Place: **500 Highland Ave, Lake Worth Beach FI 33460**
Highland Elementary

These meetings primary purpose is to review relevant data, identify problem areas, develop improvement strategies, and monitor their implementation.

Sponsored by Highland Elementary

Event: **Spanish Literacy**

Date: **March 7, 2025 @ 10:30am—12pm**
Place: **BRIDGES 305 Lake Ave , Lake Worth Beach FI 33460**

Parent Leaders come together to teach members the basics of reading and writing Spanish.

Sponsored by BRIDGES Ambassador

Event: **Women’s Club Community ID**

Date: **March 10, 2025 @ 11am—1pm**
Place: **BRIDGES 305 Lake Ave , Lake Worth Beach FI 33460**

Do you have a Community ID? Join BRIDGES and the Legal Aid as they educate and provide you with a Community ID card. **Sponsored by Legal Aid Society of Palm Beach**

Event: **Kindergarten Readiness “Exploring the sea of Mathematics**

Date: **March 11, 2025 @ 4:30pm—5:30pm**
Place: **BRIDGES 305 Lake Ave, Lake Worth FI 33460**

Parents will be able to learn and explore math resource along with math games that will help their child’s math skills. Leave with specific ideas on how to bring math into playtime and be connected to a website with math related games. **Sponsored by Noemi Moreno**

Event: **Spanish Literacy**

Date: **March 14, 2025 @ 10:30am—12pm**
Place: **BRIDGES 305 Lake Ave , Lake Worth Beach FI 33460**

Parent Leaders come together to teach members the basics of reading and writing Spanish.

Sponsored by BRIDGES Ambassador

Event: **Padres Exitosos “Comprendiendo las Necesidades de los Hijos!**

Date: **March 31, 2025 @ 6:30pm—7:30pm**
Place: **BRIDGES 305 Lake Ave, Lake Worth FI 33460**

Come join us for this Father’s engagement group where they will be discussing and understanding the major necessities of our children. **Sponsored by BRIDGES Ambassador**

SAFETY WORKSHOP

SAFETY WORKSHOP “Cleaning Supplies and Poison Safety”
Sponsored by Safe Kids of PBC (VIA ZOOM)

Date: **March 6, 2025 @ 1pm—2pm Spanish**

Date: **March 13, 2025 @ 1pm—2pm English**

Date: **March 20, 2025 @ 1pm—2pm Creole**

This month with spring approaching we all love to do our spring cleaning. It is important to us to educate our families on cleaning supply safety and how we can keep our children safe. Many cleaning products can be confusing for children and may look like juice or candy. A child will not know the difference. Every 8 minutes, or 64,000 times each year, a young goes to the emergency department for medicine poisoning. Here you will find some important information that will keep kids safe around medicine. Please join us to learn about the hazards that can be in your home and how you can keep children safe from potential dangers.

COMMUNITY EVENT

Event: **Biblioarte “Dreamers”**

Date: **March 8, 2025 @ 11am—3pm**
Place: **414 Lake Ave, Lake Worth Beach FI 33460**

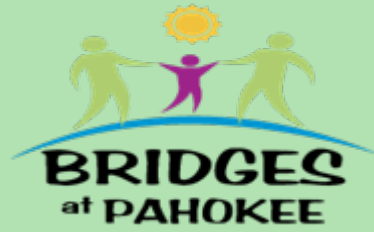
Come meet Yuyi Morales, author and artist and receive a free signed copy of her book. Create your own art piece at one of our many free art stations, and listen to live music performed by local students
Sponsored by Lake Worth Beach Cultural Plaza w/LWB Library

Event: **Community Immunization**

Date: **March 20, 2025 @ 8am—12pm**
Place: **709 North F St, Lake Worth Beach FI 33460**

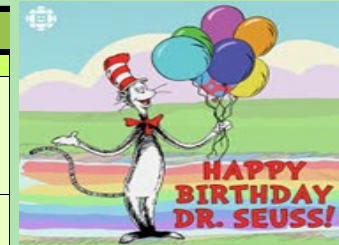
Palm Beach Health Department comes out every third Thursday of the month to provide families with the necessary immunizations their children need. Free immunizations for children.
Sponsored by Palm Beach Health Department

Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events
 (E) English (S) Spanish (C) Creole



March 2025

Mon	Tue	Wed	Thu	Fri	Sat
					1
3	4	5 SAC Meeting 5:30pm– 6:30pm Pahokee Elementary	6	7 Magical Storytime 3:15pm-4:00 pm LVY Library	8 Afro Arts 11:00 am-6:30 pm Belle Glade Airport Park
10	11	12 ECLC Meeting 10:00am– 11:00am Pahokee Elementary Read Aloud 5:00pm-6:00pm Bridges at Pahokee	13 RMU Balloon Fun 5:00pm-6:00pm Bridges at Pahokee SafeKids Cleaning Supplies and Poison Safety (English) 1:00pm-2:00pm FACEBOOK/ZOOM	14 The Learning Nook 3:15pm-4:00 pm LVY Library	15
17	18	19 SAC Meeting 9:00am– 10:00am KEC Elementary ~ PLA 5:00pm-7:00pm Pahokee Elementary Lets Move Zumba 6:00 pm-7:00 pm	20 RMU All About Me Tree 5:00pm-6:00pm Bridges at Pahokee	21 Magical Storytime 3:15pm-4:00 pm LVY Library	22
24	25	26 Financial Literacy Smart money moms 5:00pm– 6:00pm Bridges at Pahokee Lets Move Zumba 6:00 pm-7:00 pm	27 Kids In the Kitchen 5:00pm-6:00pm Bridges at Pahokee	28 The Learning Nook 3:15pm-4:00 pm LVY Library	29



BRIDGES AT PAHOKEE
 170 S Barfield Highway
 Pahokee, FL 33476
PHONE:
 561-924-9224

MAIN OFFICE:
 Suite 102
ACTIVITY BUILDING:
 Suite 107

MONDAY - FRIDAY
8:30am - 5:00pm
 Offering parental support, resources, and activities for families and their children.

Facebook @ BRIDGES - - Pahokee

January 2025 HIGHLIGHTS

MONTHLY THEME

“Inspire Inclusion!”

Event: [RMU “Balloon Fun”](#)

Date: Thursday, March 13th @ 5:00-6:00pm

Place: BRIDGES at Pahokee

Ready, Set, Create! During this activity, you and your child will enjoy a fun activity and build gross motor skills! RSVP at BRIDGES at 561-924-9224. *Sponsored by BRIDGES*

Event: [RMU “All About Me Tree”](#)

Date: Thursday, March 20th @ 5:00-6:00pm

Place: BRIDGES at Pahokee

This activity will help to develop your child’s social skills and share their feelings at the same time. Children increase their confidence as they express characteristics of who they are that makes them unique! RSVP at BRIDGES at 561-924-9224. *Sponsored by BRIDGES*

Event: [Kids in the Kitchen](#)

Date: Thursday, March 27th @ 5:00-6:00pm

Place: BRIDGES at Pahokee

Join us as we create a tasty treat just in time for the easter bunny! RSVP at (561)924-9224 .

Sponsored by BRIDGES

FAMILY LITERACY

Event: [Magical Storytime!](#)

Date: Friday March 7, 21th @ 3:15pm-4:00pm

Place: LVY Library

Make Friends and learn about great adventures!

For more information call 561-924-9224.

Event: [The Reading Nook!](#)

Date: Friday March 14, 28 @ 3:15pm-4:00pm

Place: LVY Library

Make friends and learn about the world around you !

Capacity Building Activities

Event: [School Advisory Council Meeting](#)

Date: Wednesday, March 5th @ 5:30pm-6:30pm

Place: Pahokee Elementary

School Advisory Councils—were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD Believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced.

Event: [ECLC Meeting](#)

Date: Wednesday, March 12h @10:00am11:00am

Place: Pahokee Elementary

Early Childhood Leadership Collaborative (ECLC) is a group that includes parents, business owners, local child care centers, com-munity agencies, schools and other programs that come together to discuss and set goals to support Kindergarten Readiness. **For more information, please call 561-924-9224.**

Event: [School Advisory Council Meeting](#)

Date: Wednesday, March 19th @ 9:00am-10:00 am

Place: KEC Elementary

School Advisory Councils—were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD Believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced.

Event: [Parent Learning Academy \(PLA\)](#)

Date: Wednesday March 19th @ 5:00pm-7:00pm

Place: Pahokee Elementary

Parents of students in Palm Beach County Schools will focus on updates, activities, and exploration in the subjects of math and science. We will explore and engage students in innovative ways as they have fun while they learn.. For more information, please call 561-924-9224.

Event: [Financial Literacy: Smart Money Moms](#)

Date: Wednesday March 26h @ 5:00pm-6:00pm

Place: bridges at

Parents of students in Palm Beach County Schools will focus on updates, activities, and exploration in the subjects of math and science. We will explore and engage students in innovative ways as they have fun while they learn.. For more information, please call 561-924-9224.

Event: [Financial Literacy: Smart Money Moms](#)

Date: Wednesday March 26h @ 5:00pm-6:00pm

Place: bridges at

Moms in the Muck, Inc presents a series of maternal health support groups designed to educate, empower and support women in rural areas to reduce maternal and infant mortality, improve birthing outcomes and build community. For more information, please call 561-924-9224.

SAFETY WORKSHOP

Event: [SafeKids Cleaning supplies & Poison Safety](#)

Date: Thursday, March 13th @ 1:00– 2:00pm
ENGLISH

Place: ZOOM / Facebook Live Video

This month with spring approaching we all love to do our spring cleaning. It is important to us to educate our families on cleaning supply safety and how we can keep our children safe. Many cleaning products can be confusing for children and may look like juice or candy. A child will not know the difference. Every 8 minutes, or 64,000 times each year, a young child goes to the emergency department for medicine poisoning. Here you will find some important information that will help you keep kids safe around medicine. Please join us to learn about the hazards that can be in your home and how you can keep children safe from potential dangers. For more information, please call 561-924-9224.

COMMUNITY EVENT

Event: [Let’s Move \(Zumba \)](#)

Date: Wednesday March 19 & 26th @6:00-7:00 pm

Place: Pahokee Marina

. Please RSVP at (561) 924.9224

Join the Let’s Move Campaign. We will be offering 2 sessions in March starting on the 19th. The Let’s Move campaign will combat the epidemic of childhood obesity through a comprehensive approach that builds on effective strategies. Please come out and support the movement. For more information, please call 561-924-9224.

Event: [Afro Arts](#)

Date: Saturday March 8th @11:00am-6:30 pm

Place: Belle Glade Airport Park

Join us at the Glades Festival of Afro Arts there will be music, food, family, culture, arts, crafts and lots of fun!



MARCH 2025



Blue: Capacity Building Workshops
Yellow: Parent /Child Activities
Orange: Family Literacy Activities
Red: Safety Workshops
Green: Community Events
Purple: Community Outreach Activities



Mon	Tue	Wed	Thu	Fri	Sat
3	4	5	6	7	8
	<p>Sensational Story N' More 10:00am-11:00am <i>Schoolhouse Museum</i></p>	<p>Storytime Fun 6:00pm-7:00pm <i>Carolyn Sims Center</i></p>	<p>Nutrition with Genesis 6:00pm -7:00pm <i>Carolyn Sims Center</i> Casual Conversation 5:30pm-6:30pm <i>Sara Sims Park</i></p>	<p>First Friday at 5 Concert 5:00pm – 8:00pm <i>Boynton Beach Amphitheater</i></p>	
10	11	12	13	14	15
<p>Pure Joy Baby & Me 6:00pm-7:00pm <i>Carolyn Sims Center</i></p>	<p>Triple P Seminar: The Power of Positive Parenting 6:00pm-7:30pm <i>Carolyn Sims Center</i></p>	<p>Colors and Crafts 6:00pm -7:00pm <i>Facebook</i></p>	<p>Safety Series Fire & Carbon Monoxide Safety (English) Zoom/FB Live 1:00pm-2:00pm</p>		
17	18	19	20	21	22
<p>RMU(0-5 years old) 6:00pm - 7:00pm <i>Carolyn Sims Center</i> Storytime with Margaret 6:00pm - 6:30pm <i>Carolyn Sims Center</i></p>	<p>Triple P Seminar: Raising Resilient Children 6:00pm-7:30pm <i>Carolyn Sims Center</i></p>	<p>Book of the Month 6:00pm -7:00pm <i>Facebook</i></p>	<p>Safety Series Fire & Carbon Monoxide Safety (Creole) Zoom/FB Live 1:00pm-2:00pm Kidney Disease w/ Octavia Health Inc. 6:00p -7:00p <i>Carolyn Sims Center</i></p>		
24	25	26	27	28	29
<p>RMU(0-5 years old) 6:00pm - 7:00pm <i>Carolyn Sims Center</i> BRIDGES Orientation 7:00pm-7:30pm <i>Carolyn Sims Center</i></p>	<p>Triple P Seminar: Raising Confident Competent Children 6:00pm-7:30pm <i>Carolyn Sims Center</i></p>	<p>Dad's Night Out 6:00p -7:00p <i>Carolyn Sims Center</i></p>	<p>Public Health 6:00pm -7:00pm <i>Carolyn Sims Center</i> Casual Conversation 5:30pm-6:30pm <i>Sara Sims Park</i></p>		
31					

Cleaning Supplies and Poison Safety

- Store household products safely to prevent poisoning. Young kids are often eye-level with items under the kitchen and bathroom sinks, so make sure household cleaning products and personal care products are up and away, out of children's reach and sight.
- Keep all household cleaning products in their original containers. Also, when buying products, look for child-resistant containers to help prevent poisoning to children .

Carolyn Sims Center- 225 NW 12th Ave, Boynton Beach 33435

Schoolhouse Museum-129 E Ocean Ave, Boynton Beach 33435

BRIDGES at Boynton Beach

1105 N. Federal Highway
 Boynton Beach, FL. 33435

PHONE: 561-903-7743

MONDAY - FRIDAY
 9:00am - 5:00pm

We are dedicated to strengthen communities across Palm Beach County by improving outcomes for children and families through education and social services. Our goal is to ensure that our families have what they require to not only survive, but thrive.

www.bridgesofpbc.org

MARCH 2025 HIGHLIGHTS

"INSPIRE INCLUSION"



Parent Child Activities

Event: Colors and Crafts

Date: March 12th, 2025

Time: 6:00pm-7:00pm

Place: Facebook

Highlight: Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

Event: RMU (0-5 years) "All About Daddy"

Date: March 17th, 2025

Time: 6:00pm-7:00pm

Place: Carolyn Sims Center

Highlight: Join us as we focus on dads. We will be making crafts gear-towards dads.

Event: RMU (0-5 years) "Hooray for Hopscotch"

Date: March 24th, 2025

Time: 6:00pm-7:00pm

Place: Carolyn Sims Center

Highlight: Join us for some old school fun as we play favorite neighbor games from childhood. Hopscotch. Hopping, skipping, jumping, and counting will help us to develop healthy bodies and mind. Come play with your friends at the BRIDGES.

Family Literacy

Event: Sensational Story N' More

Date: March 4th, 2025

Time: 10:00am-11:00am

Place: Schoolhouse Museum

Highlight: Children's books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! **In partnership with Schoolhouse Museum**

Event: Story Time Fun

Date: March 5th, 2025

Time: 6:00pm-7:00pm

Place: Carolyn Sims Center

Highlight: Join us for reading fun as we read a book and bring it to life.

Event: Storytime with Margaret

Date: March 17th, 2025

Time: 6:00pm- 7:00pm

Place: Carolyn Sims Center

Highlight: Join us for reading fun with Ms. Margaret. **In partnership with Boynton Beach Mental Health Committee**

Event: Book of the Month

Date: March 19th, 2025

Time: 6:00pm -7:00pm

Place: Facebook

Highlight: Join us as we read our book of the month.

Capacity Building

Event: Nutrition w/ Genesis

Date: March 6th, 2025

Time: 6:00pm-7:00pm

Place: Carolyn Sims Center

Highlights: Join us as we learn about the monthly awareness campaign.

In partnership with Genesis Community Health.

Event: Triple P Seminars

Date: March 11th, 18th, 25th 2025

Time: 6:00pm-7:30pm

Place: Carolyn Sims Center

Highlights: Being a parent should be easier than this, and it can be! Learn how to motivate your child positively and deal with conflicts calmly and consistently. Triple P is a multi-level system of support to prevent and treat social, emotional, and behavioral problems in children by enhancing parents knowledge, skills, and confidence.

Event: Kidney Disease w/ Octavia Health Inc.

Date: March 20th, 2025

Time: 6:00pm-7:00pm

Place: Carolyn Sims Center

Highlights: This workshop will inform members of the risk factors, complication, and education of Kidney disease. **In partnership with Octavia Health Inc.**

Event: BRIDGES Orientation

Date: March 24th, 2025

Time: 7:00pm-7:30pm

Place: Carolyn Sims Center

Highlight: Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us and be introduced to the BRIDGES staff, their roles and what BRIDGES has to offer its members and families.

Event: Dad's Night Out

Date: March 26th, 2025

Time: 6:00pm-7:00pm

Place: Carolyn Sims Center

Highlight: Dads, it's your turn to have a night out! It's your opportunity to share what's on your mind with other dads. This is your chance to unload, unwind and have some fun at the same time!

Event: Public Health

Date: March 27th, 2025

Time: 6:00pm-7:00pm

Place: Carolyn Sims Center

Highlights: Joins us as we improve the health of others by promoting a healthy lifestyle. Learn about preventing and responding to infectious diseases and more about public health. **In partnership with Credible Health Homecare.**



Capacity Building



Safety Series

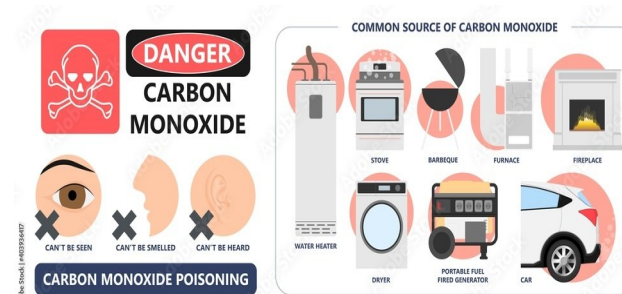
Event: Safety Series: "Fire and Carbon Monoxide Safety"

Date: March 13th, 2025 (English) & 20th (Creole)

Time: 1:00pm-2:00pm

Place: Zoom/FB Live

Highlight: Home fires can start and spread quickly, so just a little bit of planning can make a big difference. We will discuss ways of keeping our children safe from silent unseen threats. We will talk about the dangers and threats of Carbon Monoxide. **In partnership with Safe Kids PBC**



Community Event

Event: Casual Conversation

Date: Every Thursday Evening

Time: 5:30pm-6:30pm

Place: Sara Sims Park

Highlight: What's going on? Let's talk about what's happening in our community!

Community Outreach Activity

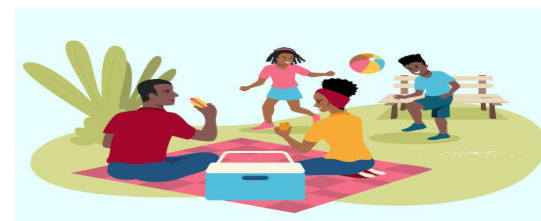
Event: First Friday at 5 Concert

Date: March 7th, 2025

Time: 5:00pm – 8:00pm

Place: Boynton Beach Amphitheater

Highlight: The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.



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 Green: Community Events

MARCH 2025



Mon	Tue	Wed	Thu	Fri	Sat
					1
3	4 Chair YOGA 4:00 pm—BRIDGES	5 Early Learning Coalition (ELC) 9:00 am (appt only) Safety Series- Poison Safety 5:00pm—BRIDGES Red: A Crayon's Story 5:30pm—BRIDGES	6 VITA Tax Prep 10:30am-2:30pm BG Library Chair YOGA 4:00 pm—BRIDGES	7 VITA Tax Prep 10:30am-2:30pm BG Library	8
10 Bee-Attitude 3:00pm—Ages 3 & Up BG Library	11 Pom-Pom Owls 3:00pm—Ages 3 & Up BG Library Chair YOGA 4:00 pm—BRIDGES	12 Early Learning Coalition (ELC) 9:00 am (walk ins) Summer Reading Program Overview 5:30 pm—BRIDGES	13 VITA Tax Prep 10:30am-2:30pm BG Library Chair YOGA 4:00 pm—BRIDGES	14 VITA Tax Prep 10:30am-2:30pm BG Library	15
17 Paper Bag Leprechaun 4:00pm—Ages 3 & Up BG Library	18 Chair YOGA 4:00 pm—BRIDGES	19 Early Learning Coalition (ELC) 9:00 am (appt only) Smart Money Moms 5:00pm—BRIDGES	20 VITA Tax Prep 10:30am-2:30pm BG Library Way to Save BINGO 5:00 pm—BRIDGES	21 VITA Tax Prep 10:30am-2:30pm BG Library	22
24	25 Chair YOGA 4:00 pm—BRIDGES	26 Early Learning Coalition (ELC) 9:00 am (walk ins) Childcare & Summer Camp Resources 4:00 pm - BRIDGES	27 VITA Tax Prep 10:30am-2:30pm BG Library Chair YOGA 4:00 pm—BRIDGES	28 VITA Tax Prep 10:30am-2:30pm BG Library FAU Brain Health Project 10:00 am	

BRIDGES AT
 BELLE GLADE

141 SE AVE C
 BELLE GLADE, FL
 33430

OPERATION HOURS
 MON-FRI
 8:30AM—5:30PM

SATURDAY
 APPT ONLY
 10AM -12PM

PHONE:
 561-992-8210



MARCH 2025 HIGHLIGHTS

MONTHLY THEME

We Learn, We Grow!

PARENT CHILD ACTIVITY

Bee—Attitude (Haitian Creole)
 Monday, March 10, 2025
 3:00 pm—BG Library
 Ages 3 & Up

Come let's create a hive of friendly, sting-free bees with a buzz of positive attitude and fun!

Pom—Pom Owls
 Tuesday, March 11, 2025
 3:00pm— BG Library
 Ages 3 & up

This fun craft is easy to make with wise googly eyes – you'll have a hoot creating these owls!

Paper Bag Leprechauns
 Monday, March 17, 2025
 3:00pm—BG Library
 Ages 3 & Up

Celebrate St. Patrick's Day by making a paper bag leprechaun with gold, rainbows, and fun!

FAMILY LITERACY

BRIDGES Book Club presents: **Red: A Crayon's Story**
 Wednesday, March 5, 2025
 5:30pm—BRIDGES
 Ages 4 & Up

A blue crayon mistakenly labeled as "red" suffers an identity crisis in the award winning story. This story is about being true to your inner self and following your own path despite obstacles that may come your way.

CAPACITY BLDG WORKSHOPS

Summer Reading Overview
 Wednesday, March 12, 2025
 5:30pm

Parents' introduction to the importance of reading especially during the summer months. This session is for parents of children Pre-K—2nd grade.

Smart Money Moms
 Wednesday, March 19, 2025
 5:00pm—BRIDGES

Financial literacy in support of preparation for child expenses such as child care, medical and education.

Ways— To-Save (Savings) B-I-N-G-O
 Thursday, March 20, 2025
 5:00 pm—BRIDGES

This new year kick start your savings plan with HOUSEHOLD-BINGO at BRIDGES. Join in the fun with a traditional game of BINGO and win prizes that will help you save on commonly used household items. We will also learn how small savings can add up to bigger savings. Join our Savings challenge now.

Childcare & Summer Camp Resources
 Wednesday, March 26, 2025
 4:00 pm—BRIDGES

Having quality childcare can relieve much stress on your mind and pocket. Fortunately there are resources available to assist. Come learn how to take advantage of these resources.

SAFETY WORKSHOP

Safety Series:
Laundry & Poison Safety
 Wednesday, March 5, 2025
 5:00 pm—BRIDGES

Did you know that common household cleaners can be fatal if consumed? This is even more dangerous for children SafeKids PBC will share safety tips and sensible practices that will aid in preventing accidental poisoning.

COMMUNITY EVENTS

FACEBOOK LIVE
<https://www.facebook.com/SafeKidsPalmBeachCounty>

English Exchange
 Tuesdays (March 4, 11, 18, 25, 2025)
 3:00pm—5:00pm
 Belle Glade Library

FREE FAMILY WEEKEND MEAL KITS
 Fridays, (March 7, 14, 21, 28, 2025)
 9:00 am—5:00 pm
 Belle Glade Library

Each child ages 18 and younger is eligible for one free weekend meal kit every Friday while supplies last.

Lake O' Rural Health Network (LORHN) Health Care Linkage
 Wednesdays, March 5, 12, 19, 26, 2025
 9:00 am—12:30 pm
 BRIDGES

VITA TAX PREPARATION
 Thursdays & Fridays
 March 6,7,13,14,20,21,27,28, 2025
 10:30am—2:30pm
 BG Library

Love Thyself Chair YOGA
 Tuesdays & Thursdays
 March 4, 6, 11, 13, 18, 25, 27, 2025
 4:00pm—5:00pm
 BRIDGES at Belle Glade

Open to the public (space is limited, so register early!). Sessions include complimentary pre- and post-class blood pressure checks, demonstrating the positive impact of exercise on blood pressure.

Take a step toward a healthier you!
 For more information, contact Annie Ifill at healthierglades@htpbc.org or text at (561) 685-4829.



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events



March 2025

Mon	Tue	Wed	Thu	Fri	Sat
					1 Storytime at Lake Park Library 10:30am-11:00am
3 ESOL Lab 4:00pm-7:00pm	4 Computer Course for Beginners (Registration Required) 10:00am-12:00p ESOL Lab 4:00pm-7:00pm	5 SAC Meeting (School Advisory Council) 2:45pm ESOL Lab 4:00pm-7:00pm	6 Raise Me Up 0-2yrs old 11:30am-12:30pm Safe Kids -Cleaning Supplies Safety -(Spanish) 1:00pm ESOL Lab 4:00pm-7:00pm	7	8 Storytime at Lake Park Library 10:30am-11:00am
10 ESOL Lab 4:00pm-7:00pm	11 Computer Course for Beginners (Registration Required) 10:00am-12:00p What is BRIDGES? (Invitation only) 11:30am-12:30pm ESOL Lab 4:00pm-7:00pm	12 Circle of Moms HMHB (Registration Required) 11:00am Q&A Presentation with Lake Park Sherriff Department 11:30pm-12:30pm ESOL Lab 4:00pm-7:00pm	13 Safe Kids -Cleaning Supplies Safety -(English) 1:00pm ESOL Lab 4:00pm-7:00pm	14	15 Storytime at Lake Park Library 10:30am-11:00am
17 ESOL Lab 4:00pm-7:00pm	18 Computer Course for Beginners (Registration Required) 10:00am-12:00p Metabolic Syndrome Health Workshop- (Monarch Services) 5:30-pm-:6:30pm ESOL Lab 4:00pm-7:00pm	19 Circle of Moms HMHB (Registration Required) 11:00am What is BRIDGES? (Invitation only) 5:30pm-6:30pm ESOL Lab 4:00pm-7:00pm	20 Lap sit at Lake Park Library 10:15am-11:00am Found care Service 11:00am-12:00pm Safe Kids- Cleaning Supplies Safety- (Creole) 1:00pm Resource Workshop By BRIDGES (Lake Park Library) 3:45pm-5:00pm ESOL Lab 4:00pm-7:00pm Mother's Village 6:00pm-7:00pm	21	22 Storytime at Lake Park Library 10:30am-11:00am
24 31 ESOL Lab 4:00pm-7:00pm ESOL Lab 4:00pm-7:00pm	25 Computer Course for Beginners (Registration Required) 10:00am-12:00pm ESOL Lab 4:00pm-7:00pm	26 ESOL Lab 4:00pm-7:00pm	27 Raise Me Up 3-5yrs old 5:30pm-6:30pm ESOL Lab 4:00pm-7:00pm	28	29

All activities occur at BRIDGES at Lake Park unless otherwise specified

"INSPIRE INCLUSION"

Cleaning Supplies and Poison Safety

- Many cleaning products can be confusing for children and may look like juice or candy. A child will not know the difference. Every 8 minutes or 64,000 times each year, a young child goes to the emergency department for medicine poisoning.

BRIDGES at Lake Park
 1411 10th Street
 Lake Park, FL 33403
 561-881-5060

Office Hours
 Monday-Thursday
 8:30am-7:00pm
 Friday 8:30am-5:00pm

Offering parental support and activities for families with children
 Ages 0 to 8

MARCH 2025 HIGHLIGHTS

BRIDGES AT LAKE PARK
1411 10TH STREET
LAKE PARK, FL 33403
(561) 881-5060

PARENT/CHILD ACTIVITIES

Event: **Musical instruments (0-2yrs old)**
Date: March 6, 2025 Parents & Children (Birth-2yrs)
Time: 11:30am-12:30pm
Place: BRIDGES at Lake Park

Musical instruments: Come out with your kids ages 0-2yrs old and joins BRIDGES with learning musical instruments to hearing and playing different sounds

Event: **Musical Chairs (3-5yrs old)**
Date: March 27, 2025 Parents & Children (3-5yrs)
Time: 5:30Pm-6:30pm
Place: BRIDGES at Lake Park

Musical Chairs: Come to BRIDGES to having a playful activity with your little ones for musical chairs.

Family Literacy

Event: **STORYTIME AT LAKE PARK LIBRARY**

Date: Occurs on Saturdays
Time: 10:30am-11:00am
Place: 529 Park Ave Lake Park 33403

Families join Lake Park Library for Storytime bring your kids for a fun literacy reading and activity.

Event: **Lap sit at the Lake Park Library**

Date: March 20 2025
Time: 10:15am-11:00am
Place: BRIDGES at Lake Park
Families join BRIDGES at Lake Park for a Lap sit with your little ones ages birth-2yrs old for literacy activity.

WORKSHOPS

Event: **ESOL-Registration Required**
Date: Monday-Thursday
Time: 4:00pm-7:00pm
Place: BRIDGE at Lake Park

Event: **SAC Meeting**
Date: March 5, 2025
Time: 2:45pm
Place: Lake Park Elementary School
Join us at Lake Park Elementary for School Advisory Counsel meeting with the school discussion on your child process and plans on a monthly basics.

Event: **Computer Course for Beginners (Registration Required)**
Date: Occurs every Tuesday
Time: 2:45pm
Place: Lake Park Elementary School
Weekly sessions for 15 weeks learning course teaching the basics of using a computer, including software applications and troubleshooting.

Event: **WHAT IS BRIDGES?- NEW MEMBER ORIENTATION (Invitation Only)**
Date: March 11 and 19, 2025
Time: 11:30am-12:30am or 5:30pm-6:30pm
Place: BRIDGES at Lake Park
During this orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in the Lake Park community.

Event: **Q&A Presentation with Sherriff Department**
Date: March 12, 2025
Time: 11:30am-12:30pm
Place: BRIDGES at Lake Park
Join us to engage with the Town of Lake Park Sherriff Department where they will come and be open to the community with any questions you may have with your concerns. Please come out and get some gathering Information.

Event: **CIRCLES OF MOMS**
Date: March 5, 12, and 19, 2025
Time: 11:00am-12:00pm
Place: BRIDGES at Lake Park
Healthy Mother's Healthy babies will host a Support group called Circles of Moms for 6 weeks. For those who are currently pregnant and who has children up to age 2 years old. Moms get to interact with each other as a support with one another. Goal is to promoting healthy bonding with baby, promoting healthy communication and social support, techniques and activities to help babies learn

Event: **Monarch Services-Metabolic Syndrome**
Date: March 18, 2025
Time: 5:30pm-6:30pm
Place: BRIDGE at Lake Park
This monthly group meeting is designed to assist pregnant women as well as mothers with children between the ages of 0-2yrs navigate the emotional demands of pregnancy and motherhood

Event: **MOTHER'S VILLAGE (Invite only) WITH CENTER FOR FAMILY SERVICES**
Date: March 20, 2025
Time: 6:00pm-7:00pm
Place: BRIDGE at Lake Park
This monthly group meeting is designed to assist pregnant women as well as mothers with children between the ages of 0-2yrs navigate the emotional demands of pregnancy and motherhood

SAFETY WORKSHOPS

Event: **SAFE KIDS PRESENTATION- Cleaning Supplies and Poison Safety**

Date: March 6, 2025 (Spanish) at 1:00pm
Date: March 13, 2025 (English) at 1:00pm
Date: March 20, 2025 (Creole) at 1:00pm
Place: Zoom Presentation

Zoom Link:
<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UUSkTFRkQT09>

Join us as we discuss the importance of Cleaning Supplies and Poison Safety. This is a great time to plan for safety in the kitchen with the holidays approaching.

COMMUNITY EVENTS




Event: **Resource Workshop by BRIDGES**
Date: March 20, 2025
Time: 3:45pm-5:00PM
Place: Lake Park Library
529 Park Ave, Lake Park, Fl 33403
Join BRIDGES at the Lake Park Library with engaging with the Community with helpful resources provided



March 2025



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

Mon	Tues	Wed	Thu	Fri	Sat
					1 Journey Church Block Party 11:00AM to 1:00PM Arms of Hope 1512 Wingfield St, Lake Worth
3 University of Florida Nutrition Classes (Spanish) 11:00AM to 12:00PM (BLW)	4 RMU: "Animal Finger Puppet" 11:00AM to 12:00PM (BLW)	5 Benefits Application 10:00AM to 2:00PM (BLW)	6 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Cleaning Supplies & Poison Safety"(Spanish) 1:00PM on ZOOM	7 International Women's Day Brunch 11:00AM to 1:30PM (BLW) (Invite Only)	8 
10 University of Florida Nutrition Classes (Spanish) 11:00AM to 12:00PM (BLW)	11 Family Fun Time: "Finding Gold" 4:00PM to 5:00PM (BLW)	12 Benefits Application 10:00AM to 2:00PM (BLW)	13 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Cleaning Supplies & Poison Safety"(English) 1:00PM on ZOOM	14	15
17 University of Florida Nutrition Classes (Spanish) 11:00AM to 12:00PM 	18 RMU: "Lantern Bugs" 4:00PM to 5:00PM(BLW)	19 Benefits Application 10:00 AM to 2:00 PM (BLW) University Of Miami Cervical Cancer Screening 4:30PM to 6:30PM (BLW)	20 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Cleaning Supplies & Poison Safety"((Creole) 1:00PM on ZOOM	21	22
24 University of Florida Nutrition Classes (Spanish & Creole) 11:00AM to 12:00PM (Haitian Engagement Meeting) (BLW)	25 Story-Time 11:00AM to 12:00PM (BLW)	26 SAC Meeting at South Grade 8:15AM Benefits Application 10:00AM to 2:00 PM (BLW)	27 Benefits Application 10:00AM to 2:00PM (BLW)	28	29
31 University of Florida Nutrition Classes (Creole) 11:00AM to 12:00PM (BLW) Father's Engagement Meeting 5:30PM to 6:30PM(BLW)					

BRIDGES AT LAKE WORTH
 802 S Dixie Hwy
 LAKE WORTH, FL 33460
 PHONE: 561-899-1642
 FAX# 561-598-5670
 MONDAY - FRIDAY
 8:30am - 5:00pm
 www.bridgesofpbc.org
 Facebook: BRIDGES At Lake Worth



Did you know?

Women's achievements have historically been overlooked, and this month helps correct that by highlighting their impact in all areas of society. Celebrating women's history encourages young girls to pursue leadership, STEM careers, and other fields where they are underrepresented.

MARCH 2025 HIGHLIGHTS

MONTHLY THEME

"Inspire Inclusion"

Event: [RMU: "Animal Finger Puppets"](#)

Date: March 4th 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Animal Finger Puppets is a creative and interactive parent-child activity that combines arts and crafts with imaginative play. It's a fantastic way to spend quality time together while encouraging storytelling, role-playing, and fine motor skills.

Event: [Family Fun Night: "Finding Gold"](#)

Date: March 11th 4:00PM to 5:00PM

Place: BRIDGES at Lake Worth

This activity encourages children to work together as a group to fill their Bingo card with "gold." It helps them communicate and collaborate, while parents assist by teaching sharing and providing guidance.

Event: [RMU: "Lantern Bugs"](#)

Date: March 18th 4:00PM to 5:00PM

Place: BRIDGES at Lake Worth

Lantern Bugs is a delightful parent-child activity that combines crafting, storytelling, and exploration.

FAMILY LITERACY

Event: [Story-time](#)

Date: March 25th 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Reading and storytelling with babies and children promotes brain development and imagination, develops language and emotions, and strengthens relationships.



WORKSHOPS



Event: [University of Florida Nutrition Classes \(Spanish\)](#)

Date: March 3rd 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

Event: [University of Florida Nutrition Classes \(Spanish\)](#)

Date: March 10th 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

Event: [University of Florida Nutrition Classes \(Spanish\)](#)

Date: March 17th 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

Event: [University of Florida Nutrition Classes \(Spanish & Creole\)](#)

Date: March 24th 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

Event: [University of Florida Nutrition Classes \(Creole\)](#)

Date: March 31st 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

Event: [Fathers Engagement Meeting](#)

Date: March 31st 5:30PM to 6:30PM

Place: BRIDGES at Lake Worth

Father's Engagement Club is a group of men who meet once a month to have discussions based on Fatherhood.

SAFETY WORKSHOP

Event: [Safety Series: "Cleaning Supplies & Poison Safety"](#)

Dates: March 6th 1:00PM to 2:00PM

(Spanish)

March 13th 1:00PM to 2:00PM

(English)

March 20th 1:00pm to 2:00PM

(Creole)

Place: ZOOM Meeting

With spring cleaning approaching, it's important to educate families on cleaning supply safety to protect children. Many cleaning products can be mistaken for juice or candy, leading to accidental poisoning. Every eight minutes, a young child visits the emergency department for medicine poisoning. Join us to learn about household hazards and how to keep children safe.



COMMUNITY EVENT

Event: [Journey Church Block Party](#)

Date: March 1st 11:00AM to 1:00PM

Place: Arms of Hope 1512 Wingfield St, Lake Worth

Join us for exciting family fun at Journey Church's Block party! Games, Raffles, Food & so much more!

Event: [Benefits Application](#)

Date: Wednesday's 10:00AM to 2:00PM

Place: BRIDGES at Lake Worth

A benefits specialist provided through the Palm Beach County Food Bank is available every Wednesday to assist BLW members with their SNAP applications.

Event: [Benefits Application](#)

Date: Thursday's 10:00AM to 2:00PM

Place: BRIDGES at Lake Worth

A benefits specialist provided through HCSEF is available every Thursday to assist BLW members with their SNAP applications.

Event: [SAC Meeting at South Grade Elementary](#)

Date: March 26th 8:15AM-9:00AM

Place: South Grade Elementary

BLW will be in attendance at South Grade's SAC Meeting.

MARCH 2025



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

(E) English (S) Spanish (C) Creole



Mon	Tue	Wed	Thu	Fri	Sat
					1
3	4 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	5 <u>Exploring our World</u> (E/S)(PC) 10:30 am-11:30 am <u>Brilliant Minds</u> 3:30 pm- 5:30 pm	6 <u>Cleaning Supplies & Poison Safety Wksp.</u> ZOOM (S) 1pm-2pm <u>Brilliant Minds</u> 3:30 pm-5:30 pm <u>College Prep</u> 5:30pm-7:30pm <u>Triple P Seminar (S)</u> (Registered Only) 6:00 pm-7:30 pm	7	8
10	11 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	12 <u>Raise Me Up</u> (E/S)(PC) 10:30am-11:30am <u>Brilliant Minds</u> 3:30 pm—5:30 pm <u>Ambassador Meeting</u> 6:00pm-7:00pm (ZOOM)	13 <u>Cleaning Supplies & Poison Safety Wksp.</u> ZOOM (E) 1pm-2pm <u>Brilliant Minds</u> 3:00pm-5:00pm <u>College Prep</u> 5:30pm-7:30pm <u>Triple P Seminar (S)</u> (Registered Only) 6:00 pm-7:30 pm	14	15
17	18 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	19 <u>Brilliant Minds</u> 3:30 pm—5:30 pm	20 <u>PBC Public Library System</u> (E/S) <u>Storytime</u> (Literacy) 10:00am-11:00am <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm <u>Triple P Seminar (S)</u> (Registered Only) 6:00 pm-7:30 pm	21 <u>Food Distribution</u> 10:00 am (Until Supplies last)	22
24 SPRING BREAK 31	25 SPRING BREAK	26 <u>Raise Me Up</u> (E/S)(PC) 10:30am-11:30am SPRING BREAK	27 BRIDGES Orientation (New Members) 10 am- 11 am <u>Latinos Fuertes en Accion</u> 6:30 pm-7:30 pm MEN ONLY SPRING BREAK	28 <u>Women Helping Women</u> <u>Women's Club & Wellness check</u> (E/S) 10:00 am-11:30 am SPRING BREAK	29

DID YOU KNOW THAT:
 Spring Cleaning is approaching. It is important to us to educate our families on cleaning supply safety and how can we keep our children safe. Many cleaning products can be confusing for children and may look like juice or candy. A child will not know the difference. Every 8 minutes, or 64,000 times each year, a young child goes to the emergency department for medicine.

FAMILY IMPACT PALM BEACH COUNTY
 BRIDGES at Lake Worth West

MAIN OFFICE:
 2411 10TH AVENUE N.
 LAKE WORTH, FL 33461
 PHONE: 561-649-9600

ACTIVITY BUILDING:
 BRIDGES at Lake Worth West
 2407 10TH AVENUE N.
 LAKE WORTH, FL 33461

MONDAY - FRIDAY
 9:00am - 5:00pm

www.familyimpactpbc.org
 Facebook@familyimpactpbc.org

Lillianrobles2024

MARCH 2025 HIGHLIGHTS

MONTHLY THEME

Inspire Inclusion

PARENT CHILD ACTIVITY

Event: [RAISE ME UP \(PARENTS AND CHILDREN\) \(E/S\)](#)
Date: Wednesday, March 12th 10:30 am - 11:30 am
Place: Family Impact PBC
2407 10th Ave. N., Lake Worth, FL 33461
Sponsored by Lantana Road Branch Library & BRIDGES

Event: [EXPLORING OUR WORLD \(E/S\)](#)
Date: Wednesday, March 5th 10:30 am - 11:30 am
Place: Palm Springs Public Library
217 Cypress Ln., Palm Springs, FL 33461
Parent get together and read books about moral and values, they can later teach their children.
Sponsored by BRIDGES and Palm Springs Public Library.

Event: [RAISE ME UP \(E/S\)](#)
Date: Wednesday, March 26th 10:30 am-11:30 am
Place: Lantana Road Branch Library
4020 Lantana Rd, Lake Worth, FL 33462
Join us for this parent-child class to practice fine and gross motor skills, promoting social and emotional health, problem-solving, and communications. *Sponsored by BRIDGES.*

FAMILY LITERACY

Event: [PBC PUBLIC LIBRARY SYSTEM STORY TIME \(E/S\)](#)
Date: Thursday, March 20th 10:00am-11:00am
Place: Family Impact PBC
2407 10th Ave. N., Lake Worth, FL 33461
PBC Library System will host a one hour activity in which they will encourage parents to read and do activities with their kids so they can learn new words and increase love for reading. *Sponsored by the Palm Beach County Public Library System.*

WORKSHOPS

Event: [AMBASSADORS MEETING \(INVITATION ONLY\)](#)
Date: Tuesday, March 12th 6:00pm- 7:00 pm (ZOOM)
Invited members will join our Bridges at Lake Worth West Ambassadors group. They will be encouraged, motivated and trained to continue developing their leadership skills. *Sponsored by BRIDGES*

WORKSHOPS

Event: [TRIPLE P SEMINAR \(S\) \(REGISTER ONLY\)](#)
Date: Thursday, March 6th, 13th, 20th 6:00 pm- 7:30 pm
Place: Family Impact PBC
2407 10th Ave. N., Lake Worth, FL 33461
The power of positive parenting, Raising confident and competent children, and. Raising resilient children. *Sponsored by Children's Service Council*

Event: [LATINOS FUERTES EN ACCION \(E/S\) \(MEN ONLY\)](#)
Date: Wednesday, March 27th 6:30pm-7:30pm
Place: Family Impact PBC
2411 10th Ave N, Lake Worth, FL 33461
Come join a circle of hard working men and fathers. That are willing to share their knowledge and empower others. We will share ideas and discuss important topics. *Sponsored by BRIDGES.*

Event: [BRIDGES ORIENTATION \(E/S\)](#)
Date: Thursday, March 27th 10:00 am-11:00am
Place: Family Impact PBC
2407 10th Ave. N., Lake Worth, FL 33461
New members will get an overall understanding of the BRIDGES program, services, Q&A and welcoming then as new members. *Sponsored by BRIDGES*

Event: [WOMEN HELPING WOMEN /WOMEN'S CLUB AND WELLNESS CHECK \(E/S\)](#)
Date: Friday, March 28th 10:00am-11:30am
Place: Family Impact PBC
2407 10th Ave N., Lake Worth, FL 33461
Come and be part of a great group of women. Talk about important topics, enjoy socializing and recreational activities. You will also learn financial strategies. *Sponsored by Be Well PBC and Foundcare.*

SAFETY WORKSHOP

Event: [CLEANING SUPPLIES & POISON SAFETY WKSP. \(ZOOM\)](#)
Date: Thursday, March 6th 1pm-2pm Spanish
Thursday, March 13th 1pm-2pm English
Please join us to learn more about the safety of cleaning and poison supplies in your home. *Sponsored by Safe Kids of PBC.*



COMMUNITY EVENT

Event: [BRILLIANT MINDS PROGRAM](#)
Date: Tuesdays, Wednesdays, Thursdays 3:30pm- 5:30pm
Place: Palm Springs Seventh-Day Adventist Church
4424 S. Military Trl., Lake Worth, FL 33463

Through our homework assistance, STEAM –Science, Technology, Engineering, Arts and Math, and Reading we offer help and support to the kids of our community (1st grade through 5th grade) with their academics. *Sponsored by PBSO.*

Event: [COLLEGE PREP](#)
Date: Tuesdays and Thursdays 5:30 pm - 7:30 pm
Place: Palm Springs Seventh-Day Adventist Church
4424 S. Military Trl., Lake Worth, FL 33463
This program is offered to assist high school students 9th to 12th grade to strengthen their academic skills, help with college entry and much more. *Sponsored by United Way of PBC.*

Event: [FOOD DISTRIBUTION \(RBI\)](#)
Date: Friday, March 21st 10:00 am
(UNTIL SUPPLIES LAST)
Place: Bethel Assembly of God (Church)
4320 S. Congress Ave., Palm Springs, FL 33461
Come by and receive can goods, fruits and much more while supplies last. *Sponsored by PBSO & Restoration Bridge Intl.*





Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Literacy
 Green: Community Events



March 2025

Mon	Tue	Wed	Thurs	Fri	Sat
					1
3 <u>Motivando a las mamás</u> 11:00am - 12:30pm	4 <u>Raise Me Up</u> 11:00am - 12:30pm	5	6 <u>It's Your Birthday</u> 11:00am - 12:30pm 5:30pm - 7:00pm <u>Safety Series (Spanish)</u> 1:00pm - 2:00pm	7	8 <u>Motivating Mommies</u> 11:00am - 1:00pm
10 <u>SAC Meeting</u> 5:30pm - 6:30pm	11 <u>A Write To Read</u> 11:00am - 12:30pm	12	13 <u>Safety Series (English)</u> 1:00pm - 2:00pm	14	15 <u>BRIDGES Orientation</u> 10:00am - 11:00am <u>The SHOP</u> 11:00am - 12:00pm
17 <u>Tummy Time</u> 5:30pm - 6:30pm	18 <u>Raise Me Up</u> 11:00am - 12:30pm	19 <u>ECLC Meeting</u> 3:30pm - 4:30pm	20 <u>Safety Series (Creole)</u> 1:00pm - 2:00pm <u>Game Time</u> 5:30pm - 7:00pm	21	22
24	25 <u>Helmet Install/ Inspection</u> 11:00am - 1:30pm <u>Car Seat Inspection</u> 3:00pm - 5:00pm	26	27 <u>Family Day/Night</u> 11:00am-12:00pm 5:30pm - 7:00pm	28	29

Cleaning Supplies and Poison Safety Month

This month with spring approaching we all love to do our spring cleaning. It is important to us to educate our families on cleaning supply safety and how we can keep our children safe.

What does it mean to truly inspire inclusion?

To inspire inclusion means to celebrate diversity and empowerment on International Women's Day 2025 and beyond.

International Women's Day (IWD) is a global celebration of the social, economic, cultural, and political achievements of women. Each year, this day serves as a powerful reminder of the progress made towards gender equality and highlights the work that still needs to be done.

One of the key pillars of **Inspire Inclusion** is the promotion of diversity in leadership and decision-making positions. Women, especially those belonging to underrepresented groups, continue to face

BRIDGES at Northwood
 4111 N. Terrace Dr.,
 West Palm Beach, FL 33407
 561-840-3106

Mon-Thurs 9am to 7pm
 Friday 9am to 5pm
 Sat 10am to 2pm

Offering parental support and activities for families with children Ages 0 to 8

March 2025 HIGHLIGHTS

BRIDGES AT NORTHWOOD
4111 N. TERRACE DRIVE
WEST PALM BEACH, FL 33407
PHONE: 561 840 3106

"Cleaning Supplies and Poison Safety"

PARENT/CHILD ACTIVITIES

Event: [Raise Me Up](#)
Date: Every other Tuesday (on-going)
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Tuesday, March 4th:

I Am an Author!: Are you author? Come to this Parent-Child Activity and you will be when you leave. During this activity, your child and you will be working on making your own book. We look forward to seeing all the new book.

Tuesday, March 18th:

Rainbow Fun: Come to the Bridges and make rainbows with us. During this activity, your child will develop their fine motor skills through creating rainbows. We can't wait to see all the beautiful rainbows.

Event: [It's Your Birthday - Lucky Clover](#)
Date: Thursday, March 6th, 2025
Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm
Place: BRIDGES at Northwood

Each and every first Thursday of the month we will celebrate all members and their children's birthdays. If your birthday falls in the month of March come out and let your BRIDGES family sing Happy Birthday to you! If your birthday is not in the month of March you can still participate with your family.

Event: [Family Day/Night - Rainbow Art](#)
Date: Thursday, March 20th, 2025
Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm
Place: BRIDGES at Northwood

Paper plate Garden of Love craft - Children will create a beautiful craft to gift to their parents.

Event: [Tummy Time](#)
Date: Monday March 17, 2025
Time: 5:30pm - 6:30pm
Place: Microsoft Teams

Tummy Time is essential from day one to help your baby grow strong muscles! It can help improve head control, decrease reflux, improve motor skills and development, and encourage a bond between baby and family.

CAPACITY BUILDING

Event: [Safety Series - Safe Sleep Safety Month](#)
Date: Thursday, March 6th, 2025 (Spanish) 1pm-2pm
Date: Thursday, March 13th, 2025 (English) 1pm-2pm
Date: Thursday, March 20th, 2025 (Creole) 1pm-2pm
Place: Zoom / Facebook Live
@SafeKidsPalmBeachCounty
This month with spring approaching we all love to do our spring cleaning. It is important to us to educate our families on cleaning supply safety and how we can keep our children safe. Many cleaning products can be confusing for children and may look like juice or candy. A child will not know the difference. Every 8 minutes, or 64,000 times each year, a young child goes to the emergency department for medicine poisoning. Here you will find some important information that will help you keep kids safe around medicine. Please join us to learn about the hazards that can be in your home and how you can keep children safe from potential dangers.

<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2U5kTFRkQT09>

Event: [Helmet & Car Seat Inspection](#)
Date: Tuesday, March 25th, 2025
Time: 11:00am - 1:30pm (Install/Inspection)
Time: 3:00pm - 5:00pm (Car Seat Installation)
Place: Call Brenda 561-840-3106 to schedule your appt.

If your child or you is, a BRIDGES member wants to make sure it is properly installed or you are in need of a new helmet feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified helmet technician.

If you would like to purchase a car seat for \$50.00 or you would like Ms. Brenda to make sure it is properly installed. Feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified car seat technician.

Event: [Game Time](#)
Date: Monday, March 20th, 2025
Time: 5:30pm - 7:00pm
Place: Northmore Elementary School

Families will enjoy a night of games reinforcing attendance so be on time to join in on the fun! Game Time will take place at Northmore Elementary Cafeteria. Just come to the front of Northmore Elementary to get there.

WORKSHOPS

Event: [A Write To Read](#)
Date: Tuesday, March 11th, 2025
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Promote reading and writing with your pre-school aged children by attending this literacy class. We'll have fun while we create ways to make learning fun for our children.

Event: [Motivando a las mamás](#)
Date: Cada primer lunes
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Un grupo colectivo de mujeres de nuestra comunidad se reunirá mensualmente para discutir temas candentes y recursos comunitarios. seremos discutiendo la importancia de ser mamá. No olvides usar tus camisetas Motivating Mommies y una sonrisa.

Event: [ECLC Meeting](#)
Date: Wednesday, March 19th, 2025
Time: 3:30pm - 4:30pm
Place: BRIDGES at Northwood

At this meeting, we will discuss what actions our ECLC team can take that will ultimately result in our children better prepared for Kindergarten.



Event: [SAC Meeting](#)
Date: Monday, March 10th, 2025
Time: 5:30pm - 6:30pm
Place: Northmore Elementary School

If you live in 33407 zip code and have a child that will be going to kindergarten or 1st grade in the fall then get ready for a family fun reading adventure!!! Join BRIDGES for our Summer Reading Program. A 7 week session that presents on: strengthening your child's early reading skills, promoting bonding between parent and child, and providing fun learning activities for you and your child to do at home.

Event: [BRIDGES Orientation and The SHOP](#)
Date: Saturday, March 15th, 2025
Time: 10:00am - 12:00pm
Place: BRIDGES at Northwood

Grab your BRIDGES BUCKS & POINTS and meet us here to shop till' you drop. We will "NOT" be holding items for members. This is a "first come, first serve" basis only. Once the items we have ran out- they are gone!

MARCH 2025

Mon	Tue	Wed	Thu	Fri	Sat
				<p><i>When Families Read, Kids Succeed; Home Story-time and Reading Logs</i></p> 	<p>1</p> <p>HMHB: Childbirth Class 9:00am (In-person) (English)</p>
3	4	5	6	7	8
<p>10</p> <p>"THE CAVE" (Dinner provided) 6:30pm – 8:00pm</p>	<p>11</p> <p>RAISE ME UP (Rainbow Fun) 5:30pm-7:00pm</p>	<p>12</p> <p>TUMMY TIME (Free Diapers) 5:30pm-6:30pm WEST RIVIERA ELEM. SAC MEETING 5:30pm</p>	<p>13</p> <p>SAFETY SERIES (Safe Sleep Safety) 1:00pm via Zoom</p>	<p>14</p>	<p>15</p> <p>RAISE ME UP (Chicka Boom Tree) 10am-11am</p> <p>LITERACY HOUR 11am-1pm</p>
17	18	19	20	21	22
	<p>18</p> <p>DR. MARY MCLEOD BETHUNE ELEM. SAC MEETING 5:30pm</p>	<p>19</p> <p>FAMILY READ ALOUD Riviera Beach Library 2129 N. Congress Ave Riviera Beach, FL., 33404 6:00pm--7:00pm</p>	<p>20</p> <p>SAFETY SERIES (Safe Sleep Safety) (Creole) 1:00pm via Zoom</p> <p>WOMEN of POWER (Dinner provided) 6:00pm-7:30pm</p>	<p>21</p> <p>HMHB: Childbirth Class 10:00am (In-person) (Creole)</p>	<p>22</p> <p>HMHB: Childbirth Class 10:00am (In-person) (Spanish)</p>
24	25	26	27	28	29
<p>24</p> <p>"THE CAVE" (Dinner provided) 6:30pm – 8:00pm</p>	<p>25</p> <p>BUDGETING 101 6:30pm-8:00pm</p>  <p>NCBW 100 West Palm Beach Chapter</p>		<p>27</p> <p>"IT'S A GIRL THING!" (Lunch provided) 11:00am - 1:00pm</p>		

DID YOU KNOW
Most poisoning exposures are unintentional and the majority occur in children under the age of six. Approximately 90% of poisonings occur in the home. On average, poison control centers handle one poison exposure every 8 seconds. Each year, between 2 to 4 million actual poisonings occur in the United States.

- Safety Tips**
- Store household products safely to prevent poisoning.
 - Keep all household cleaning products in their original containers
 - Read and follow product labels.

BRIDGES AT RIVIERA BEACH
4152 W. Blue Heron Blvd. Suite 227-228
Riviera Beach, FL 33404
PHONE: 561-899-1644
FAX: 561-598-5672

MONDAY - FRIDAY
9:00am - 5:00pm
Offering parental support and activities for families and their children.
www.bridgesopbc.org/rivierabeach
Facebook@Bridges--Riviera

NO SCHOOL "SPRING BREAK"

MARCH 2025 HIGHLIGHTS



PARENT/CHILD ACTIVITIES

EVENT: [RAISE ME UP: RAINBOW FUN](#)
DATE: **Tues., March 11th, 2025** 5:30pm-7:00pm
PLACE: **BRIDGES at Riviera Beach**

Come make rainbow with us. During this activity, your child will develop their fine motor skills through creating rainbows. We can't wait see all the beautiful rainbows.

EVENT: [RAISE ME UP: CHICKA BOOM TREE](#)
DATE: **Sat., March 15th, 2025** 10am-11pm
PLACE: **BRIDGES at Riviera Beach**

It's Chicka Chicka Boom time, as you and your child make their very own alphabet trees full of letters. During this activity your child will be developing their fine motor skills, problem solving and communication skills.



EVENT: [LITERACY HOUR](#)
DATE: **Sat., March 15th, 2025** 11am-1pm

PLACE: **BRIDGES at Riviera Beach**
 During the Happily Ever After Parent and Child Together (P.A.C.T.) moment, parents are provided with helpful reading facts and hands-

on, interactive strategies that they can easily implement at home with their children.

EVENT: [TUMMY TIME \(w/ WHIN nurse\)](#)
DATE: **Wed., March 12th, 2025** 5:30pm-6:30pm
PLACE: **BRIDGES at Riviera Beach**

This ongoing workshop prepares expectant parents to have a healthy birth and informs parents with babies up to 6 months old about healthy development after baby's arrival.



EVENTS: **HAPPY BIRTHDAY DR. SEUSS**
DATES: **March 2nd, 2025**
PLACE: **EVERYWHERE**

Join us as we celebrate Dr. Seuss's birthday on March 2nd to honor the author and to encourage children to read. The day is also known as National Read Across America Day

WORKSHOPS



EVENT: [THE CAVE](#)
DATE: **Mon., March 10th & 24th, 2025** 6:30pm-8:00pm

PLACE: **BRIDGES at Riviera Beach**
 Fathers, you are **IMPORTANT** in the lives of your children and families. Come together with other fathers as we support each other to be the **BEST** we can be!



EVENT: ["WOMEN of POWER"](#)
DATE: **Thurs., March 20th, 2025** 6:00pm-7:30pm

PLACE: **BRIDGES at Riviera Beach**
 Teaching women how to break the cycles of abuse so they can be free from their past will allow each woman a new lease on life.

EVENT: [FAMILY READ ALOUD](#)
DATE: **Wed., March 19th, 2025** 6:00PM
PLACE: **Riviera Beach Library**
 2129 N. Congress Ave.
 Riviera Beach, FL 33404

Join us for a fun filled evening while reading stories, filled with laughter and joy. The adventures await you as you turn the page at **Family Read Aloud Night, at Riviera Beach Public Library.**



EVENT: ["BUDGETING 101"](#)
DATE: **Tues., March 25th, 2025** 6:30pm-8:00pm

PLACE: **BRIDGES at Riviera Beach**
 Please join us and the **National Coalition of Black Women**, for a valuable presentation on the importance of financial strategies, saving opportunities and protection for your family's future.

EVENT: ["IT'S A GIRL THING!"](#)
DATE: **Thurs., March 27th, 2025** 11am-1pm
PLACE: **BRIDGES at Riviera Beach**

Please join us and get the opportunity to meet other moms with young children, gather information, form friendships, and a support system that will make a lasting, positive impact on your future.

SAFETY WORKSHOP

EVENT: [CLEANING SUPPLIES & POISON SAFETY](#)
DATE: **Thurs., March 13th, 2025** 1pm
DATE: **Thurs., March 20th, 2025 (Creole)** 1pm
PLACE: **ZOOM:** <https://zoom.us/j/6846584976>
pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09

Spring is approaching and we all love to do our spring cleaning. It is important to educate our families on cleaning supplies to keep our children safe. Many cleaning supplies can be confusing to children and may look like juice, your child may not know the difference. Every 8 minutes a young child is taken to the emergency room for poisoning. Join us as we learn about the hazards that can be in your home and how you can keep children safe from potential dangers.



COMMUNITY EVENT

EVENT: [SCHOOL ADVISORY COUNCIL \(SAC meeting\)](#)
DATE: **March 18th, 2025** 5:30pm
PLACE: **Dr. Mary McLeod Bethune Elementary**
 1501 Avenue U. Riviera Beach, FL 33404

Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location Media Center.

EVENT: [SCHOOL ADVISORY COUNCIL \(SAC meeting\)](#)
DATE: **March 19th, 2025** 5:30pm
PLACE: **Lincoln Elementary**
 1160 Ave. N., Riviera Beach, FL 33404

Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location room 112

EVENT: [SCHOOL ADVISORY COUNCIL \(SAC meeting\)](#)
DATE: **Wed., March 12th, 2025** 5:30pm
PLACE: **West Riviera Beach Elementary**
 1057 W. 6th St., Riviera Beach, FL 33404

Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved!



healthy mothers, healthy babies
 Coalition of Palm Beach County, Inc.

EVENTS: [HMHB COMMUNITY ACTIVITIES](#)
DATES: **Dates and location vary, all HMHB activities are free to the public. Registration is REQUIRED 48 hrs. in advance. TO REGISTER www.hmhbpc.org CONTACT INFO. 561-517-1551 or 561-517-2541**



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Literacy
 Green: Community Events



March 2025

at WEST PALM BEACH

Mon	Tue	Wed	Thu	Fri	Sat
					1
3	4	5 <u>CIRCLES</u> 6pm—7:30pm Closed Group <u>HOUSE CALL w/FAU</u> 6pm-7pm *Zoom* <u>*BRIDGE MART*</u> STORE WE'RE OPEN	6  <u>Mommy to Bee</u> <u>Baby Shower</u> 5:30pm - 7:30pm *Community Room* & <u>Raise Me Up Baby Talk</u> 	7	8  International Women's Day
10	11 <u>CIRCLES</u> 6pm—7:30pm Closed Group *Pre-registration Required	12 <u>CIRCLES</u> 6pm—7:30pm Closed Group <u>SAC Pleasant City Elem</u> 5PM	13 <u>SAFE KIDS</u> 1pm to 2pm <u>Facebook Live</u> <u>Fathers Only</u> 6pm to 7:30pm *Community Room*	14	15
17 <u>New Members</u> <u>Community</u> <u>Orientation</u> 5:30pm-6:30pm	18 <u>Literacy Adventure</u> 6pm to 7:30pm *Community Room*	19 <u>CIRCLES</u> 6pm—7:30pm Closed Group <u>SAC Roosevelt Elem</u> 5PM	20	21 <u>Woman to Woman</u> 6pm to 8pm *Community Room*	22
24 <u>Raise Me Up</u> <u>Playgroup</u> 6pm-7pm *Mandell Library*	25 <u>CIRCLES</u> 6pm—7:30pm Closed Group *Pre-registration Required	26 <u>CIRCLES</u> 6pm—7:30pm Closed Group <u>Spot Light ON Learning</u> <u>Laptop Skills</u> 6pm-7pm <u>BRIDGE MART</u> STORE WE'RE OPEN 10am to 4pm By Appts Only	27 <u>Money Talks</u> 6pm to 7pm *Zoom* <u>Bridges Builders</u> Leadership Meeting 6pm-7pm	28	29

International Women's Day is an annual global holiday raising awareness

- Support a global charity focused on gender equality
- Support women-owned businesses
- Host events led by women, and support women-owned businesses, as well as the women in your office.



BRIDGES
 720 8th Street,
 West Palm Beach, FL
 33401
 561-804-6754

 Mon-Thurs 9am to 6 pm
 Friday 9am to 5 pm

 Offering parental support
 and activities for
 families with children
 Ages 0 to 8

All activities occur at BRIDGES at West Palm Beach unless otherwise specified.

HIGHLIGHTS

BRIDGES AT WEST PALM BEACH
720 8th Street
West Palm Beach, FL 33401

PARENT/CHILD ACTIVITIES

Event: BABY SHOWER & RMU BABY TALK

Date: March 6, 2025

TIME: 6pm-7pm

Place: Community Room

Summary: Purpose To celebrate new life, To provide essential items for babies and mothers, To offer educational opportunities for parents, and to build a supportive community for families.

Event: LITERACY ADVENTURE TIME

| **The World of Opera** |

Date: March 18, 2025

Time: 6pm to 7pm

Place: BRIDGES Site Community Room

Summary: Join us for some interactive storytelling and be part of the action. The PB Opera will be here to tell us about the world of opera and lead us in a special story and craft. Please see the flyer for additional information.

Event: Raise Me Up: Playgroup: Fun at the Library

Date: March 24, 2025

Time: 6pm to 7pm

Place: Mandel Public Library: 411 Clematis Street, WPB, 33401
Ages & Stages/Child Development for children ages 1 to 5 years. Join us on the 3rd Floor in the Kid Space for some learning activities including music & movement, songs, rhymes, games and a special story time. This month we will be having fun together developing in our child Communication and Gross Motor Skills. Free parking (Mandal provides a parking voucher – bring your ticket to receive voucher) is available in the City Center Parking Garage/401 Banyan Blvd, WPB 33401 (for up to 2 hours of parking). Let us know if you will be joining us. Please see the flyer for further information.

Event: SPOT LIGHT ON LEARNING | LAPTOP SKILLS

Date: March 26, 2025

TIME: 6pm-7pm

Place: Community Room

Summary: Does your child need additional time on a laptop? This activity includes I-Ready. You will need to bring your student's I-Ready student ID. There are 10 laptops available. You must register for this class to reserve your student's laptop. Please see the flyer for additional information.

COMMUNITY EVENTS

Event: SAC MEETING: PLEASANT CITY ELEMENTARY

Date: March 12, 2025

Time: 5pm

Place: Pleasant City Elementary School

Summary: Attention all members with children attending Pleasant City Elementary School! Join us for an informative session where important details affecting you and your child will be shared. Don't miss out!

Event: SAC MEETING: ROOSEVELT ELEMENTARY

Date: March 19, 2025

Time: 5:30pm

Place: Roosevelt Elementary School

Summary: Attention all members with children attending Roosevelt Elementary School! Join us for an informative session where important details affecting you and your child will be shared. Don't miss out!

WORKSHOPS

Event: HOUSE CALLS W/ FAU

Date: March 5, 2025

Time: 6pm to 7pm

Place: Zoom

Summary: House Calls with FAU offers personalized, expert advice on heart disease from a trusted medical professional. This service brings the convenience of a virtual consultation to help you understand heart health, risk factors, prevention, and treatment options, all from the comfort of your home."

Event: CIRCLES *PREREGISTRATION REQUIRED

Date: March 5, 11, 12, 19, 25, and 26, 2025

Time: 6pm to 7:30pm

Place: Community Room

Summary: CIRCLES is a unique program to help individuals and families break out of poverty and become upwardly mobile through education, mentoring and personal resolve to succeed. Please Contact Crissy Baker at 561.602.7802 if you are interested in registering for CIRCLES.

Event: SAFE KIDS

Date: March 13, 2025

Time: 1pm to 2pm

Place: Zoom

Summary: Safe Kids

Will be broadcasted via Zoom. Link and instructions will be posted on the BRIDGES of West Palm Beach Facebook page.



WORKSHOPS

Event: FATHERS ONLY

Date: March 13, 2025

Time: 6pm to 7:30pm

Place: Community Room

Summary: It's time for another round of meaningful conversation, camaraderie, and connection at our next Fathers Only group meeting. We'll be gathering to share stories, advice, and experiences of fatherhood, all while building a strong community of dads who support one another

Event: NEW MEMBERS COMMUNITY ORIENTATION

Date: March 17, 2025

Time: 5:30pm to 6:30pm

Place: Community Room

Summary: This is an awareness workshop for our BRIDGES members about services and local resources available to you. As well as what our partnership with you as a member will look like. You will be orientated to BRIDGES. If you missed the Parent night last month, please try to attend.

Event: WOMAN TO WOMAN

Date: March 21, 2025

Time: 6pm to 8pm

Place: Community Room

Summary: We'll have everything from classic party games to some quirky new ones to keep you on your toes. Plus, there will be plenty of snacks, drinks, and maybe a few surprises along the way! Come for the fun, stay for the memories—let's make this Galentine's Day one to remember! See flyer to RSVP!

Event: MONEY TALK (YWCA)

Date: March 27, 2025

Time: 6m to 7pm

Place: Zoom

Join in on this new financial literacy series where we will be discussing self-sufficient topics such as savings, credit, home owning, and so much more.

Event: BRIDGES BUILDERS LEADERSHIP MEETING

Date: March 27, 2025

Time: 6pm-7pm

Place: Hybrid

Summary: This is a reminder that our upcoming leadership team meeting will be a closed session. We'll be diving into important discussions regarding the future direction of Bridges Builders and working on key initiatives that will strengthen our mission and impact.

Event: BRIDGE MART (Accepting BRIDGE BULKS ONLY)

Date: March 5th, and 26th

Time: 10 am to 4pm BY Appts Only

Place: BRIDGES at West Palm Beach

Summary: Serving our MEMBERS within your community by offering specialized products, household essential, excellent, customer service, and much more.