



MARCH 2025

Mon	Tue	Wed	Thu	Fri	Sat
				<p><i>When Families Read, Kids Succeed; Home Story-time and Reading Logs</i></p> 	<p>1</p> <p>HMHB: Childbirth Class 9:00am (In-person) (English)</p>
3	4	5	6	7	8
<p>10</p> <p>"THE CAVE" (Dinner provided) 6:30pm – 8:00pm</p>	<p>11</p> <p>RAISE ME UP (Rainbow Fun) 5:30pm-7:00pm</p>	<p>12</p> <p>TUMMY TIME (Free Diapers) 5:30pm-6:30pm WEST RIVIERA ELEM. SAC MEETING 5:30pm</p>	<p>13</p> <p>SAFETY SERIES (Safe Sleep Safety) 1:00pm via Zoom</p>	<p>14</p>	<p>15</p> <p>RAISE ME UP (Chicka Boom Tree) 10am-11am</p> <p>LITERACY HOUR 11am-1pm</p>
17	18	19	20	21	22
	<p>18</p> <p>DR. MARY MCLEOD BETHUNE ELEM. SAC MEETING 5:30pm</p>	<p>19</p> <p>FAMILY READ ALOUD Riviera Beach Library 2129 N. Congress Ave Riviera Beach, FL., 33404 6:00pm--7:00pm</p>	<p>20</p> <p>SAFETY SERIES (Safe Sleep Safety) (Creole) 1:00pm via Zoom</p> <p>WOMEN of POWER (Dinner provided) 6:00pm-7:30pm</p>	<p>21</p> <p>HMHB: Childbirth Class 10:00am (In-person) (Creole)</p>	<p>22</p> <p>HMHB: Childbirth Class 10:00am (In-person) (Spanish)</p>
24	25	26	27	28	29
<p>24</p> <p>"THE CAVE" (Dinner provided) 6:30pm – 8:00pm</p>	<p>25</p> <p>BUDGETING 101 6:30pm-8:00pm</p>  <p>NCBW 100 West Palm Beach Chapter</p>		<p>27</p> <p>"IT'S A GIRL THING!" (Lunch provided) 11:00am - 1:00pm</p>		

DID YOU KNOW
Most poisoning exposures are unintentional and the majority occur in children under the age of six. Approximately 90% of poisonings occur in the home. On average, poison control centers handle one poison exposure every 8 seconds. Each year, between 2 to 4 million actual poisonings occur in the United States.

- Safety Tips**
- Store household products safely to prevent poisoning.
 - Keep all household cleaning products in their original containers
 - Read and follow product labels.

BRIDGES AT RIVIERA BEACH
4152 W. Blue Heron Blvd. Suite 227-228
Riviera Beach, FL 33404
PHONE: 561-899-1644
FAX: 561-598-5672

MONDAY - FRIDAY
9:00am - 5:00pm
Offering parental support and activities for families and their children.
www.bridgesopbc.org/rivierabeach
Facebook@Bridges--Riviera

NO SCHOOL "SPRING BREAK"

MARCH 2025 HIGHLIGHTS



PARENT/CHILD ACTIVITIES

EVENT: RAISE ME UP: RAINBOW FUN
DATE: Tues., March 11th, 2025 5:30pm-7:00pm
PLACE: BRIDGES at Riviera Beach

Come make rainbow with us. During this activity, your child will develop their fine motor skills through creating rainbows. We can't wait see all the beautiful rainbows.

EVENT: RAISE ME UP: CHICKA BOOM TREE
DATE: Sat., March 15th, 2025 10am-11pm
PLACE: BRIDGES at Riviera Beach

It's Chicka Chicka Boom time, as you and your child make their very own alphabet trees full of letters. During this activity your child will be developing their fine motor skills, problem solving and communication skills.



EVENT: LITERACY HOUR
DATE: Sat., March 15th, 2025
 11am-1pm

PLACE: BRIDGES at Riviera Beach
 During the Happily Ever After Parent and Child Together (P.A.C.T.) moment, parents are provided with helpful reading facts and hands-

on, interactive strategies that they can easily implement at home with their children.

EVENT: TUMMY TIME (w/ WHIN nurse)
DATE: Wed., March 12th, 2025 5:30pm-6:30pm
PLACE: BRIDGES at Riviera Beach

This ongoing workshop prepares expectant parents to have a healthy birth and informs parents with babies up to 6 months old about healthy development after baby's arrival.



EVENTS: HAPPY BIRTHDAY DR. SEUSS
DATES: March 2nd, 2025
PLACE: EVERYWHERE

Join us as we celebrate Dr. Seuss's birthday on March 2nd to honor the author and to encourage children to read. The day is also known as National Read Across America Day

WORKSHOPS



EVENT: THE CAVE
DATE: Mon., March 10th & 24th, 2025
 6:30pm-8:00pm

PLACE: BRIDGES at Riviera Beach
 Fathers, you are **IMPORTANT** in the lives of your children and families. Come together with other fathers as we support each other to be the **BEST** we can be!



EVENT: "WOMEN of POWER"
DATE: Thurs., March 20th, 2025
 6:00pm-7:30pm

PLACE: BRIDGES at Riviera Beach
 Teaching women how to break the cycles of abuse so they can be free from their past will allow each woman a new lease on life.

EVENT: FAMILY READ ALOUD
DATE: Wed., March 19th, 2025 6:00PM
PLACE: Riviera Beach Library
 2129 N. Congress Ave.
 Riviera Beach, FL 33404

Join us for a fun filled evening while reading stories, filled with laughter and joy. The adventures await you as you turn the page at **Family Read Aloud Night**, at Riviera Beach Public Library.



EVENT: "BUDGETING 101"
DATE: Tues., March 25th, 2025
 6:30pm-8:00pm

PLACE: BRIDGES at Riviera Beach
 Please join us and the **National Coalition of Black Women**, for a valuable presentation on the importance of financial strategies, saving opportunities and protection for your family's future.

EVENT: "IT'S A GIRL THING!"
DATE: Thurs., March 27th, 2025 11am-1pm
PLACE: BRIDGES at Riviera Beach

Please join us and get the opportunity to meet other moms with young children, gather information, form friendships, and a support system that will make a lasting, positive impact on your future.

SAFETY WORKSHOP

EVENT: CLEANING SUPPLIES & POISON SAFETY
DATE: Thurs., March 13th, 2025 1pm
DATE: Thurs., March 20th, 2025 (Creole) 1pm
PLACE: ZOOM: <https://zoom.us/j/6846584976>
[pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09](https://zoom.us/j/6846584976)

Spring is approaching and we all love to do our spring cleaning. It is important to educate our families on cleaning supplies to keep our children safe. Many cleaning supplies can be confusing to children and may look like juice, your child may not know the difference. Every 8 minutes a young child is taken to the emergency room for poisoning. Join us as we learn about the hazards that can be in your home and how you can keep children safe from potential dangers.



COMMUNITY EVENT

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE: March 18th, 2025 5:30pm
PLACE: Dr. Mary McLeod Bethune Elementary
 1501 Avenue U. Riviera Beach, FL 33404

Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location Media Center.

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE: March 19th, 2025 5:30pm
PLACE: Lincoln Elementary
 1160 Ave. N., Riviera Beach, FL 33404

Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location room 112

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE: Wed., March 12th, 2025 5:30pm
PLACE: West Riviera Beach Elementary
 1057 W. 6th St., Riviera Beach, FL 33404

Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved!



healthy mothers, healthy babies
 Coalition of Palm Beach County, Inc.

EVENTS: HMHB COMMUNITY ACTIVITIES
DATES: Dates and location vary, all HMHB activities are free to the public. Registration is REQUIRED 48 hrs. in advance. TO REGISTER www.hmhbpc.org CONTACT INFO. 561-517-1551 or 561-517-2541