



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Literacy
 Green: Community Events



April 2025

Mon	Tue	Wed	Thurs	Fri	Sat
	1 <u>Raise Me Up</u> 11:00am - 12:30pm	2	3 <u>It's Your Birthday</u> 11:00am - 12:30pm 5:30pm - 7:00pm <u>Safety Series (Spanish)</u> 1:00pm - 2:00pm	4	5
7 <u>Motivando a las mamás</u> 11:00am - 12:30pm	8 <u>A Write To Read</u> 11:00am - 12:30pm	9	10 <u>Safety Series (English)</u> 1:00pm - 2:00pm	11	12
14	15 <u>Raise Me Up</u> 11:00am - 12:30pm	16 <u>ECLC Meeting</u> 3:30pm - 4:30pm	17 <u>Safety Series (Creole)</u> 1:00pm - 2:00pm <u>Game Time</u> 5:30pm - 7:00pm	18 <u>BRIDGES Annual Easter Egg Hunt</u> 11:00am - 1:00pm <u>Motivating Mommies</u> 11:00am - 1:00pm	19
21 <u>Tummy Time</u> 5:30pm - 6:30pm	22 <u>Family Day/Night</u> 11:00am-12:00pm 5:30pm - 7:00pm	23	24 EMPLOYEE APPRECIATION DAY	25	26
28	29 <u>Helmet Install/ Inspection</u> 11:00am - 1:30pm <u>Car Seat Inspection</u> 3:00pm - 5:00pm	30			

Water Safety Month
 This month with spring forward to learn how important it is to know how to swim. Drowning is a leading cause of death for children. Together, we can change that.

"Doing Things Differently: Believing in Communities"
 Blue Ribbon Week will be observed from April 7 to 13

BRIDGES at Northwood
 4111 N. Terrace Dr.,
 West Palm Beach, FL 33407
 561-840-3106
 Mon-Thurs 9am to 7pm
 Friday 9am to 5pm
 Sat 10am to 2pm
 Offering parental support and activities for families with children Ages 0 to 8

April 2025 HIGHLIGHTS

BRIDGES AT NORTHWOOD
4111 N. TERRACE DRIVE
WEST PALM BEACH, FL 33407
PHONE: 561 840 3106

“Water Safety”

PARENT/CHILD ACTIVITIES

Event: **Raise Me Up**
Date: Every other Tuesday (on-going)
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Tuesday, April 1st:

Musical Chairs: Let's get the music, the chairs, and the children to play the classical game of Musical Chairs. Through this game, children learn about taking turns, how to control their bodies and follow directions. By the end of the activity, it will be about the music and dancing with your child.

Tuesday, April 15th:

All around the House: This problem-solving activity will help the parents know in what context they should use the words what or where in order to teach their children to understand, plan, make decisions, and observe the results of their actions. As children progress in their learning, this increases their feelings of confidence and independence.

Event: **It's Your Birthday - Easter Celebration**
Date: Thursday, April 3rd, 2025
Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm
Place: BRIDGES at Northwood

Each and every first Thursday of the month we will celebrate all members and their children's birthdays. If your birthday falls in the month of April come out and let your BRIDGES family sing Happy Birthday to you! If your birthday is not in the month of April you can still participate with your family.

Event: **Family Day/Night - How to grow a flower**
Date: Tuesday, April 22th, 2025
Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm
Place: BRIDGES at Northwood

Parents will work together with their kids to plant a flower seed and take it home to watch it grow!

Event: **Tummy Time**
Date: Monday April 21st, 2025
Time: 5:30pm - 6:30pm
Place: Microsoft Teams

Tummy Time is essential from day one to help your baby grow strong muscles! It can help improve head control, decrease reflux, improve motor skills and development, and encourage a bond between baby and family.

CAPACITY BUILDING

Event: **Safety Series - Water Safety Month**
Date: Thursday, April 3rd, 2025 (Spanish) 1pm-2pm
Date: Thursday, April 10th, 2025(English)1pm-2pm
Date: Thursday, April 17th, 2025 (Creole) 1pm-2pm
Place: Zoom / Facebook Live
@SafeKidsPalmBeachCounty
With summer fast approaching we want to be sure, you and your family know the safety steps you can take to keep your children safe in and around water. Whether you go to the beach or the pool with your children, there are water hazards around every home! We will share potential dangers and ways to keep your little ones safe.

<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2U5kTFRkQT09>

Event: **Helmet & Car Seat Inspection**
Date: Tuesday, April 29th, 2025
Time: 11:00am - 1:30pm (Install/Inspection)
Time: 3:00pm - 5:00pm (Car Seat Installation)
Place: Call Brenda 561-840-3106 to schedule your appt.

If your child or you is, a BRIDGES member wants to make sure it is properly installed or you are in need of a new helmet feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified helmet technician.

If you would like to purchase a car seat for \$50.00 or you would like Ms. Brenda to make sure it is properly installed. Feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified car seat technician.

Event: **Game Time**
Date: Monday, April 17th, 2025
Time: 5:30pm - 7:00pm
Place: Northmore Elementary School

Families will enjoy a night of games reinforcing attendance so be on time to join in on the fun! Game Time will take place at Northmore Elementary School Cafeteria. Just come to the front of Northmore Elementary to get there.



WORKSHOPS

Event: **A Write To Read**
Date: Tuesday, April 8th, 2025
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Promote reading and writing with your pre-school aged children by attending this literacy class. We'll have fun while we create ways to make learning fun for our children.

Event: **Motivando a las mamás**
Date: Cada primer lunes
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Un grupo colectivo de mujeres de nuestra comunidad se reunirá mensualmente para discutir temas candentes y recursos comunitarios. seremos discutiendo la importancia de ser mamá. No olvides usar tus camisetas Motivating Mommies y una sonrisa.

Event: **ECLC Meeting**
Date: Wednesday, April 16th, 2025
Time: 3:30pm - 4:30pm
Place: BRIDGES at Northwood

At this meeting, we will discuss what actions our ECLC team can take that will ultimately result in our children better prepared for Kindergarten.

Event: **BRIDGES Easter Egg Hunt**
Date: Friday, April 18th, 2025
Time: 11:00am - 1:00pm
Place: Orthodox Zion 2900 Australian Ave

