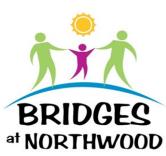


April 2025



Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Literacy Green: Community Events



Water Safety Month Thurs Fri Mon Tue Wed Sat This month with spring forward to learn how important it is to 4 2 3 5 know how to swim. 1 Drowning is a leading cause of death for children. Together, we Safety Series (Spanish) can change that. 1:00pm - 2:00pm **"Doing Things** 11 12 7 8 9 10 Motivando a las mamás Safety Series (English) Differently: 11:00am - 12:30pm A Write To Read 1:00pm - 2:00pm 11:00am - 12:30pm Believing in Communities" 19 14 15 16 17 18 **BRIDGES Annual** Easter Egg Hunt **ECLC Meeting** Safety Series (Creole) Blue Ribbon Week 11:00am - 1:00pm 3:30pm - 4:30pm 1:00pm - 2:00pm will be observed **Motivating Mommies** Game Time 11:00am - 1:00pm from April 7 to 13 5:30pm - 7:00pm 21 22 23 24 25 26 **BRIDGES at Northwood** EMPLOYEE 4111 N. Terrace Dr., APPRECIATION West Palm Beach, FL 33407 DAY 561-840-3106 Mon-Thurs 9am to 7pm Friday 9am to 5pm 28 30 29 Sat 10am to 2pm Helmet Install/ Inspection Offering parental support and 11:00am - 1:30pm activities for families with children **Car Seat Inspection** Ages 0 to 8 3:00pm - 5:00pm

April 2025 HIGHLIGHTS

BRIDGES AT NORTHWOOD 4111 N. TERRACE DRIVE WEST PALM BEACH, FL 33407 PHONE: 561 840 3106

"Water Safety"

PARENT/CHILD ACTIVITIES

Event: Raise Me Up

Date: Every other Tuesday (on-going) Time: 11:00am - 12:30pm

Place: BRIDGES at Northwood

Tuesday, April 1st:

Musical Chairs: Let's get the music, the chairs, and the children to play the classical game of Musical Chairs. Through this game, children learn about taking turns, how to control their bodies and follow directions. By the end of the activity, it will be about the music and dancing with your child.

Tuesday, April 15th:

All around the House: This problem-solving activity will help the parents know in what context they should use the words what or where in order to teach their children to understand, plan, make decisions, and observe the results of their actions. As children progress in their learning, this increases their feelings of confidence and independence.

Event:	It's Your Birthday - Easter Celebration
Date:	Thursday, April 3rd, 2025
Time:	11:00am - 12:30pm AND 5:30pm - 7:00pm
Place:	BRIDGES at Northwood

Each and every first Thursday of the month we will celebrate all members and their children's birthdays. If your birthday falls in the month of April come out and let your BRIDGES family sing Happy Birthday to you! If your birthday is not in the month of April you can still participate with your family.

Event:	Family Day/Night - How to grow a flower
Date:	Tuesday, April 22th, 2025
Time:	11:00am - 12:30pm AND 5:30pm - 7:00pm
Place:	BRIDGES at Northwood

Parents will work together with their kids to plant a flower seed and take it home to watch it grow!

Event: Tummy Time Date: Monday April 21st, 2025

Time: 5:30pm - 6:30pm Place: Microsoft Teams

Tummy Time is essential from day one to help your baby grow strong muscles! It can help improve head control, decrease reflux, improve motor skills and development, and encourage a bond between baby and family.

CAPACITY BUILDING

Event: Safety Series - Water Safety Month

Date:Thursday, April 3rd, 2025 (Spanish) 1pm-2pmDate:Thursday, April 10th, 2025(English)1pm-2pmDate:Thursday, April 17th, 2025 (Creole) 1pm-2pm

Place: Zoom / Facebook Live @SafeKidsPalmBeachCounty

With summer fast approaching we want to be sure, you and your family know the safety steps you can take to keep your children safe in and around water. Whether you go to the beach or the pool with your children, there are water hazards around every home! We will share potential dangers and ways to keep your little ones safe.

https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2U U5kTFRkQT09

Event:	Helmet & Car Seat Inspection
Date:	Tuesday, April 29th, 2025
Time:	11:00am - 1:30plmet Install/Inspection)
Time:	3:00pm - 5:00pm (Car Seat Installation)
Place:	Call Brenda 561-840-3106 to schedule your appt.

If your child or you is, a BRIDGES member wants to make sure it is properly installed or you are in need of a new helmet feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified helmet technician.

If you would like to purchase a car seat for \$50.00 or you would like Ms. Brenda to make sure it is properly installed. Feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified car seat technician.

Event:	Game 1	Fime

Date:	Monday, April 17th, 2025
Time:	5:30pm - 7:00pm
Place:	Northmore Elementary School

Families will enjoy a night of games reinforcing attendance so be on time to join in on the fun! Game Time will take place at Northmore Elementary School Cafeteria. Just come to the front of Northmore Elementary to get there.



WORKSHOPS

Event: <u>A Write To Read</u> Date: Tuesday, April 8th, 2025 Time: 11:00am – 12:30pm Place: BRIDGES at Northwood

Promote reading and writing with your pre-school aged children by attending this literacy class. We'll have fun while we create ways to make learning fun for our children.

Event: <u>Motivando a las mamás</u>

Date:Cada primer lunesTime:11:00am - 12:30pmPlace:BRIDGES at Northwood

Un grupo colectivo de mujeres de nuestra comunidad se reunirá mensualmente para discutir temas candentes y recursos comunitarios. seremos discutiendo la importancia de ser mamá. No olvides usar tus camisetas Motivating Mommies y una sonrisa.

Event: ECLC Meeting

Date:	Wednesday, April 16th, 2025
Time:	3:30pm - 4:30pm
Place:	BRIDGES at Northwood

At this meeting, we will discuss what actions our ECLC team can take that will ultimately result in our children better prepared for Kindergarten.

Event:	BRIDGES Easter Egg Hunt
Date:	Friday, April 18th, 2025
Time:	1100am - 1:00pm
Place:	Orthodox Zion 2900 Australian Ave

