


March 2025



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

Mon	Tues	Wed	Thu	Fri	Sat
					1 Journey Church Block Party 11:00AM to 1:00PM Arms of Hope 1512 Wingfield St, Lake Worth
3 University of Florida Nutrition Classes (Spanish) 11:00AM to 12:00PM (BLW)	4 RMU: "Animal Finger Puppet" 11:00AM to 12:00PM (BLW)	5 Benefits Application 10:00AM to 2:00PM (BLW)	6 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Cleaning Supplies & Poison Safety"(Spanish) 1:00PM on ZOOM	7 International Women's Day Brunch 11:00AM to 1:30PM (BLW) (Invite Only)	8 
10 University of Florida Nutrition Classes (Spanish) 11:00AM to 12:00PM (BLW)	11 Family Fun Time: "Finding Gold" 4:00PM to 5:00PM (BLW)	12 Benefits Application 10:00AM to 2:00PM (BLW)	13 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Cleaning Supplies & Poison Safety"(English) 1:00PM on ZOOM	14	15
17 University of Florida Nutrition Classes (Spanish) 11:00AM to 12:00PM 	18 RMU: "Lantern Bugs" 4:00PM to 5:00PM(BLW)	19 Benefits Application 10:00 AM to 2:00 PM (BLW) University Of Miami Cervical Cancer Screening 4:30PM to 6:30PM (BLW)	20 Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Cleaning Supplies & Poison Safety"((Creole) 1:00PM on ZOOM	21	22
24 University of Florida Nutrition Classes (Spanish & Creole) 11:00AM to 12:00PM (Haitian Engagement Meeting) (BLW)	25 Story-Time 11:00AM to 12:00PM (BLW)	26 SAC Meeting at South Grade 8:15AM Benefits Application 10:00AM to 2:00 PM (BLW)	27 Benefits Application 10:00AM to 2:00PM (BLW)	28	29
31 University of Florida Nutrition Classes (Creole) 11:00AM to 12:00PM (BLW) Father's Engagement Meeting 5:30PM to 6:30PM(BLW)					

BRIDGES AT LAKE WORTH
 802 S Dixie Hwy
 LAKE WORTH, FL 33460
 PHONE: 561-899-1642
 FAX# 561-598-5670
 MONDAY - FRIDAY
 8:30am - 5:00pm
 www.bridgesofpbc.org
 Facebook: BRIDGES At Lake Worth



Did you know?

Women's achievements have historically been overlooked, and this month helps correct that by highlighting their impact in all areas of society. Celebrating women's history encourages young girls to pursue leadership, STEM careers, and other fields where they are underrepresented.

MARCH 2025 HIGHLIGHTS

MONTHLY THEME

"Inspire Inclusion"

Event: [RMU: "Animal Finger Puppets"](#)

Date: March 4th 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Animal Finger Puppets is a creative and interactive parent-child activity that combines arts and crafts with imaginative play. It's a fantastic way to spend quality time together while encouraging storytelling, role-playing, and fine motor skills.

Event: [Family Fun Night: "Finding Gold"](#)

Date: March 11th 4:00PM to 5:00PM

Place: BRIDGES at Lake Worth

This activity encourages children to work together as a group to fill their Bingo card with "gold." It helps them communicate and collaborate, while parents assist by teaching sharing and providing guidance.

Event: [RMU: "Lantern Bugs"](#)

Date: March 18th 4:00PM to 5:00PM

Place: BRIDGES at Lake Worth

Lantern Bugs is a delightful parent-child activity that combines crafting, storytelling, and exploration.

FAMILY LITERACY

Event: [Story-time](#)

Date: March 25th 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Reading and storytelling with babies and children promotes brain development and imagination, develops language and emotions, and strengthens relationships.



WORKSHOPS



Event: [University of Florida Nutrition Classes \(Spanish\)](#)

Date: March 3rd 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

Event: [University of Florida Nutrition Classes \(Spanish\)](#)

Date: March 10th 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

Event: [University of Florida Nutrition Classes \(Spanish\)](#)

Date: March 17th 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

Event: [University of Florida Nutrition Classes \(Spanish & Creole\)](#)

Date: March 24th 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

Event: [University of Florida Nutrition Classes \(Creole\)](#)

Date: March 31st 11:00AM to 12:00PM

Place: BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

Event: [Fathers Engagement Meeting](#)

Date: March 31st 5:30PM to 6:30PM

Place: BRIDGES at Lake Worth

Father's Engagement Club is a group of men who meet once a month to have discussions based on Fatherhood.

SAFETY WORKSHOP

Event: [Safety Series: "Cleaning Supplies & Poison Safety"](#)

Dates: March 6th 1:00PM to 2:00PM

(Spanish)

March 13th 1:00PM to 2:00PM

(English)

March 20th 1:00pm to 2:00PM

(Creole)

Place: ZOOM Meeting

With spring cleaning approaching, it's important to educate families on cleaning supply safety to protect children. Many cleaning products can be mistaken for juice or candy, leading to accidental poisoning. Every eight minutes, a young child visits the emergency department for medicine poisoning. Join us to learn about household hazards and how to keep children safe.



COMMUNITY EVENT

Event: [Journey Church Block Party](#)

Date: March 1st 11:00AM to 1:00PM

Place: Arms of Hope 1512 Wingfield St, Lake Worth

Join us for exciting family fun at Journey Church's Block party! Games, Raffles, Food & so much more!

Event: [Benefits Application](#)

Date: Wednesday's 10:00AM to 2:00PM

Place: BRIDGES at Lake Worth

A benefits specialist provided through the Palm Beach County Food Bank is available every Wednesday to assist BLW members with their SNAP applications.

Event: [Benefits Application](#)

Date: Thursday's 10:00AM to 2:00PM

Place: BRIDGES at Lake Worth

A benefits specialist provided through HCSEF is available every Thursday to assist BLW members with their SNAP applications.

Event: [SAC Meeting at South Grade Elementary](#)

Date: March 26th 8:15AM-9:00AM

Place: South Grade Elementary

BLW will be in attendance at South Grade's SAC Meeting.