

**April 2025**



Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events

Mon	Tues	Wed	Thu	Fri	Sat
	1	2 Benefits Application 10:00 AM to 2:00 PM (BLW)	3 Benefits Application 10:00 AM to 2:00 PM (BLW) Child Abuse & Neglect Awareness Workshop 4:30PM to 5:30PM (BLW) Safety Series: "Water Safety" (Spanish) 1:00 PM on ZOOM	4	5 Journey Church Block Party 11:00AM to 1:00PM  Arms of Hope 1512 Wingfield St, Lake Worth
7 University of Florida Nutrition Classes (Creole) 11:00AM to 12:00PM (BLW)	8 RMU: "Easter Egg Hunt" 11:00AM to 12:00PM (BLW)	9 Benefits Application 10:00 AM to 2:00 PM (BLW)	10 WEAR BLUE DAY Benefits Application 10:00 AM to 2:00 PM (BLW) Safety Series: "Water Safety" (English) 1:00 PM on ZOOM	11	12
14 University of Florida Nutrition Classes (Creole) 11:00AM to 12:00PM (BLW)	15 Family Fun Time: "The Season Of Growth" 4:00 PM to 5:00 PM (BLW)	16 Benefits Application 10:00 AM to 2:00 PM (BLW)	17 Benefits Application 10:00 AM to 2:00 PM (BLW) Immigration Workshop 4:30PM to 5:30PM(BLW) Safety Series: "Water Safety" (Creole) 1:00 PM on ZOOM	18	19 
21 University of Florida Nutrition Classes (Creole) 11:00AM to 12:00PM (BLW)  Father's Engagement Meeting 5:30PM to 6:30PM (BLW)	22 RMU: "Zumbini" 4:00 PM to 5:00PM(BLW)	23 SAC Meeting 8:15AM at South Grade Elementary  Benefits Application 10:00 AM to 2:00 PM (BLW)	24 Benefits Application 10:00 AM to 2:00 PM (BLW)	25	26
28 Women's Time (Spanish) 11:00AM to 12:00PM (BLW)	29 Story-Time 11:00AM to 12:00PM (BLW)	30 Benefits Application 10:00 AM to 2:00 PM (BLW)			

**BRIDGES AT LAKE WORTH**  
 802 S Dixie Hwy  
 LAKE WORTH, FL 33460  
 PHONE: 561-899-1642  
 FAX# 561-598-5670  
 MONDAY - FRIDAY  
 8:30am - 5:00pm  
 www.bridgesofpbc.org  
 Facebook: BRIDGES At Lake Worth



**Did you know?**  
 Child abuse and neglect are serious issues that can have lasting effects on a child's physical and emotional well-being. Awareness is crucial in identifying the signs of abuse and taking action to protect children. By educating the public and encouraging vigilance, we can help create safer environments

# APRIL 2025 HIGHLIGHTS

## MONTHLY THEME

**"Doing Things Differently: Believing in Communities"**

**Event:** [RMU: "Easter Egg Hunt"](#)  
**Date:** April 8th 11:00AM to 12:00PM  
**Place:** BRIDGES at Lake Worth

**Event:** [Family Fun Night: "The Season Of Growth"](#)  
**Date:** April 15th 4:00PM to 5:00PM  
**Place:** BRIDGES at Lake Worth

Parents and children will make a Portrait of spring using crayons, markers, colored pencils, and gluing images of spring to create a lovely Portrait.

**Event:** [RMU: "Zumbini"](#)  
**Date:** April 22nd 4:00PM to 5:00PM  
**Place:** BRIDGES at Lake Worth

Zumbini is an early childhood education program that combines **music, dance, and play** to promote cognitive, social, and motor skill development in children aged **0 to 4 years**. It was created by **Zumba** and features high-energy, interactive classes where kids and their caregivers sing, move, and bond through music.

## FAMILY LITERACY

**Event:** [Story-time](#)  
**Date:** April 29th 11:00AM to 12:00PM  
**Place:** BRIDGES at Lake Worth

Reading and storytelling with babies and children promotes brain development and imagination, develops language and emotions, and strengthens relationships.



## WORKSHOPS



**Event:** [Child Abuse and Neglect Workshop](#)

**Date:** April 3rd 4:30PM to 5:30PM

**Place:** BRIDGES at Lake Worth

*Father's Engagement Club is a group of men who meet once a month to have discussions based on Fatherhood.*

**Event:** [University of Florida Nutrition Classes \(Creole\)](#)

**Date:** April 7th 11:00AM to 12:00PM

**Place:** BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

**Event:** [University of Florida Nutrition Classes \(Creole\)](#)

**Date:** April 14th 11:00AM to 12:00PM

**Place:** BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

**Event:** [Immigration Workshop](#)

**Date:** April 17th 4:30PM to 5:30PM

**Place:** BRIDGES at Lake Worth

*Join us as we gain more knowledge on the immigration crisis and how you can protect your family and community.*

**Event:** [University of Florida Nutrition Classes \(Creole\)](#)

**Date:** April 21st 11:00AM to 12:00PM

**Place:** BRIDGES at Lake Worth

Explore the fundamentals of nutrition in this University of Florida course, covering essential nutrients, dietary guidelines, metabolism, and the impact of nutrition on health and disease prevention.

**Event:** [Fathers Engagement Meeting](#)

**Date:** April 21st 5:30PM to 6:30PM

**Place:** BRIDGES at Lake Worth

*Father's Engagement Club is a group of men who meet once a month to have discussions based on Fatherhood.*

**Event:** [Women's Time \(Spanish\)](#)

**Date:** April 21st 11:00AM to 12:00M

**Place:** BRIDGES at Lake Worth

*Motivational Seminar with Aurora Leon*

## SAFETY WORKSHOP

**Event:** [Safety Series: "Water Safety"](#)

**Dates:** April 3rd 1:00PM to 2:00PM

(Spanish)

April 10th 1:00PM to 2:00PM

(English)

April 17th 1:00pm to 2:00PM

(Creole)

**Place:** ZOOM Meeting

*With summer fast approaching we want to be sure, you and your family know the safety steps you can take to keep your children safe in and around water. Whether you go to the beach or the pool with your children, there are water hazards around every home! We will share potential dangers and ways to keep your little one safe.*



## COMMUNITY EVENT

**Event:** [Journey Church Block Party](#)

**Date:** April 1st 11:00AM to 1:00PM

**Place:** Arms of Hope 1512 Wingfield St, Lake Worth

Join us for exciting family fun at Journey Church's Block party! Games, Raffles, Food & so much more!

**Event:** [Benefits Application](#)

**Date:** Wednesday's 10:00AM to 2:00PM

**Place:** BRIDGES at Lake Worth

A benefits specialist provided through the Palm Beach County Food Bank is available every Wednesday to assist BLW members with their SNAP applications.

**Event:** [Benefits Application](#)

**Date:** Thursday's 10:00AM to 2:00PM

**Place:** BRIDGES at Lake Worth

A benefits specialist provided through HCSEF is available every Thursday to assist BLW members with their SNAP applications.

**Event:** [SAC Meeting](#)

**Date:** April 23rd 8:15AM

**Place:** South Grade Elementary

BLW will be at South Grade Elementary