



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events



March 2025

Mon	Tue	Wed	Thu	Fri	Sat
					1 Storytime at Lake Park Library 10:30am-11:00am
3 ESOL Lab 4:00pm-7:00pm	4 Computer Course for Beginners (Registration Required) 10:00am-12:00p ESOL Lab 4:00pm-7:00pm	5 SAC Meeting (School Advisory Council) 2:45pm ESOL Lab 4:00pm-7:00pm	6 Raise Me Up 0-2yrs old 11:30am-12:30pm Safe Kids -Cleaning Supplies Safety -(Spanish) 1:00pm ESOL Lab 4:00pm-7:00pm	7	8 Storytime at Lake Park Library 10:30am-11:00am
10 ESOL Lab 4:00pm-7:00pm	11 Computer Course for Beginners (Registration Required) 10:00am-12:00p What is BRIDGES? (Invitation only) 11:30am-12:30pm ESOL Lab 4:00pm-7:00pm	12 Circle of Moms HMHB (Registration Required) 11:00am Q&A Presentation with Lake Park Sherriff Department 11:30pm-12:30pm ESOL Lab 4:00pm-7:00pm	13 Safe Kids -Cleaning Supplies Safety -(English) 1:00pm ESOL Lab 4:00pm-7:00pm	14	15 Storytime at Lake Park Library 10:30am-11:00am
17 ESOL Lab 4:00pm-7:00pm	18 Computer Course for Beginners (Registration Required) 10:00am-12:00p Metabolic Syndrome Health Workshop- (Monarch Services) 5:30-pm-:6:30pm ESOL Lab 4:00pm-7:00pm	19 Circle of Moms HMHB (Registration Required) 11:00am What is BRIDGES? (Invitation only) 5:30pm-6:30pm ESOL Lab 4:00pm-7:00pm	20 Lap sit at Lake Park Library 10:15am-11:00am Found care Service 11:00am-12:00pm Safe Kids- Cleaning Supplies Safety- (Creole) 1:00pm Resource Workshop By BRIDGES (Lake Park Library) 3:45pm-5:00pm ESOL Lab 4:00pm-7:00pm Mother's Village 6:00pm-7:00pm	21	22 Storytime at Lake Park Library 10:30am-11:00am
24 ESOL Lab 4:00pm-7:00pm	25 Computer Course for Beginners (Registration Required) 10:00am-12:00pm ESOL Lab 4:00pm-7:00pm	26 ESOL Lab 4:00pm-7:00pm	27 Raise Me Up 3-5yrs old 5:30pm-6:30pm ESOL Lab 4:00pm-7:00pm	28	29
31 ESOL Lab 4:00pm-7:00pm					

All activities occur at BRIDGES at Lake Park unless otherwise specified

"INSPIRE INCLUSION"

Cleaning Supplies and Poison Safety

- Many cleaning products can be confusing for children and may look like juice or candy. A child will not know the difference. Every 8 minutes or 64,000 times each year, a young child goes to the emergency department for medicine poisoning.

BRIDGES at Lake Park
 1411 10th Street
 Lake Park, FL 33403
 561-881-5060

Office Hours
 Monday-Thursday
 8:30am-7:00pm
 Friday 8:30am-5:00pm

Offering parental support and activities for families with children
 Ages 0 to 8

MARCH 2025 HIGHLIGHTS

BRIDGES AT LAKE PARK
1411 10TH STREET
LAKE PARK, FL 33403
(561) 881-5060

PARENT/CHILD ACTIVITIES

Event: **Musical instruments (0-2yrs old)**
Date: March 6, 2025 Parents & Children (Birth-2yrs)
Time: 11:30am-12:30pm
Place: BRIDGES at Lake Park

Musical instruments: Come out with your kids ages 0-2yrs old and joins BRIDGES with learning musical instruments to hearing and playing different sounds

Event: **Musical Chairs (3-5yrs old)**
Date: March 27, 2025 Parents & Children (3-5yrs)
Time: 5:30Pm-6:30pm
Place: BRIDGES at Lake Park

Musical Chairs: Come to BRIDGES to having a playful activity with your little ones for musical chairs.

Family Literacy

Event: **STORYTIME AT LAKE PARK LIBRARY**

Date: Occurs on Saturdays
Time: 10:30am-11:00am
Place: 529 Park Ave Lake Park 33403

Families join Lake Park Library for Storytime bring your kids for a fun literacy reading and activity.

Event: **Lap sit at the Lake Park Library**

Date: March 20 2025
Time: 10:15am-11:00am
Place: BRIDGES at Lake Park
Families join BRIDGES at Lake Park for a Lap sit with your little ones ages birth-2yrs old for literacy activity.

WORKSHOPS

Event: **ESOL-Registration Required**
Date: Monday-Thursday
Time: 4:00pm-7:00pm
Place: BRIDGE at Lake Park

Event: **SAC Meeting**
Date: March 5, 2025
Time: 2:45pm
Place: Lake Park Elementary School
Join us at Lake Park Elementary for School Advisory Counsel meeting with the school discussion on your child process and plans on a monthly basics.

Event: **Computer Course for Beginners (Registration Required)**
Date: Occurs every Tuesday
Time: 2:45pm
Place: Lake Park Elementary School
Weekly sessions for 15 weeks learning course teaching the basics of using a computer, including software applications and troubleshooting.

Event: **WHAT IS BRIDGES?- NEW MEMBER ORIENTATION (Invitation Only)**
Date: March 11 and 19, 2025
Time: 11:30am-12:30am or 5:30pm-6:30pm
Place: BRIDGES at Lake Park
During this orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in the Lake Park community.

Event: **Q&A Presentation with Sherriff Department**
Date: March 12, 2025
Time: 11:30am-12:30pm
Place: BRIDGES at Lake Park
Join us to engage with the Town of Lake Park Sherriff Department where they will come and be open to the community with any questions you may have with your concerns. Please come out and get some gathering Information.

Event: **CIRCLES OF MOMS**
Date: March 5, 12, and 19, 2025
Time: 11:00am-12:00pm
Place: BRIDGES at Lake Park
Healthy Mother's Healthy babies will host a Support group called Circles of Moms for 6 weeks. For those who are currently pregnant and who has children up to age 2 years old. Moms get to interact with each other as a support with one another. Goal is to promoting healthy bonding with baby, promoting healthy communication and social support, techniques and activities to help babies learn

Event: **Monarch Services-Metabolic Syndrome**
Date: March 18, 2025
Time: 5:30pm-6:30pm
Place: BRIDGE at Lake Park
This monthly group meeting is designed to assist pregnant women as well as mothers with children between the ages of 0-2yrs navigate the emotional demands of pregnancy and motherhood

Event: **MOTHER'S VILLAGE (Invite only) WITH CENTER FOR FAMILY SERVICES**
Date: March 20, 2025
Time: 6:00pm-7:00pm
Place: BRIDGE at Lake Park
This monthly group meeting is designed to assist pregnant women as well as mothers with children between the ages of 0-2yrs navigate the emotional demands of pregnancy and motherhood

SAFETY WORKSHOPS

Event: **SAFE KIDS PRESENTATION- Cleaning Supplies and Poison Safety**

Date: March 6, 2025 (Spanish) at 1:00pm
Date: March 13, 2025 (English) at 1:00pm
Date: March 20, 2025 (Creole) at 1:00pm
Place: Zoom Presentation

Zoom Link:
<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UUSkTFRkQT09>

Join us as we discuss the importance of Cleaning Supplies and Poison Safety. This is a great time to plan for safety in the kitchen with the holidays approaching.

COMMUNITY EVENTS

Event: **Resource Workshop by BRIDGES**
Date: March 20, 2025
Time: 3:45pm-5:00PM
Place: Lake Park Library
529 Park Ave, Lake Park, FL 33403
Join BRIDGES at the Lake Park Library with engaging with the Community with helpful resources provided

