

**MARCH 2025** 



Blue: Capacity Building Workshops Yellow: Parent /Child Activities Orange: Family Literacy Activities

Red: Safety Workshops Green: Community Events

**Purple: Community Outreach Activities** 



Mon	Tue	Wed	Thu	Fri	Sat
Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.					1
3	Sensational Story N' More 10:00am-11:00am Schoolhouse Museum	5 Storytime Fun 6:00pm-7:00pm Carolyn Sims Center	6 Nutrition with Genesis 6:00pm -7:00pm Carolyn Sims Center Casual Conversation 5:30pm-6:30pm Sara Sims Park	7 First Friday at 5 Concert 5:00pm – 8:00pm Boynton Beach Amphitheater	8 WOMEN'S DAY
Pure Jov Baby & Me 6:00pm-7:00pm Carolyn Sims Center	Triple P Seminar: The Power of Positive Parent- ing 6:00pm-7:30pm Carolyn Sims Center	Colors and Crafts 6:00pm -7:00pm Facebook	13 Safety Series Fire & Carbon Monoxide Safety (English) Zoom/FB Live 1:00pm-2:00pm	14	15
RMU(0-5 vears old) 6:00pm - 7:00pm Carolyn Sims Center Storytime with Mar- garet 6:00pm - 6:30pm Carolyn Sims Center	Triple P Seminar: Raising Resilient Children 6:00pm-7:30pm Carolyn Sims Center	Book of the Month 6:00pm -7:00pm Facebook	20 Safety Series Fire & Carbon Monoxide Safety (Creole) Zoom/FB Live 1:00pm-2:00pm Kidney Disease w/ Octavia Health Inc. 6:00p -7:00p Carolyn Sims Center	21	22
24 RMU(0-5 years old) 6:00pm - 7:00pm Carolyn Sims Center BRIDGES Orientation 7:00pm-7:30pm Carolyn Sims Center 31	Triple P Seminar: Raising Confident Competent Children 6:00pm-7:30pm Carolyn Sims Center	26  Dad's Night Out 6:00p -7:00p Carolyn Sims Center	Public Health 6:00pm -7:00pm Carolyn Sims Center Casual Conversation 5:30pm-6:30pm Sara Sims Park	28	29

## Cleaning Supplies and Poison Safety

- Store household products safely to prevent poisoning. Young kids are often eye-level with items under the kitchen and bathroom sinks, so make sure household cleaning products and personal care products are up and away, out of children's reach and sight.
- Keep all household cleaning products in their original containers. Also, when buying products, look for child-resistant containers to help prevent poisoning to children.



Carolyn Sims Center- 225 NW 12th Ave, Boynton Beach 33435

Schoolhouse Museum-129 E Ocean Ave, Boynton Beach 33435

## BRIDGES at Boynton Beach

1105 N. Federal Highway Boynton Beach, FL. 33435

PHONE: 561-903-7743

MONDAY - FRIDAY 9:00am - 5:00pm

We are dedicated to strengthen communities across Palm Beach County by improving outcomes for children and families through education and social services. Our goal is to ensure that our families have what they require to not only survive, but thrive.

www.bridgesofpbc.org

# **MARCH 2025 HIGHLIGHTS**

"INSPIRE INCLUSION"



## **Parent Child Activities**

**Event: Colors and Crafts** Date: March 12th . 2025 **Time:** 6:00pm-7:00pm Place: Facebook

Highlight: Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

Event: RMU (0-5 years) "All About Daddy"

**Date:** March 17th, 2025 **Time:** 6:00pm-7:00pm Place: Carolyn Sims Center

**Highlight:** Join use as we focus on dads. We will be making crafts gear-

ing towards dads.

Event: RMU (0-5 years ) "Hooray for Hopscotch"

**Date:** March 24th, 2025 **Time:** 6:00pm-7:00pm Place: Carolyn Sims Center

**Highlight:** Join us for some old school fun as we play favorite neighbor games from childhood. Hopscotch. Hopping, skipping, jumping, and counting will help us to develop healthy bodies and mind. Come play

with your friends at the BRIDGES.

# **Family Literacy**

Event: Sensational Story N' More

Date: March 4th, 2025 Time: 10:00am-11:00am Place: Schoolhouse Museum

**Highlight:** Children's books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! In partnership with Schoolhouse Museum

**Event: Story Time Fun** Date: March 5th, 2025 **Time:** 6:00pm-7:00pm Place: Carolyn Sims Center

**Highlight:** Join us for reading fun as we read a book and bring it to life.

**Event: Storytime with Margaret** 

**Date:** March 17th, 2025 **Time:** 6:00pm-7:00pm Place: Carolyn Sims Center

Highlight: Join us for reading fun with Ms. Margaret. In partnership with

**Boynton Beach Mental Health Committee** 

**Event:** Book of the Month Date: March 19th, 2025 **Time:** 6:00pm -7:00pm Place: Facebook

Highlight: Join us as we read our book of the month.

**Event: Nutrition w/ Genesis** Date: March 6th, 2025 **Time:** 6:00pm-7:00pm Place: Carolyn Sims Center

**Highlights:** Join us as we learn about the monthly awareness campaign.

In partnership with Genesis Community Health.

**Event:** Triple P Seminars

**Date:** March 11th, 18th, 25th 2025 **Time:** 6:00pm-7:30pm Place: Carolyn Sims Center

**Highlights:** Being a parent should be easier than this, and it can be! Learn how to motivate your child positively and deal with conflicts calmly and consistently. Triple P is a multi-level system of support to prevent and treat social, emotional, and behavioral problems in children

by enhancing parents knowledge, skills, and confidence.

Event: Kidney Disease w/ Octavia Health Inc.

Date: March 20th, 2025 **Time:** 6:00pm-7:00pm Place: Carolyn Sims Center

**Highlights:** This workshop will inform members of the risk factors, complication, and education of Kidney disease. In partnership with Octavia

**Event: BRIDGES Orientation** Date: March 24th, 2025 **Time:** 7:00pm-7:30pm Place: Carolyn Sims Center

**Highlight:** Are you a new BRIDGES member or just need a refresher? If so. this meeting is for you! Join us and be introduced to the BRIDGES staff, their

roles and what BRIDGES has to offer its members and families.

**Event: Dad's Night Out** Date: March 26th, 2025 **Time:** 6:00pm-7:00pm Place: Carolyn Sims Center

**Highlight:** Dads, it's your turn to have a night out! It's your opportunity to share what's on your mind with other dads. This is your chance to

unload, unwind and have some fun at the same time!

**Event: Public Health Date:** March 27th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center

Highlights: Joins us as we improve the health of others by promoting a healthy lifestyle. Learn about preventing and responding to infectious diseases and more about public health. In partnership with Credible Health Homecare.





## **Safety Series**

**Event: Safety Series: "Fire and Carbon Monoxide Safety"** 

Date: March 13th, 2025 (English) & 20th (Creole)

Time: 1:00pm-2:00pm Place: Zoom/FB Live

Highlight: Home fires can start and spread quickly, so just a little bit of planning can make a big difference. We will discuss ways of keeping our children safe from silent unseen threats. We will talk about the dangers and threats of

Carbon Monoxide. In partnership with Safe Kids PBC



# **Community Event**

**Event: Casual Conversation** Date: Every Thursday Evening Time: 5:30pm-6:30pm Place: Sara Sims Park

Highlight: What's going on? Let's talk about what's happening in our commu-

# **Community Outreach Activity**

**Event: First Friday at 5 Concert** Date: March 7th, 2025 **Time:** 5:00pm - 8:00pm

Place: Boynton Beach Amphitheater

**Highlight:** The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take

place from 5 pm - 8 pm on the first Friday of each month.

