



Blue: Capacity Building Workshops Yellow: Parent /Child Activities Orange: Family Literacy Activities Red: Safety Workshops Green: Community Events Purple: Community Outreach Activities





Carolyn Sims Center- 225 NW 12th Ave, Boynton Beach 33435

Schoolhouse Museum-129 E Ocean Ave, Boynton Beach 33435



BRIDGES at Boynton Beach

639 East Ocean Avenue Suite 101 Boynton Beach, FL. 33435

PHONE: 561-903-7743 FAX# 561-649-9693

MONDAY - FRIDAY 9:00am - 5:00pm

We are dedicated to strengthen communities across Palm Beach County by improving outcomes for children and families through education and social services. Our goal is to ensure that our families have what they require to not only survive, but thrive.

APRIL 2025 HIGHLIGHTS

Doing Things Differently: Believing in Communities



Parent Child Activities

Event: <u>RMU (0-5 vears): "Painting with a Twist"</u> Date: April 9th , 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: During this activity, your child will work on developing their little muscles in those little hands. Looking forward to see the pretty art.

Event: RMU (0-5 years): "What Comes Next "

Date: April 22nd, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: What comes next? During this activity we will be doing fun activities that help our children work on developing their problemsolving skills. Look forward to seeing who is first, second, and last.

Event: Colors and Crafts

Date: April 23rd, 2025 Time: 6:00pm-7:00pm Place: Facebook

Highlight: Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

Family Literacy

Event: Sensational Story N' More

Date: April 8th, 2025 Time: 10:00am-11:00am Place: Schoolhouse Museum Highlight: Children's books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! In partnership with Schoolhouse Museum

Event: Storytime with Margaret

Date: April 9th, 2025 Time: 6:00pm– 6:30pm Place: Carolyn Sims Center Highlight: Join us for reading fun with Ms. Margaret from Boynton Beach Mental Health Committee. In partnership with Boynton Beach Mental Health Committee

Event: <u>Story Time Fun</u>

Date: April 16th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: Join us for reading fun as we read a book and bring it to life.

Event: Book of the Month

Date: April 30th, 2025 Time: 6:00pm -7:00pm Place: Facebook Highlight: Join us as we read our book of the month.

Capacity Building

Event: <u>Child Abuse Prevention w/ Genesis</u>

Date: April 8th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: This workshop will provide valuable resources and information on identifying the signs of child abuse, understanding the reporting process, and supporting affected families. In partnership with Genesis Community Health.

Event: The Impact of Abuse on Children w/ DCF

Date: April 17th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: This workshop aims to raise awareness and provide essential insights into the various forms of abuse and their long-term effects on children's emotional and psychological well-being. In partnership with Department of Children and Families.

Event: Pure Joy Baby & Me w/ WHIN

Date: April 14th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Come and join other new mothers to celebrate motherhood and all that it means. For pregnant families and with children 12 months or under. In partnership with Women's Health Initiative Program (W.H.I.N.)

Event: Obesity w/ Octavia Health Inc.

Date: April 15th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Join us as we educate families about prevention and give resources on health topics. In partnership with Octavia Health Inc.

Event: BRIDGES Orientation

 Date:
 April 22nd, 2025

 Time:
 7:00pm-7:30pm

 Place:
 Carolyn Sims Center

 Highlight:
 Are you a new BRIDGES member or just need a refresher?

 If so, this meeting is for you! Join us and be introduced to the BRIDGES staff, their roles and what BRIDGES has to offer its members and families.

Event: Public Health

Date: April 29th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Joins us as we improve the health of others by promoting a healthy lifestyle. Learn about preventing and responding to infectious diseases and more about public health. In partnership with Credible Health Homecare.

Event: Dad's Night Out

Date: April 29th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: Dads, it's your turn to have a night out! It's your opportunity to share what's on your mind with other dads. This is your chance to unload, unwind and have some fun at the same time!



Safety Series

Event: Safety Series: "Water Safety"

Date: April 10th (English) & 17th (Creole) Time: 1:00pm-2:00pm Place: Zoom/FB Live

Highlight: With summer fast approaching we want to be sure, you and your family know the safety steps you can take to keep your children safe in and around the water. Whether you go to the beach or the pool with your children, there are water hazards around every home! We will share potential dangers and ways to keep your little ones safe.

Community Event

Event: Casual Conversation

Date: Every Thursday Evening Time: 5:30pm-6:30pm Place: Sara Sims Park Highlight: What's going on? Let's talk about what's happening in our community!

Community Outreach Activity

Event: First Friday at 5 Concert Date: April 4th, 2025 Time: 5:00pm – 8:00pm Place: Boynton Beach Amphitheater Highlight: The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.

Water Safety Tips

- Never leave kids unsupervised.
- Use fences and barriers to keep kids and pets away from pools and spas.
- Teach kids water safety too.
- Learn infant and child CPR.

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