

FEBRUARY 2025

Mon	Tue	Wed	Thu	Fri	Sat
 <p>CELEBRATION BLACK HISTORY MONTH FEBRUARY</p>				<p><i>When Families Read, Kids Succeed; Home Story-time and Reading Logs</i></p> 	1
3	4 <u>COMMUNITY VOICE</u> 6:00pm-8:00pm	5	6 <u>COMMUNITY VOICE</u> 6:00pm-8:00pm	7	8 <u>ARTS IN MY BACKYARD</u> Historical Textile Portraits 10am-11:30am 
10 "THE CAVE" (Dinner provided) 6:30pm – 8:00pm	11 <u>RAISE ME UP</u> (Creating Love) 5:30pm-7:00pm <u>COMMUNITY VOICE</u> 6:00pm-8:00pm	12 <u>TUMMY TIME</u> (Free Diapers) 5:30pm-6:30pm <u>WEST RIVIERA ELEM. SAC MEETING</u> 5:30pm	13 <u>SAFETY SERIES</u> (Safe Sleep Safety) 1:00pm via Zoom <u>COMMUNITY VOICE</u> 6:00pm-8:00pm	14	15 <u>ARTS IN MY BACKYARD</u> You Can Dance 10am-11:30am 
17  GALENTINE 6:30pm-8:00pm Community Partners	18 <u>DR. MARY MCLEOD BETHUNE ELEM. SAC MEETING</u> 5:30pm <u>COMMUNITY VOICE</u> 6:00pm-8:00pm	19 	20 <u>SAFETY SERIES</u> (Safe Sleep Safety)(Creole) 1:00pm via Zoom <u>WOMEN of POWER</u> (Dinner provided) 6:00pm-7:30pm	21	22 <u>ASQ BLOCK PARTY</u> 10:00am-2:00pm 601 Federal Hwy. Lake Park, FL 33403
24 "THE CAVE" "Be a Buddy, Not a Bully" (Dinner provided) 6:30pm – 8:00pm	25	26 <u>ANTI-BULLYING WEAR PINK SHIRT DAY!</u>  STOP BULLYING	27 "IT'S A GIRL THING!" "Choose Kindness" (Lunch provided) 11:00am - 1:00pm	28  BLACK HISTORY YOU, ME, & BLACK HISTORY 6:00pm-7:30pm	

DID YOU KNOW
Bullying affects all youth, including those who are bullied, those who bully others, and those who witness bullying. The effects of bullying may continue into adulthood. solutions to bullying are not that simple. Bullying prevention approaches that show the most promise confront the problem from many angles. They involve the entire school community—students, families, administrators, teachers, and authorized staff .

- Safety Tips**
- Place babies on their backs for naps and at night until they are 1 year old.
 - Choose a firm mattress and fitted sheet for baby's crib
 - Dress baby in a onesie or similar clothing for every sleep
 - Don't share your bed.

BRIDGES AT RIVIERA BEACH
4152 W. Blue Heron Blvd. Suite 227-228
Riviera Beach, FL 33404
PHONE: 561-899-1644
FAX: 561-598-5672

MONDAY - FRIDAY
9:00am - 5:00pm
Offering parental support and activities for families and their children.
www.bridgesopbc.org/
rivierabeach@bridgesopbc.org
[Facebook@Bridges--Riviera](https://www.facebook.com/Bridges--Riviera)

FEBRUARY 2025 HIGHLIGHTS

MONTHLY THEME

BLACK HISTORY MONTH

PARENT/CHILD ACTIVITIES

EVENT: RAISE ME UP: CREATING LOVE
DATE: Tues., Feb., 11th, 2025 5:30pm-7:00pm
PLACE: BRIDGES at Riviera Beach
 Let's create love. During this activity your child will work on strengthen their fine motor skills by making hearts. In strengthen those little fingers, children spread their love to adults. Come feel the love

EVENT: RAISE ME UP: ASQ BLOCK PARTY
DATE: Saturday, Feb., 22nd, 2025 10am-2pm
PLACE: Kelsey Park 601 Federal Hwy. Lake Park, FL
 Join us for a free screening of your little one's growth & Development. Learn about child development, educational take-aways, and learn about parenting resources near you. The more you know, the more they can learn and grow.

EVENT: TUMMY TIME (w/ WHIN nurse)
DATE: Wed., Feb., 12th, 2025 5:30pm-6:30pm
PLACE: BRIDGES at Riviera Beach
 This ongoing workshop prepares expectant parents to have a healthy birth and informs parents with babies up to 6 months old about healthy development after baby's arrival.

EVENT: ARTS IN MY BACKYARD
DATE: Sat., Feb., 8th & 15th, 2025 10am-11:30am
PLACE: BRIDGES at Riviera Beach
 This program provides opportunities for youth and families to engage with visual and performing arts, along with providing exposure for partner cultural organizations to educate the community.



EVENT: FAMILY READ ALOUD
DATE: Wed., Feb., 19th, 2025 6:00PM
PLACE: Riviera Beach Library 2129 N. Congress Ave. Riviera Beach, FL 33404

Join us for a fun filled evening while reading stories, learning about black history. The adventures await you as you turn the page at **Family Read Aloud Night, at Riviera Beach Public Library.**

WORKSHOPS



EVENT: COMMUNITY VOICE
DATE: Feb., 4th, 6th, 11th, 13th, & 18th 2025 6:00pm-8:00pm
PLACE: BRIDGES at Riviera Beach
 The Sickle Cell Foundation Lay Health Advisors are a part of the Community Voice program, which is a grassroots initiative designed to teach residents about issues related to black infant mortality. They focus on recruiting groups of five to 10 people to meet over a five-week period to learn about black infant mortality and ways to improve birth outcomes. The curriculum covers topics such as prenatal care, domestic violence, nutrition and parenting.



EVENT: THE CAVE
DATE: Mon., Feb., 10th & 24th, 2025 6:30pm-8:00pm
PLACE: BRIDGES at Riviera Beach
 Fathers, you are **IMPORTANT** in the lives of your children and families. Come together with other fathers as we support each other to be the **BEST** we can be!



EVENT: "WOMEN of POWER"
DATE: Thurs., Feb., 20th, 2025 6:00pm-7:30pm
PLACE: BRIDGES at Riviera Beach
 Teaching women how to break the cycles of abuse so they can be free from their past will allow each woman a new lease on life.

EVENT: "IT'S A GIRL THING!"
DATE: Thurs., Feb., 27th, 2025 11am-1pm
PLACE: BRIDGES at Riviera Beach
 Please join us and get the opportunity to meet other moms with young children, gather information, form friendships, and a support system that will make a lasting, positive impact on your future.



EVENT: YOU, ME, & BLACK HISTORY
DATE: WED., Feb., 28th 2025 6:00pm-7:30pm
PLACE: BRIDGES at Riviera Beach
 Please join us for a fun-filled evening as we celebrate **BLACK HISTORY MONTH**, and learn with family and friends. Designed with young children in mind, the night will feature interactive storytelling, engaging activities, and hands-on crafts that bring **Black History** to life. Enjoy games, music, and laughter as we honor the past while inspiring the next generation. It's a joyful, educational experience the whole family will treasure! We are looking forward to seeing your face in the place!

SAFETY WORKSHOP

EVENT: SAFE SLEEP SAFETY
DATE: Thurs., Feb., 13th, 2025 1pm
DATE: Thurs., Feb., 20th, 2025 (Creole) 1pm
PLACE: ZOOM: <https://zoom.us/j/6846584976>
pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09
 Babies are most precious to us and keeping them safe is our top priority. This month we will be talking about the facts and statistics of safe sleep. We will dis-cuss how you can put your baby to sleep knowing they will be safe. Join us to learn the best practice when putting your little ones to bed.



COMMUNITY EVENT

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE: Feb., 18th, 2025 5:30pm
PLACE: Dr. Mary McLeod Bethune Elementary 1501 Avenue U. Riviera Beach, FL 33404
Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location Media Center.

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE: Feb., 19th, 2025 5:30pm
PLACE: Lincoln Elementary 1160 Ave. N., Riviera Beach, FL 33404
Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location room 112

EVENT: SCHOOL ADVISORY COUNCIL (SAC meeting)
DATE: Wed., Feb., 12th, 2025 5:30pm
PLACE: West Riviera Beach Elementary 1057 W. 6th St., Riviera Beach, FL 33404
Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved!



EVENTS: National Wear PINK Day
DATES: Feb.. 26th, 2025
PLACE: EVERYWHERE
 National **Pink Shirt Day** is a vibrant, national movement to fight bullying. It encourages everyone to wear pink shirts as a stand against bullying and brings people together, promoting kindness and inclusivity.