

# February 2025




Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events

(E) English (S) Spanish (C) Creole



Mon	Tue	Wed	Thu	Fri	Sat
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3	4 <u>Postpartum (E/S) (HYBRID)</u> (Registered Only) 10:00 am– 11:30 am <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm <u>2024 Summer Reading Prq. Overview</u> (Invitation Only) 5:30 pm– 6:30 pm (HYBRID)	5 <u>Brilliant Minds</u> 3:30 pm- 5:30 pm	6 <u>Safe Sleep Safety Wksp.</u> ZOOM (S) 1pm-2pm <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	7 	8
10	11 <u>Nutrition for Infants (E/S)</u> (Registered Only) (HYBRID) 10:00 am–11:30 am <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	12 <u>Raise Me Up/Say No to Anti-Bullying (E/S)(PC)</u> 10:30 am–11:30 am <u>Brilliant Minds</u> 3:30 pm–5:30 pm	13 <u>Safe Sleep Safety Wksp.</u> ZOOM (E) 1pm-2pm <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	14 Happy Valentine's Day 	15
17 OFFICE WILL BE CLOSED IN OBSERVANCE OF 	18 <u>Newborn Care (E/S)</u> (Registered Only) (HYBRID) <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm <u>Ambassador Meeting</u> 6:00 pm-7:30 pm	19 <u>Exploring our World (E/S)(PC)</u> 10:30 am-11:30 am <u>Brilliant Minds</u> 3:30 pm–5:30 pm	20 <u>PBC Public Library System (E/S) Storytime (Literacy)</u> 10:00am-11:00am <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	21 <u>Food Distribution</u> 10:00 am (Until Supplies last) 	22 <u>Family Impact PBC 5K (REGISTERED ONLY)</u> 7:00 am– 9:30 am
24	25 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm	26 <u>Raise Me Up (E/S)(PC)</u> 10:30am-11:30am <u>Brilliant Minds</u> 3:30 pm–5:30 pm	27 <u>Brilliant Minds</u> 3:30pm-5:30pm <u>College Prep</u> 5:30pm-7:30pm <u>Latinos Fuertes en Accion</u> 6:30pm-7:30pm (MEN ONLY)	28 <u>Wear Pink for Anti-Bullying Awareness Campaign</u> <u>Women Helping Women</u> <u>Women's Club</u> <u>Let's Stop Bullying E/S</u> 10:00 am-11:30 am	

**DID YOU KNOW THAT:**  
 More than half of bullying situations (57%) stop when a peer intervenes on behalf of the student being bullied. The 6th grade students experience the most bullying (31%). And 70% of school staff have seen bullying. 62% witnessed bullying two or more times in the last month, and 41% witness bullying once a week.



FAMILY IMPACT PALM BEACH COUNTY  
 BRIDGES at Lake Worth West

MAIN OFFICE:  
 2411 10TH AVENUE N.  
 LAKE WORTH, FL 33461  
 PHONE: 561-649-9600

MONDAY - FRIDAY  
 9:00am - 5:00pm

[www.familyimpactpbc.org](http://www.familyimpactpbc.org)  
[Facebook@familyimpactpbc.org](https://www.facebook.com/familyimpactpbc.org)

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# FEBRUARY 2024 HIGHLIGHTS

## MONTHLY THEME

**International Stand Up to Bullying Day**

## PARENT CHILD ACTIVITY

Event: **RAISE ME UP (PARENTS AND CHILDREN) & SAY TO NO TO BULLYING (E/S)**

Date: **Wednesday, February 12th 10:30 am - 11:30 am**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

Come and learn about anti-bullying.

Sponsored by **Lantana Branch Road Library**

Event: **EXPLORING OUR WORLD (E/S)**

Date: **Wednesday, February 19th 10:30 am - 11:30 am**

Place: **Palm Springs Public Library  
217 Cypress Ln., Palm Springs, FL 33461**

Parents learn skills to interact with their children in ways that promotes their development. Enjoy the laughter and fun at the park.

Sponsored by **BRIDGES and Palm Springs Library.**

Event: **RAISE ME UP (PARENTS AND CHILDREN)(E/S)**

Date: **Wednesday, February 26th 10:30 am-11:30 am**

Place: **Lantana Branch Road Library  
4020 Lantana Rd., Lake Worth, FL 33461**

Parents learn skills to interact with their children in ways that promotes their development. Sponsored by **BRIDGES & Lantana Branch Road Library**

## FAMILY LITERACY

Event: **PBC PUBLIC LIBRARY SYSTEM STORY TIME (E/S)**

Date: **Thursday, February 20th 10:00 am-11:00 am**

Place: **Bethel Assemble of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

PBC Library System will host a one hour activity in which they will encourage parents to read and do activities with their kids so they can learn new words and increase love for reading.

Sponsored by **the Palm Beach County Public Library System.**

## WORKSHOPS

Event: **POSTPARTUM (E/S) HYBRID (REGISTERED ONLY)**

Date: **Tuesday, February 4th 10:00am—11:30am**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave, Palm Springs, FL 33461**

Come learn how to deal with "Baby Blues" after having a baby.

Sponsored by **BRIDGES and Florida Dept. of Health and Suramed**



## WORKSHOPS

Event: **2024 SUMMER READING PRG. OVERVIEW (E/S) (HYBRID)**

Date: **Tuesday, February 4th 5:30 PM– 6:30 pm**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

Join us for enlighten conversation about the Summer Reading Program. Parents and child will share how the program enhanced their child's academics in school. Sponsored by **BRIDGES**

Event: **NUTRITION FOR INFANTS (E/S) HYBRID (REGISTERED ONLY)**

Date: **Tuesday, February 11th 10:00am—11:30am**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave, Palm Springs, FL 33461**

Infant nutrition is the practice of feeding a baby from birth until 2years old..

Sponsored by **BRIDGES and Florida Dept. of Health**

Event: **AMBASSADORS MEETING (INVITATION ONLY)**

Date: **Tuesday, February 18th 6:00Pm– 7:30 pm**

Invited members will join our Bridges at Lake Worth West Ambassadors group. They will be encouraged, motivated and trained to continue developing their leadership skills.

Sponsored by **BRIDGES.**

Event: **NEWBORN CARE (E/S) (REGISTERED ONLY) HYBRID**

Date: **Tuesday, February 18th 10:00am—11:00am**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave, Palm Springs, FL 33461**

Newborn care is the care given to a baby in the first days and weeks after birth. Sponsored by **BRIDGES and Florida Dept. of Health**

Event: **LATINOS FUERTES EN ACCION (E/S) (MEN ONLY)**

Date: **Wednesday, February 27TH 6:30pm-7:30pm**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave, Palm Springs, FL 33461**

Come join a circle of hard working men and fathers. That are willing to share their knowledge and empower others. We will share ideas and discuss important topics . Sponsored by **BRIDGES.**

Event : **WOMEN HELPING WOMEN /WOMEN'S CLUB & LET'S STOP BULLYING (E/S)**

Date: **Friday, February 28th 10:00am-11:30am**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

Come and be part of a great group of women. Talk about important topics, enjoy socializing and recreational activities. Deputy Cruz will be sharing the importance for reporting bullying to the school and someone.

Sponsored by **Be Well PBC and PBSO**

## SAFETY WORKSHOP

Event: **SAFE SLEEP SAFETY WKSP. (ZOOM)**

Date: **Thursday, February 6th 1pm – 2pm Spanish**

**Thursday, February 13th 1pm – 2pm English**

Sharing the facts and statistics of safe sleep. We will discuss how you can put your baby to sleep knowing they will be safe.

Sponsored by **Safe Kids of PBC.**

## COMMUNITY EVENT

Event: **BRILLIANT MINDS**

Date: **Tuesdays, Wednesdays, Thursdays 3:30pm- 5:30pm**

Place: **Palm Springs Seventh-Day Adventist Church  
4424 S. Military Trl., Lake Worth, FL 33463**

Through our homework assistance, STEAM –Science, Technology, Engineering, Arts and Math, and Reading we offer help and support to the kids of our community (1st grade through 5th grade) with their academics. Sponsored by **PBSO.**

Event: **COLLEGE PREP**

Date: **Tuesdays and Thursdays 5:30 pm - 7:30 pm**

Place: **Palm Springs Seventh-Day Adventist Church  
4424 S. Military Trl., Lake Worth, FL 33463**

This program is offered to assist high school students 9th to 12th grade to strengthen their academic skills, help with college entry and much more. Sponsored by **United Way of PBC.**

Event: **FOOD DISTRIBUTION (RBI)**

Date: **Friday, February 21st 10:00 am  
(UNTIL SUPPLIES LAST)**

Place: **Bethel Assembly of God (Church)  
4320 S. Congress Ave., Palm Springs, FL 33461**

Come by and receive can goods, fruits and much more while supplies last. Sponsored by **PBSO & Restoration Bridge Intl.**

Event: **FAMILY IMPACT PBC 5K**

Date: **Saturday, February 22nd 7:00 am– 9:30 am  
(REGISTERED ONLY)**

Place: **John Prince Park  
3034 Prince Park, Lake Worth, FL 33461**

We are inviting walkers and runners to participate in our 5K. If you would like to register go to [www.familyimpactpbc.org](http://www.familyimpactpbc.org). Sponsored by **BRIDGES.**

Event: **INTERNATIONAL STAND UP TO BULLYING DAY  
WEAR PINK ANTI-BULLYING**

Date: **Friday, February 28th**

BRIDGES at Lake Worth West will be partnering with our linkage school and our mission is to create a more kind, inclusive world by raising awareness for anti-bullying initiative.

