



Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events



**Feburary 2025**

Mon	Tue	Wed	Thu	Fri	Sat
					1 <b>Storytime at Lake Park Library</b> 10:30am-11:00am
3 <b>ESOL Lab</b> 4:00pm-7:00pm	4 <b>ESOL Lab</b> 4:00pm-7:00pm	5 <b>Circle of Moms HMHB (Registration Required)</b> 11:00am  <b>SAC Meeting (School Advisory Council)</b> 2:45pm  <b>ESOL Lab</b> 4:00pm-7:00pm	6 <b>Safe Kids –Safe Sleep Safety - (Spanish)</b> 1:00pm  <b>ESOL Lab</b> 4:00pm-7:00pm	7	8 <b>Storytime at Lake Park Library</b> 10:30am-11:00am
10 <b>ESOL Lab</b> 4:00pm-7:00pm	11 <b>What is BRIDGES? (Invitation only)</b> 11:30am-12:30pm  <b>ESOL Lab</b> 4:00pm-7:00pm	12 <b>Circle of Moms HMHB (Registration Required)</b> 11:00am  <b>ESOL Lab</b> 4:00pm-7:00pm	13 <b>Raise Me Up</b> 0-2yrs old 11:30am-12:30pm  <b>Safe Kids –Safe Sleep Safety - (English)</b> 1:00pm  <b>ESOL Lab</b> 4:00pm-7:00pm	14	15 <b>Storytime at Lake Park Library</b> 10:30am-11:00am
17 <b>ESOL Lab</b> 4:00pm-7:00pm	18 <b>Anti-Bullying Presentation (Lake Park Library)</b> 5:30-pm-6:30pm  <b>ESOL Lab</b> 4:00pm-7:00pm	19 <b>Circle of Moms HMHB (Registration Required)</b> 11:00am  <b>What is BRIDGES? (Invitation only)</b> 5:30pm-6:30pm  <b>ESOL Lab</b> 4:00pm-7:00pm	20 <b>Lap sit at Lake Park Library</b> 10:15am-11:00am <b>Safe Kids- Safe Sleep Safety -(Creole)</b> 1:00pm <b>ESOL Lab</b> 4:00pm-7:00pm  <b>Mother's Village</b> 6:00pm-7:00pm	21	22 <b>Storytime at Lake Park Library</b> 10:30am-11:00am
24 <b>ESOL Lab</b> 4:00pm-7:00pm	25 <b>ESOL Lab</b> 4:00pm-7:00pm	26 <b>National Antibullying (Wear Pink Day)</b>  <b>Antibully Awareness Presentation Workshop</b> 10:30am-11:30am <b>ESOL Lab</b> 4:00pm-7:00pm	27 <b>Raise Me Up</b> 3-5yrs old 5:30pm-6:30pm  <b>ESOL Lab</b> 4:00pm-7:00pm	28 <b>International Antibullying (Wear Pink Day)</b>	

All activities occur at BRIDGES at Lake Park unless otherwise specified

**INTERNATIONAL STAND UP TO BULLYING DAY**

- Safe Sleep Safety**
- Lay your baby on his or her back for every sleep until they are 1 years old
  - Dress baby in a wearable blanket, onesie or similar clothing for every sleep
  - Choose a firm mattress and fitted sheet for baby's crib

**BRIDGES at Lake Park**  
 1411 10th Street  
 Lake Park, FL 33403  
 561-881-5060

**Office Hours**  
 Monday-Thursday  
 8:30am-7:00pm  
 Friday 8:30am-5:00pm

Offering parental support and activities for families with children  
 Ages 0 to 8

## FEBURARY 2025 HIGHLIGHTS

**BRIDGES AT LAKE PARK**  
1411 10TH STRET  
LAKE PARK, FL 33403  
(561) 881-5060

## PARENT/CHILD ACTIVITIES

Event: **Valentine's Craft (0-2yrs old)**  
Date: February 13, 2025 Parents & Children (Birth-2yrs)  
Time: 11:30am-12:30pm  
Place: BRIDGES at Lake Park

**Valentin's Craft:** Come and create a Valentin's Craft with your children.

Event: **Valentine's Craft (3-5yrs old)**  
Date: February 27, 2025 Parents & Children (3-5yrs)  
Time: 5:30Pm-6:30pm  
Place: BRIDGES at Lake Park

**Valentine's Craft:** Come and create a nice Valentine's crate with your kids.

## Family Literacy

Event: **STORYTIME AT LAKE PARK LIBRARY**  
Date: Occurs on Saturdays  
Time: 10:30am-11:00am

Place: 529 Park Ave Lake Park 33403  
Families join Lake Park Library for Storytime bring your kids for a fun literacy reading and activity.

Event: **Lap sit at the Lake Park Library**

Date: February 20 2025  
Time: 10:15am-11:00am

Place: BRIDGES at Lake Park  
Families join BRIDGES at Lake Park for a Lap sit with your little ones ages birth-2yrs old for literacy activity.

## WORKSHOPS

Event: **ESOL-Registration Required**

Date: Monday-Thursday  
Time: 4:00pm-7:00pm  
Place: BRIDGE at Lake Park

Event: **SAC Meeting**

Date: February 4th, 2025  
Time: 2:45pm  
Place: Lake Park Elementary School  
Join us at Lake Park Elementary for School Advisory Counsel meeting with the school discussion on your child process and plans on a monthly basis.

Event: **WHAT IS BRIDGES?- NEW MEMBER ORIENTATION (Invitation Only)**

Date: February 11 and 19, 2025  
Time: 11:30am-12:30am or 5:30pm-6:30pm  
Place: BRIDGES at Lake Park  
During this orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in the Lake Park community.

Event: **CIRCLES OF MOMS**

Date: February 5, 12, and 19, 2025  
Time: 11:00am-12:00pm  
Place: BRIDGES at Lake Park  
Healthy Mother's Healthy babies will host a Support group called Circles of Moms for 6 weeks. For those who are currently pregnant and who has children up to age 2 years old. Moms get to interact with each other as a support with one another. Goal is to promoting healthy bonding with baby, promoting healthy communication and social support, techniques and activities to help babies learn

Event: **MOTHER'S VILLAGE (Invite only) WITH CENTER FOR FAMILY SERVICES**

Date: February 18, 2025  
Time: 6:00pm-7:00pm  
Place: BRIDGE at Lake Park  
This monthly group meeting is designed to assist pregnant women as well as mothers with children between the ages of 0-2yrs navigate the emotional demands of pregnancy and motherhood

Event: **MOTHER'S VILLAGE (Invite only) WITH CENTER FOR FAMILY SERVICES**

Date: February 20, 2025  
Time: 6:00pm-7:00pm  
Place: BRIDGE at Lake Park  
This monthly group meeting is designed to assist pregnant women as well as mothers with children between the ages of 0-2yrs navigate the emotional demands of pregnancy and motherhood

Event: **Anti-bullying Awareness Presentation**

Date: February 26 2025  
Time: 10:30am-11:30am  
Place: BRIDGES at Lake Park  
BRIDGES at Lake Park will be having a presentation with Deputy to discuss awareness for bullying. Please come out and get some important information.

## SAFETY WORKSHOPS

Event: **SAFE KIDS PRESENTATION- Safe Sleep Safety**

Date: February 6, 2025 (Spanish) at 1:00pm  
Date: February 13, 2025 (English) at 1:00pm  
Date: February 20, 2025 (Creole) at 1:00pm  
Place: Zoom Presentation

Zoom Link:

<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09>

Join us as we discuss the importance of Safe Sleep Safety. This is a great time to plan for safety in the kitchen with the holidays approaching.

## COMMUNITY EVENTS

Event: **ANTI-BULLYING AWARENESS PRESENTATION**

Date: February 18, 2025  
Time: 5:30PM  
Place: Lake Park Library  
529 Park Ave, Lake Park, FL 33403  
Join BRIDGES at the Lake Park Library with a activity event for Anti-Bullying Awareness month. During this engagement kids and adults will be able to learn about bullying and how it affects people especially in kids.

