

Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events

FEBRUARY 2025



Mon	Tue	Wed	Thu	Fri	Sat
					1
3 Beaded Jellyfish 3:00pm—Ages 3 & Up BG Library	4 Chair YOGA 4:00 pm—BRIDGES	5 Early Learning Coalition (ELC) 9:00 am (appt only) Safety Series— Anti Bullying 5:00pm—BRIDGES The Recess Queen 5:30pm—BRIDGES	6 VITA Tax Prep 10:30am-2:30pm BG Library Chair YOGA 4:00 pm—BRIDGES	7 VITA Tax Prep 10:30am-2:30pm BG Library	8
10 Pop Up Heart Cards 3:00pm—Ages 3 & Up BG Library Summer Camp Registration 3:00pm —BG Library	11 Chair YOGA 4:00 pm—BRIDGES	12 Early Learning Coalition (ELC) 9:00 am (walk ins) Triple P Seminar (Creole) The Power Of Positive Parenting 5:30pm—BRIDGES	13 VITA Tax Prep 10:30am-2:30pm BG Library Chair YOGA 4:00 pm—BRIDGES	14 VITA Tax Prep 10:30am-2:30pm BG Library 	15
17 	18 Chair YOGA 4:00 pm—BRIDGES	19 Early Learning Coalition (ELC) 9:00 am (appt only) Triple P Seminar (Creole) Raising Confident, Competent Children 5:30pm—BRIDGES	20 VITA Tax Prep 10:30am-2:30pm BG Library Way to Save BINGO 5:00 pm—BRIDGES	21 VITA Tax Prep 10:30am-2:30pm BG Library	22
24 Jar Of Hearts 3:00pm—Ages 3 & up BG Library	25 Chair YOGA 4:00 pm—BRIDGES	26 Early Learning Coalition (ELC) 9:00 am (walk ins) Triple P Seminar (Creole) Raising Resilient Children 5:30pm—BRIDGES	27 VITA Tax Prep 10:30am-2:30pm BG Library Chair YOGA 4:00 pm—BRIDGES	28 Wear Pink Day VITA Tax Prep 10:30am-2:30pm BG Library	

BRIDGES AT
 BELLE GLADE

141 SE AVE C
 BELLE GLADE, FL
 33430

OPERATION HOURS
 MON-FRI
 8:30AM—5:30PM

SATURDAY
 APPT ONLY
 10AM -12PM

PHONE:
 561-992-8210



FEBRUARY 2025 HIGHLIGHTS

MONTHLY THEME

It Starts At Home

PARENT CHILD ACTIVITY

Beaded Jellyfish

Monday, February 3, 2025
2:45 pm—BG Library
Ages 3 & up

Kids will experience the fun of creating their own adorable jellyfish with colorful beaded accents.

Pop Up Heart Cards (Haitian Creole)

Monday, February 10, 2025
3:00 pm—BG Library
Ages 3 & Up

These super-duper easy Heart Pop-Up cards look great, are easy to make and just in time to share with someone special. Come make yours today.

Jar Of Hearts

Monday, February 24, 2025
3:00pm— BG Library
Ages 3 & up

Let's show love everyday! Get inspired and craft your own Valentine's jar of hearts to share with those you love.

FAMILY LITERACY

BRIDGES Book Club presents: *The Recess Queen*
Wednesday, February 5, 2025
5:30pm—BRIDGES
Ages 4 & Up

Mean Jean was *The Recess Queen* or should I say *Recess Bully* until a new kid shows her kindness and friendship like she's never known. This interesting twist on the issue of bullying is a must read for kids of all ages.

CAPACITY BLDG WORKSHOPS

Triple P Seminar

The Power Of Positive Parenting (Creole Only)
Wednesday, February 12, 2025
5:30 pm—BRIDGES

Parents' introduction to the five key principles of positive parenting that form the basis of Triple P.

Triple P Seminar

Raising Confident, Competent Children (Creole Only)
Wednesday, February 19, 2025
5:30pm—BRIDGES

An introduction to six core building blocks that enables children to become confident and successful at school and beyond

Ways— To-Save (Savings) B-I-N-G-O

Thursday, February 20, 2025
5:00 pm—BRIDGES

This new year kick start your savings plan with HOUSEHOLD-BINGO at BRIDGES. Join in the fun with a traditional game of BINGO and win prizes that will help you save on commonly used household items. We will also learn how small savings can add up to bigger savings.

Triple P Seminar

Raising Resilient (Creole Only)
Wednesday, February 26, 2025
5:30pm—BRIDGES

An introduction to six core building blocks necessary for children to manage their feelings and become resilient in dealing with life stress.

SAFETY WORKSHOP

Safety Series:

Be The "I" in KiND—Bullying Awareness
Wednesday, February 5, 2025
5:00 pm—BRIDGES

Kids and kindness should go hand in hand, unfortunately there are some children that need an extra lesson. Join us to learn the impacts of bullying and ways to teach kindness to your children.

COMMUNITY EVENTS

FACEBOOK LIVE

<https://www.facebook.com/SafeKidsPalmBeachCounty>

English Exchange

Tuesdays (February 4, 11, 18, 25, 2025)
3:00pm—5:00pm
Belle Glade Library

FREE FAMILY WEEKEND MEAL KITS

Fridays, (February 7, 14, 21, 28, 2025)
9:00 am—5:00 pm
Belle Glade Library

Each child ages 18 and younger is eligible for one free weekend meal kit every Friday while supplies last.

Health Care Linkage

Wednesdays, February 5, 12, 19, 26, 2025
9:00 am—12:30 pm
BRIDGES

SUMMER CAMP SCHOLARSHIP REGISTRATION

Monday, February 10, 2025
Eligible children ages 5-17
Belle Glade Library

VITA TAX PREPARATION

Thursdays & Fridays
February 6,7,13,14,20,21,27,28, 2025
10:30am—2:30pm
BG Library

Love Thyself Chair YOGA

Tuesdays & Thursdays
February 4, 6, 11, 13, 18, 25, 27, 2025
4:00pm—5:00pm
BRIDGES at Belle Glade

Open to the public (space is limited, so register early!). Sessions include complimentary pre- and post-class blood pressure checks, demonstrating the positive impact of exercise on blood pressure.

Take a step toward a healthier you!

For more information, contact Annie Ifill at healthierglades@htpbc.org or text at (561) 685-4829.