



FEBRUARY 2025



Blue: Capacity Building Workshops
 Yellow: Parent /Child Activities
 Orange: Family Literacy Activities
 Red: Safety Workshops
 Green: Community Events
 Purple: Community Outreach Activities



| Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|---|--|-----------|
| | | | | | 1 |
| 3 | 4 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm <i>Carolyn Sims Center</i> <u>Storytime with Margaret</u> 6:00pm - 6:30pm <i>Carolyn Sims Center</i> | 5 <u>Storytime Fun</u> 6:00pm-7:00pm <i>Carolyn Sims Center</i> | 6 <u>American Heart Health with Genesis</u> 6:00pm -7:00pm <i>Carolyn Sims Center</i> | 7 <u>First Friday at 5 Concert</u> 5:00pm – 8:00pm <i>Boynton Beach Amphitheater</i> | 8 |
| 10 <u>Pure Joy Baby & Me</u> 6:00pm-7:00pm <i>Carolyn Sims Center</i> | 11 <u>Sensational Story N' More</u> 10:00am-11:00am <i>Schoolhouse Museum</i> | 12 | 13 <u>Safety Series</u> Safe Sleep Safety (English) <i>Zoom/FB Live</i> 1:00pm-2:00pm <u>Evening of Love</u> 5:30pm -7:30pm <i>Carolyn Sims Center</i> "Couples Invitation Only" | 14 | 15 |
| 17 | 18 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm <i>Carolyn Sims Center</i> <u>BRIDGES Orientation</u> 7:00pm-7:30pm <i>Carolyn Sims Center</i> | 19 <u>Colors and Crafts</u> 6:00pm -7:00pm <i>Facebook</i> | 20 <u>Safety Series</u> Safe Sleep Safety (Creole) <i>Zoom/FB Live</i> 1:00pm-2:00pm <u>Cancer w/ Octavia Health Inc.</u> 6:00pm -7:00pm <i>Carolyn Sims Center</i> | 21 | 22 |
| 24 | 25 <u>Book of the Month</u> 6:00pm -7:00pm <i>Facebook</i> | 26 <u>Galaxy Elementary</u> 10am -11am <u>Dad's Night Out</u> 6:00pm -7:00pm <i>Carolyn Sims Center</i> | 27 <u>Public Health</u> 6:00pm -7:00pm <i>Carolyn Sims Center</i> | 28 <u>Wear Pink Day</u> | |

Safe Sleep Safety

- Place infants to sleep on their backs
- Regularly check crib for loose, missing, or broken parts.
- Use firm, tight-fitting mattress
- Remove pillows or thick comforters

Carolyn Sims Center- 225 NW 12th Ave, Boynton Beach 33435
 Schoolhouse Museum-129 E Ocean Ave, Boynton Beach 33435

BRIDGES at Boynton Beach

1105 North Federal Highway
 Boynton Beach, FL 33435

PHONE: 561-903-7743

MONDAY - FRIDAY
 9:00am - 5:00pm

We are dedicated to strengthen communities across Palm Beach County by improving outcomes for children and families through education and social services. Our goal is to ensure that our families have what they require to not only survive, but thrive.

www.bridgesofpbc.org

FEBRUARY 2025 HIGHLIGHTS

ANTI-BULLYING AWARENESS



Parent Child Activities

Event: RMU (0-5 years): “Sorting Time”**Date:** February 4th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlight:** Let the sorting begin! During this activity each parent and child will find matching items. This will help your child increase their problem-solving skills and develop self-confidence. Come join in the fun!**Event: RMU (0-5 years): “Let’s Pretend”****Date:** February 18th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlight:** Are you a fireman or princess? Let’s use our imagination as we pretend we are whoever we want to be. With your help, your child can practice getting dressed as they put on costumes, learns new words, and expand their communication skills.**Event: Colors and Crafts****Date:** February 19th, 2025**Time:** 6:00pm-7:00pm**Place:** Facebook**Highlight:** Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

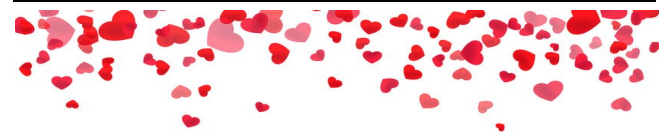
Family Literacy

Event: Storytime with Margaret**Date:** February 4th, 2025**Time:** 6:00pm– 6:30pm**Place:** Carolyn Sims Center**Highlight:** Join us for reading fun with Ms. Margaret. **In partnership with Boynton Beach Mental Health Committee****Event: Sensational Story N’ More****Date:** February 11th, 2025**Time:** 10:00am-11:00am**Place:** Schoolhouse Museum**Highlight:** Children’s books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! **In partnership with Schoolhouse Museum****Event: Story Time Fun****Date:** February 12th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlight:** Join us for reading fun, as we read a book and bring it to life.**Event: Book of the Month****Date:** February 25th, 2025**Time:** 6:00pm -7:00pm**Place:** Facebook**Highlight:** Join us as we read our book of the month.

Capacity Building

Event: American Heart Health w/ Genesis**Date:** February 6th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlights:** Join us as we learn about the monthly awareness campaign.**In partnership with Genesis Community Health****Event: Pure Joy Baby & Me****Date:** February 10th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlights:** Come and join other new mothers to celebrate motherhood and all that it means. For pregnant families and with children 12 months or under. **In partnership with Women’s Health Initiative Program (W.H.I.N.)****Event: BRIDGES Orientation****Date:** February 18th, 2025**Time:** 7:00pm-7:30pm**Place:** Carolyn Sims Center**Highlight:** Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us and be introduced to the BRIDGES staff, their roles and what BRIDGES has to offer its members and families.**Event: Cancer w/ Octavia Health Inc.****Date:** February 20th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlights:** Join us as we educate families about prevention and give resources on health topics. **In partnership with Octavia Health Inc.****Event: Dad’s Night Out****Date:** February 26th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlight:** Dads, it’s your turn to have a night out! It’s your opportunity to share what’s on your mind with other dads. This is your chance to unload, unwind and have some fun at the same time!**Event: Public Health****Date:** February 27th, 2025**Time:** 6:00pm-7:00pm**Place:** Carolyn Sims Center**Highlights:** Joins us as we improve the health of others by promoting a healthy lifestyle. Learn about preventing and responding to infectious diseases and more about public health. **In partnership with Credible Health Homecare.****Event: Evening of Love “By Invitation Only”****Date:** February 13th, 2025**Time:** 5:30pm-7:30pm**Place:** Carolyn Sims Center**Highlight:** We are excited to extend an invitation to a special event dedicated specifically to couples. Come Celebrate your Love!

Capacity Building



Safety Series

Event: Safety Series: “Safe Sleep Safety”**Date:** February 13th (English) & 20th (Creole)**Time:** 1:00pm-2:00pm**Place:** Zoom/FB Live**Highlight:** Our babies are most precious to us and keeping them safe is our top priority. This month we will be talking about the facts and statistics of a safe sleep. We will discuss how you can put your baby to sleep knowing they will be safe. Join us to learn the best practice when putting your littles to bed.

SAFE TO SLEEP

Community Event

Event: Casual Conversation**Date:** Every Thursday Evening**Time:** 5:30pm-6:30pm**Place:** Sara Sims Park**Highlight:** What’s going on? Let’s talk about what’s happening in our community!

Community Outreach Activity

Event: First Friday at 5 Concert**Date:** February 7th, 2025**Time:** 5:00pm – 8:00pm**Place:** Boynton Beach Amphitheater**Highlight:** The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.