

Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events  
 (E) English (S) Spanish (C) Creole



# February 2025



Mon	Tue	Wed	Thu	Fri	Sat
					1 Valentine Storytime 11:00 am-11:45 am LVY Library Know your numbers By heart 11:00 am-2:00 pm Eddie Rhodes Gym
3 Triple P Parenting Seminar 5:30-7:00pm Bridges at Pahokee	4	5 RAR: Valentine Pajama Party 4:30pm-5:30pm LVY Library SAC Meeting 9:00am-10:00am Pahokee Elementary	6 RMU Creative Cards 5:00pm-6:00pm Bridges at Pahokee	7	8 
10 	11	12 	13 Safe Kids Sleep Safety English 1:00pm- 2:00pm ZOOM/Facebook Live RAR: Valentine Cards and Karaoke 3:00pm-4:00pm LVY Library	14 	15
17	18	19 SAC Meeting 9:00am-10:00am KEC Elementary  Anti-Bullying Workshop 5:00pm-6:00pm Bridges at Pahokee	20 Babysitter Safety 5:00 pm-6:00pm Bridges at Pahokee	21 	22 Housing Fair 9:00am-2:00pm West Tech Center
24 	25	26 Zumba ! 5:30 pm-7:30 pm Bridges at Pahokee	27 Kids In the Kitchen 5:00pm-6:00pm Bridges at Pahokee	28 Anti-Bullying Wear Pink Shirt Selfie Day!	



**BRIDGES AT PAHOKEE**  
 170 S Barfield Highway  
 Pahokee, FL 33476  
 PHONE:  
 561-924-9224

**MAIN OFFICE:**  
 Suite 102

**ACTIVITY BUILDING:**  
 Suite 107

**MONDAY - FRIDAY**  
**8:30am - 5:00pm**  
 Offering parental support, resources, and activities for families and their children.

**Facebook @ BRIDGES - - Pahokee**

## February 2025 HIGHLIGHTS

### MONTHLY THEME

**“International Stand Up to Bullying”**  
Where Pink

### PARENT/CHILD ACTIVITIES

**Event:** [RMU “Creative Cards”](#)  
**Date:** Thursday February 6th @ 5:00pm-6:00pm  
**Place:** BRIDGES at Pahokee  
Create a card for a special person in your life, Bridges looks forward to seeing all the beautiful art <3 Call 561.924.9224 to RSVP Sponsored by Bridges

**Event:** [Kids in the Kitchen](#)  
**Date:** Thursday, February 27th @ 5:00-6:00pm  
**Place:** BRIDGES at Pahokee  
Its all love in the kitchen! Lets create a tasty treat as we use our problem solving and communication skills to master fun recipes<3 RSVP at (561)924-9224 . Sponsored by BRIDGES

### FAMILY LITERACY

**Event:** [Valentine Storytime!](#)  
**Date:** Saturday, February 1 @ 11:00am-11:45am  
**Place:** LVY Library  
Inviting all families to join Loula V York library for a Halloween Beastly bash, where you'll enjoy exciting spooky stories, crafts, and a costume contest. This event is open to the community, please come out and enjoy free popcorn, free cotton candy and giveaways.  
**For more information call 561-924-9224.**  
**Event:** [RAR:Valentine Pajama Party!](#)  
**Date:** Wednesday February 5th , @ 4:30pm-5:30pm  
**Place:** LVY Library  
You are invited to our pajama party. Storytime, craft and music! Make sure to wear your favorite pj's.  
**Event:** [RAR:Valentine Cards and Kareoke!](#)  
**Date:** Thursday February 13th , @3:00pm-4:00pm  
**Place:** LVY Library  
Create a card for a special person in your life while singing your favorite songs **For more information contact 561/924.9224**

### Capacity Building Activities

**Event:** [School Advisory Council Meeting](#)  
**Date:** Wednesday, February 5th @ 5:30pm – 6:30pm  
**Place:** Pahokee Elementary  
School Advisory Councils—were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD Believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced.

**Event:** [School Advisory Council Meeting](#)  
**Date:** Wednesday, November 20 @ 59:00 am–10:00am  
**Place:** KEC Elementary School  
School Advisory Councils—were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD Believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced.

**Event:** [Anti-Bullying Awareness Workshop](#)  
**Date:** Wednesday February 19th @ 5:00pm-6:00pm  
**Place:** Bridges at Pahokee  
Join PBSO for a workshop on Anti-Bullying Where we will discuss the steps, you can take to help others if they are experiencing bullying the kinds of bullying that exists and how we can work together to stop it.. Please contact 561.924.9224.

### FAMILY LITERACY

**Event:** [Triple P Parenting Seminar](#)  
**Date:** Monday February 3th @ 5:30pm-7:00pm  
**Place:** Bridges at Pahokee  
The Triple P Sessions will assist parents with guidance on parental skills that will help there children deal more effectively with emotions and feelings. The sessions will cover how children recognize and accept feelings. Express their feelings appropriately, build positive feelings deal with negative feelings develop coping skills and deal with up-setting or stressful life events, More information contact **561.924.9224**

### SAFETY WORKSHOP

**Event:** [Safe Kids Sleep Safety](#)  
**Date:** Thursday, February 13th @ 1:00p-2:00pm  
**Place:** ZOOM/FACEBOOK  
Our babies are most precious to us and keeping them safe is our main priority . This month we will be talking about the fact and statistics of safe sleep we will discuss how you can put your baby to sleep knowing they will be safe Join us to learn the best practice when putting you littles to bed.  
**Event:** [Babysitter Safety](#)  
**Date:** Thursday, February 20th @ 5:00pm-6:00pm  
**Place:** Bridges at Pahokee  
Babysitters must be mature, responsible and must know how to react in an emergency situation such as fire or injury. This workshop is designed to enlighten families as to the common hazards in the home and how to prevent potential life threatening situations from occurring. In this workshop we will discuss preparing an emergency action plan and 9-1-1. Fire safety and burn prevention. In the home choking suffocation and strangulation hazards common household poisons playground safety and fall prevention water safety and drown prevention. And lastly the dangers

### COMMUNITY EVENT

**Event:** [Know Your Numbers By Heart](#)  
**Date:** Saturday, February 20th 11:00am-2:00pm  
**Place:** Eddie Lee Rhodes Gym  
Join us in raising awareness surrounding cardiovascular disease and support for preventive health screenings. There will be resources available to the community. **For more Information please call 561.924.922**  
**Event:** [Zumba!](#)  
**Date:** Wednesday February 6 @ 11:00am-2:00pm  
**Place:** Bridges at Pahokee  
Join us in raising awareness for the month with Zumba. It's a fitness program that involves cardio and latin inspired dance. Come out and burn calories while having fun at the best fitness class ever. **For more Information please call 561.924.9224**  
**Event:** [Housing Fair](#)  
**Date:** Saturday February 22 @ 9:00am-2:00pm  
**Place:** West Tech Education Center  
Join us for a comprehensive housing fair featuring local vendors, information on home buying, renting options, and resources for aspiring homeowners.