

February 2025



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Family Literacy
 Green: Community Events
 Black- Other



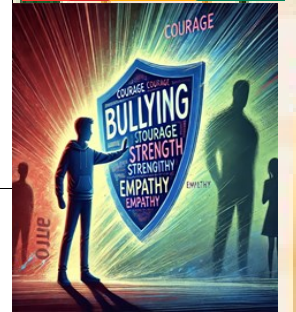
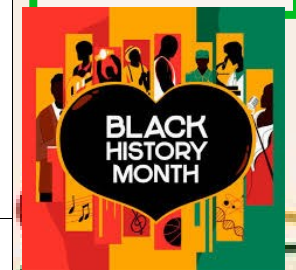
Mon	Tue	Wed	Thu	Fri	Sat
					1
3	4 <u>Triple P Seminar: "Power of Positive Parenting"</u> 5pm-7pm	5 <u>SAC/Pastelitos with the Principal</u> 8:15am-9am <u>Antibullying Presentation</u> 4:30pm-5:30pm	6 <u>Safety Series: "Safe Sleep Safety"</u> 1pm-2pm	7 <u>Spanish Literacy</u> 10:30am -12pm <u>Fan Away Bullies</u> 3pm-4pm <u>Valentine's Dinner</u> 7pm-9pm <u>Bonfire &n Night Mkt</u> 6pm-9pm	8 <u>Family Date Night</u> 6pm-8pm
10	11 <u>Triple P Seminar: "Raising Confident/Competent Children"</u> 5pm-7pm	12 <u>Story Time</u> 1pm-2pm <u>Raise Me Up: Be a Buddy Not a Bully</u> 4pm-5pm	13 <u>What Is BRIDGES?</u> 11am-12pm <u>Safety Series: "Safe Sleep Safety"</u> 1pm-2pm	14 <u>Spanish Literacy</u> 10:30am -12pm	15
17	18 <u>Triple P Seminar: "Raising Resilient Children"</u> 5pm-7pm	19 <u>Raise Me Up: "Freeze Dance"</u> 4pm-5pm	20 <u>Community Immunization</u> 8am -12pm <u>How to talk to your children about alcohol and vaping</u> 11am-12:30pm <u>Safety Series: "Safe Sleep Safety"</u> 1pm-2pm	21 <u>Spanish Literacy</u> 10:30am -12pm <u>Bonfire &n Night Mkt</u> 6pm-9pm	22 <u>Community Baby Shower</u> 11am-1pm
24 NO SCHOOL <u>Family Activity: "Norton Museum Visit"</u> 1pm-3pm <u>Padres Exitosos: "Comprendiendo la Mayor Necesidad de los Hijos"</u> 6:30pm-7:30pm	25	26	27	28 <u>Spanish Literacy</u> 10:30am -12pm Wear Pink for Antibullying Awareness	

BRIDGES At Highland
MAIN OFFICE:
 305 Lake Ave
 LAKE WORTH, FL
 33460

PHONE:
 561-899-1652
FAX:
 561-537-5160

MONDAY - FRIDAY
 8:00am - 5:00pm

www.bridgesofpbc.org
Facebook at BRIDGES Highland



2025 HIGHLIGHTS

MONTHLY THEME

“International Stand Up to Bullying Day!”

PARENT CHILD ACTIVITY

Event: RAISE ME UP “ Be a Buddy Not a Bully”
Date: February 12, 2025 @ 4pm—5pm
Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460

Let’s create love and stand against bullying. During this Activity your child will work on strengthening their fine motors by making a “Say NO” to bully heart fan come feel the love.
Sponsored by Child Development Specialist

Event: Fan Away Bullies
Date: February 7, 2025 @ 3pm—4pm
Place: 1507 16th Ave N, Lake Worth Beach FI 33460

Join us as we collaborate with our local daycare to bring this educational workshop. **Sponsored by Pro Child Daycare**

Event: RAISE ME UP “ Freeze Dance”
Date: February 19, 2025 @ 4pm—5pm
Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

Are you ready, it’s time to get moving? During this gross motor activity, you and your child will be Freeze dancing, and activity that builds the brain and the body together. Get your sneakers and let’s get moving.

Event: Family Activity “Norton Museum Visit”
Date: February 24, 2025 @ 1pm—3pm
Place: 1450 S Dixie Hwy, West Palm Beach FI 33401

Join us for a day where we tour the Norton Museum of Art.
Sponsored by Norton Museum of Art

FAMILY LITERACY

Event: Story Time
Date: February 12, 2025 @ 1pm—2pm
Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

The BRIDGES would like for you to join us with your children to enjoy this fun Story Time presented by Lake Worth Library
Sponsored by Lake Worth Library



WORKSHOPS

Event: Triple P Seminar: “Power of Positive Parenting”
Date: February 4, 2025 @ 5pm—7pm
Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460

For every parent who ever wondered:” Why does my child do that?” This seminar helps you understand the reason kids do what they do, so you can guide their behavior-- and see more of the behavior you like, and less of the behavior you don’t like..
Sponsored by Amelia Baena

Event: SAC/PAC & Pastellitos with the Principal
Date: February 5, 2025 @ 8:15am—9:00am
Place: 500 Highland Ave, Lake Worth Beach FI 33460
Highland Elementary

These meetings primary purpose is to review relevant data, identify problem areas, develop improvement strategies, and monitor their implementation.
Sponsored by Highland Elementary

Event: Antbullying Presentation
Date: February 5, 2025 @ 10:30am—12pm
Place: BRIDGES 305 Lake Ave , Lake Worth Beach FI 33460

Please join us as we partner with PBSO to bring this presentation about Antbullying. **Sponsored by PBSO**

Event: Spanish Literacy
Date: February 7, 14, 21 , and 28, 2025 @ 10:30am—12pm
Place: BRIDGES 305 Lake Ave , Lake Worth Beach FI 33460

Parent Leaders come together to teach members the basics of reading and writing Spanish.
Sponsored by BRIDGES Ambassador

Event: Valentine’s Dance
Date: February 7, 2025 @ 7pm—9pm
Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

Please join us for a romantic dinner and dance with your spouse. **Sponsored by BRIDGES Staff**

Event: Triple P Seminar: “Raising Confident/Competent Children”
Date: February 11, 2025 @ 5pm—7pm,
Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

You can help your child become confident and successful at school and beyond. Find out ways to encourage them to be respectful and considerate, communicate and get on well with others, feel good about themselves and become independent
Sponsored by Amelia Baena

Event: What Is BRIDGES?
Date: February 13, 2025 @ 11am -12pm
Place: 500 Highland Elementary, Lake Worth FI 33460

Please join us as we give you information about the BRIDGES program and the resources.
Sponsored by Miriam Maldonado (Navigator)

Event: Padres Exitosos “Comprendiendo las Necesidades de los Hijos”
Date: February 24, 2025 @ 5:30pm—6:30pm
Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

Come join us for this Father’s engagement group where they will be discussing understanding the major necessities of our children. **Sponsored by BRIDGES Ambassador**

SAFETY WORKSHOP

SAFETY WORKSHOP “Safe Sleep Safety”
Sponsored by Safe Kids of PBC (VIA ZOOM)

Date: February 6, 2025 @ 1pm—2pm Spanish

Date: February 13, 2025 @ 1pm—2pm English

Date: February 20, 2025 @ 1pm—2pm Creole

Our babies are most precious to us and keeping them safe is our top priority . This month we will be talking about the facts and statistics of safe sleep. We will discuss how you can put your baby to sleep knowing they will be safe. Join us to learn the best practice when putting your littles to bed.

COMMUNITY EVENT

Event: Bonfires & Night Market
Date: February 7, and 21, 2025 @ 6pm—9pm
Place: 10 S Ocean Blvd, Lake Worth Beach FI 33460

Come join us for bonfire and the New Market! Bring your own town chairs, blankets, and s’mores kits to enjoy a cozy night under the stars.
Sponsored by City Lake Worth Beach

Event: Family Date Night
Date: February 8, 2025 @ 6pm—8pm
Place: Casino Ballroom 10 S Ocean Blvd, Lake Worth FL 33460

Mark your calendars for our Family Date Night and Join us for a fun filled evening that’s all about bringing families together!
Sponsored by City of Lake Worth Beach

Event: Community Immunization
Date: February 20, 2025 @ 8am—12pm
Place: 709 North F St, Lake Worth Beach FI 33460

Palm Beach Health Department comes out every third Thursday of the month to provide families with the necessary immunizations their children need. Free immunizations for children.
Sponsored by Palm Beach Health Department

Event: Street Paint Festival
Date: February 22 -23, 2025 @ 8am—12pm
Place: Downtown Lake Worth

Please join the City of Lake Worth Beach for their annual Street Paint Festival. Calling all Artists.
Sponsored by City of Lake Worth Beach

Event: Community BABY SHOWER
Date: February 22, 2025 @ 11am—1pm
Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460

Please join us for our annual Community Baby Shower!
Sponsored by BRIDGES at Highland (Outreach Coordinator)