

All activities occur at BRIDGES at West Palm Beach unless otherwise specified.



Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Literacy  
 Green: Community Events



**JANUARY 2025**

**BRIDGES**  
 at WEST PALM BEACH

Mon	Tue	Wed	Thu	Fri	Sat
		1 Closed Happy New Year	2	3	4
6 <a href="#">Positive Parenting Seminar   Triple P</a> 6PM-7PM *Community Room	7 <a href="#">CIRCLES</a> 6pm—7:30pm Closed Group *Pre-registration Required	8 <a href="#">House Calls   FAU</a> 6pm-7pm *Zoom	9 <a href="#">Safe Kids</a> 1:00pm to 2:00pm Facebook Live	10	11
13 <a href="#">Positive Parenting Seminar   Triple P</a> 6PM-7PM *Community Room	14 <a href="#">CIRCLES</a> 6pm—7:30pm Closed Group *Pre-registration Required	15 <a href="#">Literacy Adventure/ Safety Tips</a> 6:00pm to 7:00pm *Community Room <a href="#">SAC Pleasant City Elem</a> 5:30PM	16 <a href="#">New Members Community Orientation</a> 5:30pm-6:30pm *Community Room	17	18
20 Closed Martin Luther King Jr. Birthday	21 <a href="#">CIRCLES</a> 6pm—7:30pm Closed Group *Pre-registration Required	22 <a href="#">Fathers Only</a> 6pm to 7:30pm *Community Room <a href="#">SAC Roosevelt Elementary</a> 5:30PM	23 <a href="#">Baby Talk</a> 6pm-7pm *Community Room	24	25 <a href="#">Bridges Family Meeting</a> 12pm-3pm *Community Room
27 <a href="#">Triple P Seminar</a> 6PM-7PM *Community Room  <a href="#">RMU: Library Club</a> 6pm-7pm *Mandel Public Library	28 <a href="#">CIRCLES</a> 6pm—7:30pm Closed Group *Pre-registration Required	29			

Here are some important safety tips for children to keep in mind as we celebrate New Year's 2025

**Fireworks Safety:** Keep children away from fireworks and sparklers; always supervise.

**Stay Close:** Ensure children stay with trusted adults in crowded places.

**Avoid Choking:** Be mindful of small foods that could pose choking hazards.

**Pet Safety:** Keep pets indoors during fireworks and ensure children

**BRIDGES**  
 720 8th Street,  
 West Palm Beach, FL  
 33401  
 561-804-6754

Mon-Thurs 9am to 6 pm  
 Friday 9am to 5 pm

Offering parental support and activities for families with children Ages 0 to 8

## HIGHLIGHTS

### PARENT/CHILD ACTIVITIES

**Event:** **LITERACY ADVENTURE TIME | Interactive Story Time | Safety Tips**

**Date:** January 15, 2025

**Time:** 6pm to 7pm

**Place:** Community Room

**Summary:** Come and join us for a special interactive story time. Be on the look out for the flyer for more information.

**Event:** **BABY TALK: Development & Activities**

**Date:** January 23, 2025

**Time:** 6pm to 7pm

**Place:** Community Room

**Summary:** BABY TALK offers learning opportunities by providing information & activities to assist expectant families and parents with children up to 12 months of age. We will be learning about Communication and Personal Social skill development. Let us know if you will be joining us. Please see the flyer for additional information.

**Event:** **RAISE ME UP: PLAYGROUP: LIBRARY CLUB**

**Date:** January 27, 2025

**TIME:** 6pm-7pm

**Place:** Mandel Public Library of West Palm Beach (411 Clematis Street, WPB, 33401)

**Summary:** : Ages & Stages/Child Development for children ages 1 to 5 years. Join us on the 3rd Floor KidSpace for some learning activities including music & movement, songs, rhymes, crafts and a special story time. Free parking (Mandal provides a parking voucher) is available in the City Center Parking Garage/401 Banyan Blvd, WPB 33401 (for up to 2 hours of parking). Let us know if you will be joining us. Please see the flyer for further information.

### COMMUNITY EVENTS

**Event:** **SAC MEETING: PLEASANT CITY ELEMENTARY**

**Date:** January 15, 2025

**Time:** 5:30pm

**Place:** Pleasant City Elementary School

**Summary:** Attention all members with children attending Pleasant City Elementary School! Join us for an informative session where important details affecting you and your child will be shared. Don't miss out!

**Event:** **SAC MEETING: ROOSEVELT ELEMENTARY**

**Date:** January 22, 2025

**Time:** 5:30pm

**Place:** Roosevelt Elementary School

**Summary:** Attention all members with children attending Roosevelt Elementary School! Join us for an informative session where important details affecting you and your child will be shared. Don't miss out!

### WORKSHOPS

**Event:** **POSITIVE PARENTING TRIPLE P SEMINAR**

**Date:** January 6, 13, & 27.

**Time:** 6pm to 7pm

**Place:** BRIDGES Community Room

**Summary:** Join us in Navigating the algorithms of Parenting. Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing. Families who attend all (3) seminars will be given a gift card. RSVP Required.

**Event:** **CIRCLES \*PREREGISTRATION REQUIRED**

**Date:** January 7, 14, 21, & 26.

**Time:** 6pm to 7:30pm

**Place:** Bridges Community Room

**Summary:** CIRCLES is a unique program to help individuals and families break out of poverty and become upwardly mobile through education, mentoring and personal resolve to succeed. Please Contact Crissy Baker at 561.602.7802 if you are interested in registering for CIRCLES.

**Event:** **HOUSE CALLS WITH FAU**

**Date:** January 8, 2025

**Time:** 6pm-7pm

**Place:** Zoom

**Summary:** Join us for an informative session on blood pressure hosted by the Department of Health of Palm Beach County. Learn about the importance of monitoring blood pressure, how to maintain healthy levels, and the impact it can have on your overall health. This virtual event is a great opportunity to ask questions and gain valuable insights from health experts.

## WORKSHOPS

**Event:** **SAFE KIDS**

**Date:** January 9, 2025

**Time:** 1pm to 2pm

**Place:** Zoom

**Summary:** Safe Kids Will be broadcasted via Zoom. Link and instructions will be posted on the BRIDGES of West Palm Beach Facebook page.

**Event:** **MY COMMUNITY ORIENTATION**

**Date:** January 16, 2025

**Time:** 5:30pm to 6:30pm

**Place:** Bridges Community Room

**Summary:** This is an awareness workshop for our BRIDGES members about services and local resources available to you. As well as what our partnership with you as a member will look like. You will be orientated to BRIDGES. If you missed the Parent night last month, please try to attend.

**Event:** **FATHERS ONLY**

**Date:** January 22, 2025

**Time:** 6pm to 7:30pm

**Place:** BRIDGES Community Room

**Summary:** Join us for our Fathers Only meeting, where we'll be creating vision boards to help visualize our goals and dreams for the year ahead. This hands-on workshop will give fathers the chance to reflect on their personal, family, and professional aspirations, and bring them to life through creative expression. It's a powerful opportunity to connect with other dads, share your vision, and leave inspired to move forward with purpose and hope. Don't miss this chance to set your intentions for a brighter future!

**Event:** **BRIDGES FAMILY MEETING**

**Date:** January 25, 2025

**Time:** 12pm to 3pm

**Place:** BRIDGES Community Room

**Summary:** We'll celebrate and acknowledge the hard work and participation of our members. Enjoy a complimentary lunch, connect with valuable resources on employment opportunities and health insurance, and hear from an inspiring guest speaker who will motivate us for the year ahead. Join us as we come together to empower and support each other in achieving our goals for the new year!

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720 8th Street

West Palm Beach, FL 33401

(561) 804-6754