



Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events



**January 2025**

Mon	Tue	Wed	Thu	Fri	Sat
<b>Happy New Year</b>					
		1 <b>Office Closed</b>	2	3	4
6 <b>ESOL Lab</b> 4:00pm-7:00pm	7 <b>Basic Computer Skills Info Session and Pre-Assessment [In-person]</b> 10:30pm-12:00pm  <b>ESOL Lab</b> 4:00pm-7:00pm	8 <b>SAC Meeting</b> 2:45pm  <b>Circle of Moms HMHB (Registration Required)</b> 11:00am  <b>ESOL Lab</b> 4:00pm-7:00pm	9 <b>Raise Me Up</b> 0-2yrs old 11:30am-12:30pm  <b>Safe Kids -Family Fire Escape Planning Safety -(Spanish)</b> 1:00pm  <b>Basic Computer Skills Info Session and Pre-Assessment [In-person]</b> 5:00pm-6:30pm  <b>ESOL Lab</b> 4:00pm-7:00pm	10	11 <b>Storytime at Lake Park Library</b> 10:30am-11:00am
13 <b>ESOL Lab</b> 4:00pm-7:00pm	14 <b>What is BRIDGES? (New Members Invitation only)</b> 11:30am-12:30pm  <b>Presentation Program (Lake Park Library)</b> 5:30pm  <b>ESOL Lab</b> 4:00pm-7:00pm <b>Mother's Village</b> 6:00pm-7:00pm	15 <b>Circle of Moms HMHB (Registration Required)</b> 11:00am  <b>ESOL Lab</b> 4:00pm-7:00pm  <b>What is BRIDGES? (New Members Invitation only)</b> 5:30pm-6:30pm	16 <b>Lap sit at Lake Park Library</b> 10:30am-11:30am  <b>Foundcare Workshop</b> 11:00am-12pm  <b>Safe Kids -Family Fire Escape Planning Safety- (English)</b> 1:00pm  <b>ESOL Lab</b> 4:00pm-7:00pm	17	18 <b>Storytime at Lake Park Library</b> 10:30am-11:00am
20 <b>Office Closed</b>	21 <b>ESOL Lab</b> 4:00pm-7:00pm	22 <b>Circle of Moms HMHB (Registration Required)</b> 11:00am  <b>ESOL Lab</b> 4:00pm-7:00pm	23 <b>SafeKids-Family Fire Escape Planning Safety- (Creole)</b> 1:00pm  <b>Raise Me Up</b> 3-5yrs old 5:30pm-6:30pm  <b>ESOL Lab</b> 4:00pm-7:00pm	24	25 <b>Storytime at Lake Park Library</b> 10:30am-11:00am
27 <b>ESOL Lab</b> 4:00pm-7:00pm	28 <b>ESOL Lab</b> 4:00pm-7:00pm	29 <b>ESOL Lab</b> 4:00pm-7:00pm	30 <b>ESOL Lab</b> 4:00pm-7:00pm	31	

All activities occur at BRIDGES at Lake Park unless otherwise specified

*“IMPORTANCE OF H.P.V.”*

**Family Fire Escape Planning**

- Home fires can start and spread quickly, so just a little bit of planning can make a big difference. Make sure to create a home fire escape plan and practice it regularly with your family. Have a Family Escape Plan is a smart way to include your children for the dangers and plan of action in the event of a home fire.

**BRIDGES at Lake Park**  
 1411 10th Street  
 Lake Park, FL 33403  
 561-881-5060

**Office Hours**  
 Monday-Thursday  
 8:30am-7:00pm  
 Friday 8:30am-5:00pm

Offering parental support and activities for families with children  
 Ages 0 to 8

## January 2025 HIGHLIGHTS

**BRIDGES AT LAKE PARK**  
1411 10TH STREET  
LAKE PARK, FL 33403  
(561) 881-5060

## PARENT/CHILD ACTIVITIES

Event: **Holiday Craft (0-2yrs old)**

Date: January 9, 2024 Parents & Children (Birth-2yrs)

Time: 11:30am-12:30pm

Place: BRIDGES at Lake Park

**Holiday Craft:** Come out and do a fun child activity with our child development specialist for a holiday craft

Event: **Holiday Craft (3-5yrs old)**

Date: January 23, 2024 Parents & Children (3-5yrs)

Time: 5:30Pm-6:30pm

Place: BRIDGES at Lake Park

**Holiday Craft:** Come out and do a fun child activity with our child development specialist for a holiday craft

## Family Literacy

Event: **Lap sit at the Lake Park Library**

Date: January 16, 2024

Time: 10:30am-11:30am

Place: BRIDGES at Lake Park

Families join BRIDGES at Lake Park for a Lap sit with your little ones ages birth-2yrs old for literacy activity.

Event: **Storytime at Lake Park Library**

Date: Occurs on Saturdays

Time: 10:30am-11:00am

Place: Lake Park Library

Families join Lake Park Library for Storytime bring your kids for a fun literacy reading and activity.

## WORKSHOPS

Event: **ESOL-Registration Required**

Date: Monday-Thursday

Time: 4:00pm-7:00pm

Place: BRIDGE at Lake Park

Event: **CIRCLES OF MOMS**

Date: January 8, 15, and 22 2024

Time: 11:00am-12:00pm

Place: BRIDGES at Lake Park

Healthy Mother's Healthy babies will host a Support group called Circles of Moms for 6 weeks. For those who are currently pregnant and who has children up to age 2 years old. Moms get to interact with each other as a support with one another. Goal is to promoting healthy bonding with baby, promoting healthy communication and social support, techniques and activities to help babies learn

Event: **Basic Computer Skills Info Session and Pre-Assessment [In-person]**

Date: January 7, and 9 2024

Time: 10:00am and 5:30pm

Place: BRIDGES at Lake Park

This is a workshop for our parents who is seeking computer skills to build on along with a pre-assessment. Two sessions to choose from January 7th at 10:30am or January 9th at 5:30pm.

Event: **SAC Meeting**

Date: January 8, 2024

Time: 2:45pm

Place: Lake Park Elementary School

Join us at Lake Park Elementary for School Advisory

Counsel meeting with the school discussion on your child process and plans on a monthly basics.

Event: **WHAT IS BRIDGES?- NEW MEMBER ORIENTATION (Invitation Only)**

Date: January 14 and 15 2024

Time: 11:30am-12:30am or 5:30pm-6:30pm

Place: BRIDGES at Lake Park

During this orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in the Lake Park community.

Event: **MOTHER'S VILLAGE (Invite only) WITH CENTER FOR FAMILY SERVICES**

Date: January 14, 2024

Time: 6:00pm-7:00pm

Place: BRIDGE at Lake Park

This monthly group meeting is designed to assist pregnant women as well as mothers with children between the ages of 0-2yrs navigate the emotional demands of pregnancy and motherhood

## SAFETY WORKSHOPS

Event: **SAFE KIDS PRESENTATION-- FAMILY FIRE ESCAPE PLANNING**

Date: January 9, 2024 (Spanish) at 1:00pm

Date: January 16, 2024 (English) at 1:00pm

Date: January 23, 2024 (Creole) at 1:00pm

Place: Zoom Presentation

Zoom Link:

<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09>

Join us as Safekids discuss the important of Family Fire Escape Planning Safety.

## COMMUNITY EVENTS

Event: **BRIDGES ADULT PROGRAM**

Date: Every 3rd Tuesday of each month

Time: 5:30PM

Place: Lake Park Library

529 Park Ave, Lake Park, FL 33403

Join the Lake Park Library with a presentation where each month topic is different with educational discussion at lake park library. There will also be an kids craft activity as well while parents attend workshop.