



Blue: Capacity Building Workshops Yellow: Parent /Child Activities **Orange: Family Literacy Activities** Red: Safety Workshops **Green: Community Events Purple: Community Outreach Activities**



Support & Hope

						Fight, Support & Hope
Mon	Tue	Wed	Thu	Fri	Sat	
Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.		1 BRIDGES CLOSED	2 <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	3 <u>First Friday at 5 Concert</u> <u>5:00pm – 8:00pm</u> Boynton Beach Amphilheater	4	 Fire and Carbon Monoxide Safety Install carbon monoxide (CO) alarms. Make sure there is one on every level of your home, especially around sleeping areas. Avoid using gas appliances inside your home. Use generators and grill outside of your home, away from windows and doors. Warm up vehic outside of your garage. Create and practice a fire escape pla Create a home fire escape plan with two ways out of every room. Choose place to meet outside that is a safe distance away from your home.
6	7 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>Storytime with Mar-garet</u> 6:00pm - 6:30pm Carolyn Sims Center	8 <u>Colors and Crafts</u> 6:00pm -7:00pm Facebook	9 <u>Cervical Health with</u> <u>Genesis</u> 6:00pm -7:00pm Carolyn Sims Center <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park	10	11	
13	14 <u>Sensational Story</u> <u>N' More</u> 10:00am-11:00am Schoolhouse Museum	15 <u>Storytime Fun</u> 6:00pm-7:00pm Carolyn Sims Center	16 Safety Series Fire & Carbon Monoxide Safety (English) Zoom/FB Live 1:00pm-2:00pm Public Health 6:00pm -7:00pm Carolyn Sims Center	17	18	Carolyn Sims Center- 225 NW 12th Ave, Boynton Beach 33435 Schoolhouse Museum-129 E Ocean Ave, Boynton Beach 33435 BRIDGES at
20 BRIDGES CLOSED	21 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm Carolyn Sims Center <u>BRIDGES Orienta-</u> <u>tion</u> 7:00pm-7:30pm Carolyn Sims Center	22	23 <u>Safety Series</u> Fire & Carbon Monoxide Safety (Creole) Zoom/FB Live 1:00pm-2:00pm <u>"Born to Be Wild" Baby</u> <u>Shower</u> 5:30pm-7:00pm <i>Carolyn Sims Center</i>	24	25	Boynton Beach 1105 N. Federal Highway Boynton Beach, FL. 33435 PHONE: 561-903-7743 MONDAY - FRIDAY 9:00am - 5:00pm
27	28 <u>Book of the Month</u> 6:00pm -7:00pm Facebook	29 <u>Dad's Night Out</u> 6:00p -7:00p Carolyn Sims Center	30 <u>Casual Conversation</u> 5:30pm-6:30pm Sara Sims Park <u>Cervical Cancer w/ Octavia</u> <u>Health Inc.</u> 6:00p -7:00p Carolyn Sims Center	31		We are dedicated to strengthen commu across Palm Beach County by improv outcomes for children and families thr education and social services. Our goa ensure that our families have what th require to not only survive, but thriv www.bridgesofpbc.org

JANUARY 2025 HIGHLIGHTS

"IMPORTANCE OF H.P.V. VACCINES"



Parent Child Activities

Event: <u>RMU (0-5 years) "Musical Chairs"</u>

- Date: January 7th, 2025
- Time: 6:00pm-7:00pm

Place: Carolyn Sims Center

Highlight: Let's get the music, the chairs, and the children to play the classical game of musical chairs. Through this game, the children learn about taking turns, how to control their bodies and follow directions. By the end of the activity, it will be about the music and dancing with your child.

Event: Colors and Crafts

Date: January 8th, 2025 Time: 6:00pm-7:00pm Place: Facebook Highlight: Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

Event: <u>RMU (0-5 years) "Creating Love"</u>

Date: January 21st, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center

Highlight: From My Heart to My Hands. Let's create love. During this activity your child will work on strengthen their fine motors by making a heart. In strengthen those little fingers, children spread their love to the adults. Come feel the love.

Family Literacy

Event: Storytime with Margaret

Date: January 7th, 2025 Time: 6:00pm – 7:00pm Place: Carolyn Sims Center Highlight: Join us for reading fun with Ms. Margaret. In partnership with Boynton Beach Mental Health Committee

Event: Sensational Story N' More

Date: January 14th, 2025 Time: 10:00am-11:00am Place: Schoolhouse Museum Highlight: Children's books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! In partnership with Schoolhouse Museum

Event: Story Time Fun Date: January 15th, 2025

Date: January 15th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: Join us for reading fun as we read a book and bring it to life.

Event: Book of the Month

Date: January 28th, 2025 Time: 6:00pm -7:00pm Place: Facebook Highlight: Join us as we read our book of the month.

Capacity Building

Event: <u>Cervical Health w/ Genesis</u> Date: December 9th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Join us as we learn about the monthly awareness campaign. In partnership with Genesis Community Health.

Event: Public Health

Date: January 16th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Joins us as we improve the health of others by promoting a healthy lifestyle. Learn about preventing and responding to infectious diseases and more about public health. In partnership with Credible Health Homecare.

Event: BRIDGES Orientation

Date: January 21st, 2025 Time: 7:00pm-7:30pm Place: Carolyn Sims Center Highlight: Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us and be introduced to the BRIDGES staff, their roles and what BRIDGES has to offer its members and families.

Event: "Born to Be Wild" Baby Shower

Date: January 23rd, 2025 Time: 5:30pm-7:00pm Place: Carolyn Sims Center Highlights: BRIDGES at Boynton Beach members, who are pregnant and moms with babies under 3 months are invited to this baby shower. RSVP by January 12 to attend. In partnership with Sigma Gamma Rho.

Event: Dad's Night Out

Date: January 29th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: Dads, it's your turn to have a night out! It's your opportunity to share what's on your mind with other dads. This is your chance to unload, unwind and have some fun at the same time!

Event: Cervical Health w/ Octavia Health Inc.

Date: January 30th, 2025 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Cervical Health Awareness Month is a chance to share information about how women can protect themselves from HPV (human papillomavirus) and cervical. In partnership with Octavia Health Inc.







Safety Series

Event: Safety Series: "Fire and Carbon Monoxide Safety"

Date: January 16th, 2025 (English) & 23rd (Creole)

Time: 1:00pm-2:00pm

Place: Zoom/FB Live

Highlight: Home fires can start and spread quickly, so just a little bit of planning can make a big difference. We will discuss ways of keeping our children safe from silent unseen threats. We will talk about the dangers and threats of Carbon Monoxide. In partnership with Safe Kids PBC



Community Event

Event: <u>Casual Conversation</u> Date: Every Thursday Evening Time: 5:30pm-6:30pm Place: Sara Sims Park Highlight: What's going on? Let's talk about what's happening in our community!

Community Outreach Activity

Event: First Friday at 5 Concert

Date: January 3rd, 2025 Time: 5:00pm – 8:00pm Place: Boynton Beach Amphitheater Highlight: The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.

