



Blue: Capacity Bldg. Workshops  
 Yellow: Parent/Child Activities  
 Red: Safety Workshops  
 Orange: Family Literacy  
 Green: Community Events  
 (E) English (S) Spanish (C) Creole



**January 2025**

Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4
6 <b>Triple P Seminar</b> 5:30-7:00 pm Bridges at Pahokee	7	8 <b>ECLC</b> 10:00am-11:00am Pahokee Elementary	9 <b>Safe Kids Family Fire Escape planning</b> (English) 1:00pm-2:00pm <b>FACEBOOK/ZOOM</b> RAR: New Year New Goals! 3:00pm-4:00pm LVY LIBRARY	10	11 <b>RAR: Scrapbooking</b> 3:00 pm-4:00 pm LVY Library
13 <b>Triple P Seminar</b> 5:30-7:00 pm Bridges at Pahokee	14	15 <b>SAC Meeting</b> 9:00am- 10:00 am KEC Elementary Toxic Stress Workshop 5:00 pm-6:00 pm Bridges at Pahokee	16 <b>RMU Feeling Bingo</b> 5:00pm-6:00pm Bridges at Pahokee	17	18 <b>Martin Luther King Parade</b> 11:00 am Pahokee MLK
20 <b>Triple P Seminar</b> 5:30-7:00 pm Bridges at	21	22	23	24	25
26 <b>Kids In the Kitchen</b> 5:00pm-6:00pm Bridges at Pahokee	28	29	30	31	

**Cervical Health Awareness Month**



**Cervical Health Awareness**

**BRIDGES AT PAHOKEE**  
 170 S Barfield Highway  
 Pahokee, FL 33476  
**PHONE:**  
 561-924-9224

**MAIN OFFICE:**  
 Suite 102  
**ACTIVITY BUILDING:**  
 Suite 107

**MONDAY - FRIDAY**  
**8:30am - 5:00pm**  
 Offering parental support, resources, and activities for families and their children.

**Facebook @ BRIDGES - - Pahokee**

# January 2025 HIGHLIGHTS

## MONTHLY THEME

“Importance of H.P.V Vaccines!”

## PARENT/CHILD ACTIVITIES

Event: **RMU “Feeling Bingo”**

Date: **Thursday, January 16th @ 5:00-6:00pm**

Place: **BRIDGES at Pahokee**

Play Bingo and learn about your feelings at the same time.

This activity will help to develop your child's social skills.

They will learn the names of feelings and identify them while playing feelings bingo! Sponsored by BRIDGES

Event: **Kids in the Kitchen**

Date: **Thursday, January 26th @ 5:00-6:00pm**

Place: **BRIDGES at Pahokee**

It's a family affair! Parents will support their children in creating delicious treats! Children will create their very own treat! RSVP at (561)924-9224. Sponsored by BRIDGES



## FAMILY LITERACY

Event: **RAR: New Year New Goal!**

Date: **Thursday January 9th @ 3:00pm-4:00pm**

Place: **LVY Library**

New Year new goals a vision board can help you keep those goals in mind.

For more information call 561-924-9224.

Event: **RAR: Scrapbooking!**

Date: **Saturday January 11 @ 3:00pm-4:00pm**

Place: **LVY Library**

Begin documenting your favorite grand adventures and beautiful small moments in a scrapbook.

## Capacity Building Activities

Event: **ECLC Meeting**

Date: **Wednesday, January 8th @ 10:00am-11:00am**

Place: **Pahokee Elementary**

Early Childhood Leadership Collaborative (ECLC) is a group that includes parents, business owners, local child care centers, community agencies, schools and other programs that come together to discuss and set goals to support Kindergarten Readiness. **For more information, please call 561-924-9224.**

Event: **School Advisory Council Meeting**

Date: **Wednesday, January 15th @ 9:00am – 10:00 am**

Place: **KEC Elementary**

School Advisory Councils—were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD Believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced.

Event: **Toxic Stream Workshop**

Date: **Wednesday January 15th @ 5:00pm-6:00pm**

Place: **Facebook/ Virtual ZOOM**

Join MMHB FOR A D to raise awareness of this critical health issue, as babies born prematurely may face life threatening complications and have lifelong health problems. Each year in the US., 1 and 10 babies are born preterm. The term preterm birth refers to a birth that occurs prematurely, 37 weeks before pregnancy. For additional information or inquiries, please contact 561-924-9224.

## SAFETY WORKSHOP

Event: **Safe Kids Kitchen Safety and Cooking**

Date: **Thursday, November 14th @ 1:00– 2:00pm ENGLISH**

Place: **ZOOM / Facebook Live Video**

Safe Kids PBC will share helpful information and tips to keep our children safe during Halloween. Learn how to celebrate Halloween safely with your children. We'll talk about costume safety as well as pedestrian tips to keep your children safe in the Fall when it gets darker earlier. We'll cover walker safety as well as driver safety to keep our little ones safe. Candy checking, crossing streets, knocking on doors, and more. **For more information, please contact us at 561-924-9224.**

## COMMUNITY EVENT

Event: **Martin Luther King Parade**

Date: **Saturday January 18th @ 11:00 am**

Place: **Pahokee Marina**

B-I-N-G-O Was the game oh! Please come out and join us for a fun game of BINGO that will also teach your child number recognition. We'll identify the numbers as they call for a chance to win it all! Game boards and chips will be provided by Bridges at Pahokee. **Please RSVP at (561) 924.9224**

## Triple P Session

Event: **Triple P Seminar**

Date: **Saturday January 6, 13, 20th @ 5:30pm - 7:00pm**

Place: **Bridges at Pahokee**

The Triple P seminar sessions will assist parents with guidance on parental skills that will help their children deal more effectively with emotions and feelings. The sessions will cover how children recognize and accept feelings, express their feelings appropriately, build positive feelings, deal with negative feelings, develop coping skills, and deal with upsetting or stressful life events. **For more information, Please call (561) 924.9224**