

#### MONTHLY THEME

"Put People First"

#### PARENT CHILD ACTIVITY

#### Event: RAISE ME Up "Amazing Race" December 11, 2024 Date: @ 4pm—5pm Place: BRIDGES 305 Lake Ave, Lake Worth Beach FI 33460

Ready, Set, Set Go! Get ready to show off your running skills amongst your peer. First team to win the race will receive a prizel

Sponsored by Child Development Specialist

**Event: Family Activity "Pinch Pot Teacups"** December 14, 2024 @ 10am-11:30am Date: Place: BRIDGES 305 Lake Ave. Lake Worth Beach FI 33460

Families will learn how to build functional teacup with clay using the "Pinch Pot' technique. Arts in My Backyard Cultural Council

Event: RAISE ME UP " Karaoke Night" Date: December 18 2024 @ 4pm—5pm Place: BRIDGES 305 Lake Ave. Lake Worth FI 33460

Let's get loud BRIDGES at Highland! Warm up your vocal cords and get ready to sing the night away. Join us for Christmas Karaoke Night. Sing along to your favorite Christmas songs and have fun.

Sponsored by Child Development Specialist

# FAMILY LITERACY

Event: Story Time Date: December 11, 2024 @ 10:30am—11:30am Place: BRIDGES 305 Lake Ave. Lake Worth FI 33460

The BRIDGES would like for you to join us with your children to enjoy this fun Story Time presented by Lake Worth Library Sponsored by Lake Worth Library



# 2024 HIGHLIGHTS

#### WORKSHOPS

#### **Event: SAC/PAC & Pastelitos with the Principal** Date: December 3, 2024 @ 8:15am—9:00am Place: 500 Highland Ave, Lake Worth Beach Fl 33460 **Highland Elementary**

These meetings primary purpose is to review relevant data, identify problem areas, develop improvement strategies, and monitor their implementation. **Sponsored by Highland Elementary** 

**Event: Spanish Literacy** Date: December 6, 13, and 20, 2024 @ 10:30am—12pm Place: BRIDGES 305 Lake Ave , Lake Worth Beach Fl 33460

Parent Leaders come together to teach members the basics of reading and writing Spanish. **Sponsored by BRIDGES Ambassador** 

#### **Event: Women's Club " Domestic Violence"** Date: December 12, 2024 @ 5pm —6pm Place: BRIDGES 305 Lake Ave, Lake Worth FI 33460

Understanding the signs and behaviors of abuse and services offered to survivors. **Sponsored by YWCA** 



Event: Padres Exitosos "Comprendiendo la Mayor **Necesidad de los Hijos!** Date: December 16, 2024 @ 6:30pm—7:30pm Place: BRIDGES 305 Lake Ave. Lake Worth FI 33460

Come join us for this Father's engagement group where they will be discussing understanding the major necessities of our children. **Sponsored by Angel Jimenez** 

#### SAFETY WORKSHOP

SAFETY WORKSHOP "Toy and Holiday Home Safety" Sponsored by Safe Kids of PBC (VIA ZOOM)

| Date: December 4, 2024  | @ 1pm—2pm Spanish  |
|-------------------------|--------------------|
| Date: December 11, 2024 | @ 1pm– 2pm English |
| Date: December 18, 2024 | @ 1pm—2pm Creole   |

This month with the holidays approaching, we will be talking about toy and holiday safety. Toys and games are tons of fun for kids and adults. Whether your kids are working on a puzzle. a playing with building blocks or even inventing their own games, we discuss some toy safety tips to help them stay safer and have a blast. We will discuss what to look for while shopping for toys. Are they age appropriate? Are they safe? We will also cover how you can safely decorate for the holidays and discuss some of the dangers in our home during the holiday season.

## **COMMUNITY EVENT**

**Event: Bonfires & Night Market** Date: December 6, 2024 @ 6pm—9pm Place: 10 S Ocean Blvd, Lake Worth Beach Fl 33460

Come join us for bonfire and the New Market! Bring your own town chairs, blankets, and s'mores kits to enjoy a cozy night under the starts.

**Sponsored by City Lake Worth Beach** 

**Event: 58th Annual Holiday Parade Celebration of Lights** Date: December 14, 2024 @ 6pm—8pm Place: Downtown Lake Worth Beach Fl 33460

Join us for our 58th Annual Holiday Paradel We are excited to announce this year's theme is "Celebration of Lights" **Sponsored by City of Lake Worth Beach** 

**Event: Community Immunization** Date: December 19, 2024 @ 8am—12pm Place: 709 North F St, Lake Worth Beach Fl 33460

Palm Beach Health Department comes out every third Thursday of the month to provide families with the necessary Immunizations their children need. Free immunizations for children. **Sponsored by Palm Beach Health Department** 

Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Family Literacy Green: Community Events (E) English (S) Spanish (C) Creole







# December 2024

| Mon  | Tue   | Wed   | Thu   | Fri | Sat  | WORLD   |
|--|---|---|---|-----|--|---|
| 2  | 3<br>Winter Storytime<br>10:00am-10:45am<br>LVY Library   | 4<br>SAC Meeting<br>5:30pm-6:30pm<br>Pahokee Elementary   | 5   | 6   | 7<br>Holiday Health Fair<br>12:00 pm 4:00 pm<br><u>491 E Main street</u> | DAY   |
| 9  | 10<br><i>RMU</i><br><i>Sounds of the</i><br><i>Seasons</i><br>5:00pm-6:00pm<br>Bridges at Pahokee | 11<br>Health Focus Group<br>"Selfcare"<br>1:00 pm 2:00 pm<br>Pahokee Church of God<br>Read A Recipe<br>Winter Cards<br>3:00pm-4:00pm<br>LVY Library | 12<br>Toy/Holiday Safety<br>1:00pm-2:00pm (E)<br>Facebook/ZOOM Video<br>Breastfeeding 101<br>9:00am-10:00am<br>Bridges at Pahokee | 13  | 14   | Worki dida<br>Day<br>HIDS<br>DAN  |
| 16<br>City of Pahokee<br>Christmas Parade<br>6:30pm<br>Pahokee Main St | 17  | 18<br>SAC Meeting<br>9:00am - 10:00am<br>Pahokee Elementary   | 19<br><i>Kids in the Kitchen</i><br><i>5:00pm-6:00pm</i><br><i>Bridges at Pahokee</i>   | 20  | 21<br>Read A Recipe<br>Winter Wonderland<br>3:00pm-4:00pm<br>LVY Library | NGP<br>BRIDGES AT<br>PAHOKEE<br>170 S Barfield Highway<br>Pahokee, FL 33476<br>PHONE:   |
| 23<br>23<br>30<br>30   | 24<br>24<br>31<br>31  | 25  | 26<br>94 appy<br>Holiday  | 27  | 28   | 561-924-9224<br>MAIN OFFICE:<br>Suite 102<br>ACTIVITY BUILDING:<br>Suite 107<br>MONDAY - FRIDAY<br>8:30am - 5:00pm<br>Offering parental<br>support, resources, and<br>activities for families and<br>their children.<br>Facebook @<br>BRIDGES Pahokee |

# **MONTHLY THEME**

"Heal, Hold & Center!" Resiliency & Community Healing

# **PARENT/CHILD ACTIVITIES**

### Event: RMU "Sounds of the season"

#### Date: Tuesday, December 10th @ 5:00-6:00pm Place: BRIDGES at Pahokee

The sweetest moments of the season are the times we share. Both parents and children will make a different ornament that correlates with how different we are as individuals. Lets be creative. Call to RSVP at (561)924-9224

### Event: Read a Recipe: WinterCards

# Date: Thursday, December 11th @ 4:30pm-5:30pm Place: LVY Library

Calling all chefs to join us as we FALL into a fabulous snack. Yummy recipes to create and enjoy with your children! **RSVP at 561-924-9224.** 

### Event: Kids in the Kitchen

#### Date: Thursday, December 19th @ 5:00pm-6:00pm Place: BRIDGES at Pahokee

It smells a lot like Christmas! Create holiday goodies while adding a creative twist!

RSVP at 561-924-9224. Sponsored by BRIDGES

# FAMILY LITERACY

#### **Event: Winter Storytime**

Date: Tuesday, December 3rd @ 10:00am-10:45am Place: LVY Library

Join us as we strive to provide children with books for the mind.

#### Event: Read a Recipe: Winter Wonderland

Date: Saturday, December 21st @ 3:00pm-4:00pm Place: LVY Library Join us as we strive to provide children with books for

the mind. For more information call 561-924-9224.

# **OCTOBER 2024 HIGHLIGHTS**

# **Capacity Building Activities**

#### Event: <u>School Advisory Council Meeting</u> Date: Wednesday, December 4th @ 5:30pm -

6:30pm

**Place:** Pahokee Elementary School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced. For more information, please call 561-924-9224.

#### Event: Health Focus Group "Self Care"

#### Date: Thursday December 11th @ 1:00pm-2:00pm Place: Pahokee Church of God

Selfcare is crucial for our overall wellbeing and health. Join Bridges at Pahokee and FCHC in teaching families how to develop healthy selfcare plans. You will gain knowledge on how to handle stress and enhance your mental, emotional, and physical wellbeing. For more information, please call 561-924-9224.

#### Event: Breastfeeding 101

# Date: Thursday December 12th @ 5:00pm-6:00pm Place: BRIDGES at Pahokee

Join Queen Justice Holistic Services for a maternal health support group, designed to educate, empower, and support women in rurak areas to reduce maternal and infant mortality, improve birthing outcomes and build community. **To RSVP or for more information, please contact us at 561-924-9224**.

#### Event: School Advisory Council Meeting

# Date: Wednesday, December 18th @ 9:00am - 10:00am

Place: Pahokee Elementary School Advisory Councils – were created to empower all parents of children attending Palm Beach County Schools to be actively and meaningfully involved in the education of their children. PBCSD believes that informed and engaged parents are the best advocate for their children to meet the social needs and ensure that their child educational need is balanced. For more information, please call 561-924-9224.



# **SAFETY WORKSHOP**

Event: <u>Safe Kids– Toys/Holiday Safety</u> Date: Thursday, December 12th @ 1:00– 2:00pm ENGLISH Place: Facebook Live Video

BOO! Who loves dressing up or getting their children ready for Halloween? Please join us in learning the different ways and tips on how we can keep our children safe during this holiday season. We will talk about costume safety and ways to make sure little ones are seen while out Trick or Treating. We will also be talking about pedestrian safety tips to keep in mind. Whether your child walks to school, to a friend's house after school or around the neighborhood, little ones need to know the rules of the road for walkers to be safe. For more information, please contact us at 561-924-9224.

# **COMMUNITY EVENT**

### Event: Holiday Health Fair

Date: Saturday, December 7th @ 12:00pm - 4:00pm Place: Fellowship Hall (First United Methodist Church) This is FREE community event designed to encourage healthy lifestyles. Prevent and manage diseases and make connections to healthy resources. For more information please call 561.924.9224.

# Event: City of Pahokee Christmas Parade

#### Date: Monday, December 16th @ 6:30pm - 7:30pm Place: Pahokee Main Street

Come out and enjoy an evening of floats, lights, and performances with the city of Pahokee Parade. If you are interested in joining Bridges at Pahokee in walking, please call 561.924.9224 to RSVP LINE UP AT 5PM !







**Blue: Capacity Building Workshops** Yellow: Parent /Child Activities **Orange: Family Literacy Activities** Red: Safety Workshops **Green: Community Events Purple: Community Outreach Activities** 



| Mon  | Tue  | Wed  | Thu   | Fri  | Sat  | **************************************   |
|--|--|--|---|--|--|--|
| Happy<br>Lolidays!<br>itay Safe!                           | 3<br><u>RMU(0-5 vears old)</u><br>6:00pm - 7:00pm<br><i>Carolyn Sims Center</i><br><u>Storvtime w/ Marga-</u><br><u>ret</u><br>6:00pm - 6:30pm<br><i>Carolyn Sims Center</i> | 4  | 5<br><u>Safe Toys with Genesis</u><br>6:00pm -7:00pm<br><i>Carolyn Sims Center</i><br><u>Casual Conversation</u><br>5:30pm-6:30pm<br><i>Sara Sims Park</i>  | <b>6</b><br><u>First Friday at 5 Con-</u><br><u>cert</u><br>5:00pm – 8:00pm<br><i>Boynton Beach Amphitheater</i> | 7<br><u>Holiday Parade</u><br>4:00pm – 6:00pm<br>Downtown Boynton<br>Beach   | Toy and Holiday Home Safet         *       Use non-flammable decora         *       Never leave burning candle tended.         *       Follow safety information packages, and choose age a                            |
| 9<br>Storytime Fun<br>6:00pm-7:00pm<br>Carolyn Sims Center | 10 <u>RMU(0-5 years old)</u> 6:00pm - 7:00pm         Carolyn Sims Center <u>BRIDGES Orientation</u> 7:00pm-7:30pm         Carolyn Sims Center                                | 11<br><u>Colors and Crafts</u><br>6:00pm -7:00pm<br>Facebook | 12<br><u>Safety Series</u><br>Kitchen & Cooking<br>Safety (English)<br><i>Zoom/FB Live</i><br>1:00pm-2:00pm<br><u>Public Health</u><br>6:00pm -7:00pm<br>Carolyn Sims Center                              | 13   | 14<br><u>Christmas Gift Givea-</u><br><u>way</u><br>TBD<br>TBD<br><u>Blue Lights &amp; Holiday</u><br><u>Nights</u><br>5:30pm – 8:00pm<br>BB Police Department | priate toys.<br>* Keep small balls and toys a<br>from children under age 3.<br>* Never leave cooking food u<br>tended on the stove   |
| 16   | 17<br><u>Sensational Story N'</u><br><u>More</u><br>10:00am-11:00am<br><i>Schoolhouse Museum</i>   | 18<br>Book of the Month<br>6:00pm -7:00pm<br>Facebook        | 19<br><u>Safety Series</u><br>Kitchen and Cooking<br>Safety (Creole) <i>Zoom/FB</i><br>1:00pm-2:00pm<br><u>HIV/STD with Octavia</u><br><u>Health Inc.</u><br>6:00pm -7:00pm<br><i>Carolyn Sims Center</i> | 20   | 21   | Carolyn Sims Center- 225 NW 12th Ave, F<br>Beach 33435<br>Schoolhouse Museum-129 E Ocean Ave, B<br>Beach 33435<br>BB Police Department –2300 High Ridge F<br>Boynton Beach, FL 33435<br>BRIDGES at<br>Bovnton Beach    |
| 23   | 24<br>OFFICE CLOSED  | 25<br>OFFICE CLOSED  | 26  | 27   | 28   | 639 East Ocean Avenue<br>Suite 101<br>Boynton Beach, FL. 33435<br>PHONE: 561-903-7743<br>MONDAY - FRIDAY<br>9:00am - 5:00pm<br>We are dedicated to strengthen comm   |
| 30   | 31   |  |   | Children's<br>Services Council   | WORLD<br>AIDS DAY<br>I DECEMBER  | across Palm Beach County by improv<br>comes for children and families throug<br>tion and social services. Our goal is t<br>that our families have what they requi<br>only survive, but thrive.<br>www.bridgesofpbc.org |

Healthy. Safe. Strong.

#### PUT PEOPLE FIRST



**Parent Child Activities** 

#### Event: <u>RMU (0-5 years): "Sounds of Seasons"</u> Date: December 3rd, 2024 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: It's holiday time, you can hear the holiday music and Santa laughing.

Parent and child will use their listening skills and communicate about what they hear. This activity will include a chance for your child to show their uniqueness.

#### Event: <u>RMU (0-5 years ): " Daily Routine"</u>

Date: December 10th, 2024 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlight: What do you do before bed? Brush your teeth? Take a bath? During this activity the parent and child will work developing a routine.

#### Event: Colors and Crafts

Date: December 11th, 2024 Time: 6:00pm-7:00pm Place: Facebook Highlight: Colors, colors, colors. Know your colors! Each week we will focus on one color by using games, music or arts and crafts. This activity will help develop all those motor skills.

#### **Event: Christmas Gift Giveaway**

Date: December 14th, 2024 Time: TBD Place: TBD Highlight: Join us as we celebrate our fun filled, holiday gift giveaway with our families.

# **Family Literacy**

Event: <u>Storvtime with Margaret</u> Date: December 3rd, 2024 Time: 6:00pm-6:30pm Place: Carolyn Sims Center Highlight: Join us for reading fun with Ms. Margaret. In partnership with Boynton Beach Mental Health Committee

 Event:
 Storytime Fun

 Date:
 December 9th, 2024

 Time:
 6:00pm -7:00pm

 Place:
 Carolyn Sims Center

 Highlight:
 Join us for reading fun as we read a book and bring it to life.

Event: <u>Sensational Story N' More</u> Date: December 17th, 2024 Time: 10:00am-11:00am Place: Schoolhouse Museum Highlight: Children's books are brought to life through an interactive reading and an art activity. Children will have the opportunity to illustrate the story in their own unique way! In partnership with Schoolhouse Museum

# Capacity Buildin



#### Event: Book of the Month Date: December 18th, 2024 Time: 6:00pm -7:00pm Place: Facebook Highlight: Join us as we read our book of the month.

#### Event: Safe Toys w/ Genesis

Date: December 5th, 2024 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Join us as we learn about the monthly awareness campaign. In partnership with Genesis Community Health.

#### Event: BRIDGES Orientation

Date: December 10th, 2024 Time: 7:00pm-7:30pm Place: Carolyn Sims Center Highlight: Are you a new BRIDGES member or just need a refresher? If so, this meeting is for you! Join us and be introduced to the BRIDGES staff, their roles and what BRIDGES has to offer its members and families.

#### Event: Public Health

Date: December 12th, 2024 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Joins us as we improve the health of others by promoting a healthy lifestyle. Learn about preventing and responding to infectious diseases and more about public health. In partnership with Credible Health Homecare.

#### Event: <u>HIV/STD w/ Octavia Health Inc.</u>

Date: December 19th, 2024 Time: 6:00pm-7:00pm Place: Carolyn Sims Center Highlights: Learn about HIV and STD Awareness, you'll be educated about how to reduce infections and improve the quality of life in our community. In partnership with Octavia Health Inc.



#### **Capacity Building**



## **Safety Series**

Event:Safety Series: "Toy & Holiday Home Safety"Date:December 12th (English) & 19th (Creole), 2024Time:1:00pm-2:00pmPlace:Zoom/FB Live

**Highlight:** This month with the holidays approaching, we will be talking about toy and holiday safety. Toys and games are tons of fun for kids and adults. Whether your kids are working on a puzzle, playing with building blocks or even inventing their own games, we discuss some toy safety tips to help them stay safer and have a blast. We will discuss what to look for while shopping for toys. Are they age appropriate? Are they safe? We will also cover how you can safely decorate for the holidays and discuss some of the dangers in our home during the holiday season. In partnership with Safe Kids PBC.

# **Community Event**

Event: <u>Casual Conversation</u> Date: Every Thursday Evening

Time: 5:30pm-6:30pm Place: Sara Sims Park Highlight: What's going on? Let's talk about what's happening in our community!

### **Community Outreach Activity**

#### Event: First Friday at 5 Concert

Date: December 6th, 2024 Time: 5:00pm – 8:00pm Place: Boynton Beach Amphitheater Highlight: The City offers a free monthly concert series, First Friday at 5, at Centennial Park + Amphitheater in Downtown Boynton. Concerts will take place from 5 pm – 8 pm on the first Friday of each month.

#### Event: Blue Lights & Holiday Nights

Date: December 14th, 2024 Time: 5:30pm – 8:00pm Place: Boynton Beach Police Department Highlight: The event will feature a hot chocolate bar sponsored by Christ Fellowship Boynton Beach, holiday crafts with BBPD Officers, a bike raffle, gift giveaway, gift wrapping and photo opportunities with Santa & Mrs. Clause. The first 200 children, ages zero to 12, to register for the event will receive a free gift. Must be a Boynton Beach resident, registration is required. Registration is on City of Boynton Beach website. Hue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Family Literacy Green: Community Events



**DECEMBER 2024** 





| Mon  | Tue   | Wed  | Thu   | Fri                                 | Sat                                   |  |
|--|---|--|---|-------------------------------------|---------------------------------------|--|
| 2<br>Hot Cocoa Craft<br>3:00 pm—Ages 3 & Up<br>BG Library  | 3<br>Let's Talk:<br>Holiday Budgeting<br>5:00 pm– BRIDGES         | 4<br>Early Learning Coalition (ELC)<br>9:00 am (appt only)   | 5<br>Let It GO!<br>(Toxic Stress)<br>4:00 pm—BRIDGES            | 6                                   | 7<br>Brain Study<br>10:00 am—BRIDGES  | World AIDS Day   |
| 9<br>Jingle Bells<br>3:00pm—Ages 3 & Up<br>BG Library  | 10<br>Safety Series:<br>Holiday Home Safety                       | 11<br>Early Learning Coalition (ELC)<br>9:00 am (walk ins)<br>HIV/AIDS Awareness<br>10:00 am—BRIDGES | 12<br>BRIDGES Book Club<br>presents: The Giving Tree<br>5:00 pm | 13                                  | 14<br>Brain Study<br>10:00 am—BRIDGES | BRIDGES AT<br>BELLE GLADE  |
| 16<br>Rebel Recovery<br>11:30 am—3:00pm<br>BRIDGES<br>Snow Globe Pictures<br>3:00 pm—Ages 3 & Up<br>BG Library | 17<br>Holiday Obstacle<br>(Each One Teach One)<br>5:00 pm—BRIDGES | 18<br>Early Learning Coalition (ELC)<br>9:00 am (appt only)  | 19  | 20                                  | 21<br>Brain Study<br>10:00 am—BRIDGES | 141 SE AVE C<br>BELLE GLADE , FL<br>33430<br>OPERATION HOURS<br>MON-FRI<br>8:30AM-5:30PM |
| 23   | 24  | 25<br>Christmas  | 26<br>Closed<br>FOR THE<br>Holidays                             | 27<br>Closed<br>FOR THE<br>Holidays | 28<br>Closed<br>FOR THE<br>Holidays   | SATURDAY<br>APPT ONLY<br>10AM -12PM<br>PHONE:<br>561-992-8210                            |
| 30<br>Closed<br>FOR THE<br>Holidays  | 31<br>Closed<br>FOR THE<br>Holidays                               | 1  | 2   | 3                                   | 4                                     | 001-002-0210   |

# **MONTHLY THEME**

# TIS THE SEASON FOR FAMILY

### **PARENT CHILD ACTIVITY**

Hot Cocoa Craft Monday, December 2, 2024 3:00 pm—BG Library Ages 3 & up

Craft your own Hot Cocoa mug and bring to BRIDGES on another date to sip tasty hot cocoa!

> **Jingle Bells** Monday, December 9, 2024 3:00 pm—BG Library Ages 3 & Up

Learn how to make your own cute Jingle Bell craft.

**Snow Globe Pictures** Monday, December 16, 2024 3:00pm- BG Library Ages 3 & up

Show your favorite memories in these buildable snow globe picture frames.

# **FAMILY LITERACY**

**BRIDGES Book Club presents:** The Giving Tree Thursday, December 12, 2024 5:00pm—BRIDGES Ages 4 & Up

Giving at its best, this story details the act of selfless giving and represents the relationship between a boy and a tree. Join us for this very heartfelt story of giving and selflessness that is sure to touch the hearts of readers. Santa will make an appearance during this session.

**CAPACITY BLDG WORKSHOPS** 

Let's Talk: Holiday Budgeting Tuesday, December 3, 2024 5:00 pm BRIDGES

Tis the season for giving but not breaking the bank. Join us to discuss ways to make the season bright without overspending.

> Let It GO! (Toxic Stress) Thursday, December 5, 2024 4:00 pm—BRIDGES

Did you know that elevated blood pressure is associated with stress? Come learn how deadly stress can be on your organs and body especially if you are pregnant or planning to be. This session can be a life saver.

## **HIV/AIDS Awareness** Wednesday, December 11, 2024 10:00 am—BRIDGES

Join us to learn about the importance of HIV testing, other STDs and early diagnosis of. Knowing where you can get tested, and knowing how you can connect to care and treatment services.

### Holiday Obstacle (Each One Teach One) Tuesday, December 17, 2024 5:00 pm—BRIDGES

During this activity parents will demonstrate how to develop gross motor skills through the use toys and items found throughout the house to fill Santa's sleigh. Parent and child will take turn giving and following directions with the goal of getting all of the items into Santa's sleigh. There's a catch....participants will be blindfolded. This fun gross motor activity will jumpstart your holiday spirit. Join us for an evening of fun.

## SAFETY WORKSHOP

**Safety Series: Toy & Holiday Home Safety** Tuesday, December 10, 2024 5:00 pm—BRIDGES

Kids love to play with toys especially those that are battery operated but did you know that batteries can be extremely dangerous to a child if not handled properly. There are several easy and effective behaviors that parents can share with kids to help reduce their risk of injury. Join us to learn how to have a safe home for the holidays.

# **COMMUNITY EVENTS**

### FACEBOOK LIVE https://www.facebook.com/ SafeKidsPalmBeachCounty

English Exchange Tuesdays (December 3 & 10, 2024) 3:00pm—5:00pm **Belle Glade Library** 

#### FREE FAMILY WEEKEND MEAL KITS

Fridays, (December, 6, 13, 20, 2024) 9:00 am-5:00 pm **Belle Glade Library** 

Each child ages 18 and younger is eligible for one free weekend meal kit every Friday while supplies last.

#### EARLY LEARNING COALITION (ELC) Wednesdays, December 4, 11 & 18, 2024

9:00 am—5:00 pm BRIDGES

> **FAU Brain Health Project** December 7, 14, 21, 2024 10:00 am-BRIDGES

**Rebel Recovery** Monday, December 16, 2024 11:30 am-3:00 pm-BRIDGES

# **DECEMBER 2024 HIGHLIGHTS**





Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Family Literacy Green: Community Events



| Mon  | Tue   | Wed  | Thu   | Fri  | Sat  |   |
|--|---|--|---|--|--|---|
| 2  | 3   | 4 SAC Meeting<br>2:45pm<br>WORLD AIDS DAY<br>WORKSHOP<br>(MONARCH SERVICES)<br>3:00pm-6:00pm<br>ESOL Lab<br>4:00pm-7:00pm        | 5<br>Safe Kids -Toy and Holiday<br><u>Home Safety -(Spanish)</u><br>1:00pm<br><u>ESOL Lab</u><br>4:00pm-7:00pm  | 6<br>HOLIDAY CELEBRATION<br>(TOWN OF LAKE PARK)<br>6:00PM-8:00PM | 7<br><u>Storytime at Lake Park</u><br><u>Library</u><br>10:30am-11:00am<br><u>BRIDGES</u><br><u>Winter Wonderland</u><br>3:00PM-7:00PM | <i>PUT<br/>PEOPLE<br/>FIRST</i>   |
| 9<br><u>ESOL Lab</u><br>4:00pm-7:00pm<br><u>Financial Literacy</u><br>(Community Partners)<br>(Registration Required)<br>5:30pm-7:00pm | 10<br><u>What is BRIDGES?</u><br><u>(Invitation only)</u><br>11:30am-12:30pm<br><u>ESOL Lab</u><br>4:00pm-7:00pm                                  | 11<br><u>ESOL Lab</u><br>4:00pm-7:00pm   | 12 Raise Me Up<br>0-2yrs old<br>11:30am-12:30pm<br>Safe KidsToy and Holi-<br>day Home Safety-(English)<br>1:00pm<br>What is BRIDGES?<br>(Invitation only)<br>5:30pm-6:30pm<br>ESOL Lab<br>4:00pm-7:00pm | 13   | 14<br><u>Storytime at Lake Park</u><br><u>Library</u><br>10:30am-11:00am   | Toy and Holiday Home<br>Safety<br>Make sure your tree has<br>plenty of water by<br>checking it regularly.<br>Kieep lit holiday candles  |
| 16<br>ESOL Lab<br>4:00pm-7:00pm  | 17<br>BRIDGES Surviving the<br>Holidays<br>(Lake Park Library)<br>5:30pm<br>ESOL Lab<br>4:00pm-7:00pm<br><u>Mother's Village</u><br>6:00pm-7:00pm | 18<br>Merry and Bright Pajama Night<br>(Lake Park Library)<br>(Invite Only)<br>4:30pm-6:30pm<br><u>ESOL Lab</u><br>4:00pm-7:00pm | 19 Lap sit at Lake Park<br>Library<br>10:15am-11:00am<br>SafeKids-Toy and Holiday<br>Home Safety- (Creole)<br>1:00pm<br>Harry Pepper Christmas<br>(Invite Only)<br>4:00PM-7:00PM                        | 20   | 21<br><u>Storytime at Lake Park</u><br><u>Library</u><br>10:30am-11:00am   | <ul> <li>at least 12 inches away<br/>from anything that can<br/>burn, and don't forget to<br/>blow them out when you<br/>leave the room or before<br/>you go to sleep</li> <li>Keep a special eye on<br/>small pieces.</li> </ul> |
| 23<br>Office closing<br>@2pm   | 24 Office Closed  | 25 Office Closed   | 26<br>ESOL Lab<br>4:00pm-7:00pm   | 27   | <b>28</b><br><u>Storytime at Lake Park</u><br><u>Library</u><br>10:30am-11:00am  | 1411 10th Street<br>Lake Park, FL 33403<br>561-881-5060<br>Office Hours<br>Monday-Thursday<br>8:30am-7:00pm<br>Friday 8:30am-5:00pm   |
| 30   | 31<br>Office Closed<br>All act  | ivities occur at BRIDGE  | S at Lake Park unles  | s otherwise specified  |  | Offering parental support<br>and activities for<br>families with children<br>Ages 0 to 8  |

# **December 2024 HIGHLIGHTS**

BRIDGES AT LAKE PARK 1411 10TH STRET LAKE PARK, FL 33403 (561) 881-5060

# **PARENT/CHILD ACTIVITIES**

#### Event: Christmas Craft (0-2yrs old)

Date: December 12, 2024 Parents & Children (Birth-2yrs) Time: 11:30am-12:30pm Place: BRIDGES at Lake Park **Christmas Craft:** Come and create a Christmas Craft with your children.

#### Event: MERRY AND BRIGHT PAJAMA NIGHT(INVITE ONLY)

Date: December 18th 2024 Time: 4:30PM-6:00PM Place: Lake Park Library 529 Park Ave, Lake Park, FI 33403 Join BRIDGES at the Lake Park Library for a fun Christmas pajama night with fun crafts and activities for the kids.

# **Family Literacy**

Event: Lap sit at the Lake Park Library Date: December 19 2024 Time: 10:15am-11:00am Place: BRIDGES at Lake Park Families join BRIDGES at Lake Park for a Lap sit with your little ones ages birth-2yrs old for literacy activity.

#### Event: Storytime at Lake Park Library

Date: Occurs on Saturdays Time: 10:30am-11:00am Place: Lake Park Library Families join Lake Park Library for Storytime bring your kids for a fun literacy reading and activity.

#### Event: ESOL-Registration Required Date: Monday-Thursday Time: 4:00pm-7:00pm Place: BRIDGE at Lake Park

#### Event: SAC Meeting

Date: December 4th, 2024 Time: 2:45pm Place: Lake Park Elementary School Join us at Lake Park Elementary for School Advisory Counsel meeting with the school discussion on your child process and plans on a monthly basics.

#### Event: World Aids Day Workshop (Monarch Services)

Date: December 4, 2024 Time: 3:00pm Place: BRIDGES at Lake Park Join Monarch Services for this month World Aids Day for a educational workshop

#### Event: Community Connection Present BRIDGES

Date: December 9, 2024 Time: 11::00am Place: Zoom Join community connection to discus our BRIDGES organization to get a more detail about who we are and what services we provide to our families bring a friend and join us on Zoom.

#### Event: Financial Literacy-Community partners

Date: December 9, 2024 Time: 6:00pm Place: BRIDGES at Lake Park Community partners of South Florida will be having a Financial Workshop at BRIDGES at Lake Park. Registration is required this workshop provides to families the information for Financial literacy

#### Event: WHAT IS BRIDGES?- NEW MEMBER ORIENTATION (Invitation Only)

Date: December 10, 2024 and December 12 2004 Time: 11:30am-12:30am or 5:30pm-6:30pm Place: BRIDGES at Lake Park During this orientation new BRIDGES members will be introduced to the BRIDGES program as well as site staff. They will also receive information on resources in the Lake Park community.

# Event: MOTHER'S VILLAGE (Invite only) WITH CENTER FOR FAMILY SERVICES

Date: December 17, 2024 Time: 6:00pm-7:00pm Place: BRIDGE at Lake Park This monthly group meeting is designed to assist pregnant women as well as mothers with children between the ages of 0-2yrs navigate the emotional demands of pregnancy and motherhood

### **SAFETY WORKSHOPS**

# Event: SAFE KIDS PRESENTATION- Toy and Holiday Home Safety

Date: December 5, 2024 (Spanish) at 1:00pm Date:December 12, 2024 (English) at 1:00pm Date:December 19 2024 (Creole) at 1:00pm Place: Zoom Presentation Zoom Link:

https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2 UU5kTFRkQT09

Join us as Safekids discuss the importance of Toy and Holiday Home Safety. Discussion safey tips to help kids stay safer and have a blast.

# **COMMUNITY EVENTS**

Event: Holiday Celebration (Town of Lake Park) Date: December 6 2024 Time: 6:00PM-8:00PM Place: Lake Park Town Green corner of Park Avenue and 9th Street Lake park fl 33403 Join BRIDGES at Lake Park with the Town for a Holiday celebration

#### Event: BRIDGES Winter Wonderland

Date: December 7, 2024 Time: 3:00pm-5:00pm Place: 5601 Corporate Way #402 West palm Beach fl 33407 BRIDGES members are able to come out to our annual BRIDGES winter wonderland with your families. Enjoy a festivities and come see Santa.

#### Event: BRIDGES SURVIVING THE HOLIDAYS

Date: Every 3rd Thursday each month Time: 5:30PM Place: Lake Park Library 529 Park Ave, Lake Park, Fl 33403 Join Lake Park Library with a presentation about surviving the holidays at Lake Park Library. There will also be an activity for children. Event: Harry Pepper Christmas (INVITE ONLY) Date: December 19th 2024 Time: 4:00PM-7:00PM Place: BRIDGES at Lake Park

### WORKSHOPS

# December 2024

1 1





Children's Services Council PALM BEACH COUNTY Healthy. Safe. Strong.

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| Mon  | Tues   | Wed  | Thu  | Fri  | Sat   |   |
|--|--|--|--|--|---|---|
| 2<br>Triple P Seminar<br>11:00AM - 12:00PM (BLW)<br>Women's Time (Spanish)<br>4:00PM to 5:00PM (BLW) | 3<br>RMU: "Christmas<br>Lantern"<br>4:00 PM to 5:00 PM<br>(BLW)                | 4<br>Benefits Application<br>10:00 AM to 2:00 PM<br>(BLW)  | 5<br>Safety Series: "Toy and Holiday<br>Home Safety"<br>(Spanish)<br>1:00 PM on ZOOM<br>Story-Time<br>4:00PM to 5:00PM | 6  | 7<br>Journey Church/ BLW<br>Block Party<br>(For The Children)<br>11:00 AM to 1:00 PM<br>1718 Douglas St S,<br>Lake Worth Beach, FL<br>33460 | BRIDGES AT<br>LAKE WORTH<br>802 S Dixie Hwy<br>LAKE WORTH, FL 33460<br>PHONE: 561-899-1642<br>FAX# 561-598-5670<br>MONDAY - FRIDAY                            |
| 9<br>Triple P Seminar<br>11:00AM - 12:00PM<br>(BLW)  | 10<br>Family Fun Time:<br>"Holly & Jolly Cards"<br>4:00 PM to 5:00 PM<br>(BLW) | 11<br>Benefits Application<br>10:00 AM to 2:00 PM<br>(BLW)<br>Haitian<br>Engagement<br>Meeting<br>3:30PM to 6:00PM (BLW) | 12<br>Safety Series: "Toy and<br>Holiday Home Safety"<br>(English)<br>1:00 PM on ZOOM                                  | 13<br>Community<br>Baby Shower<br>12:00PM to 2:00PM<br>(BLW) | 14City of Lake WorthHoliday Parade6:00PM-8:00PM414 Lake Avenue, LakeWorth Beach, Florida33460   | 8:30am - 5:00pm<br>www.bridgesofpbc.org<br>Facebook: BRIDGES<br>At Lake Worth   |
| 16<br>Triple P Seminar<br>11:00AM - 12:00PM<br>(BLW)   | 17<br>RMU: "Snowball<br>Race"<br>4:00 PM to 5:00 PM<br>(BLW)                   | 18<br>Benefits Application<br>10:00 AM to 2:00 PM<br>(BLW)   | 19<br>Safety Series: "Toy and<br>Holiday Home Safety"<br>(Creole)<br>1:00 PM on ZOOM                                   | 20<br>Christmas Fair<br>4:00PM<br>(BLW)                      | 21  | Hiv Awareness<br>World Aids<br>Day<br>Day   |
| 23   | 24   | 25<br>BRIDGES CLOSED   | 26<br>BRIDGES CLOSED   | 27<br>BRIDGES CLOSED   | 28  | Did you Know?<br>Nearly 39 million<br>people worldwide are<br>currently living with<br>HIV, with around 1.3<br>million new infections<br>occurring each year. |
| 30<br>BRIDGES CLOSED<br>CLOSED<br>For the<br>HOLIDAYS  | 31<br>BRIDGES CLOSED   |  |  |  |   | 5.55<br>J. 5.5<br>J. 5.5<br>J. 5.5<br>J. 5<br>J. 5<br>J. 5  |

# **MONTHLY THEME**

"Put People First"

#### **Event:**

### Date: December 3rd 4:00PM to 5:00PM Place: BRIDGES at Lake Worth

Create magical Christmas lanterns with the kids in this fun, hands-on activity! Using jars, colorful paper, and festive decorations, children can craft their own glowing holiday keepsakes to light up the season.

## Event: Family Fun Night: "Holly & Jolly Cards"

# Date: December 10th 4:00PM to 5:00PM Place: BRIDGES at Lake Worth

Let kids unleash their creativity by designing festive 'Holly Jolly' holiday cards! Using colorful paper, stickers, and glitter, they'll craft heartfelt cards to share holiday cheer with their family.

Event: RMU: "Snowball Race"

# Date:December 17th 4:00PM to 5:00PMPlace:BRIDGES at Lake Worth

Kids and parents create turkey-themed decorations or artwork, typically using materials like paper, paint, and feathers, to celebrate

Thanksgiving together.

# **FAMILY LITERACY**

#### Event: Story-time

Date:December 5th4:00PM to5:00PMPlace:BRIDGES at Lake WorthReading and storytelling with babies and children promotes brain<br/>development and imagination, develops language and emotions,<br/>and strengthens relationships.





#### Event: Triple P Seminar

Date:December 2nd 11:00AM to 12:00PMPlace:BRIDGES at Lake WorthCome to learn the positive patenting techniques withBRIDGES at Lake Worth

#### Event: <u>Women's Time</u>

 Date:
 December 2nd 4:30PM to 5:30PM

 Place:
 BRIDGES at Lake Worth

 Mother's Leadership is a group of
 Hispanic women who meet

 once a month to accomplish goals within their own community.

#### Event: <u>Triple P Seminar</u>

 Date:
 December 9th 11:00AM to 12:00PM

 Place:
 BRIDGES at Lake Worth

 Come to learn the positive patenting techniques with

 BRIDGES at Lake Worth

#### Event: Haitian Engagement Meeting

Date:December 11th 4:30PM to 5:30PMPlace:BRIDGES at Lake WorthHaitian Family Engagement Event is about reaffirming and growing Haitian participation to BRIDGES.

#### Event: <u>Triple P Seminar</u>

 Date:
 December 16th 11:00AM to 12:00PM

 Place:
 BRIDGES at Lake Worth

 Come to learn the positive patenting techniques with

 BRIDGES at Lake Worth

#### Event: Christmas Fair

Date:December 20th 4:00PMPlace:BRIDGES at Lake WorthExperience the joy of a Christmas fair filled with festive<br/>games, delicious treats, and cheerful crafts for the whole

# WORKSHOPS

# SAFETY WORKSHOP

Event: Safety Series: "Toy and Holiday Home Safety"

Dates: December 5th 1:00PM to 2:00PM (Spanish) December 12th 1:00PM to 2:00PM (English) December 19th 1:00pm to 2:00PM (Creole)

#### Place: ZOOM Meeting

This month with the holidays approaching, we will be talking about toy and holiday safety. Toys and games are tons of fun for kids and adults. Whether your kids are working on a puzzle, playing with building blocks or even inventing their own games, we discuss some toy safety tips to help them stay safer and have a blast. We will also discuss what to look for while shopping for toys. Are they age appropriate Are they safe? We will also cover how you can safely decorate for the holidays and discuss some of the dangers in our home during the holiday season.



# **COMMUNITY EVENT**

#### Event: <u>Benefits Application</u>

Date:Wednesdays 10:00AM to 2:00PMPlace:BRIDGES at Lake WorthA benefits specialist provided through the Palm BeachCounty Food Bank is available every Wednesday to

assist BLW members with their SNAP applications.

| Event: | Journey Church/ BLW Block Party |
|--------|---------------------------------|
| Date:  | December 7th 11:00AM to 1:00PM  |

Date:December 7th 11:00AM to 1:00PMPlace:1718 Douglas St S, Lake Worth Beach FL

Join our block party with lots of family fun!

| <b>Event:</b> | Community Baby Shower           |
|---------------|---------------------------------|
| Date:         | December 13th 12:00PM to 2:00PM |
| Place:        | BRIDGES at Lake Worth           |

We will be welcoming our new moms to BLW with our community baby shower.

# **DECEMBER 2024**



Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Family Literacy Green: Community Events

(E) English (S) Spanish (C) Creole



| Mon                              | Tue   | Wed   | Thu   | Fri  | Sat   |   |
|----------------------------------|---|---|---|--|---|---|
| 2                                | 3<br><u>Ambassador's Training</u><br><u>(Invitation Only)</u><br>6:00 pm-7:30 pm  | 4   | 5<br><u>Toy &amp; Holiday Home Safety</u><br><u>Wksp.</u> ZOOM (S)<br>1:00 pm-2:00 pm   | 6  | 7   | DID YOU<br>KNOW THAT:<br>In the U.S. nearly 28% of adults report<br>being single, and of those, many might<br>not have family nearby or might choose<br>to spend the holidays alone. Reach out to |
| 9                                | 10<br><u>Ambassador's Training</u><br><u>(Invitation Only)</u><br>6:00 pm-7:30 pm<br><u>Homework Assistance/</u><br><u>Brilliant Minds</u><br>3:30 pm-5:30 pm<br><u>College Prep</u><br>5:30 pm-7:30 pm | 11<br><u>Raise Me Up</u> (E/S-PC)<br>10:00 am-11:00am<br><u>STEAM Program</u><br>3:30 pm—5:30 pm              | 12<br><u>PBC Public Library System</u><br><u>Storytime (E/S) (Literacy)</u><br>10:00 am-11:00 am<br><u>Toy &amp; Holiday Home Safety</u><br><u>Wksp.</u> ZOOM (E)<br>1:00 pm-2:00 pm<br><u>Reading Club 4 Kidz</u><br>3:30 pm-5:30 pm<br><u>College Prep</u><br>5:30 pm-7:30 pm | 13<br><u>Women Helping</u><br><u>Women /Women's</u><br><u>Club &amp; Tis the Season</u><br>E/S<br>11:00 am-12:30 pm  | 14<br><u>Ambassador's Books, Arts,</u><br><u>Craft ES</u><br><u>(REGISTRATION ONLY)</u><br>11:00 am-1:00 pm | someone and do a simple gesture of<br>kindness it can go along way.<br>Example:<br>Give a hug, a phone call, send a card,<br>offer help, volunteer or donate.                                     |
| 16                               | 17<br><u>Homework Assistance/</u><br><u>Brilliant Minds</u><br>3:30 pm-5:30 pm<br><u>College Prep</u><br>5:30 pm-7:30 pm  | 18<br><u>Exploring our World</u><br>(E/S)(PC)<br>10:30 am-11:30 am<br><u>STEAM Program</u><br>3:30 pm—5:30 pm | 19<br><u>Holiday NutriHealth Wksp. E/S</u><br>10:00 am- 11:00 am<br><u>Reading Club 4 Kidz</u><br>3:30 pm-5:30 pm<br><u>College Prop</u><br>5:30 pm-7:30 pm   | 20<br>Food Distribution<br>10:00 am<br>(Until Supplies last)<br><u>Raise Me Up &amp;</u> (E/S-PC)<br>4:00 pm -5:00 pm<br><u>Holiday Toy Drive</u><br><u>Celebration</u><br>(Registered Only)<br>5:00-7:30 pm | 21  | FAMILY IMPACT PALM BEACH COUNTY<br>BRIDGES at Lake Worth West<br>MAIN OFFICE:   |
| 23                               | 24  | 25  | 26  | 27   | 28  | 2411 10TH AVENUE N.<br>LAKE WORTH, FL 33461<br>PHONE: 561-649-9600  |
| NO SCHOOL                        | OFFICE CLOSED<br>NO SCHOOL  | NO SCHOOL   | OFFICE CLOSED<br>NO SCHOOL  | OFFICE CLOSED<br>NO SCHOOL   |   | MONDAY - FRIDAY<br>9:00am - 5:00pm  |
| 30<br>OFFICE CLOSED<br>NO SCHOOL | 31<br>OFFICE CLOSED<br>NO SCHOOL  |   |   |  |   | www.familyimpactpbc.org<br>Facebook@familyimpactpbc.org<br>Lillianrobles2024  |

# MONTHLY THEME

### "Put People First"

### PARENT CHILD ACTIVITY

#### Event: RAISE ME UP (PARENTS AND CHILDREN) (E/S) Date: Wednesday, December 11th 10:00 am - 11:00 am Place: Bethel Assembly of God (Church)

4320 S. Congress Ave., Palm Springs, FI 33461 Sponsored Lantana Road Branch Library & BRIDGES.

#### Event: EXPLORING OUR WORLD (E/S)

Date: Wednesday, December 18th 10:30 am – 11:30 am Place: Palm Springs Public Library

217 Cypress Ln., Palm Springs, FI 33461 Parent get together and read books about moral and values, they can later teach their children.

Sponsored by BRIDGES and Palm Springs Public Library.

#### Event: RAISE ME UP (PARENTS AND CHILDREN) & TOY DISTRIBUTION(E/S)

Date: Thursday, December 19th 4:00 pm-5:00 pm Place: Lantana Road Branch Library

#### 4020 Lantana Rd., Lake Worth, FI 33462

Join us for this parent-child class to practice fine and gross motor skills, promoting social and emotional health, problemsolving, and communications.

Sponsored by Lantana Road branch Library & BRIDGES.

# FAMILY LITERACY

#### Event: PBC PUBLIC LIBRARY SYSTEM STORY TIME (E/S)

Date: Thursday, December 12th 10:00am-11:00am **Bethel Assembly of God (Church)** Place: 4320 S. Congress Ave., Palm Springs, Fl 33461 PBC Library System will host a one hour activity in which they will encourage parents to read and do activities with their kids so they can learn new words and increase love for reading.

Sponsored by the Palm Beach County Public Library System & BRIDGES.



#### Event: AMBASSADOR'S TRAINING

#### (Invitation Only)

Date: Tuesday, December 3rd & 10th 6:00 pm-7:30 pm Ambassador's will be trained on the John Maxwell leadership workshop. The Indispensable Laws of Growth. Training by Veronica Bucca. Sponsored by BRIDGES

#### Event: WOMEN HELPING WOMEN/WOMEN'S CLUB & TIS THE SEASON (E/S)

Date: Friday, December 13th 11:00 am-1:00 pm Place: Bethel Assembly of God (Church)

4320 S. Congress Ave., Palm Springs, FL 33461 Come and be part of a great group of women. Talk about important topics, enjoy socializing and recreational activities. Tis the Season with a special touch of giving a present. Sponsored by Be Well PBC

#### Event: AMBASSADORS BOOKS, ARTS AND CRAFT (Registration Only)

Date: Saturday, December 14th 11:00 am-1:00 pm Invited members will join our Bridges at Lake Worth West Ambassadors group. They will be encouraged, motivated and trained to continue developing their leadership skills. Sponsored by BRIDGES

#### Event: HOLIDAY NUTRIHEALTH WORSHOP

Date: Thursday, December 19th 10:00 am- 11:00 am Place: Bethel Assembly of God (Church)

4320 S. Congress Ave., Palm Springs, FL 33461 Eating mindfully, eating balanced, nutrition facts, tips eat healthy on a budget, celebration and gathering, making family meals. Sponsored by BRIDGES and Nutritious Lifestyles

## SAFETY WORKSHOP

#### (ZOOM) Event: TOY & HOLIDAY SAFETY WKSP. Date: Thursday, December 5th 1pm – 2pm Spanish Thursday, December 12th 1pm – 2pm English Join us to learn about toy safety during the holidays. We will discuss how to decorate safely and identify dangers in our homes. Sponsored by Safe Kids PBC.

# WORKSHOPS

# **COMMUNITY EVENT**

#### Event: HOMEWORK ASSISTANCE/BRILLIANT MINDS

Date: Tuesdavs 3:00pm- 5:00pm Place: Palm Springs Seventh-Day Adventist Church

4424 S. Military Trl., Lake Worth, FI 33463 Through our homework assistance program we offer help and support to the kids of our community (1st grade through 5th grade) with their homework. Sponsored by PBSO.

# Event: STEAM PROGRAM

Date: Wednesdays 3:00pm-5:00pm Place: Palm Springs Seventh-Day Adventist Church 4424 S. Military Trl., Lake Worth, FL 33463

Through the STEAM Program kids will learn (S-Science, T-Technology, E-Engineering, A-Art, M-Math). Sponsored by PBSO.

Event: <u>READING CLUB 4 KIDZ</u> Date: Thursdays 3:00pm-5:00pm Place: Palm Springs Seventh-day Adventist Church 4424 S. Military Trl., Lake Worth Beach, Fl 33461

The Reading Club helps 1st and 2nd graders expand their vocabulary and improve comprehension by identifying, interpreting, and analyzing passages. Sponsored by Dollar General.

#### Event: COLLEGE PREP

Date: Tuesdays and Thursdays 5:30 pm - 7:30 pm Place: Palm Springs Seventh-Day Adventist Church 4424 S. Military Trl., Lake Worth, FI 33463

This program is offered to assist high school students 9th to 12th grade to strengthen their academic skills, help with college entry and much more. Sponsored by United Way of PBC.

#### Event: HOLIDAY TOY DRIVE (REGISTERED ONLY)

Date: Wednesday, December 20th 11:30 am- 4:00pm Place: BRIDGES at Lake Worth West

2411 10th Ave N. ,Lake Worth, FI 33461 Come and enjoy a safe and enjoyable toy holiday event with the whole family. Sponsored by BRIDGES

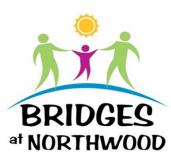
#### Event: FOOD DISTRIBUTION (RBI) (UNTIL SUPPLIES LAST)

Date: Friday, December 20th 10:00 am Place: Bethel Assembly of God (Church)

4320 S. Congress Ave., Palm Springs, Fl 33461 Come by and receive can goods, fruits and much more while supplies last.

Sponsored by PBSO & Restoration Bridge Intl. and BRIDGES





Blue: Capacity Bldg. Workshops Yellow: Parent/Child Activities Red: Safety Workshops Orange: Literacy Green: Community Events



December 2024

| Mon   | Tue  | Wed  | Thurs   | Fri               | Sat  | Kitchen and Cooking<br>Safety Month   |
|---|--|--|---|-------------------|--|---|
| 2<br>Motivando a las mamás<br>11:00am - 12:30pm   | 3<br>Raise Me Up<br>11:00am - 12:30pm      | 4  | 5<br>It's Your Birthday<br>11:00am - 12:30pm<br>5:30pm - 7:00pm<br>Safety Series (Spanish)<br>1:00pm - 2:00pm | 6                 | 7<br>BRIDGES Winter<br>Wonderland<br>2:00pm - 5:00pm | This is a great time to plan<br>for safety in the kitchen<br>with the holidays<br>approaching. We will be<br>focusing on smart kitchen<br>tips to keep little ones safe<br>and ways to include<br>children in cooking and |
| 9<br><u>Community Connections</u><br><u>11:00am - 12:00pm</u><br>SAC Meeting<br>5:30pm - 6:30pm | 10<br>A Write To Read<br>11:00am - 12:30pm | 11   | 12<br>Safety Series (English)<br>1:00pm - 2:00pm  | 13                | 14   | <b>Put people FIRST!</b><br>"You will grow  |
| 16  | 17<br>Raise Me Up<br>11:00am - 12:30pm     | 18<br>Helmet Install/ Inspection<br>11:00am - 1:30pm<br>Car Seat Inspection<br>3:00pm - 5:00pm | 19<br>Family Day/Night<br>11:00am-12:00pm<br>5:30pm - 7:00pm<br>Safety Series ( Creole)<br>1:00pm - 2:00pm    | 20                | 21   | stronger as the days<br>go on"  |
| 23  | 24   | 25   | 26<br>Ala<br>Alala  | 27<br>ppy<br>iday | 28   | BRIDGES at Northwood<br>4111 N. Terrace Dr.,<br>West Palm Beach, FL 33407<br>561-840-3106   |
| 30  | 31   |  | ANI   |                   |  | Mon-Thurs 9am to 7pm<br>Friday 9am to 5pm<br>Sat 10am to 2pm<br>Offering parental support and<br>activities for<br>families with children<br>Ages 0 to 8  |

# **December 2024 HIGHLIGHTS**

BRIDGES AT NORTHWOOD 4111 N. TERRACE DRIVE WEST PALM BEACH, FL 33407 PHONE: 561 840 3106

# "Toy and Holiday Home Safety"

# **PARENT/CHILD ACTIVITIES**

### Event: Raise Me Up

| Date:  | Every other Tuesday (on-going) |
|--------|--------------------------------|
| Time:  | 11:00am - 12:30pm              |
| Place: | BRIDGES at Northwood           |

#### Tuesday, December 3rd:

Reindeer Hokey Pokey: Come Parent and Children to the Reindeer Hokey Pokey. During this activity you and your child will make Reindeer antlers so that we can join in a very special reindeer dance. Your child will learn simple skills that are needed for school such as cutting and pasting. Additionally, your child will have the opportunity to practice following directions and learn new words through music.

#### Tuesday, December 17th:

Snowman Faces: Is it snowing? It's not snowing outside but it is during this parent-child activity. This activity will focus on our expressing our feelings through making snowman faces. Look forward to playing in the snow with you.

| Event: | lt's \ | our | Birthday | 1 |
|--------|--------|-----|----------|---|
|        |        |     |          |   |

| Date:  | Thursday, December 5th, 2024          |
|--------|---------------------------------------|
| Time:  | 11:00am - 12:30pm AND 5:30pm - 7:00pm |
| Place: | BRIDGES at Northwood                  |

Each and every first Thursday of the month we will celebrate all members and their children's birthdays. If your birthday falls in the month of December come out and let your BRIDGES family sing Happy Birthday to you! If your birthday is not in the month of December you can still participate with your family.

| Event: | Family Day/Night                      |
|--------|---------------------------------------|
| Date:  | Thursday, December 19th, 2024         |
| Time:  | 11:00am - 12:30pm AND 5:30pm - 7:00pm |
| Place: | BRIDGES at Northwood                  |

Infinity Affirmations: Families will color infinity sins and fill them in with powerful affirmations.

### CAPACITY BUILDING

# Event: Safety Series- Kitchen & Cooking Safety Month

Date:Thursday, December 5th. 2024 (Spanish) 1pm-2pmDate:Thursday, December 12th, 2024(English)1pm-2pmDate:Thursday, December 19th, 2024 (Creole) 1pm-2pmPlace:Zoom / Facebook Live

#### @SafeKidsPalmBeachCounty

This month with the holidays approaching, we will be talking about toy and holiday safety. Toys and games are tons of fun for kids and adults. Whether your kids are working on a puzzle, playing with building blocks or even inventing their own games, we discuss some toy safety tips to help them stay safer and have a blast. We will discuss what to look for while shopping for toys. Are they age appropriate? Are they safe? We will also cover how you can safely decorate for the holidays and discuss some of the dangers in our home during the holiday season.

https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2U U5kTFRkQT09

#### Event: Helmet & Car Seat Inspection

| Date:  | Wednesday, December 18th, 2024                  |
|--------|---|
| Time:  | 11:00am - 1:30plmet Install/Inspection)         |
| Time:  | 3:00pm - 5:00pm (Car Seat Installation)         |
| Place: | Call Brenda 561-840-3106 to schedule your appt. |

If your child or you is, a BRIDGES member wants to make sure it is properly installed or you are in need of a new helmet feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified helmet technician.

If you would like to purchase a car seat for \$50.00 or you would like Ms. Brenda to make sure it is properly installed. Feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified car seat technician.

#### Event: SAC Meeting

| Date:  | Monday, December 9th, 2023 |
|--------|----------------------------|
| Time:  | 5:30pm - 6:30pm            |
| Place: | BRIDGES at Northwood       |

If you live in 33407 zip code and have a child that will be going to kindergarten or 1st grade in the fall then get ready for a family fun reading adventure!!! Join BRIDGES for our Summer Reading Program. A 7 week session that presents on: strengthening your child's early reading skills, promoting bonding between parent and child, and providing fun learning activities for you and your child to do at home.

## WORKSHOPS

#### Event: A Write To Read

Date: Tuesday, December 10th, 2024 Time: 11:00am – 12:30pm Place: BRIDGES at Northwood

Promote reading and writing with your pre-school aged children by attending this literacy class. We'll have fun while we create ways to make learning fun for our children.

| Event: | Community Connections      |
|--------|----------------------------|
| Date:  | Monday, December 9th, 2024 |
| Time:  | 12:00pm - 1:00pm           |
| Place: | BRIDGES at Northwood       |

Grab your BRIDGES points & COME SHOP until you drop!

| Event: | Motivando a las mamás |
|--------|-----------------------|
| Date:  | Cada primer lunes     |
| Time:  | 11:00am - 12:30pm     |
| Place: | BRIDGES at Northwood  |

Un grupo colectivo de mujeres de nuestra comunidad se reunirá mensualmente para discutir temas candentes y recursos comunitarios. seremos

discutiendo la importancia de ser mamá. No olvides usar tus camisetas Motivating Mommies y una sonrisa.

| Event: | BRIDGES Winter Wonderland    |
|--------|------------------------------|
| Date:  | Saturday, December 7th, 2024 |
| Time:  | 2:00am - 5:00pm              |
| Place: | 5601 Corporate Way #402      |
|        | West Palm Beach, FL 33407    |





DECEMBER 2024



Blue: Capacity Bldg. Red: Safety Workshops Green: Community Events Yellow: Parent/Child Activity Orange: Family Literacy Black: other activities



| Mon  | Tue   | Wed   | Thu   | Fri  | Sat  | DID YOU KNOW   |
|--|---|---|---|--|--|--|
| 2  | 3   | 4<br>(Tune in, Talk more, Take turns)<br>5:30pm-6:30pm  | 5   | 6 When Families Read,<br>Kids Succeed; Home Sto-<br>ry-time and Reading Logs | 7  | Over 39 million people<br>worldwide live with HIV,<br>but nearly 76% are on<br>treatment, greatly improv-<br>ing health and preventing<br>transmission. With proper<br>treatment, people living<br>with HIV can achieve an<br>undetectable status, mean-<br>ing they can live long,<br>healthy lives and wor't |
| 9<br><u>"THE CAVE"</u><br>"Banking & Saving"<br>(Dinner provided)<br>6:30pm – 8:00pm | 10<br><u>RAISE ME UP</u><br>(Unique Snowflake)<br>5:30pm-7:00pm | 11<br><u>HEALTHY RELATIONSHIPS</u><br>(Dinner provided)<br>6:00pm-7:30pm  | 12<br><u>SAFETY SERIES</u><br>(Toy & Holiday Safety)<br>1:00pm via Zoom   | 13   | 14<br><u>CITY OF</u><br><u>RIVIERA BEACH</u><br><u>TOY DRIVE</u><br>10am-1pm   | <ul> <li>healthy lives and won't transmit the virus sexually</li> <li>Safety Tips</li> <li>Separate toys by age and keep a special eye on small game pieces that may be a choking hazard for young children</li> </ul>   |
| 16<br><u>LINCOLN ELEM.</u><br>SAC MEETING<br>5:30pm                                  | 17  | 18<br><u>3 "T's"</u><br>(Tune in, Talk more, Take turns)<br>5:30pm-6:30pm<br><u>WEST RIVIERA ELEM.</u><br>SAC MEETING<br>5:30pm | 19<br><u>SAFETY SERIES</u><br>(Toy & Holiday Safety) Creole<br>1:00pm via Zoom<br><u>WOMEN of POWER</u><br>(Dinner provided)<br>6:00pm-7:30pm | 20   | 21<br><u>RAISE ME UP</u><br>(Santa's Workshop)<br>10am-11am<br><u>LITERACY HOUR</u><br>(Story time w/ Santa)<br>11am-1pm | Check to make sure<br>there aren't any small<br>parts or other poten-<br>tial choking hazards  |
| 23<br><u>"THE CAVE"</u><br>(Dinner provided)<br>6:30pm – 8:00pm                      | 24  | 25<br>Nervision<br>WISHING YOU  | 26<br>A MERRY CHRIST  | 27<br>MAS AND HAPPY I  | 28<br>NEW VE 4 R   | BRIDGES AT<br>RIVIERA BEACH<br>4152 W. Blue Heron<br>Blvd. Suite 227-228<br>Riviera Beach, FL 33404<br>PHONE: 561-899-1644<br>FAX: 561-598-5672  |
| 30<br>OFFICI   | 31<br><i>E CLOSED!</i>  |   |   |  |  | MONDAY - FRIDAY<br>9:00am - 5:00pm<br>Offering parental<br>support and activities<br>for families and their<br>children.<br>www.bridgesopbc.org/<br>rivierabeach<br>Facebook@Bridges<br>Riviera  |

# **MONTHLY THEME**



#### EVENT: **RAISE ME UP: UNIQUE SNOWFLAKE**

DATE: Tues., Dec., 10th., 2024 5:30pm-7:00pm **BRIDGES at Riviera Beach** PLACE:

Winter is here, and the snowflakes are falling. In this activity you and child will be using your imagination and creativity to create their verv own unique snowflake.



#### RAISE ME UP: SANTA'S WORKSHOP

Saturday, Dec., 21st, 2024 10am-1pm

**BRIDGES at Riviera Beach** PLACE: Calling all of Santa's little helpers. Join us this holiday season for a fun-filled day as we work in Santa's Workshop creating crafts, reading sto-

ries, and gifts.

Registration is REQUIRED. Registration opens on November 25th, 2024 to December 13th, 2024 or until spots are filled. Call BRIDGES at RIVIERA BEACH 561-899-1644 for details and **RSVP**.



#### EVENT: LITERACY HOUR Story time with SANTA!

Sat., Dec. 21st, 2024 DATE: 11am-1pm PLACE: BRIDGES at Riviera Beach A new family favorite, Story time with Santa includes holiday stories, read aloud by Santa Claus, tasty snacks, pic-

ture time with Santa, and more!

#### EVENT: 3 "T's": TUNE IN. TALK MORE, TAKE TURNS DATE: Sat., Dec., 4th & 18th 2024 5:30pm-6:30pm ZOOM:https://us06web.zoom.us/j/89019737184? PLACE: pwd=efKM4XJDgReN1MLMKdlZWIPMgEm0Ea.1 Meeting ID: 890 1973 7184 Passcode: 426429

Did you know, playtime, mealtime, bath time... any time you use the 3Ts... every word you say builds your child's brain and shapes their future! Make the most of the time vou're spending with your child by using the 3Ts. Here we share easy-toremember strategies and features videos of parents using the 3Ts in everyday situations.



THE CAVE Mon., Dec., 9th & 23rd, 2024 6:30pm-8:00pm

PLACE: BRIDGES at Riviera Beach Fathers, you are **IMPORTANT** in the lives of

your children and families. Come together with other fathers as we support each other to be the

BEST we can be!



#### **HEALTHY RELATIONSHIPS** Tues., Dec., 11th, 2024

6:00pm-8:00pm PLACE: **BRIDGES at Riviera Beach** By promoting awareness and reducing stigma, PrEP education encourages open communication, regular testing, and shared

responsibility, all of which strengthen healthy, safe relationships. HIV education empowers individuals to make informed choices about.

HAPPY NEW YEAR



#### EVENT: "WOMEN of POWER" DATE: Thurs., Dec., 19th, 2024

6:00pm-7:30pm

PLACE: BRIDGES at Riviera Beach Teaching women how to break the cycles of abuse so they can be free from their past will allow each woman a new lease on life.

# **SAFETY WORKSHOP**

#### **EVENT: TOY & HOLIDAY SAFETY**

DATE: Thurs., Dec., 12th, 2024 DATE: Thurs., Dec., 19th, 2024 (Creole) PLACE: ZOOM:https://zoom.us/i/6846584976

pwd=L0JEMm4rSGFPd3RSTFU2UU5kTFRkQT09

This month we will be talking about toy and holiday safety. Toys

and games re tons of fun for kids and adults. Whether kids are working on a puzzle, playing with building blocks or even inventing their own games, let's discuss some toy safety tips to help them stay safer and have a blast.



1pm

1pm

# **COMMUNITY EVENT**

| EVENT: | SCHOOL ADVISORY COUNCIL (SAC meeting) |
|--------|---------------------------------------|
| DATE:  | Out for the Holiday's                 |
| PLACE: | Dr. Marv McLeod Bethune Elementarv    |

1501 Avenue U. Riviera Beach, FL 33404 Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location Media Center.

| EVENT: | SCHOOL ADVISORY COUNCIL (SA | AC meeting) |
|--------|-----------------------------|-------------|
| DATE:  | Mon., Dec.,16th, 2024       | 5:30pm      |
| PLACE: | Lincoln Elementary          |             |

1160 Ave. N., Riviera Beach, FL 33404 Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved! Meeting location room 112

| EVENT: | SCHOOL ADVISORY COUNCIL (SAC meeting) |  |  |  |
|--------|---------------------------------------|--|--|--|
| DATE:  | Wed., Dec.,18th, 2024 5:30pm          |  |  |  |
| PLACE: | West Riviera Beach Elementary         |  |  |  |
|        | 1057 W 6th St Riviera Beach EL 33404  |  |  |  |

1057 W. 6th St., Riviera Beach, FL 33404 Parents! You can learn a lot by attending a SAC meeting! Be proactive! Get involved!



EVENTS: HMHB COMMUNITY ACTIVITIES

DATES: Dates and location vary, all HMHB activities are free to the public. Registration is REQUIRED 48 hrs. in advance. TO REGISTER www.hmhbpbc.org CONTACT INF0. 561-517-1551 or 561-517-2541

# **WORKSHOPS**

# All activities occur at BRIDGES at West Palm Beach unless otherwise specified.





**Blue: Capacity Bldg. Workshops** Yellow: Parent/Child Activities **Red: Safety Workshops Orange: Literacy Green: Community Events** 



# December 2024



# **HIGHLIGHTS**

BRIDGES AT WEST PALM BEACH 720 8th Street West Palm Beach, FL 33401

# **PARENT/CHILD ACTIVITIES**

#### **Event: LITERACY ADVENTURE TIME: Kravis** Center Field Trip

Date: December 12, 2024 Time: 7:30pm to 9:30pm Place: Kravis Center Summary: A concert of voice, strings, movement, narrative, and Haitian Forklore. A "By Invitation Only" Activity.

# Event: RMU: PLAYGROUP: FIELD TRIP TO MANATEE LAGOON

Date: December 14, 2024

**Time:** 10:30am to 1:00pm

**Place:** Pleasant City Community Center 501 21st Street, WPB 33407

**Summary:** Come and be a part of a field trip to Manatee Lagoon. We will be enjoying a fun time building upon gross motor and problem-solving skills. The day includes: Manatee Tales Story Time at 10:30am, a guided tour at 2:00pm, and open-time activity Manatee Rescue Adventure. The Manatee Lagoon is open 9:00am to 4:00pm with free admission. Our RMU Playgroup will be joining the Manatee Tales Story Time starting at 10:30am and of course we are hoping to see some Manatees enjoying the warm waters in the Lagoon. We will meet at the Manatee Tales Story Time location by 10:30am which is under the solar canopies at the southern most end of the Center's campus. There is free parking. Please let us know if you will be able to join us for this RMU Field Trip. See Flyer for additional information.

#### Event: PJ HOLIDAY PARTY (W2W)

Date: December 19, 2024 TIME: 5:45pm to 8:00pm Place: Community Room

**Summary:** The kids (ages 4 & Up) attending the Woman to Woman PJ Party activity will be creating some surprises. At the end of the evening the kids will be joining the parents for some fun parent/child activities that they have come up with. Make sure you have registered with Annissa by December 6<sup>th</sup> for Woman to Woman and let us know how many in your family will be attending.

# **COMMUNITY EVENTS**

#### **Event: BRIDGES WINTER WONDERLAND**

Date: December 7, 2024 Time: 2:00pmpm to 5:00pm Place: 5601 Corporate Way #402, West Palm Beach, 33407 Summary: Come and join BRIDGES families from all three BRIDGES sites for pictures with Santa, children activities, snow games, holiday music, food trucks and more. See the flyer for additional information. A winter in Florida holiday....family fun time.

#### Event: SAC MEETING: PLEASANT CITY ELEMEN-TARY

Date: December 11, 2024
Time: 5:00pm
Place: Pleasant City Elementary School
Summary: for all our members with children attending
Pleasant City Elementary School, come out and join us they will be going over the school improvement plan.

# WORKSHOPS

#### Event: CIRCLES

Date: December 3rd, 10th & 17th, 2024 Time: 6:00pm to 7:30pm Place: Bridges Community Room Summary: CIRCLES is a unique program to help individuals and families break out of poverty and become upwardly mobile through education, mentoring and personal resolve to succeed. Please Contact Crissy Baker at 561-931-1259 for details.

#### Event: CHRISTMAS GIFT PICK UP

Date: December 9, 16, & 19. Time: 5:30pm to 7:00pm Place: BRIDGES Community Room Summary: We are excited to share that Christmas gift pickups will be available during the dates and times listed above. In addition, we are offering an extra pick-up opportunity on December 7 from 2 PM to 5 PM at our Winter Wonderland event. We hope to see you there and wish you a joyful holiday season!

# WORKSHOPS

#### **Event: MY COMMUNITY ORIENTATION**

Date: December 9, 2024 Time: 5:30pm to 6:30pm Place: Bridges Community Room Summary: This is an awareness workshop for our BRIDGES members about services and local resources available to you. As well as what our partnership with you as a member will look like. You will be orientated to BRIDGES. If you missed the Parent night last month, please try to attend.

#### **Event: SAFE KIDS**

Date: December 12,2024 Time: 1:00pm to 2:00pm Place: Zoom Summary: Safe Kids Will be broadcasted via Zoom. Link and instructions will be posted on the BRIDGES of West Palm Beach Facebook page.

#### **Event: WOMAN TO WOMAN**

Date: December 19, 2024 Time: 5:45pm to 8:00pm Place: Community Room Summary: A time to be Merry! Join us for Woman to Woman's 2nd Annual Christmas Pajama Party. A little smile, a word of cheer. A bit of love from someone near, along with best wishes for the coming year! This is a RSVP Event only. RSVP's must be submitted by December 6.

#### **Event: FATHERS ONLY**

Date: December 16, 2024 Time: 6:00pm to 7:30pm Place: BRIDGES Community Room Summary: You're invited to the Father's Only Holiday Gathering—a special celebration just for dads! This event is a chance for fathers and father figures to come together, It's a time for laughter, meaningful conversations, and shared experiences with other fathers who are committed to supporting and engaging with their children. We look forward to seeing you there!

