



Blue: Capacity Bldg. Workshops
 Yellow: Parent/Child Activities
 Red: Safety Workshops
 Orange: Literacy
 Green: Community Events



December 2024

Mon	Tue	Wed	Thurs	Fri	Sat
2 Motivando a las mamás 11:00am - 12:30pm	3 Raise Me Up 11:00am - 12:30pm	4	5 It's Your Birthday 11:00am - 12:30pm 5:30pm - 7:00pm Safety Series (Spanish) 1:00pm - 2:00pm	6	7 BRIDGES Winter Wonderland 2:00pm - 5:00pm
9 Community Connections 11:00am - 12:00pm SAC Meeting 5:30pm - 6:30pm	10 A Write To Read 11:00am - 12:30pm	11	12 Safety Series (English) 1:00pm - 2:00pm	13	14
16	17 Raise Me Up 11:00am - 12:30pm	18 Helmet Install/ Inspection 11:00am - 1:30pm Car Seat Inspection 3:00pm - 5:00pm	19 Family Day/Night 11:00am-12:00pm 5:30pm - 7:00pm Safety Series (Creole) 1:00pm - 2:00pm	20	21
23	24	25	26	27	28
30	31				

Kitchen and Cooking Safety Month

This is a great time to plan for safety in the kitchen with the holidays approaching. We will be focusing on smart kitchen tips to keep little ones safe and ways to include children in cooking and

Put people FIRST!

“You will grow stronger as the days go on”

BRIDGES at Northwood
 4111 N. Terrace Dr.,
 West Palm Beach, FL 33407
 561-840-3106

Mon-Thurs 9am to 7pm
 Friday 9am to 5pm
 Sat 10am to 2pm

Offering parental support and activities for families with children
 Ages 0 to 8

December 2024 HIGHLIGHTS

BRIDGES AT NORTHWOOD
4111 N. TERRACE DRIVE
WEST PALM BEACH, FL 33407
PHONE: 561 840 3106

“Toy and Holiday Home Safety”

PARENT/CHILD ACTIVITIES

Event: **Raise Me Up**
Date: Every other Tuesday (on-going)
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Tuesday, December 3rd:

Reindeer Hokey Pokey: Come Parent and Children to the Reindeer Hokey Pokey. During this activity you and your child will make Reindeer antlers so that we can join in a very special reindeer dance. Your child will learn simple skills that are needed for school such as cutting and pasting. Additionally, your child will have the opportunity to practice following directions and learn new words through music.

Tuesday, December 17th:

Snowman Faces: Is it snowing? It's not snowing outside but it is during this parent-child activity. This activity will focus on our expressing our feelings through making snowman faces. Look forward to playing in the snow with you.

Event: **It's Your Birthday -**
Date: Thursday, December 5th, 2024
Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm
Place: BRIDGES at Northwood

Each and every first Thursday of the month we will celebrate all members and their children's birthdays. If your birthday falls in the month of December come out and let your BRIDGES family sing Happy Birthday to you! If your birthday is not in the month of December you can still participate with your family.

Event: **Family Day/Night**
Date: Thursday, December 19th, 2024
Time: 11:00am - 12:30pm AND 5:30pm - 7:00pm
Place: BRIDGES at Northwood

Infinity Affirmations: Families will color infinity sins and fill them in with powerful affirmations.

CAPACITY BUILDING

Event: **Safety Series– Kitchen & Cooking Safety Month**
Date: Thursday, December 5th, 2024 (Spanish) 1pm-2pm
Date: Thursday, December 12th, 2024(English)1pm-2pm
Date: Thursday, December 19th, 2024 (Creole) 1pm-2pm
Place: Zoom / Facebook Live
@SafeKidsPalmBeachCounty
This month with the holidays approaching, we will be talking about toy and holiday safety. Toys and games are tons of fun for kids and adults. Whether your kids are working on a puzzle, playing with building blocks or even inventing their own games, we discuss some toy safety tips to help them stay safer and have a blast. We will discuss what to look for while shopping for toys. Are they age appropriate? Are they safe? We will also cover how you can safely decorate for the holidays and discuss some of the dangers in our home during the holiday season.
<https://zoom.us/j/6846584976?pwd=L0JEMm4rSGFPd3RSTFU2U5kTFRkQT09>

Event: **Helmet & Car Seat Inspection**
Date: Wednesday, December 18th, 2024
Time: 11:00am - 1:30pm (Install/Inspection)
Time: 3:00pm - 5:00pm (Car Seat Installation)
Place: Call Brenda 561-840-3106 to schedule your appt.

If your child or you is, a BRIDGES member wants to make sure it is properly installed or you are in need of a new helmet feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified helmet technician.

If you would like to purchase a car seat for \$50.00 or you would like Ms. Brenda to make sure it is properly installed. Feel free to call Ms. Brenda at 561-840-3106 to schedule your appointment today. Ms. Brenda is a certified car seat technician.

Event: **SAC Meeting**
Date: Monday, December 9th, 2023
Time: 5:30pm - 6:30pm
Place: BRIDGES at Northwood

If you live in 33407 zip code and have a child that will be going to kindergarten or 1st grade in the fall then get ready for a family fun reading adventure!!! Join BRIDGES for our Summer Reading Program. A 7 week session that presents on: strengthening your child's early reading skills, promoting bonding between parent and child, and providing fun learning activities for you and your child to do at home.

WORKSHOPS

Event: **A Write To Read**
Date: Tuesday, December 10th, 2024
Time: 11:00am – 12:30pm
Place: BRIDGES at Northwood

Promote reading and writing with your pre-school aged children by attending this literacy class. We'll have fun while we create ways to make learning fun for our children.

Event: **Community Connections**
Date: Monday, December 9th, 2024
Time: 12:00pm - 1:00pm
Place: BRIDGES at Northwood

Grab your BRIDGES points & COME SHOP until you drop!

Event: **Motivando a las mamás**
Date: Cada primer lunes
Time: 11:00am - 12:30pm
Place: BRIDGES at Northwood

Un grupo colectivo de mujeres de nuestra comunidad se reunirá mensualmente para discutir temas candentes y recursos comunitarios. seremos discutiendo la importancia de ser mamá. No olvides usar tus camisetas Motivating Mommies y una sonrisa.

Event: **BRIDGES Winter Wonderland**
Date: Saturday, December 7th, 2024
Time: 2:00pm - 5:00pm
Place: 5601 Corporate Way #402
West Palm Beach, FL 33407

